

**LANCERS: Sam Lopez** 

outside but we can do what we

it gets warm enough we will be

the pair of Trevor Lopour (high

jump, long jump, sprints) leading

the charge. Lopour has loads of

national meet experience but an

All-American honor has thus far

Norrid placed in the top six in

Former Winner standout Kelli

both hurdle events last year at the

GPAC outdoor meet, and Fischer

expects the sophomore to back

that up with another strong per-

indoor (due to basketball), but

she had a great season for us last

spring as a freshman and we are

through for us down the stretch

will be counted on to be the top

Junior Samantha Rus (shot

(javelin) and sophomore Anna Ko-

lasch (javelin) are the top throw-

ers for the Lady Lancers entering

"Sam has made strong im-

provements all along through her

college career so far and we are

expecting big things out of Anna

this year as well," Fischer added.

Junior Chris Hoffman (Yank-

ton) and freshman Will Mart (Ver-

million) will be the top throwers

for the men, both specializing in

letes will open their outdoor sea-

son on March 30 at the Wildcat

Classic in Wayne, Neb. while the

entire team will compete for the

first time on April 6 at the Dordt

Invitational in Sioux Center, Iowa.

The NAIA Outdoor Champi-

onships are scheduled to be held

in Marion, Ind. at the end of May.

You can follow Chris Riley on

Twitter at twitter.com/ChrisCRiley

A select few Mount Marty ath-

the shot put.

put), senior Sarah Crosgrove

the 2013 outdoor campaign.

Yankton native Logan Ulmer

hopeful that she can come

once again," Fischer said.

Lancer men's hurdler.

"It is tough not having Kelli in

jump) and Tyler Payer (triple

outside in the pits.'

eluded the senior.

formance.

need to do inside. But the minute

In the men's jumps, it will be

### MM Track

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Freshman Tess Byrd will look to build on her successful cross country season after sitting out indoor track to focus on basketball. Jordyn Hudelson (Fr.), Beth Finnegan (So.) and Brittney Mikkelsen (Sr.) will add depth to races from the 800 meter run all the way up to the 10 000 meter run

On the men's side, junior Sam Lopez will try to make a return trip to outdoor nationals after qualifying in the 800 meter run a year ago. Josh Monson (So.), Gage Blaschke (Fr.), Ryan Oye (Fr.) and Mychal Bierwagen (Jr.) will compete with Lopez for spots in the 1600 and 3200 meter relays and also run the 800 and 1500 meter runs. Bierwagen could also continue to work on the 3000 meter steeplechase, an event that he found success in last year as a sophomore.

Yankton native Emily Anderson (high jump) will join basketball players April Winne (high jump) and Holly Hegge (triple jump, long jump, sprints) in the jumping events while freshman Sadie Fedor and sophomore Abbey Van-DenBerg will specialize in the triple jump with some long jump action mixed in as well.

VanDenBerg earned All-American honors at the indoor championships in Ohio a month ago, and hopes to build on that national

"I really hope to qualify for nationals again," VanDenBerg, who qualified for outdoor nationals as a freshman, said. "Having an indoor and outdoor nationals under my belt, I feel like I can go to nationals and really have a breakout performance. Doing that well at indoor (nationals) has set myself up for a great outdoor season."

According to VanDenBerg, the fickle weather this spring has been a hindrance, but more of an annoyance than anything.

"Last year we were already outside (by this time)." VanDenBerg said. "It's making me antsy to get



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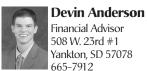




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## **Poor Conditions Slow MMC Softball Start**

BY CHRIS RILEY sports@yankton.net

EDITOR'S NOTE: This article

originally appeared in the March 8 edition of the Press & Dakotan. It has been updated to reflect the ongoing season.

Good thing the Mount Marty College softball team made it to Tucson, Ariz. for its annual spring break trip to open their 2013 campaign, because cold and wet weather has hampered any plans the Lancers had of beginning their Midwest play as sched-

Coming off of a season where the Lancers struggled to win close games and finished 5-35 overall (3-17 GPAC), Mount Marty enters 2013 with a drastically different roster due to graduation and some turnover, along with a wealth of optimism.

"We have a lot of potential," the Lancers lone senior Gabi Cardenas said. "We have a young team but we have come out with

Last year, the Lancers showed promise on numerous occasions but just could not seal the deal on many would-be victories.

"We had a lot of close games," Mount Marty head coach Albert Fernandez said. "We were actually in games where we had leads - our offense was productive enough to win more games, unfortunately it was either a defensive issue or pitching.

Those close game losses have continued, as the Lancers currently sit 0-8 after playing eight games in five days in Arizona, losing four by four runs or less.

Joining Fernandez's coaching staff this season will be Amanda Volgarino — an offensive threat from the past two seasons who used all of her eligibility, and student assistant Kristin Strickland.

Cardenas, a catcher, will share the task of breaking in a completely new pitching staff this season which consists of four freshman.

"All of our pitchers are freshman so they have to step it up," Cardenas added. "It's a challenge to a point but it's also an opportunity to see them grow.

The Lancers were scheduled to play their first conference game against Doane on March 23, but that has since been rescheduled to April 7 due to weather. Only the top eight teams in the conference qualify for the GPAC



tournament and that is certainly a goal for this year's squad.

We are anxious for this year for a number of reasons," Fernandez said. "All of our pitchers will have quite a learning curve and we are pretty young as a whole with just one senior. But from the top to bottom we are pretty solid offensively with a combination of kids returning, junior college kids and some freshman. This is probably one of the best teams we've had since I've been here.'

Junior catcher Kristin Loutsch is the top returning offensive threat from a year ago, when she sported a .205 batting average, including six doubles in just 88 at bats. Fellow catcher Cardenas returns after striking out only nine times in 100 at bats to post a .226



MMC SOFTBALL

LANCERS: Michaela Bunde (top photo, left)); Mercedees Ricke (bottom photo)



\* - Morningside Tournament, Sioux City, Iowa

on base percentage. Sophomore Lauren Orwig, who joints Cardenas as a team captain, will play in the infield after starting 39 of the team's 40 games a year ago.

Other returners include infielders Michaela Bunde (junior) and Shaina Lonneman (sopho-

Everyone agrees that the 2013 season will likely come down to how well the pitching staff can

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### **Football**

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Missouri Valley, the amount of mental concentration needs to increase on each play, and also week to week," he said. "That's something we've talked about a

Of course, the ultimate challenge for the Coyotes — as with every other program in the FCS — is to catch up with two-time

national champion North Dakota

In addition to eight MVFC games this fall, the Coyotes, 0-8 in league play last year, will also play non-conference games at home against UC Davis (Aug. 31, opener), at Kansas (Sept. 7), at Northern Arizona (Sept. 21) and home against Montana (Nov. 9) — three of those members of the Big Sky Conference.

The Missouri Valley is as tough as there is in the nation, we think, week in and week out, and the Big Sky is right there" Beschorner said.

'When you add in a Big 12 team in there, they didn't maybe have the greatest year, but they played against some of the best teams in the nation. Likewise in the MVFC. The

league sent three teams — North Dakota State, South Dakota State and Illinois State — to the playoffs last fall. All three teams won a game and two, NDSU and ISU reached the quarterfinals.

Beschorner compared the

league to the old North Central Conference, which he played in while a quarterback for the Coy-

"You're going to get more than one team in the playoffs, and those teams will do well because of the schedule they faced,' Beschorner said. "We're happy to be in it, no

doubt about it.'

You can follow Jeremy Hoeck on Twitter at twitter.com/jhoeck



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