

New At The Library

Here's what's new at the Yankton Community Library this week:

ADULT BOOKS

- **The Black-Eyed Blonde** by Benjamin Black; Fiction
- **The Consequences** by Colette Freedman; Fiction
- **The Dealer and the Dead** by Gerald Seymour; Fiction
- **Do Or Die** by Suzanne Brockmann; Fiction
- **Doing Harm** by Kelly Parsons; Fiction
- **The Line Between Here and Gone** by Andrea Kane; Fiction
- **A Measure of Blood** by Kathleen George; Fiction
- **Mrs. Lincoln's Rival** by Jennifer Chiaverini; Fiction
- **Queen Sugar** by Natalie Baszile; Fiction
- **Twisted Sisters** by Jen Lancaster; Fiction
- **Crazy U** by Andrew Ferguson; Nonfiction
- **Dancing Through It** by Jenifer Riinger; Nonfiction

ADULT AUDIO BOOKS

- **Bread & Butter** by Michelle Wildgen; Fiction
- **The Chase** by Janet Evanovich & Lee Goldberg; Fiction
- **The Deepest Secret** by Carla Buckley; Fiction
- **Dept. of Speculation** by Jenny Offill; Fiction
- **Moving Target** by J. A. Jance; Fiction
- **River Road** by Jayne Ann Krentz; Fiction

ADULT MOVIES

- **About Time**
- **Catching Fire**
- **12 and Holding**
- **12 Years A Slave**

JUNIOR BOOKS

- **How to Draw Teenage Mutant Ninja Turtles**; Nonfiction
- **Learn to Draw Ancient Times** by Sandy Phan; Nonfiction
- **Learn to Draw Enchanted Princesses**; Nonfiction

EASY BOOKS

- **Princess Penelope and the Runaway Kitten** by Alison Murray; Fiction
- **Training Tallulah** by Rosie Reeve; Fiction
- **Beautiful Ballerinas** by Elizabeth Dombey; Nonfiction
- **Tractors** by Hal Rogers; Nonfiction
- **Trains** by Hal Rogers; Nonfiction

'Reverse Your Luck' Benefit Saturday

The Southeast CASA Program will host a fundraising event on Saturday, March 15. The event will begin at 5:30 p.m. at Minervas Convention Center in Yankton.

The Reverse Your Luck event is a benefit for the Southeast CASA (Court-Appointed Special Advocates) Program to fund the advocacy services provided to abused and neglected children who are involved in the foster care and family court systems in Yankton County. CASA advocacy services are provided to these children at no charge, and no other agency provides this service. Your support is needed for this important work to continue.

The Reverse Your Luck event includes a social hour and dinner, a chance to win \$5,000 in the reverse raffle, and an entertaining dueling pianos show.

For ticket information, contact Sherri Rodgers-Conti at the Southeast CASA office, 410 Walnut Street, call (605) 760-4825, or send an email to contactus@southeastcasa.org.

Author To Give Talk At Yankton Library

The Yankton Community Library, 515 Walnut, will host local author Travis Gulbrandson on Thursday, March 20, at 6:30 p.m., as he talks about his newly released book "The Believers."

Gulbrandson gives this synopsis of his book: "Edith Parker has been a widow for 10 years, but she tries to keep her husband's memory alive by carrying a picture of him from room to room. Then, on the anniversary of his death, she is visited by a young man who claims to have a message from him. On the promise of further communications with the deceased, Mrs. Parker invites the mysterious stranger to live with her. While this visitation first seems like the answer to her prayers, she soon finds her actions may have started a chain of events that yield tragic consequences for everyone she cares about.

"Dark, at times suspenseful, infused with black humor, 'The Believers' examines a number of issues relating to the nature of faith, but it never tells the reader what to think."

Gulbrandson has been a reporter for more than a decade and has worked for publications in South Dakota, Colorado and New Mexico. During that time, his work has been recognized by The Associated Press and the South Dakota Newspaper Association.

For more information on this program, contact the library at 668-5276.

Performances Set For Centerville Play

CENTERVILLE — The Centerville Community Arts Council presents "Curtains!", a comedy play by Craig Sodaro. Performances will be presented Friday, March 28-March 29 at 7:30 p.m. and Sunday, March 30, at 2 p.m. in the Centerville School Gold Gym.

A Dinner Theatre performance will be held at 6 p.m. on Saturday, March 29. Tickets must be purchased by March 24. Tickets for the dinner theatre are on sale at the Centerville Community Library (563-2540).

Running from a loan shark, Charlie (Brian King) and Cheri (Jeanette Ellis) duck into a rundown theatre. Unfortunately the loan shark, Tony Tenor (Darren Bryant) and his "botanical" thugs Daffodil (Emily Andersen), Hyacinth (Blake Hill), and Tulip (Carleigh Oster) follow them inside and give Charlie one week to come up with the cash. Using their honeymoon money, Charlie purchases the theatre from real estate agent Monica Steele (Lindsey Hansen) and then proceeds to insure the building from insurance agent Lance Culpepper (Ed Poll). Charlie then begins making plans with an old buddy, Professor Quirk (Matt Hybertson) to destroy the theatre and collect the insurance money. The plot thickens as a theatrical troupe arrives to open their production of "Frankenstein" — those zany cast members include Isabella De Starr (Clarissa Rahn), Angela Angel (Candy Bennett), Sprinkles (Allie Kaufenberg), Paula (Shelly Fox), Connie (Lauren Petersen), Deborahh (Kristin Lambert), Mrs. Petrie (Jo Westra), and Mr. Krook (Dan Redhage). As Rex Ripplit (Josh Rahn), theatre critic arrives, chaos ensues. Come see the show to find out how this all "plays" out!

Under the direction of Colleen O'Maley, "Curtains!" is produced by special arrangement with Contemporary Drama Service.

Magician/Comedian Set For Banquet

TABOR — Magician/comedian Lee Cole will be the guest entertainment for the Dakota Southern Cattlemen's Association annual banquet, to be held on Saturday, March 29, at the Beseda Hall, Tabor.

Cole has been the headline entertainment for top cruise lines, world class casinos and comedy clubs throughout the country. He uses everything and everyone in the room for his lively and playful shows.

The social begins at 6:30 p.m. At 7 p.m., you will enjoy the prime rib meal catered by Jack Sieben.

Scholarship, cattle feeder of the year, and business of the year recipients will be recognized.

Tickets are available from any of the following directors: Keith Dvoracek, Chad Cooper, Bryan Nagel, Todd Bietz, Steve Sutura or Daryl Thomas. Tickets must be purchased by March 25. No ticket sales at the door.

The public may attend.

Master Gardeners' Spring Fling Set

The Spring Fling by Missouri Valley Master Gardeners will be held at the Avera Pavilion Amphitheater, 501 Summit, Yankton, on Tuesday, March 25, starting at 7 p.m.

A free-will donation will be asked to cover expenses.

For more information, contact Shann Doerr at (605) 660-7439 or shann.doerr@vyn.midco.net.

The Bookworm

A Guide To 'Aging Well'

"Living Safely, Aging Well" by Dorothy A. Drago, M.P.H. © 2013, Johns Hopkins University Press; 204 pages

BY TERRI SCHLICHENMEYER

The third step from the bottom squeaks when you tread on it — which is something you tried to remember when you snuck in after curfew.

There's a light switch near the door that does nothing, and never did. One of the kitchen drawers has a tendency to stick. And someone, sometime, put a strip of wallpaper on upside down.

Yes, the house you grew up in has its peccadilloes but your mother loves it there and she wants to stay. In "Living Safely, Aging Well" by Dorothy A. Drago, M.P.H. you'll learn how to ensure that she does.

You probably don't need to be reminded that, as we age, our bodies change. Bones get fragile, eyesight dims, hearing can fade, balance can go out of whack. These things are annoying when you're younger but can lead to devastating injuries for an elder.

But mere awareness puts you on the advantage. Says Drago, "When you anticipate the possibility of an injury, you can attempt to prevent it."

Take, for instance, falls.

According to nearly all sources, falls are "the primary injury mechanism for the aging population." But merely knowing the risk for falls won't prevent them;

LIVING SAFELY

A GUIDE to Preventing Injuries at Home

AGING WELL

DOROTHY A. DRAGO, M.P.H.

you need to know why people fall. Clothing mishaps, problems with furniture, slippery floors, and other environmental reasons can be dealt with individually or with professional help; poor balance, medications and other physical issues can be brought to the attention of a doctor. It can also be reassuring to teach someone how to get up if they tumble.

But though falls may be first on your mind, there are other things to consider

when making a home as safe as possible. Kitchens and bathrooms can be literal hotspots, and there are ways to minimize the risk of burns and scalds. Medication mix-ups can lead to poisoning, which can be easily monitored. The risk of choking — the "third leading cause of home injury death among those over the age of 76 ..." — can be minimized. And good health decisions can be made through health literacy and by asking your doctor to be an ally.

You want to keep Mom or Dad independent a little longer, whether it's in their home or yours. Either way, "Living Safely, Aging Well" can give you the tools to do it.

We've all seen TV commercials about falling, and while author Dorothy A. Drago, M.P.H. has a huge chapter on that aspect of home safety, I was pleased to see a bigger picture: Drago also digs deeper and offers solutions to other issues that don't normally come to mind. Boomers will be relieved to know that that includes the hard stuff, like giving up dangerous-but-beloved possessions and furniture, giving up a bit of autonomy, and giving up the driver's license.

Specifically because of those I-never-thought-of-those issues, I think anyone who's over age 50 needs this book on their shelf. If you're concerned about safety for a loved one or want to maintain independence yourself, "Living Safely, Aging Well" will give you the steps you need.

Students Aim To Display Howe's Work

VERMILLION — The first Oscar Howe Curatorial Fellowships are on their way toward curating an original exhibition of Oscar Howe's permanent collection at the University of South Dakota.

The Oscar Howe Curatorial Fellowship was developed as part of the Contemporary Native Arts Program at USD. American Indian students currently enrolled at USD were eligible to apply. Two students, Rayna Hernandez of Gayville and Isaac Yellowbank of Sioux City, Iowa, are working this semester with University Art Galleries (UAG) staff to curate an exhibition of Oscar Howe's artwork from the UAG permanent collection for next fall. Hernandez is currently studying English and painting at USD. A junior, she is a member of the Yankton Sioux tribe of South Dakota and her motivation to apply for the fellowship was "the desire to maintain and em-



PHOTO: USD

Isaac Yellowbank of Sioux City, Iowa, and Rayna Hernandez of Gayville are working this semester to curate an exhibition of the works of legendary artist Oscar Howe.

phasize the world of Native American arts."

"I can't think of a better way to help preserve this art form than to showcase the work of one of our culture's most notable and influential artists, Oscar Howe," Hernandez stated.

Yellowbank is a member of the Winnebago tribe of Nebraska and he is currently studying kinesiology and sports science with a minor in native studies at USD.

"I feel this fellowship will help expand my knowledge and understanding of the dif-

ferent aspects of Native cultural preservation through art," he said. "Oscar Howe was an amazing artist and I would love the opportunity to work with and study the incredible artwork he has made."

The fellowship includes study in curatorial practice and Native American art history, and trains fellows in different areas of museum work such as collections management, curatorial writing and exhibition installation design. Other activities for the fellowship include travel to museums to review Native art and sharing Howe's work with local audiences.

For more information about the Contemporary Native Arts program or University Art Galleries, go to www.usd.edu/uag or contact Alison Erasmus, director of the University Art Galleries, at Alison.Erasmus@usd.edu or by phone at 677-3177.

Writing Workshop Slated For Yankton

Writers are invited to attend a one-day writer's conference, "Solving Your Writing Puzzle: Finding Your Path to Writing Success," sponsored by Yankton's Prairie Hearth Publishing, LLC, on Saturday, April 5. The conference runs from 9 a.m.-4 p.m. at Yankton's JoDean's Steakhouse and Lounge.

The event offers writers of multiple genres and levels of experience the opportunity to learn, network and interact with others interested or engaged in the writing industry.

Conference presentations will focus on setting goals, feature writing, poetry, writing for children, and developing a novel. Conference presenters include South Dakota authors Marilyn Kratz (Yankton), Loretta Sorensen (Yankton) and Christine Mager Wevik (Beresford).

In addition to creating children's fiction for "Highlights for Children" for the past four decades, Kratz has been pub-

lished in numerous national children's publications, authored five books, many articles for local publications and a variety of poetic work.

Sorensen has worked as an independent journalist for more than 25 years. Her articles regularly appear in more than 20 national and regional publications. She has authored and co-authored books, ghostwritten book-length works and assisted numerous authors with self publication through her Yankton-based business, Prairie Hearth Publishing, LLC.

Wevik has published a humorous self-help book and is in the process of completing her first novel.

Workshop presentations include "Setting and Reaching Your Writing Goals," "All Things Novel," "Writing for Children: Methods and Markets," and "Finding Your Publisher." The workshop will conclude with a panel discussion that includes a discussion

of self-publishing options. A complete schedule for the day, including all presentation descriptions, is available on the Prairie Hearth Publishing web site at www.prairiehearthpublishingllc.com.

"Those attending the workshop will experience a focus on helping them set their individual writing goals," Sorensen says. "Marilyn, Chris and I have all taken a very different path to developing our writing success. We will share what we've discovered in our personal writing journey and present some hands-on activities to help workshop participants start identifying their own writing ambitions."

Conference registration must be completed by March 15. The fee includes on-site lunch and refreshments throughout the day. There is a higher fee for registrations made after March 15 (including walk-ins). The registration form is available online at www.prairiehearthpublishingllc.com.

ingllc.com and at the Yankton Community Library. Registration information may be emailed to sales@prairiehearthpublishingllc.com or sent to Prairie Hearth Publishing, LLC, PO Box 569, Yankton, SD 57078.

Published authors will have opportunity to sell their books at the conference from 3:30-4 p.m.

Overnight accommodations in Yankton include Holiday Inn Express (605-665-3177), Broadway Inn (605-665-7805), Days Inn (605-665-8717) and Best Western Kelly Inn (605-665-2906). More information about Yankton is available at www.downtownyankton.com and www.yanktonmall.com.

Additional information about the conference is available by calling 605-660-0378, writing to Prairie Hearth Publishing, LLC, PO Box 569, Yankton, SD 57078, or sales@prairiehearthpublishingllc.com.

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