

AMERICAN LIFE IN POETRY:

Capturing Special Moments In A Life

BY TED KOOSER
U.S. Poet Laureate

The great American poet William Carlos Williams taught us that if a poem can capture a moment in life, and bathe it in the light of the poet's close attention, and make it feel fresh and new, that's enough, that's adequate, that's good. Here is a poem like that by Rachel Contreni Flynn, who lives in Illinois.

THE YELLOW BOWL

If light pours like water
into the kitchen where I sway
with my tired children,

if the rug beneath us
is woven with tough flowers,
and the yellow bowl on the table

rests with the sweet heft
of fruit, the sun-warmed plums,
if my body curves over the babies,

and if I am singing,
then loneliness has lost its shape,
and this quiet is only quiet.

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FATHER OF THE YEAR



Joe Mason, pictured with his children Merlye (age 11), Keyara (age 5), and Larkyn (age 7) was recently awarded with two father of the year awards.

Mason Wins Two Father Of The Year Awards

Joe Mason has been nominated and selected as the winner of two Father of the Year Awards for 2009. He was nominated and chosen by South Central Child Development (SCCD) and the South Dakota Head Start Association (SDHSA). Joe has five children. Mia and Jade live in Kansas and he resides with Merlye, Larkyn and Keyara. Joe is currently employed at the Freeman Company in Yankton and volunteers time with the Connections group, Special

Olympics, SHARE, the Peace Presbyterian Church and Head Start.

He was nominated by his daughters and chosen locally to advance to the SCCD nominating committee then was advanced to the state level where he was also chosen as the award recipient. Joe received his award for the SDHSA Father of the Year on April 16 in Watertown and the SCCD Father of the Year Award on April 20 in Mitchell.

Students' Work Selected As Best Of Semester

WAYNE, Neb. — Wayne State College student works were included for the Juried Student Art Exhibition at Nordstrand Visual Arts Gallery as the best of the semester by Wayne State College art faculty.

Area students with work selected included: Nichole Thoenne of Hartington; Tom Dahlseid of Bloomfield; Sharon Carr of Allen; and Bethany Kleinschmit of Yankton.

Is The Reader A Genius Or Just Lucky?

BY TOM AND RAY MAGLIOZZI

Dear Tom and Ray:

I am really bad at keeping up with timely oil changes on my 2005 Ford Windstar. When I do change the oil and filter, I write the date and the odometer mileage on the side of the oil filter. The last time I changed the oil, I had gone 13 months and 10,000 miles since the previous change. To make up for my lack of timeliness, I drain the oil out of the engine, pour a gallon of diesel fuel into the crankcase, start it up and let it idle for five minutes. I then shut it off, drain it again, replace the oil filter and add new oil. I have been doing this for the past 100,000 miles, and the engine still runs great, with no leaks or burning oil. Is flushing the engine like this OK, or am I eventually going to trash it? — Paul

TOM: Gee, I was about to tell you to stop this immediately. Then I got to the part about 100,000 miles without burning or leaking oil, and I ran right out to try it on my car!

RAY: And now his car is the world's largest Italian-made paperweight.

TOM: Actually, it is a testament to how well-built your engine is, Paul, and how good modern oils really are, that you've had no damage to date.

RAY: Everything we know about engines and lubrication suggests that you should be doing serious harm. Engines have metal parts that rub against each other continuously. The piston rings rub against the cylinder walls; the connecting rod bearings rub against the crankshaft journals.



CLICK & CLACK

TOM: To keep these parts from destroying each other, engine manufacturers have spent untold millions of dollars devising sophisticated oils and lubrication systems. If something as simple as flushing the engine with diesel fuel added to an engine's longevity, I'm sure manufacturers would have recommended it years ago. Remember, they're the folks who pay the warranty claims, so they have a financial interest in keeping your engine running.

RAY: At least until the warranty's up! **TOM:** The truth is, any liquid can be used as a lubricant. You can put water or eggnog in your engine, and it will provide some degree of lubrication — more than nothing. But it's not as good as motor oil. And neither is diesel fuel — especially the newer diesel fuel, without sulfur.

And when you're dealing with parts as expensive as internal engine components, why would you ever risk damaging them?

RAY: So I'd have to conclude that you've been phenomenally lucky, Paul. You clearly have led an exemplary life. And I have to assume that the reason you've neglected your oil changes is that you've been in Calcutta, filling in for Mother Teresa.

TOM: But like all people who've gotten by on luck, it's going to run out at some point. I think sooner rather than later.

RAY: So we want to advise all of our readers to be careful about purchasing any '05 Windstar next week from a guy named Paul. Or a guy with a heavy beard who calls himself Mother Teresa.

TOM: My advice would be to simply skip the "flushing" step when you change your oil, Paul. Even if you've waited too long between changes, whatever damage you've done by then is done. The best thing you can do is simply change the oil and filter. Or if it has really been a long time, change it, drive for a week and then change it again.

RAY: Or, if you know you're not good about changing the oil, switch over to a synthetic oil, which costs more but lasts longer, and gives you more time to perform your saintly duties between oil changes.

Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

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HSC

From Page 1

medical field. "I think they have done an excellent job in creating a medical environment that is comparable to what you'd find in other health care settings."

Jerry Hofer, who is the cabinet secretary of the Department of Human Services, said the expansion gives the HSC an admissions area that is appropriate for the amount of patients who seek services there.

"When a person with a mental illness comes into this institution, they can be agitated and stressed," he said. "When you go back to our old admissions area, where they were pretty much packed in there at times, it could really add to their issues."

Dan Lusk, the deputy secretary of the Department of Human Services, praised the security features of the facility. In addition to a waiting area, the facility has various offices to allow psychiatrists to conduct interviews. The rooms have audio/video recording capabilities, unlike the old area, where video cameras had to be set up on a tripod. The furniture is arranged in the offices in a way that gives staff an immediate exit route.

Additionally, staff will have key fobs that can trigger a light above the office door to alert security in the case they feel threatened by a patient.

"We wanted to provide security for the patients and staff, as well as the citizens of South Dakota," Nelson said. "We really tried to blend all that stuff in but not make it the most obvious feature of the facility. We want the security to be a subtle aspect of it."

Nelson said the addition will come in well under the \$750,000 budgeted for it. Hofer thanked Hunhoff, as well as District 18 Reps. Bernie Hunhoff and Nick Moser, for helping the project get approval in the Legislature.

"They were very good supporters in Pierre, and allies when we were moving this through the legislative review process," he said.

Nelson feels the project came to a successful culmination because it was planned for five years with the help of various state departments and legislators.

"Bringing everyone together and really planning it out is what I think really made this work," he said.

Later this year, construction will commence on a new \$5.63 million dietary services building for the HSC.

Gates Foundation CEO Calls For Efficient Water Use

LINCOLN, Neb. (AP) — The head of the Bill and Melinda Gates Foundation said Monday it has a simple mantra as it works to address world hunger and a looming water shortage: More crop per drop.

Foundation CEO Jeff Raikes told participants at an international water conference that scientists are making major strides in developing high-yield crops and improving farming practices. The key will be getting that technology to the places where it's needed most, such as poverty-stricken sub-Saharan Africa and south Asia, he said.

"I see the linkage of the water crisis and the future of global poverty," he said, "yet I don't see the general awareness of this issue. I don't hear the talk of securing water for food. Raikes echoed the notion that many of the 20th century's conflicts were based on oil, and

many of this century's conflicts will be over water.

The Gates Foundation, which has given away \$20.1 billion the past decade for global health and development programs and U.S. education, is looking for ways to head off violence.

Raikes noted that low groundwater is a major problem in India, and he showed photos of dry lakes and riverbeds in Africa and China.

He said he expects leadership from the University of Nebraska-Lincoln's Global Water for Food Institute, established last month with a \$50 million gift from the Robert B. Daugherty Charitable Foundation.

Without better farming practices and water management in impoverished areas, the amount of water required to meet global demand for food will almost double by 2050, Raikes said.



Friday, May 7th
7:00pm
Special Presentation
YC Alumni Center

Saturday, May 8th
8:00am to Noon
(Volunteer sign-up start at 8:00am)
Yankton's Riverside Park
Boat Ramp

In conjunction with the River Clean-Up, a special evening presentation will be held on Friday, May 7, 2010 at the YC Alumni Center at the Summit Center at 7:00 pm. The public is invited to attend.

"Trashology" — Vicki Richmond — Missouri River Relief, the only organization addressing the problem on the Missouri River. See how you can make a difference!
"Kayaking and Canoeing the Missouri River" — Tim Cowman — Missouri River Institute — A Water Trail on the Missouri National Recreational River.

For Further Information Contact: Mary Robb, City of Yankton, 605-668-5213

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FREE Skin Cancer Screening

TUESDAY, MAY 4TH, 1PM - 4PM

Yankton Medical Clinic®, P.C. Dermatologist, James Young, D.O., will be offering a free skin cancer screening clinic on May 4.

No appointment is necessary. Patients will be seen on a first come, first serve basis. Limit of 50 patients. Upon arrival at the Clinic please check in at Section N receptionist, upstairs in the expansion.

*For screening purposes. If further tests are needed, standard charges will be applied.

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