



A little BBQ trivia:

- Barbecues have been a White House tradition since Thomas Jefferson. Every year since, there has been a BBQ hosted by the White House with various foods served favored by the current president and his family. This tradition was interrupted, however, on September 12, 2001, the day after the terrorist attacks on the World Trade Center and the Pentagon. The BBQ was cancelled and the food was served to the hundreds of rescue workers who had traveled to Washington.
- Most popular days for barbecuing are (in order): July 4th, Memorial Day and Labor Day.
- Most popular food for the grill (in order): burgers, steak, hot dogs and chicken.
- Most popular flavors of BBQ sauce are (in order): hickory, mesquite, honey and then spicy-hot.

Grilling Tips:

- Marinating quickly tenderizes meat and adds additional flavor
- Use 1-2 cups of marinade for every 1 ½ to 2 pounds of food.
- NEVER return cooked meat to a marinade that you used for raw meat.
- Trim beef steaks to 1/8" of fat. It reduces the grease drippings, but still gives you flavor and tenderness.
- Juicy hamburgers should be made with 15-20% fat content in the meat.
- Fish fillets should be 1-1/2" thick. Anything thinner will dry out too quickly.
- When barbecuing, always use tongs to turn meat. A fork will pierce the meat and the natural juices will escape.
- Turn the meat only once and use the lid of the grill to assist in cooking the meat. This decreases the cooking time by applying heat to all sides of the food at once.

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birthday present.

"I had the idea that I wanted to try to get backstage and talk to him," Kylie said. "I took the photograph and story that ran in the P&D 15 years ago when I got the guitar. When we got there I talked to the security people and they sent me to see his publicist. We gave the publicist my mom's phone number and when the show was over my mom got a call and we were allowed to go back stage."

Kylie said she was only allowed to take one other person, so she asked her mother to go with her.

"She's a big fan and she was super-excited to meet him," she said. "She took our picture and we chatted a little bit about the guitar and the show."

Kylie said she was surprised about how laid back Kershaw is and that he remembered giving her the guitar.

"He said he remembered my mom throwing me up on stage to get that guitar," she said. "He's a pretty cool guy and really the best singer in the world if you ask me."

After the show Cindy uploaded the picture to Kershaw's Facebook page and he commented on how much he enjoys seeing where the guitars he gives kids at shows end up.

"I really can't believe he remembered me after 15 years," Kylie said. "It's certainly not something I'll ever forget."

Kylie has been offered high amounts of money to sell the guitar, but she said it's definitely not for sale.

"I'm going to keep it that's for sure," she said.

■ by Tera Schmidt

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