

SCOREBOARD

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Football National Football League BALTIMORE RAVENS—Signed DT Ryan McBean. BUFFALO BILLS—Signed RB Fred Jackson to a contract extension. DALLAS COWBOYS—Released LB Brashon Salee. DENVER BRONCOS—Fired Brian Xanders, general manager. JACKSONVILLE JAGUARS—Signed QB Jordan Palmer, FB Nauafahu Tah, DT Odrick Ray, LB Donovan Richard, DB Jeremiah Brown, WR Mike Brown and WR Chris Forcier. Waived QB Dan LeFevour, S Akwasi Owusu-Ansah, DE Frank Trotter, WR Jarell Dillard, WR Nelson Rosario and WR Jarrell Boykin. MIAMI DOLPHINS—Waived RB Richard Medlin. MINNESOTA VIKINGS—Released K Ryan Longwell. NEW ENGLAND PATRIOTS—Announced the retirement of OL Matt Light. Re-signed WR Jabar Gaffney. NEW ORLEANS SAINTS—Signed DT Remi Ayodele to a one-year contract. OAKLAND RAIDERS—Announced S Tyvon Branch signed his franchise tender. SAN DIEGO CHARGERS—Released LB Travis LaBoy. SAN FRANCISCO 49ERS—Signed DT Jerry Jerod. SEATTLE SEAHAWKS—Agreed to terms with DE Bruce Irvin, LB Bobby Wagner, QB Russell Wilson, LB Corey Toomer, CB Jeremy Lane, S Winston Guy, G J.R. Sweezy and DE Greg Scruggs. TAMPA BAY BUCCANERS—Signed TE Deleone Akins and RB Michael Smith to four-year contracts. Signed DE Quintin Anderson, S Sean Baker, RB DeAnthony Curtis, P Eric Guthrie, OT Jeremiah Hardick, QB Jordan Jefferson, FB Antonio Leak, DT Jordan Nix, TE Danny Noble, DT Myles Wade, CB Derrick Robertson and DE Hilee Taylor. Waived WR Luther Ambrose, LB Ryan Baker, LB Mike Balogun, QB Zach Collaros, S Ron Girault, C Chaz Hine, DT Dontre Nichols, OT Trevor Olson, G Chris Riley, K Jake Rogers, CB Quenton Washington and OT Rocky Weaver. Arena Football League AFL—Announced commissioner Jerry Kurz received a five-year contract extension. HOCKEY	National Hockey League NHL—Suspended Philadelphia F Claude Giroux one game for delivering an illegal check to the head of New Jersey C Dainius Zubrus in a May 6 game. CHICAGO BLACKHAWKS—Promoted Norm Maciver to assistant general manager. VANCOUVER CANUCKS—Agreed to terms with general manager Mike Gillis on a contract extension. American Hockey League CONNECTICUT Whale—Announced the resignation of Whalers Sports & Entertainment president and COO Howard Baldwin, Jr. GRAND RAPIDS GRIFFINS—Named Mike Myre a season ticket sales and customer service executive. SOCCER Major League Soccer COLORADO RAPIDS—Waived MF Josh Janniere. Added MF Ross LaBaux to the DL. Announced Efu is now eligible for selection and was added to the roster. COLUMBUS CREW—Signed MF Chris Birchall to a multi-year contract. TRACK AND FIELD USA Track & Field USATF—Announced the resignation of chief operating officer Mike McNeese. COLLEGE BIG EAST CONFERENCE—Announced the resignation of commissioner John Marinatto. Named Joseph Bailey III interim commissioner. GEORGETOWN—Named Keith Brown women's basketball coach. HOFFSTRA—Named John Russo baseball coach. ILLINOIS STATE—Named Dan Muller men's basketball coach. KANSAS STATE—Signed volleyball coach Suzie Fritz to a multiyear contract through the 2016 season. LSU—Announced junior F Calvin Godfrey is transferring from Howard. MEMPHIS—Named Julian Swartz assistant director of operations for the men's basketball program. NORTH CAROLINA STATE—Named Frank Beasley and Jamill Kelly assistant wrestling coaches. UNC ASHEVILLE—Named Brenda Mock. UNC Patrick women's basketball coach.
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Spitfire 1-1-1 At ESD Tourney

The Yankton Spitfire went 1-1-1 in three games played at the ESD travel team softball tournament, held this past Saturday and Sunday at Sertoma Park.

SPITFIRE 5, DAKOTA BANDITS (VERMILLION) 5: Abby Schulte singled, doubled and drove in a run for Yankton, while Hannah Horn singled twice and had an RBI. Jessica Wirth, Karlee Kozak and Haley Hinseth pitched, while Katie Koletsky doubled and struck out seven.

SIOUX FALLS FUSION 6, SPITFIRE 0: Wirth, Kozak, Schulte, Hinseth and Brooke Loecker all singled for Yankton. Koletzky again pitched and had six strikeouts.

SPITFIRE 4, S.F. DIAMONDS FIRE 3: Wirth hit a 2-run double and singled for Yankton, while Horn, Kozak and Loecker all singled. Hinseth was the winning pitcher with three strikeouts and Koletzky picked up the save.

Hamels Suspended 5 Games For Throwing At Harper

PHILADELPHIA (AP) — Cole Hamels earned a five-game suspension for the way he welcomed Bryce Harper to the big leagues.

The 2008 World Series MVP was suspended for intentionally throwing at the Washington rookie in the Philadelphia Phillies' 9-3 win over the Nationals on Sunday night.

Major League Baseball announced the penalty Monday. Hamels also was fined.

Hamels wasn't available to reporters before the Phillies opened a three-game series against the New York Mets. But he already admitted that he deliberately threw at Harper.

"I was trying to hit him," the two-time All-Star lefty said Sunday night. "I'm not going to deny it. I'm not trying to injure the guy. They're probably not going to like me for it, but I'm not going to say I wasn't trying to do it. I think they understood the message, and they threw it right back. That's the way, and I respect it."

Hamels began serving his suspension Monday night. With Cliff Lee expected to come off the disabled list and start Wednesday, coupled with Thursday's day off, Hamels really won't miss a turn in the rotation.

Roy Halladay will likely pitch on regular rest Saturday and Hamels would then start Sunday against the San Diego Padres.

Phillies general manager Ruben Amaro Jr. was disappointed the incident occurred.

"Obviously that's not what we're about," Amaro said. "We're not about trying to injure people. Things that happen in the game happen in the game. Those are parts of the game. But as far as how the Phillies want to conduct themselves, we try to take the high road on things. By

no means are we condoning this. We fully support what the commissioner's office has decided to do."

Hamels plunked Harper in the small of the back with a fastball in the first inning. He said the purpose pitch was his old-school way of welcoming the 19-year-old Nationals phenom to the big leagues.

"That's something I grew up watching, that's kind of what happened. So I'm just trying to continue the old baseball because I think some people are kind of getting away from it," Hamels said. "I remember when I was a rookie the strike zone was really, really small and you didn't say anything because that's the way baseball is."

"But I think unfortunately the league's protecting certain players and making it not that old-school, prestigious way of baseball," Hamels added.

Harper got the last word, though. When Hamels made a pickoff to first, Harper stole home for the first swipe of his eight-game big league career.



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JEREMY HOECK/P&D

Yankton's Brandon Frick serves during his flight five singles match against Sioux Falls O'Gorman in Monday's dual at the YHS/SAC Courts.

O'Gorman Sweeps Yankton 9-0

Sioux Falls O'Gorman swept Yankton 9-0 in boys' tennis action Monday at the YHS/SAC Tennis Courts.

The closest match of the day came at flight one doubles, where O'Gorman's Tony Rauschenbach and Tommy Entwistle beat Yankton's Luke Rockne and Chance Sorenson 6-4, 6-1.

Yankton is back on the courts today (Tuesday), hosting Mitchell and Brandon Valley in a triangular. Start time is 1 p.m.

O'Gorman also won six of seven JV matches.

Vikings Release Longwell

MINNEAPOLIS (AP) — The Minnesota Vikings have released 16-year veteran kicker Ryan Longwell, the latest and perhaps most dangerous turnover to date in their rebuilding project.

The surprising move was made Monday, a little more than a week after the team drafted Georgia kicker Blair Walsh in the sixth round. Shortly after Longwell said goodbye to Vikings fans on Twitter — he thanked them for their cheers and said they've "been awesome" to him and his family — the team announced the decision in a brief news release.

"Ryan did a good job for us," coach Leslie Frazier said. "He is a great person and has been an outstanding player in our league for a long time. I wish him nothing but the best. He has been great for our organization."

Longwell had three seasons and \$7 million left on a four-year contract he signed last summer that included a \$3.5 million signing bonus. He was due to make \$1.75 million salary this season, putting him in jeopardy to join left guard Steve Hutchinson, cornerback Cedric Griffin and right guard Anthony Herrera on the list of expensive veterans let go this year.

His 94.4 field-goal percentage over the 2009 and 2010 seasons — 43 of 46 — was the best in the NFL. Including nine years with the Green Bay Packers, Longwell is 13th in NFL history with 1,687 points and fourth on the active list. His career-long 55-yard field goal came on Oct. 14, 2007, to beat the Chicago Bears with no time left.

SPORTS DIGEST

Westbrook Works Out For Lakers

Former University of South Dakota men's basketball leading scorer Charlie Westbrook said via text message to the *Press & Dakotan* on Monday that he was headed to Los Angeles, Calif. on Monday to work out for the Lakers.

Westbrook, who averaged 18.7 points and 4 rebounds per game as a senior last season at USD, saw his NBA Draft stock rise after his performance at the Portsmouth Invitational last month. He planned to field workout invites from various NBA teams prior to the June 28 Draft.

"I'm excited. It's an honor to work out for a great organization," Westbrook said via text. "I am proud and I will give my all to give myself a chance to be drafted by the Lakers. I just thank God for a legit opportunity."

Hartington's Becker Earns GPAC Honors

LINCOLN, Neb. — Hartington native Jonathon Becker earned four all-Great Plains Athletic Conference honors during the GPAC Outdoor Track and Field Championships on Saturday in Lincoln.

Becker, a former Cedar Catholic standout and a senior at Concordia, won the 400-meter hurdles and finished fourth in the 110-meter hurdles, hitting the NAIA B-standard in both. He also was part of the Bulldogs' third place 1600 relay and fourth place 400 relay.

Jackrabbit Men's Basketball Adds One

BROOKINGS — The South Dakota State men's basketball team added a California guard/forward Monday, as Matt Donlan signed a National Letter of Intent, indicating his plans to enroll at South DakotaState in the fall and compete for the Jackrabbit basketball team.

Donlan comes to South Dakota State from Capital Christian High School in Sacramento, Calif., where he averaged 17.4 points and 5.5 rebounds per game as a senior in 2011-12 in leading the Cougars to a Sac-Joaquin section championship with a27-6 record.

Donlan also earned Golden Empire League most valuable player honors after leading his team to a 9-1 record in league play.

As a junior in 2010-11, Donlan averaged 15.4 points and 4.3 rebounds per game in leading the Cougars to a 17-11 overall record and a 6-4 record in the Golden Empire League.

Adding to his list of accomplishments, Donlan holds numerous Capital Christian High School records, including points in a season, points in a career, three-point field goals made in a season and three-point field goals made in a career.

Jackrabbit Softball Signs Two

BROOKINGS — The South Dakota Statesoftball team signed a pair of players to National Letters of Intent on Monday, as Devan Larsen and Lauren Hamilton both signed letters indicating their plans to enroll at South Dakota State and play for the Jackrabbit softball team.

The two signees include Devan Larson from Monroe, Wash., and Lauren Hamilton from Higinville, Mo.

An infielder at Monroe High School, Larson earned second team all-Wesco North Conference honors in 2011after earning honorable mention in 2010. She also served as the team captain in both her junior and senior years, and earned team MVP honors in 2011.

A three-year member of the National Honor Society, Larsen made the honor roll in all four years of high school.

Larsen plays club ball with the Washington Ladyhawks organization.

A catcher at St. Paul Lutheran High School, Hamilton earned four varsity letters in softball, an-earned all-conference and all-tournament team honors at her conference tournament three times. Hamilton plays club ball with the KC Zephyrs travel team.

NU's Steinkuhler Named To Lott IMPACT Watch List

LINCOLN, Neb. — University of Nebraska defensive tackle Baker Steinkuhler was honored Monday, as one of 42 players named to the initial Lott IMPACT Watch List.

A two-year starter for the Huskers, Steinkuhler started all 13 games for Nebraska in 2011, totaling 40 tackles, including a pair of sacks from his defensive tackle spot. The 6-foot-6, 290-pounder has started 28 games for the Huskers over the past two seasons, earning honorable-mention all-conference recognition in both 2010 (Big 12) and 2011 (Big Ten).

Steinkuhler is one of nine nominees from the Big Ten, which leads all conferences. The 2012 winner will be announced on Dec. 9 at the Pacific Club in Newport Beach, Calif.

Trial Delayed In Lawsuit Over Iowa Rowing Injury

IOWA CITY, Iowa (AP) — The trial has been delayed for a former member of the University of Iowa women's rowing team who says she developed a painful condition in her leg muscles because of intense and poorly supervised workouts.

Former coxswain Margaret Krusing's lawsuit against the university had been scheduled for trial in Iowa City on Tuesday.

Citing a scheduling conflict with one of the attorneys involved, a court administrator entered an order Friday delaying the case. A hearing has been set for next week to reschedule the trial, likely sometime in the coming months.

Krusing says she developed exertional compartment syndrome because of training during her freshman year, which made it difficult for her to walk. She is seeking damages for medical expenses and pain and suffering, alleging trainers and coaches were negligent.

Golf

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girls' golf tournament on Monday at Rocky Run Golf Course.

The Chargers finished at 336, 22 strokes better than Dell Rapids. Canton finished third at

364.

Dakota Valley's Shyler Funck scored a 77 to earn medalist honors. SFC's Abby Perrenoud and Mikaela Theobold finished second and third, shooting 78 and 81.

TEAM SCORES: Sioux Falls Christian 336, Dell Rapids 358, Canton 364, Dakota Valley 365, Beresford 401, Tea Area 462

TOP 10: Shyler Funck, Dakota Valley 77; Abby Perrenoud, S.F. Christian 78; Mikaela Theobold, S.F. Christian 81; Lexie Pierson, Dell Rapids 85; Hannah Zylstra, Canton 87; Makayla Claymore, Tri-Valley 87; Audrey Kielezowski, S.F. Christian 87; Emily Haak, Dell Rapids 88; Lindsey Sorlie, Canton 89; Mikayla Christensen, S.F. Christian 90



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