

COMMUNITY
CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

THURSDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685
Ladies Pool, 10 a.m., The Center, 605-665-4685
Yankton Sertoma, noon, Pizza Ranch, 605-661-7159
Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th street.
Avera Sacred Heart Hospital Toastmasters, noon, Benedictine Center, open session 605-665-6776
Pinocle, 12:45 p.m., The Center, 605-665-4685
Dominos, 1 p.m., The Center, 605-665-4685
Weight Watchers, 4 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.

Weight Watchers, 5:30 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Take Off Pounds Sensibly (TOPS #SD 45), Weigh-in 5:30-6:30 p.m., meeting 6:30-7:30. RTEC building, 1200 W. 21st St. For more information call 605-665-3738 or 667-9274.

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and Walnut
Celebrate Recovery, 7 p.m., Calvary Baptist Church, Youth Room #4, 2407 Broadway, Yankton, 605-665-5594
Freeman Alcoholics Anonymous, 8 p.m., non-smoking closed meeting, City Hall, 3rd and Poplar, Freeman.
Yankton Alcoholics Anonymous, 8:30 p.m., open session, 1019 W 9th St.
Yankton Alanon, 8:30 p.m., 1019 W 9th Street

THIRD THURSDAY

HSC Friendship Club, 5 p.m., May: Meridian Corner (junction of highway 81/18 eight miles south of Freeman or eight miles east of Menno), 605-665-5956.

Catholic Daughters (Court Willard 967), 7:30 p.m., at Sacred Heart Catholic Church/Community Gathering Space, Yankton. (January through June)

FRIDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Cardio Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th Street.
Bridge, 1 p.m., The Center, 605-665-4685
Bingo, 7-9 p.m., The Center, 605-665-4685
Open Billiards, 7-9 p.m., The Center, 605-665-4685
Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed session, 16 1/2 Court St, Vermillion
Porchlight, 8 p.m., non-smoking closed session, United Church of Christ, 210 W 5th Street

SECOND FRIDAY

Parkinson Support Group, 1:30 p.m., Benedictine Center.

SATURDAY

Weight Watchers, 9 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Each Day a New Beginning, 10 a.m., non-smoking closed session, 1019 W 9th Street
Daily Reprieve, noon, non-smoking closed session, 1019 W 9th Street.
Vermillion Unity Alcoholics Anonymous, 7:30 p.m. closed session, Trinity Lutheran Church, 816 E. Clark, Vermillion.

SUNDAY

Alcoholics Anonymous, 8 a.m., closed meeting, 1019 W. 9th Street
Tyndall Alcoholics Anonymous, 8 a.m., non-smoking, 1609 Laurel St., Tyndall
Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed meeting, Trinity Lutheran Church, 816 E. Clark, Vermillion

SCHOLASTICS

TORY GROSS

Tory Nicole Gross of Yankton has been selected as one of the United States JCI Senate Foundation national scholarship winners for 2012, receiving a \$1,000 grant to pursue her education beyond high school.



Gross

"Tory's excellence in the classroom, as well as her involvement in outside activities, has impressed our panel of judges, and we are delighted to make this grant available to her," said Earl Sawyer, president of the foundation.

The organization has been providing scholarships to high school seniors across the country since 1987.

Affiliated with the U.S. Junior Chamber International Senate, the group is committed to promoting educational opportunities for high school students on the college, university, or vocational school level.

Gross was awarded \$250 at the state level before moving on to the national competition. She will be attending the University of South Dakota.

TIMOTHY MORGAN

SIoux CENTER, Iowa — Timothy Morgan of Chancellor was among 321 Dordt College students awarded diplomas at the 2012 commencement ceremony held Friday, May 4, in the B.J. Haan Auditorium.

Morgan graduated with a

Bachelor of Arts degree in digital media production.

Among this year's graduates, 298 earned Baccalaureate degrees, 14 Associate of Arts degrees, and nine Master of Education degrees. The Baccalaureate degrees presented included Bachelor of Arts, Bachelor of Science in Engineering, Bachelor of Science in Nursing, and Bachelor of Social Work degrees.

Outgoing college president Dr. Carl E. Zylstra gave the commencement address, "To The Hilt." Zylstra has been president of Dordt College since 1996, during which time the college has seen significant expansion in its facilities, endowment, and academic programs.

Dordt College in Sioux Center, Iowa, is a comprehensive Christian college rooted in the Reformed tradition. U.S. News & World Report, Forbes.com, Washington Monthly, and Princeton Review all list Dordt in their best colleges lists. Dordt is home to approximately 1,400 students. To learn more about Dordt College, visit www.dordt.edu.

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Jeff Johnson, M.D. Family Practice *Brandi Praveck, CNP Family Practice Lewis & Clark Specialty Hospital*

Dave Says

Frustration Along The Way?

BY DAVE RAMSEY

Dear Dave, I'm about to complete Baby Step 3. I've been very intense about following your plan, but I was wondering if there's ever any kind of frustration or letdown after you've come this far. — **Rasheed**

Dear Rasheed, You're right. The beginning three Baby Steps are very intense. First, you get \$1,000 in the bank-\$500 if you make less than \$20,000 a year-for a beginner emergency fund as fast as you can. Then, pay off all your debts, except the house, from smallest to largest, and after that you finish out your emergency fund with three to six months of expenses. This is a real whirlwind of activity, because everything should be wrapped up in an aggressive, we've-got-to-get-this-done kind of attitude.

I guess if there's a letdown it could come from the feeling that once you're out of debt except for

your house, things should kick into overdrive and you'll become instantaneously wealthy. That just isn't realistic. But it does remove a ton of stress from your life, and you'll experience a sense of freedom that you've never felt before.

As for frustrations, they'll be fewer because a huge cause of stress and frustration will disappear after you gain control of your money and get out of debt. You may feel like things aren't moving fast enough, but things never seem to move fast enough when you're intense and really into what you're doing! — **Dave**

TIME TO PLAY IT SMART!

Dear Dave, Our son is 21, and he's embarking on a career as a profes-



Dave RAMSEY

sional soccer player. He'll only be making about \$30,000 a year, and we want to know how we can help him manage this money and not get caught up in the idea that he has to live a glamorous lifestyle. — **Karen**

Dear Karen, "Glamorous" isn't the word I'd use to describe a \$30,000-a-year job, even for a 21-year-old. I think the biggest

thing here is to make sure he develops some emotional maturity and uses basic, common-sense guidelines to help keep things in perspective. If he makes a habit right now of budgeting and living on less than he makes, he's going to have a lot easier time later on if he starts raking in the big bucks.

Help him prepare his heart for two things. First, that a career as a professional athlete will proba-

bly be a short run. Enjoy it, be smart, then prepare to move on to the next part of your life, and develop a different career track.

The second thing is that even if he beats the odds and ends up making a ton of money, he's got to view the money as a responsibility and a privilege. This is when the common sense and maturity really come into play. You can't run out and buy a bunch of houses and cars and expect even big money to last for long! — **Dave**

Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover and EntreLeadership. "The Dave Ramsey Show" is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

USD

Music Professor Receives Knutson Award

VERMILLION — David Moskowitz, Ph.D., is the 2012 recipient of the Knutson Distinguished Professor Award presented by the College of Fine Arts at the University of South Dakota. Moskowitz, professor of music history in the USD Department of Music, was selected following a committee review of several applicants.

"David has an outstanding record of achievement in scholarship having authored several books in the past 10 years," added Larry Schou, dean of the College of Fine Arts.

Moskowitz joined the USD faculty in 2001 and teaches courses on music history while his research interests include Caribbean popular music such as reggae and ska, and



Moskowitz

dancehall. Popular research subjects include Bob Marley and Jimi Hendrix. Moskowitz received his Ph.D. in musicology from the University of Kansas, and a master's degree in music history and a bachelor's degree in general studies (emphasis on violin performance) from Ohio University. "It's an honor to receive the Knutson Award especially as it is based on input from faculty across the College of Fine Arts," Moskowitz said. "I sincerely appreciate the recognition of the research that I have done since coming to USD in 2001."

The biennial Knutson Award, presented for the first time in 2006 to Susanne Skyrn, was named for Wayne Knutson, Ph.D., University Distinguished Professor Emeritus, who provided 35 years of service to the University of South Dakota as a professor, chair of the Department of English, Dean of the College of Fine Arts and Vice President for Academic Affairs. Additionally, Knutson directed 70 plays at the university, the Black Hills Playhouse, and community theatres across South Dakota, and wrote 10 plays and opera librettos, which all were produced. He and his wife, Esther Johnstad Knutson, continue to reside in Vermillion.

Nebraska Behavioral Health Conference May 21-23

LINCOLN, Neb. — Nebraska's second statewide behavioral health conference will be May 21-23 at the Cornhusker Hotel in Lincoln. The theme is "Success, Hopes and Dreams for the Future."

"The conference focuses on the consumer movement in behavioral health and will provide information on the many ways people with behavioral health problems can support and maintain their recovery," said Scot L. Adams, director of the Division of Behavioral Health in the Nebraska Department of Health and Human Services. "The goal of the conference is to celebrate recovery from behavioral health disorders."

Behavioral health includes mental health, substance abuse and problem gambling issues.

The focus of the conference is wellness and recovery for indi-

viduals with behavioral health needs.

A keynote speaker is Patricia E. Deegan, Ph.D., who is a consultant specializing in recovery and the empowerment of people diagnosed with mental illness. Dr. Deegan is an activist in the disability rights movement and has lived her own journey of recovery after being diagnosed with schizophrenia as a teenager. She is an adjunct professor at Dartmouth College School of Medicine and at Boston University, Sargent College of Health and Rehabilitation Sciences. Dr. Deegan

is also a principle investigator with the University of Kansas School of Social Welfare.

Another keynote speaker will be Paolo del Vecchio, acting director of the Center for Mental Health Services in the Substance Abuse and Mental Health Services Administration. He has served as CMHS associate director for consumer affairs and in this capacity managed SAMHSA's precedent-setting activities addressing consumer participation and education, issues of discrimination and prejudice, consumer rights, wellness, recovery,

trauma, access to treatment, and other issues affecting persons with mental health conditions.

"I think this conference can help bring empowerment to behavioral health consumers, so that they will feel a sense of ownership in their own recoveries," Adams said.

In addition to consumers, vendors and providers of behavioral health services will be attendees. CEUs have been approved. For a complete agenda and to register, go to <http://www.nebraskastate-conference.org/>.

With
Fondest Memories

We remember those who have passed away and are especially dear to us.

On Saturday, May 26th we will publish in print and online at Yankton.net a Memorial Day section devoted to those who are gone but not forgotten.



Aneta Burrows

Dec. 30, 1960-Nov. 8, 2002

Your courage and bravery still inspire us all, and the memory of your smile fills us with joy and laughter.

Dan, Ann & Sarah

Select one of the verses below to accompany your tribute.

- We hold you in our thoughts and memories forever.
- May God cradle you in his arms, now and forever.
- Forever missed, never forgotten. May God hold you in the palm of His hand.
- Thank you for the wonderful days we shared together. My prayers will be with you until we meet again.
- The days we shared were sweet. I long to see you again in Gods heavenly glory.
- Your courage and bravery still inspire us all, and the memory of your smile fills us with joy and laughter.
- Though out of sight, you'll forever be in my heart and mind.
- May the light of peace shine on your face for eternity.
- May God's angels guide you and protect you throughout time.
- You were a light in our life that burns forever in our hearts.
- May God's graces shine over you for all time.
- You are in our thoughts and prayers from morning to night and from year to year.
- We send this message with a loving kiss for eternal rest and happiness.
- May the Lord bless you with His graces and warm, loving heart.
- I have written my own message and it is included.

To remember your loved one in this special way, send \$10.00 per listing.

Fill out the form below and mail to:

Yankton Daily Press & Dakotan/With Fondest Memories
319 Walnut Street, Yankton, SD 57078

Deadline: Tuesday, May 22, 2012

"With Fondest Memories" • Deadline: May 22 • Submission Fee \$10

Name of deceased _____

Date of birth _____ Date of passing _____

Number of selected verse _____ OR Personal message _____

Print your name here _____ Phone _____

Number _____

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