

FITNESS FOR A CAUSE



KELLY HERTZ/P&D  
First Fitness and the Heartland Humane Society would like to thank you for your participation and contribution to the third annual Fitness for a Cause event that was held on April 21, 2012. What an awesome community we have! Total raised so far is \$1206.00 with donations still coming in. This money will go towards vet care and spay and neuter costs for the 200+ animals they will help in 2012. Thanks again for your support.

THE LOVE OF STAMPS



COURTESY PHOTO  
Postmaster Janice Loyd recently gave a stamp collecting class to the 4th and 5th grade classes at Tabor Elementary School. Pictured are the students trying to find the images on special stamps that are hidden and can only be seen with a special finder.

CLEANING UP YANKTON



COURTESY PHOTO  
Students from Calvary Kids Preschool celebrated Earth Day on Friday, April 20, by cleaning up garbage at Memorial Park. The students from the Junior Kindergarten and 4-year-old class enjoyed God's creation, had a picnic lunch, and then got to work scouring the park for garbage.

Roth Named United Way Volunteer Of Month

“A day without laughter is a day wasted.”  
— Charlie Chaplin

Local volunteer, Diana Roth, wastes not a day, making people smile and laugh with not only her fantastic sense of humor, but her sense of community, donating her time and talents to many local organizations. United Way & Volunteer Services' has honored Diana for her volunteer efforts, presenting her with the Volunteer of the Month Award for March 2012.

After retiring from the Yankton Public School District where she worked as a School Cook for over 30 years, Diana decided she wanted to start volunteering. “Volunteering gets you out in the community and you meet so many wonderful people,” states Diana.

Her volunteer efforts began in November of 2009 at the Avera Sacred Heart Hospital, helping at the Information Desk. Diana continues to volunteer at the hospital as an escort where she helps people locate their destination within the hospital. She also delivers newspapers, mail, and flowers to patients.

Carla Hummel, Volunteer Coordinator at Avera Sacred Heart Hospital, says Diana's contributions are much appreciated. “Diana is phenomenal! I have recently had a couple volunteers fall out of schedule due to ill health and Diana has picked up where they left off and has been covering very patiently while I am on a search for replacements. She is absolutely golden. Her positive attitude, optimistic outlook, and just plain great attitude are looked forward to every time she enters the building!”



COURTESY PHOTO  
Diana Roth was named the Yankton Area United Way Volunteer of the month for the month of March.

Diana soon heard of more volunteer opportunities through the Retired Senior Volunteer Program (RSVP) and joined in. RSVP provides seniors the opportunity to put their skills to work by helping find senior volunteer opportunities that match their interests.

Deb Overseth, RSVP Volunteer Coordinator describes Roth as someone who is upbeat, cheerful, and energetic. “Diana gives so much of herself to help others and the community,” Overseth said. “Since Diana joined

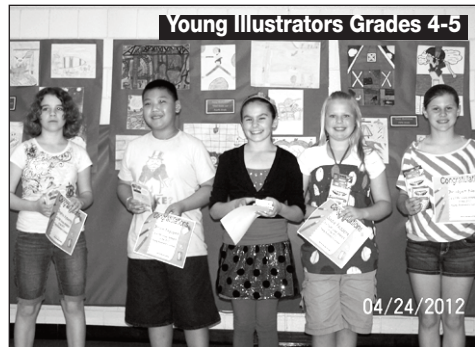
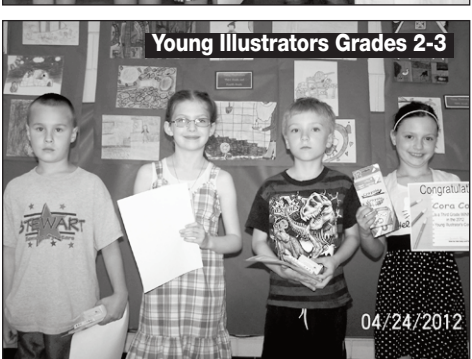
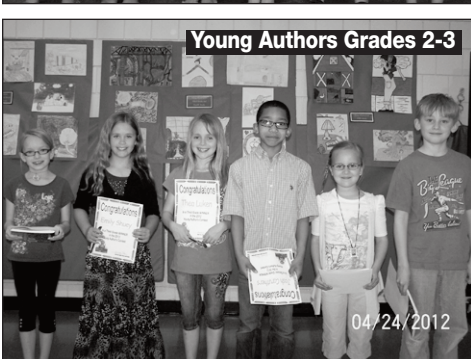
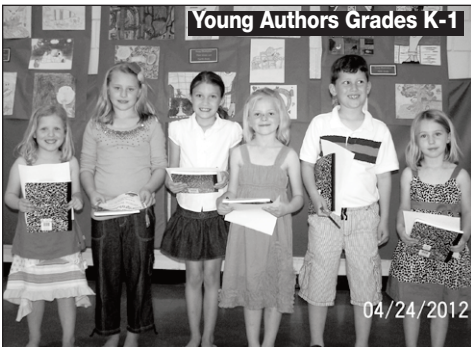
RSVP in 2009, she has put in over 1,800 hours of volunteer service to local programs in Yankton including the United Way & Volunteer Services, RSVP office, Chamber of Commerce, SD Tourism, Sack Pack, the Women's/Children's Center, and many more!”

On average, Diana contributes over 25 hours a week to volunteering. These hours include time spent at the hospital, multiple volunteer opportunities through RSVP, quilting for St. John's Lutheran Church, and reading to Ms. Becker's First Grade Class at Beadle Elementary.

According to Ms. Becker, Diana Roth is one of “MY3GRAMAS” who have become the core reading volunteers in her first grade classroom. “Diana rotates through 25 students, listening to each read and visiting with them about their lives. We truly appreciate her gift of sharing time and attention with these 6-, 7-, and 8-year old students.”

Diana's sense of community contributes to her a sense of worth. “Volunteering is so rewarding,” Roth exclaims. “I love it! And the pay isn't too bad either! The thanks you receive definitely outweighs anything you could pay me for the work I do. I love it, I love it, I love it! I'll never quit.”

Diana encourages others to volunteer, stating “There is something out there for everyone. Volunteering is flexible and at your own pace, you have the freedom to pick your hours and what you like to do. There are so many opportunities available, you need to go out and try it!” Diana emphasizes that age is not a factor when it comes to volunteerism, “Young, old, or young at heart, volunteering is for everyone!”



The photo for the young authors grades 4-5 was not available at press time.  
Left: A member of the Young Illustrators Grades 4-5

Young Author And Illustrator Winners Announced

The Young Authors & Illustrators contest was held again in Yankton this school year. The winners were as follows:

2012 YOUNG AUTHORS

Kindergarten — Paul Kleinschmit (SH), Gabriella Campbell (SH), Rose Lane (SH)  
First Grade — Courtney Sandal (SH), Gracie Brockberg (SH), Frannie Kouri (SH)

Second Grade — Madisyn Bietz (ST), Hannah Jussel (SH), Kendra Lemberg (ST), Josh Caruthers (BD)  
Third Grade — Thea Luken (WB), Emily Shuey (SH), Lauren Gillis (BD), David Kuchta (LI)  
Fourth Grade — Bradley Howe (LI), Julia Kramer (SH), Lili Dannenbring (ST), Chaleb Jensen (ST)  
Fifth Grade — Erin McCarthy (SH), Kellie Geigle (SH)  
Sixth Grade — Anne Knoff (SH)  
Seventh Grade — Kolbi Kennedy

(SH), Katie Hauser (SH), Avery Brockberg (SH)  
Eighth Grade — Adrienne Kusek (SH), Mason Sundleaf (SH), Brianna Geigle (SH)

2012 YOUNG ILLUSTRATORS

Kindergarten — Oliver Sprakel (SH), Annie Baumann (SH), Presley Sedlacek (SH)  
First Grade — Ella Hosmer (SH), Courtney Sandal (SH), Allie Taggart (SH)

Second Grade — Nicholas Doby (ST), Madisyn Bietz (ST), Caleb Kisch (ST)  
Third Grade — Chloe Becker (BD), Ethan Beaudette (LI), Cora Cox (LI), Jarren Banta (BD)  
Fourth Grade — Katrine Newland (ST), Sadie Fedders (ST), Lili Dannenbring (ST), Robert Rauscher (BD)  
Fifth Grade — Brian Nguyen (SH), Sophia Vyborny (SH), Bridget Nolz (BD), Alexis Brandt (BD)

MEETING MINUTES

INTERCHANGE

Interchange met on April 30 at noon at Minerva's. Presiding officer Franci Kieffer called the meeting to order and the Pledge of Allegiance was recited.

Pam Kettering introduced guest Barb Kabeiseman of 1st Dakota. Mary Lou Anderson of Anderson Superior Products was hostess. She introduced Dr. Mike McVay from Habitat for Humanity. Dr. McVay spoke about the recent completion of 2 new houses; the beginnings of Habitat for Humanity (which was started by Fullers in 1976 and popularized by President Carter; in 1996 Ken Halverson completed the first home and in 1997 34 homes had been built; 34 for Yankton — 500,000 around the world; they try to build 2 homes a year; they provide opportunities for us by 1. monetary, 2. labor, 3. professional services and 4. material donations.; they also provide minor repair for low-income person(s) who need help. The family is determined by income guidelines, 300 hours sweat equity and 0 percent interest mortgage payments so that the Habitat can put it into other new homes.

INTERCHANGE

May 7, 2012: Board member and Treasurer, Susie Frick called the noon meeting of Interchange to order. Following the Pledge of Allegiance announcements included: Crystal Nelson gave information about the Brown Bag Lunch on June 1 with the topic "History of Czech Days" and on June 2 the family fun event "Riverboats, Roads, and Rails" for children of all ages. Deb Overseth, RSVP gave information about the Celebrating Volunteers event to be held at the Center on May 8 from 2-4.

Hostess and presenter was Deb Bostenstedt, currently serving as Red Cross director and retired Navy Captain. Her presentation "My Navy Journey" outlined her career in the U.S. Navy. A native Nebraskan, Deb was a high school and college athlete who benefited from the passage of Title 9 and attributes that event for setting the stage for her career and life. She became a teacher but was looking for another path when she was accepted in the Navy and passed the strenuous physical tests to attend dive school later becoming the only woman to graduate in a class of eighteen. During her dive career she was the only woman to qualify as a submarine rescue chamber operator. She had many memorable assignments including diving to recover salvage from the Space Shuttle Challenger and the historic salvage operation of the USS Monitor. Along the way she received her Masters Degree from the Naval War College, was Commander of the Dive Unit in San Diego, and retired as a Captain while stationed in Hawaii. She relayed

many fascinating experiences of her naval career and diving experiences.

Next meeting with be at noon at Minerva's on May 14. Guest speaker will be Fran Horacek about carving. Hostess will be Jane Bobzin.

TOASTMASTER CLUB 1294

Yankton Toastmaster Club 1294 met Saturday, May 5, at 7:30 a.m. at the Fry'n Pan Restaurant. The meeting was called to order by Vice President Kevin Buhl who led the Pledge of Allegiance to the flag. The invocation was given by Joy Winther. Toastmaster of the Day was Steve Hamilton who conducted the meeting. Grammarian Roy Wilcox gave the word of the day, "endeavor," which means to strive to achieve. Mike Arens gave a speech titled "Children and Farm Safety — a Personal Story" from the Storytelling manual with the objective of arousing emotion. Janice Stone gave a speech titled "The Demon Within" from the Interpretative Reading manual with the objective of developing skills to apply effective interpretation and vocal techniques to a reading. Table topics were led by Kathy Hejna who asked members to respond to questions for a job interview. Tara Arens evaluated the meeting, and called on Doug Fickbohm to evaluate Mike Arens' speech, and Jeremy Skrenes to evaluate Stone's speech. Presentations were given by grammarian Hejna, ah counter Winther, timer Buhl, vote counter Buhl, and joke master Wilcox. Trophies were presented to Stone and Buhl (tied) for best table topics, Fickbohm for best evaluator, and Stone & Mike Arens (tied) for best speaker. The business meeting was lead by Buhl.

Guests are welcome. For more information call 665-8448.

OUTLAW TRAIL SCENIC BYWAY

The Outlaw Trail Scenic Byway held its Annual meeting on Tuesday, April 17, 2012, at the Niobrara Valley House of Renewal, Lynch, Neb. Members present were Mary Rose Pinkelman, St. James, Marita Placek, Lynch, Al Brock, Valentine, Larry Halstead, Lynch, Twyla Witt, Division of Nebraska Tourism, Thedford, Kathy Purviance, Lynch, and Marci Broyhill, Dakota City. Mary Rose called the meeting to order at 10:15 a.m. Minutes of the February meeting were reviewed and a correction made to read, "there was a discussion about applying for a Knox County grant." Al made motion to approve the minutes as corrected, seconded by Larry. Motion carried.

Due to the absence of the treasurer, Mary Rose gave the treasurer's report. Al made motion to file treasurer's report for audit, seconded by Kathy. Motion carried.

Bills presented for payment were to Sally for reimbursement of one year's

domain renewal with Hover \$15, ink cartridge \$34.97, and copy paper 2.97, tax — \$2.28 for a total of \$55.22; Marita \$93.54 for phone calls, postage, mileage and office supplies, Al requested a \$100 check to be made out for contract with Crossroad Catering, for catering the upcoming Trail Ride, and Mary Rose \$12.98 for hamburger for the sloppy joes for today's meal. Larry made a motion to pay the bills, seconded by Al. Motion carried.

Committee Reports: Membership was discussed. Twyla offered to either help Sally or make up a spreadsheet for members.

Tourism. Brochure swap meet is May 17 at Lexington. No one is planning to attend. Twyla will deliver brochures as she travels the interstate. She also suggested we could make up a sheet of information for the guides with information of events and things to see along the Outlaw Trail. Items suggested to be listed could include Gun Clubs and golf courses drawing hunters and golfers to the area.

Brochures: Members are asked to look over brochures and send corrections, suggestions, changes, and additions for the new brochures to committee members: Mary Rose, Chris, Twyla and Al.

TRAIL RIDE: Al reported due to unforeseen circumstances, the trail ride had to be changed from the Devil's Nest area to the Turkey Creek Ranch near Newcastle. Dates are now June 23 and 24th. He informed members of the plans made for the weekend and passed around flyers and forms necessary for the trail ride. Information will be put on the website. He has contacted 4-H, FFA, and other trail rider organizations. Marcie Broyhill, cowboy poet, will provide the entertainment on Saturday evening. Outlaw Trail will also have T-shirts, bandanas, pins, and books for sale. Special T's & More was contacted in regards to purchasing window clings.

Marita updated members on the book, Legends and Lore of the Outlaw Trail. She had ordered another 100 books. She sold the last 22 she on hand the night before and had orders for two more this morning. Article will appear in the March/April issue of the Nebraska Life magazine. She has a couple of requests for book signing in the near future. Also the website www.nebraskautlawtrail.org has been updated with information on the book.

The Butte Historical Society will take the Outlaw Trail history books (1999 to 2011) and have them on display.

NEW BUSINESS: Election of Officers. Motion made by Kathy to retain Mary Rose as president and Marita as secretary, seconded by Al. Motion carried.

Meeting dates were set up as follows, with the understanding that changes may have to be made, May 22 — a teleconference call; June 15 meeting to be at St. James at 10 a.m.; no meeting in July; a teleconference call for everyone on Aug. 21; the Sept. 18 meeting will be held at Springfield and plan to start working on membership renewals; the Nov. 20 meeting will be a telephone conference for everyone in the evening.

A discussion was held on designing and information for the ad in the July/August issue of the Nebraska Life magazine.

Al had made a list of Outlaw Trail Scenic Byway signs missing the Outlaw logo on his way to the meeting. Marci will check the east end of the Byway and report to Twyla. Twyla took a copy of the list and will bring the matter up with the Department of Roads.

Al made a motion to make a donation of \$25 to the Niobrara Valley House of Renewal. Larry seconded the motion. Motion carried.

Governor Heineman signed a bill that goes into effect July 1 creating a Tourism Commission.

Members are asked to let Twyla know dates for celebrations and events along the Outlaw Trail which she will put on the Nebraska Guide Tours.

Marita made a motion to adjourn, seconded by Al.

After adjournment and a terrific potluck lunch, Al entertained with talk on the "Story of JB Stetson" and "Horseracing History, Humor and Life's Lessons Learned." It was great and all left with a smile!

TOASTMASTERS CLUB 6217

Club President Sheryl Schwartz led the invocation requesting help to "tame our tongues." She was General Evaluator and conducted the business meeting. Schwartz listed the club's goals that are already achieved and those yet to be done by June 30. She requested the financial reports be submitted to Toastmaster International and thanked Jen Hovland for providing a club basket for the District's auction.

Jennifer Wubben presented the educational speech, "How to Evaluate a Speech," for the Speech Crafters and fellow members at the noon meeting in the Benedictine Center on May 3 with

Jane Miller as Toastmaster. Wubben received a written evaluation from Fran Kocer.

Chelsi Hames gave a humorous speech, "Marriage Survival During House Building." She suggested a four-step process of planning, compromising, relaxing, and thanking others. She was awarded the Best Speaker trophy.

Melissa Bader evaluated Hames speech. Bader's comments included noticing default hand gestures and enjoying Hames transitions. Bader was presented the Best Evaluator award.

Jeff May told the meaning of the word of the day, "obtuse," and credited special phrases of interest during his report. May's fellow team members were the Stachs, Greg as timer and Muriel as "ah" counter.

Table Topics Master was Tim Bohn with a "summer time" theme. He questioned Wubben about road trips, Muriel Stach on smells, Bader concerning the Fourth of July, Miller about food, May on graduations, Greg Stach concerning politics, Steve Anderson about summer fun, and Schwartz on romance. May received the Best Respondent trophy.

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