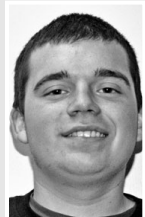


Press&Dakotan DAILY DOSE

Daily opinions from the P&D Sports Staff on local and national high school, college and professional sports.



BY NICK ROBINSON sports@yankton.net

As I was wandering down to the batting cages to check out the youth camp provided by the Sioux Falls Canaries baseball club Monday afternoon at beautiful Riverside Field, I stumbled upon a familiar face teaching area kids the techniques he has learned.

Yankton native and Augustana graduate Drew Heithoff reached an agreement with the Canaries on a non-roster invite.

Basically, it means that Heithoff has to "earn his spot and show them that I can play," as he says. Heithoff recently played professionally for the Schaumburg Boomers in Illinois. He spent two seasons

playing for the Boomers. A homecoming of some sort is just what he was looking for when returning to Riverside Field for the first time in years.

"It's really cool, it's been a while since I've been home — It's great to see that Yankton baseball is thriving." Heithoff said before Monday night's exhibition with the Sioux City Explorers. "The field looks great, hopefully we will come here and put on a show, being the local guy, it's cool to see all these hometown fans."

Heithoff also indicated the last time he stepped on Riverside Field was "during the Yankton Terry's days." Hopefully with a few solid outings in the pre-season and practices, Heithoff can secure himself a spot on the Canaries roster.

COLLEGE/YHS EVENTS

TODAY MAY 6	B-TEN: Brandon Valley/at Mitchell, 1 p.m.		
WEDNESDAY MAY 7			
THURSDAY MAY 8	T&F: Concordia Last Chance	SB: Summit League Champ at Fargo, N.D.	T&F: Summit League Champ at Muncie, Ind.
FRIDAY MAY 9	B-TEN: Eastern S.D. Conf. at Brookings, 9 a.m.	SB: Summit League Champ at Fargo, N.D.	T&F: Summit League Champ at Muncie, Ind.
SATURDAY MAY 10	T&F: Eastern S.D. Conf. at Aberdeen, 11:30 a.m.	SB: Summit League Champ at Fargo, N.D.	T&F: Summit League Champ at Muncie, Ind.
SUNDAY MAY 11			
MONDAY MAY 12			

Houdek Signs With MMC Track, Cross Country

Jordan Houdek of Highmore-Harold High School signed to attend Mount Marty College and compete with the track and cross country programs, the school announced Monday.

Houdek finished sixth in the state cross country meet last fall as a senior. In addition to his athletic accomplishments, he was also a member of the National Honor Society and an Academic Elite award winner on the cross country team.

"We are excited to have Jordan running for us next year," said MMC head track and cross country Randy Fischer. "He is a very talented runner and will have an instant impact on our team."

The son of Rob and Diane Houdek of Highmore, Houdek plans to major in Math and Secondary Education at Mount Marty. In addition to his track and cross country awards he is also receiving the prestigious Scholastica Scholarship.



Houdek

Lancer Women's Soccer Signs Minnesota Player

Dana Kingery of Reading, Minn., signed to attend Mount Marty College and play soccer for the Lancer women's program, the school announced Monday.

Kingery was awarded the Hustle Award as a varsity player her senior year. Kingery also received recognition for her off the field performance and was a member of the National Honor Society, a Student of Excellence for science, communication arts, and music and received the highest honors for her GPA in school.

"We are excited to have Dana joining our program. She will bring some much needed depth to outside midfield and defense," said MMC head coach Nathan Epp. "She is a very hard-working and coachable player that excels in the classroom as well. She is a great fit for Mount Marty College."

Kingery, the daughter of Bruce and Gail Kingery, plans to major in Radiologic Technology at Mount Marty College and will be receiving an excellence



Kingery

Soccer: Yankton Rebels 1-2 At State Cup

SIoux FALLS — The Yankton Rebels U-16 girls' soccer team went 1-2 at the South Dakota Soccer State Cup Championships, held last weekend in Sioux Falls.

Yankton, in its second year competing at that high of a level, dropped their first two games but rebounded with a 2-1 victory Saturday over eventual champion Rushmore Club Soccer Gold.

Erin Luken and Autumn Barnett each had a goal for Yankton during the tournament, while Raquel Cole led the Rebels with a total of 14 saves at goal.

Other team members for Yankton included Brianna Benjamin, Alexandra Colmenero, Shantel French, Amanda Gravholt, Kendall Lillie, Cheyenne Mallory, Janae Osborne, Elizabeth Rust, Taylor Ruter, Haley Schild and Amber Simek.

Denney Earns Summit Honor

VERMILION — South Dakota senior pitcher Erica Denney was named the Summit League's Pitcher of

the Week in a release by the league on Monday. It is the first SL Pitcher of the Week honor for Denney, who was named Great West Pitcher of the Week once previously.

Denney struck out six batters in her team's 5-1 series opening victory against North Dakota State on Friday. She allowed only three hits and one unearned run in the complete game effort. The Coyotes were the only league team to beat the Bison in the regular season and snapped a 15-game NDSU winning streak.

Denney and the 'Yotes will be participating in their first-ever Summit League Softball Championship beginning on Thursday. USD will open with a 4 p.m. game against Fort Wayne.

Morningside Claims GPAC All-Sports Trophy

SIoux CITY, Iowa — Morningside College won the Great Plains Athletic Conference All-Sports Trophy for the 2012-13 year, following the conclusion of all spring sports.

Morningside had 166 total points across all sports, followed by Doane (148) and Northwestern (144). Mount Marty College was 11th with 52.5 total points.

SCOREBOARD

GOLF

EASTERN SOUTH DAKOTA CONFERENCE GIRLS' CHAMPIONSHIPS

May 6 at Fox Run Golf Course, Yankton

TEAM SCORES: Pierre 329, Yankton 339, Watertown 350, Huron 352, Aberdeen Central 361, Mitchell 376, Brookings 381, Brandon Valley 436

ALLIED

1, Kristin Sabers, Mitchell.....34-35-69
2, Hailee Pieper, Watertown.....35-37-72
3, Megan Mingo, Yankton.....37-37-74
4, Hailee Golz, Pierre.....38-38-76
5, Becky Frick, Yankton.....40-39-79
6, Karissa Guthrie, Pierre.....41-40-81
7, Katie Bartlett, Pierre.....42-40-82
8, Taylor Rotter, Huron.....43-38-82
9, Cassidy Entwistle, Huron.....43-40-83
10, Kayla Krueger, Aberdeen Cent.....41-42-83
11, Macy Miller, Mitchell.....41-45-86
12, Whitney Spacht, Yankton.....46-43-89
13, Ashley Rook, Brookings.....47-45-90
14, Jenna Weismantel, Watertown.....45-45-90
15, Paige Lonbaken, Pierre.....43-47-90

Other Individuals

T16, Alana Christianson, Br. Valley.....46-45-91
T16, Brianna Kuckelburg, Aber.....43-48-91
T16, Erica Bien, Brookings.....45-45-91
19, Tatam Richards, Pierre.....47-45-99
20, Kami Love, Huron.....45-48-93
T21, Courtney Hardie, Watertown.....45-49-94
T21, Kalla Kuehn, Brandon Valley.....47-47-94
T21, Paige Falk, Yankton.....49-45-94
T21, Taylor Flanery, Huron.....50-44-94
T25, Brooke Pearson, Brookings.....48-47-95
T25, Hailee Allendings, Huron.....45-51-95
T27, Emily Rose, Watertown.....45-51-99
T27, Jenna Johnson, Pierre.....47-49-96
T27, Madison Ammann, Brookings.....47-49-96
T30, Amber Livingston, Yankton.....47-50-97
T30, Sydney Wirebaugh, Aberdeen.....48-48-97
T32, Amanda Tobin, Aberdeen.....52-47-99
T32, Heidi Brien, Brookings.....46-51-99
T32, Maria Dornak, Brookings.....47-49-99
35, Mikayla Sanjer, Aberdeen.....49-51-100
36, Hannah Whitlock, Watertown.....51-50-101
T37, Beth Heldbrant, Brookings.....52-52-104
T37, Payton Pierce, Yankton.....50-54-104
T39, Alicia Gregorio, Yankton.....49-58-107
T39, Sara Skornheim, Huron.....50-57-107
41, Janae Paul, Brandon Valley.....51-51-108
42, Kylie Barrington, Mitchell.....57-52-109
43, Madison VanWallengen, Mil.....55-57-112
44, Allison Miller, Mitchell.....57-57-114
45, Trish Mermer, Mitchell.....55-63-118
46, Lauren Blue, Brandon Valley.....71-72-143
47, Elise Oren, Brandon Valley.....83-70-153

TRACK & FIELD

MENNO RELAYS

May 6 at Menno

BOYS' DIVISION

TEAM SCORES: Bridgewater-Emery 139.5, Parker 126, Freeman 118, Arlington 73, Freeman Academy 73, Menno 57, Marion 39, McCrossan 33, Hanson 29.5, Canistota 29

100: 1, Weier, Joseph, Freeman, 11.84, 2, Lehr, Dylan, Menno, 11.85, 3, Miller, Chris, Freeman Academy, 11.96, 4, Miller, Wade, Bridgewater-Emery, 12.00, 5, Grassi, Andrew, Marion, 12.02, 6, Hofer, Nick, Canistota, 12.03, 7, Wilson, Gage, Bridgewater-Emery, 12.07, 8, Nielsen, Jerad, Canistota, 12.10

200: 1, Schmidt, Brennan, Freeman, 22.94, 2, Becker, Shaun, Freeman, 23.47, 3, Weber, Lane, Arlington, 23.90, 4, Erickson, Tristen, Parker, 23.91, 5, Weber, Luke, Arlington, 24.22, 6, Lehr, Dylan, Menno, 24.35, 7, Grassi, Andrew, Marion, 24.44, 8, Dye, Clayton, Bridgewater-Emery, 24.63

400: 1, Schmidt, Brennan, Freeman, 50.87, 2, Dekramer, Boone, Canistota, 55.43, 3, Weber, Izak, Bridgewater-Emery, 58.36, 4, Lunde, Sean, Bridgewater-Emery, 59.22, 5, Eisenbich, Gabriel, Freeman Academy, 59.34, 6, Sanchez, Jorge, Freeman Academy, 1:00.87, 7, Bergren, Travis, McCrossan, 1:01.53, 8, Kroker, Silas, Canistota, 1:02.75

800: 1, Olson, Michael, Parker, 2:02.10, 2, Herrick, Bridgewater-Emery, 2:15.65, 3, Wollman, Sawyer, Bridgewater-Emery, 2:15.81, 4, Stewart, Ethan, McCrossan, 2:16.72, 5, Hofer, Cole, Freeman Academy, 2:17.82, 6, Williams, Cletus, McCrossan, 2:19.47, 7, Parker, Nathan, Arlington, 2:20.79, 8, Forbes, Wyatt, Arlington, 2:21.13

1600: 1, Jongeling, Duane, Parker, 4:49.28, 2, Graber, Matthew, Freeman Academy, 4:56.62, 3, Haggerty, Ryan, Freeman Academy, 5:03.06, 4, Hofer, Cole, Freeman Academy, 5:06.94, 5, Williams, Cletus, McCrossan, 5:16.66, 6, Cox, Jim, McCrossan, 5:17.00, 7, Running Emery, Olson, McCrossan, 5:17.56, 8, Arend, Andrew, Freeman, 5:19.29

3200: 1, Jongeling, Duane, Parker, 10:06.30, 10:12.89, 2, Olson, Ryan, Parker, 10:49.49, 3, Brockmuller, Ben, Freeman Academy, 10:56.55, 4, Vollmer, Jake, Parker, 11:08.90, 5, Persson, Trey, Hanson, 11:30.05, 6, Cox, Jim, McCrossan, 11:35.49, 7, Running Emery, Olson, McCrossan, 11:46.24, 8, Thompson, Luigi, McCrossan, 13:54.46

110 HURDLES: 1, Hunstad, Eric, Parker, 17.41, 2, Shape, JD, Bridgewater-Emery, 18.60, 3, Vinsales, Osmar, Bridgewater-Emery, 19.94, 4, Mantha, Colin, Bridgewater-Emery, 20.91

300 HURDLES: 1, Hunstad, Eric, Parker, 44.34, 2, Preheim, Grant, Freeman, 44.81, 3, Buycok, Kordell, Parker, 47.20, 4, Vinsales, Osmar, Bridgewater-Emery, 47.75, 5, Mantha, Colin, Bridgewater-Emery, 49.31, 6, Shape, JD, Bridgewater-Emery, 50.50

400 RELAY: 1, Freeman 48.00, 4, Canistota 48.15, 5, Bridgewater-Emery 48.22, 5, Hanson 48.22, 7, Freeman Academy 49.80, 8, Menno 49.81

800 RELAY: 1, Bridgewater-Emery 1:36.50, 2, Freeman 1:36.79, 3, Marion 1:39.44, 4, Hanson 1:40.06, 5, Parker 1:40.28, 6, Arlington 1:43.60, 7, Canistota 1:48.18, 8, Menno 1:49.41

1600 RELAY: 1, Freeman 3:35.15, 2, Arling-

AREA CALENDAR

Tuesday, May 7

GOLF BOYS' Baltic Inv. at Remer (Centerville, Freeman Academy, Irene-Wakonda, 9 a.m.)
Ponca Tri. (Ponca)

GOLF GIRLS' Baltic Inv. at Remer (Centerville, Freeman Academy, Irene-Wakonda, 9 a.m.)

TENNIS BOYS' YHS/Brandon Valley at Mitchell (1 p.m.)

TRACK & FIELD, PREP Fort Randall Conf. at Lake Andes (Andes Central, Avon, Marty, Tripp-Delmont-Armour, 1 p.m.)
Southeast S.D. Conf. at Gregory (Bon Homme, Ethan-Parkston, Platte-Geddes, Scotland, Wagner, 3 p.m.)
Tri-Valley Conf. at Centerville (Alcester-Hudson, Centerville, Freeman Academy, Gayville-Volin, Irene-Wakonda, Viborg-Hurley, 1 p.m.)

Wednesday, May 8

TRACK & FIELD, PREP Neb. Districts — D-3 at Hartington (Allen, Bloomfield, Hartington, Randolph, Santee, Wausa, Wynot)

Thursday, May 9

GOLF BOYS' Alcester-Hudson Inv. (Alcester-Hudson, Viborg-Hurley, 1 p.m.)
Northwest Activities Conf. at Neigist (Creighton, Laurel-Concord-Cole, Randolph, 9 a.m.)
GOLF GIRLS' Alcester-Hudson Inv. (Alcester-Hudson, Viborg-Hurley, 1 p.m.)
Harrisburg Inv. (Beresford, Dakota Valley, Elk Point-Jefferson, Parkston, Vermillion, 9 a.m.)

SOFTBALL, PARKSON'S Summit League Championships at Fargo, N.D.

TRACK & FIELD, COLLEGE OUTDOOR Summit League Championships at Muncie, Ind. (USD); Concordia Last Chance (MMC)

TRACK & FIELD, PREP Neb. Districts — C-6 at Hartington (Ani Sanchez 3-2) at Washington (Zimmerman 5-1), 6:05 p.m.

Kansas City (E.Santana 3-1) at Baltimore (W.Chen 2-3), 6:05 p.m.

Oakland (Milone 3-3) at Cleveland (McAllister 2-3), 6:05 p.m.

Seattle (Harang 1-3) at Pittsburgh (Ja McDonald 2-2), 6:05 p.m.

Chicago White Sox (H.Santiago 1-1) at N.Y. Mets (Harney 4-0), 6:10 p.m.

Minnesota (Diamond 2-2) at Boston (Rehmer 2-2), 6:10 p.m.

Toronto (Happ 2-2) at Tampa Bay (Donerhartz 1-4), 6:10 p.m.

L.A. Angels (C.Wilson 3-0) at Houston (Lyles 0-0), 7:10 p.m.

Texas (Grinn 2-1) at Milwaukee (W.Peralta 2-2), 7:10 p.m.

N.Y. Yankees (Kuroda 4-1) at Colorado (J.De La Rosa 2-3), 7:40 p.m.

Friday, May 10

BASEBALL, PREP S.F. Washington at Yankton (6 p.m.)
BASEBALL, JV S.F. Washington at Yankton (8 p.m.)
BASEBALL, 9TH-10TH Freshmen-Sophomore Team at Sioux Falls (YHS, 11:30 a.m.)

GOLF BOYS' S.D. Regions — 4B at Lakeview GC, Mitchell (Andes Central, Avon, Platte-Geddes, Scotland, Tripp-Delmont)

GOLF GIRLS' S.D. Regions — 4B at Lakeview GC, Mitchell (Andes Central, Avon, Platte-Geddes, Scotland, Tripp-Delmont)

SOFTBALL, WOMEN'S Summit League Championships at Fargo, N.D.

TENNIS BOYS' Eastern S.D. Conf. Championships at Brookings (YHS, 9 a.m.)

TRACK & FIELD, COLLEGE OUTDOOR Summit League Championships at Muncie, Ind. (USD)

TRACK & FIELD, PREP Big East Conf. at Salem (Parker, 3 p.m.)
Kimball-White Lake Last Chance at Kimball (Andes Central, 4 p.m.)
Trojan Relays at Parkston (Avon, Bon Homme, Ethan-Parkston, Platte-Geddes, Scotland, Tripp-Delmont-Armour, Wagner, 2 p.m.)

Saturday, May 11

BASEBALL, 9TH-10TH Freshmen-Sophomore Team at Sioux Falls (Yankton)

SOFTBALL, WOMEN'S Summit League Championships at Fargo, N.D.

TENNIS BOYS' Madison Inv. (Vermillion, 9 a.m.)

TRACK & FIELD, COLLEGE OUTDOOR Summit League Championships at Muncie, Ind. (USD)

TRACK & FIELD, PREP Eastern S.D. Conf. Championships at Aberdeen (YHS, 11:30 a.m.); Elkton-Lake Benton Inv. at Elkton (Freeman)

Sunday, May 12

BASEBALL, PREP Yankton at Brookings (DH, 3 p.m.); Class B Regions

BASEBALL, JV Yankton at Brookings (DH, 1 p.m.)

Monday, May 13

BASEBALL, PREP Class B Regions

GOLF BOYS' Neb. Districts — C-3 at Indian Trails CC, Beemer (Bloomfield-Wausa, Creighton, Crofton, Hartington Cedar Catholic, Laurel-Concord-Cole, Niobrara-Verdige, Ponca); D-3 at Hartington GC (Hartington, Randolph, Santee); S.D. Regions — 3B at Elmwood GC, Sioux Falls (Alcester-Hudson, Centerville, Freeman, Freeman Academy, Gayville-Volin, Irene-Wakonda, Marion, Parker, Viborg-Hurley)

GOLF GIRLS' S.D. Regions — 2A at Bakker Crossing GC, Sioux Falls (Beresford, Dakota Valley, Elk Point-Jefferson, Vermillion); 3A at Pierre (Bon Homme, Parkston, Wagner); 3B at Elmwood GC, Sioux Falls (Alcester-Hudson, Centerville, Freeman, Freeman Academy, Irene-Wakonda, Marion, Parker, Viborg-Hurley)

Indiana 102, New York 95, Indiana leads series 1-0

Monday, May 6
Chicago 93, Miami 86, Chicago leads series 1-0

Golden State at San Antonio, 8:30 p.m.

Tuesday, May 7
Indiana at New York, 6 p.m.
Memphis at Oklahoma City, 8:30 p.m.

Wednesday, May 8
Chicago at Miami, 6 p.m.
Golden State at San Antonio, 8:30 p.m.

Friday, May 10
Miami at Chicago, 7 p.m.
San Antonio at Golden State, 9:30 p.m.

Saturday, May 11
Oklahoma City at Memphis, 4 p.m.
New York at Indiana, 7 p.m.

OTHER EVENTS

Baseball
YANKTON CLUB HIGH SCHOOL: Friday, vs. S.F. Washington, 6 p.m.; Sunday, at Brookings, DH, 3 p.m.
YANKTON JV: Friday, vs. S.F. Washington, 8 p.m.; Sunday, at Brookings, DH, 1 p.m.
YANKTON 9TH-10TH: Friday-Saturday, 9th-10th Tour. at Sioux Falls

Golf
NEB. BOYS' DISTRICTS: Monday, C-3 at Indian Trails CC, Beemer (Bloomfield-Wausa, Creighton, Crofton, Hartington Cedar Catholic, Laurel-Concord-Cole, Niobrara-Verdige, Ponca); D-3 at Hartington GC (Hartington, Randolph, Santee)
S.D. REGIONS: Friday, 4B Boys & Girls at Lakeview Golf Course, Mitchell (Andes Central, Avon, Platte-Geddes, Scotland, Tripp-Delmont); Monday, 2A Girls at Bakker Crossing GC, Sioux Falls (Beresford, Dakota Valley, Elk Point-Jefferson, Vermillion); 3A Girls at Pierre (Bon Homme, Parkston, Wagner); 3B Boys & Girls at Elmwood GC, Sioux Falls (Alcester-Hudson, Centerville, Freeman, Freeman Academy, Irene-Wakonda, Marion, Parker, Viborg-Hurley)

Track & Field
NEB. DISTRICTS: Wednesday, D-3 at Hartington (Allen, Bloomfield, Hartington, Randolph, Santee, Wausa, Wynot, 11 a.m.); Thursday, C-6 at Hartington (Creighton, Crofton, Hartington Cedar Catholic, Laurel-Concord-Cole, Ponca, 11 a.m.); C-7 at Alkinston (Niobrara-Verdige, Ponca), DH, 3 p.m.



JAMES D. CIMBUREK/P&D

Yankton's Megan Mingo chips on to the No. 11 green during the Eastern South Dakota Conference girls' golf Championships, held on Monday at Fox Run Golf Course in Yankton.

ESD Golf

tions — facing Huron May 13 and the State competition.

"We had a perfect day to play. Individually there was some really good play," he said. "We've got a little ways to go. It was nice to be the runner-up in the conference. Ten shots to some people seems like a lot, but when you come right down to it it's only two or three strokes per golfer that counts. I was happy with the way things went today."

"We want to try and improve over the next few weeks so we can prepare for the State tournament, and to do that we're going to make our weaknesses our strengths — whether that's driving, putting or chipping."

You can follow Emily Niebrugge on Twitter at twitter.com/ENiebrugge

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