

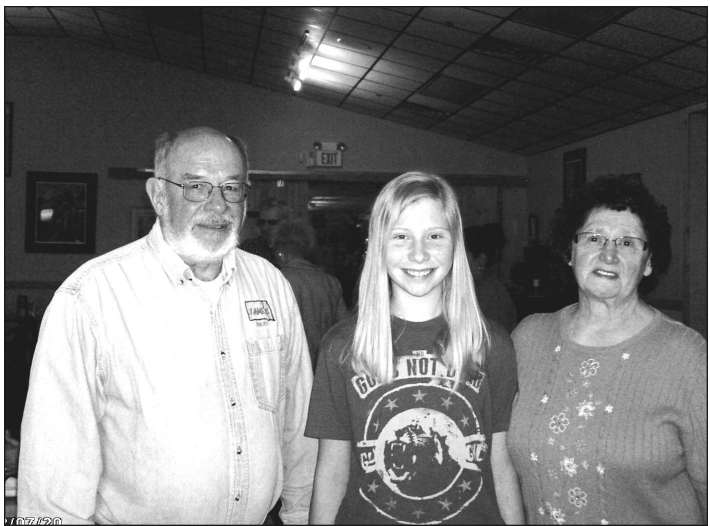
## LOYALTY DAY AWARD



SUBMITTED PHOTO

The Yankton VFW Post 791 held their Loyalty Day Banquet on May 1. Awards were given to The Yankton Police Dept., The Yankton County Sheriff's Dept., The Yankton Volunteer Fire Dept., and the Yankton County EMS. The 2013 Community Volunteer Award went to Thomas Bixler. The keynote speaker was Scott Kooistra from KYNT Radio. Special music was provided by Lynelle Kooistra. Thomas Bixler (center) receives the VFW Community Volunteer of the Year Award from Post Commander Rich Wright (left) and VFW Ladies Auxiliary President Joyce Stahlecker.

## AWARD WINNING ESSAY



SUBMITTED PHOTO

Olivia Vornhagen, center, daughter of Gary and Colleen Vornhagen, Yankton, read her winning essay in this year's local division of the state Retired Teachers Association/AARP Grandparent Essay Contest at the May 2 meeting of the Yankton Area Retired Teachers Association. She is shown with Gene Bormann, left, president of the Yankton unit, and Darlene Harling, right, her grandmother about whom she wrote her essay.

## ST. BEN'S PACK



SUBMITTED PHOTO

The St. Benedict Catholic Church 9th grade CCD class recently packed over 4,700 meals for children in need of our care at Kids Against Hunger. If your church or youth group would like to learn more about how you can make a difference in the lives of children, please visit [www.kahyankton.org](http://www.kahyankton.org).

## YOUR NEWS! THE PRESS &amp; DAKOTAN

## MEETINGS

## VFW LADIES AUXILIARY

Ladies Auxiliary to Ernest Bowyer V.F.W. Post 791 opened by President Stahlecker. Opening Prayer by Stanage and Patriotic Instruction by Stoddard. Minutes were read by Schramm, Treasurer's Report by Christensen and Correspondence: Official and General by Schramm.

Committee Reports were giving, Hospital: Slowey, Church: Christensen, CA&R: Christensen, Poppies: Blaha, National Home: List, and Majestic Bluffs: Mellem (through Christensen).

President Stahlecker introduced Pat Cerney, a past department President, now living in Yankton.

A report was giving on Special Olympic Leprechaun Program by Christensen. A special Thanks go to Gene Ebner for his help in making it a success and a motion was made and carried to give him a gift certificate.

New Business: President Stahlecker on Loyalty Day, May 1, will have a potluck. Stahlecker then thanked Stanage for working on the Job Fair, which will be Tuesday, May 7, at 1-6 p.m.

A was made and carried to make a donation to the Special Olympics at the next meeting. List brought up the National Home Seniors and a motion to give each a graduation gift and was seconded.

Stahlecker appointed Stanage and Stoddard as Judges. Election of Officers was nominated and voted on: President-Joyce Stahlecker, Sr. Vice President-Norma Bender, Jr. Vice President-Holli Novak, Conductress-

Marlene Schramm, Chaplain-Jane Slowey, Guard-Ione Fisher, Treasurer-Marjorie Olson, Trustee, 3-year-Dorothy Stanage. Installation of Officers will be at our next meeting.

President Stahlecker advised Year End Reports were due April 15. The District #1 Meeting will be on April 28 at 2 p.m. at Beresford and she is planning on attending.

The audit Report was read by Stoddard, a motion to accept and Stanage seconded. A Report of Trustees was giving, Stanage motioned to accept and seconded by Stoddard.

Next meeting will be May 14, 2013, at 7:30 p.m.

LILLEHAMMER LODGE NO. 1-633  
SONS OF NORWAY

April 16, 2013, the Lillehammer Lodge #1-633 of the Yankton area met at Christ the King Lutheran Church in Yankton. The meeting was opened by President Carol Broderson leading the group in the national anthems of the United States and Norway and also the flag pledge of Allegiance of the United States of America. Lodge musician, Phyllis Nielson, played & led the Lodge members in singing a song in English & then Norwegian.

The Lodge met at 7:30 p.m. for the regular monthly meeting. Clarice Holm, Treasurer, gave a report of the current expenses & balance on hand. Wayne Knutson suggested an event to be held in the fall to encourage membership numbers to increase membership.

Viona Ranney gave a travel talk on

## When You Stand Up, Hunger Sits Down

BY LAUREN HANSON

Executive Director, United Way &amp; Volunteer Services of Greater Yankton

This week is National Hunger Awareness Week and the need for food assistance has never been greater. Nearly 50 million Americans, including many within our community, are unsure where their next meal is coming from. Children in these households feel hunger's impact on their overall health and performance in school. Nearly 3 million seniors over age 60 experience hunger as well, with many living on fixed incomes often too proud to ask for help.

How does YOUR community respond to these issues?

Many local programs including Sack Pack, The Center's Meals on Wheels Program, The Banquet, and the Contact Center's Food Pantry, provide essential services to our neighbors experiencing hunger.

United Way Partner Agency, SACK PACK & the Yankton School District have partnered together to provide sacks of easy to prepare, nutritious food to be distributed to grade school age children who are at risk of hunger on the weekends.

Because over 1/3 of the children in the Yankton School System are eligible for the Free & Reduced Meal Program, the Sack Pack Program is a greatly needed resource in our community. This program was implemented with the start of the 2009-2010 school year and since then has distributed over 45,000 sacks to local children. Sack Pack currently serves children attending Webster, Beadle, Lincoln & Stewart Schools.

What can YOU do? As students prepare for summer, the Sack Pack program is asking for community members to contribute jars of peanut butter.



SUBMITTED PHOTO

United Way Board of Directors volunteering for their Partner Agency, Sack Pack.

These jars will be put into the student's last sack for the school year. Drop off donations by Monday, May 13th to Ability Building Services, 909 W. 23rd Street or to Avera Sacred Heart Hospital.

The Yankton School District also provides the SUMMER FOOD SERVICE PROGRAM which serves lunch from 11:00 am to 1:00 pm, Monday thru Friday at Webster Elementary School from May 28th to July 26th. This program is available to all students, regardless of which school they attend, through age 18 at no cost. Students do not have to enroll, register or qualify for free or reduced meal benefits to participate. Any child that wants to participate can simply come to the Webster School Gym. Webster School is located at 317 East 7th Street.

What can YOU do? Volunteers are needed to help serve meals or to clean up. Individuals or organizations wanting to share time with students to conduct programs and projects are also welcome. Contact Sandi Kramer, Child Nutrition Supervisor, at 605.665.8379

## Freidel, Smith Are Spark Plug Of Scotland Recipients

JoAnn Freidel and Jim Smith are the recipients of the 2012 Spark Plug of Scotland Award for public service to the Scotland community.

JoAnn [Walliser] Freidel was born in Scotland daughter of Gilbert [Wally] and Cora Walliser. JoAnn married Jack Freidel and raised two children, Jack and Jill. She has six grand children and three great grandchildren. JoAnn's husband was Avon Superintendent of Schools for three years and Bon Homme Clerk of Courts for many years. JoAnn was a teacher for 31 years dedicating many years of her life to educating our young people. She and Jack retired and moved to Scotland in 1991.

JoAnn has volunteered as a tutor at the Scotland Youth Center since its inception seven years ago. She has volunteered at

the Scotland Good Samaritan Center for nineteen years. JoAnn has been very active in the Scotland Civic Club serving as President, Vice President, Secretary and Treasurer at various times. JoAnn has been a member of the Scotland LJM Hospital Auxiliary since it started. She is the current Vice President. She was a two year volunteer for the Scotland area Hospice program. She also is a Scotland Blood Drive Volunteer. Joann is a 21-year volunteer for the Scotland Meals On Wheels Program usually delivering them on Mondays.

JoAnn has been very active in St George Catholic Church teaching Religious Education, Summer Vacation Bible School and Totus Tuus. She has served on the church council for nine years and served on the Fall Supper Committee for many years.

JoAnn has been a judge for the VFW Voice of Democracy contest, assisted with the State Teener VFW tournament in Scotland, many community fundraisers, quilt raffles, school, church and civic functions. JoAnn is a strong advocate for the city of Scotland and the Scotland school system.

Jim Smith is a well known Scotland construction contractor specializing in concrete and building construction and repair. Jim has four children Leslie, Lisa, Nick and Katie and six grandchildren.

Jim assisted with the Scotland wrestling program from 1975 to 2005. He also worked with the Scotland AAU youth wrestling program for many years. He was a chain gang volunteer at SHS home football games with Glen Baker and Joe Hoff for a com-

nator." The Coordinator delegates duties and assists volunteers with set up, serving of the meal and clean up. Contact Carol Myers at 605.665.2966 for more information.

The United Way has partnered with the National Association of Letter Carriers (NALC) to conduct its 21st annual food drive to combat hunger this Saturday, May 11th. Letter carriers will collect non-perishable food donations on Saturday as they deliver mail along their postal routes.

Last Year, Yankton carriers and volunteers collected 8,775 pounds from Yankton, Mission Hill, and Utica, which was donated to the local food pantry located at the Contact Center. The Contact Center, a United Way Partner Agency, is an emergency assistance agency which has served the Greater Yankton Area since 1974.

At THE CONTACT CENTER; FOOD PANTRY, a three day supply of food is given to families and individuals on an as-needed basis. In 2012, the Contact Center was able provide food to over 7,000 individuals.

What can YOU do? City and rural postal customers in Yankton, Mission Hill, Gayville and Utica are asked to place the non-perishable food donations by their mailbox this Saturday, May 11th. The letter carrier or a volunteer will pick it up. Donations can also be brought to the post office lobby. Non-food items such as laundry soap, diapers, paper products, etc., will also be accepted.

Hunger is not just a national issue, it is a local one. Please consider what YOU can do to help these essential local programs continue to serve our neighbors. Because when YOU stand up, hunger stands down.

## Local Woodmen Participate In Fundraiser

Local Modern Woodmen of America Chapter 3893 participated in a "Battle of the Sexes" fundraiser for The Center in Yankton.

Donations were made at The Center by putting change into a large jar. The men and women competed against each other to see who could contribute the most. Modern Woodmen matched \$500.

The money raised will be used to fund the local meals-on-wheels program. The funds will be used to provide a hot meal to those who cannot afford to pay for one.

For further information on how you can help this worthy cause, contact Geraldine Schnabel, Nutrition Co-Coordinator at The Center, 605-665-1055 or Cathy Lynch-Becker, Financial Representative for Modern Woodmen of America, 605-665-7799.

her recent trip to South Africa. She showed a presentation of many pictures of the many places they'd been & animals they'd seen.

The members recited the table prayer & a pot-luck lunch was served.

At the May meeting, the Brodersons will be serving chairpersons for the potluck lunch. The program will be given Garry Grorud, Sons of Norway representative for Zone 6.

YANKTON TOASTMASTER CLUB  
1294

Yankton Toastmaster Club 1294 met Saturday, May 4, at 7:30 a.m. at the Fry'n Pan Restaurant. The meeting was called to order by President Joy Winther. The invocation was given by Janice Kruse, and Janice Kruse leading the Pledge of Allegiance to the flag.

Jeremy Skrenes was introduced as the Toastmaster of the meeting. He called on grammarian Tara Arens to give the word of the day, which was "Manifest" and means clear to see. Table Topics was lead by Janice Stone. Speeches were given by Matt Stone on "Coming Out!" from the competent communicator manual, Carol Smith on "Telstoy's Three Questions" from the Interpretive reading manual. Master Evaluator of the meeting was Joy Winther, who evaluated the meeting and called on Steve Hamilton to evaluate Matt Stone, John Swensen to evaluate Carol Smith. Presentations were also given by grammarian Tara Arens, joke master Tara Arens, Ah Counter/Nail Dropper Cathy Hejna,

timer Cathy Hejna, and Vote counter Janice Kruse. Table Topic winner was Tara Arens, best speaker was Carol Smith, and best evaluator was John Swensen.

## INTERCHANGE

The Interchange meeting was held at noon on May 6, 2013, at Minerva's. Kathy Jacobs was presiding officer. Crystal Nelson, Dakota Territorial Museum was the hostess. Guests introduced, Lisa Scheve of the Convention and Visitors Bureau by Crystal Nelson. Jackie Quinn, Director of Yankton Area Arts, Lauren Hanson, Executive Director of United Way. There is a quilt display at GAR Hall in May. Non-perishable food collection by postal dept. Saturday, May 11, 2013. Sack Pak is accepting peanut butter donations for the summer program. Crystal Nelson reminded us of Riverboat and Rails project for youth starting June 1st at the Museum. Lois Varvel, from Historic Yankton reminded us of retirement party for Virginia Larson on May 6, 2013 at the Elks Lodge. Lisa Scheve spoke on tourism, promoting Yankton to visitors. Available to help plan events as weddings, reunions, conventions, welcome packets to promote local vendors, places of interest and family fun.

The next meeting is at noon on May 13 at Minerva's. Emma French Laird is hostess. Speaker will be Kevin O'Brien, Physical therapist from Avera Sacred Heart Hospital.

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