

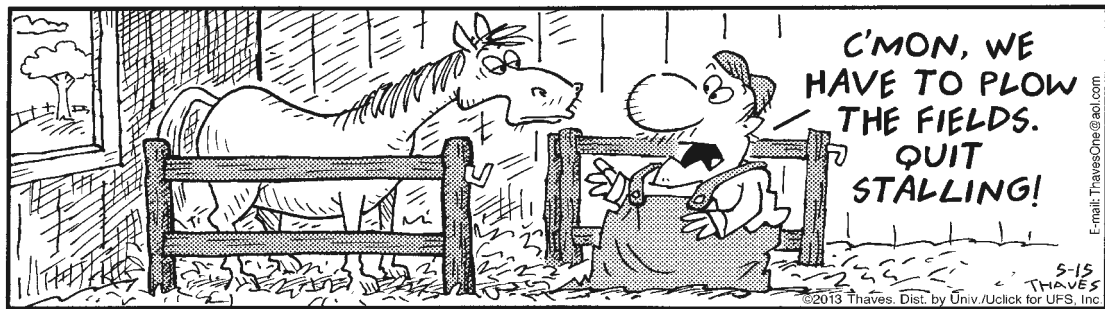
FAMILY CIRCUS | BIL KEANE



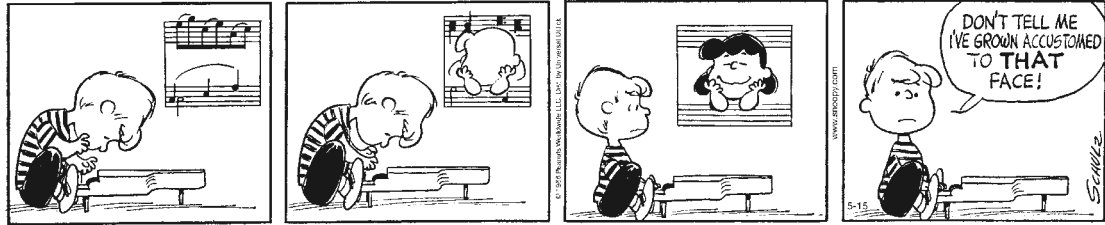
ZITS | JERRY SCOTT AND JIM BORGMAN



FRANK AND ERNEST | BOB THAVES



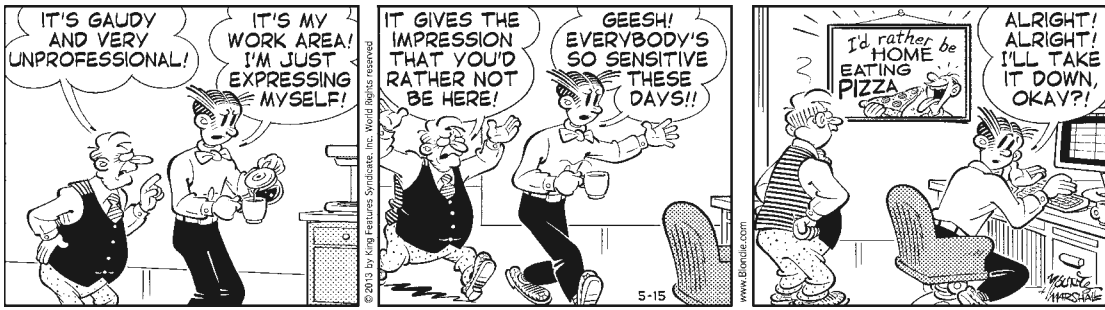
PEANUTS | CHARLES M. SCHULZ



DICK TRACY | JOE STATON AND MIKE CURTIS



BLONDIE | YOUNG & DRAKE



GARFIELD | JIM DAVIS



BEEBLE BAILEY | MORT WALKER



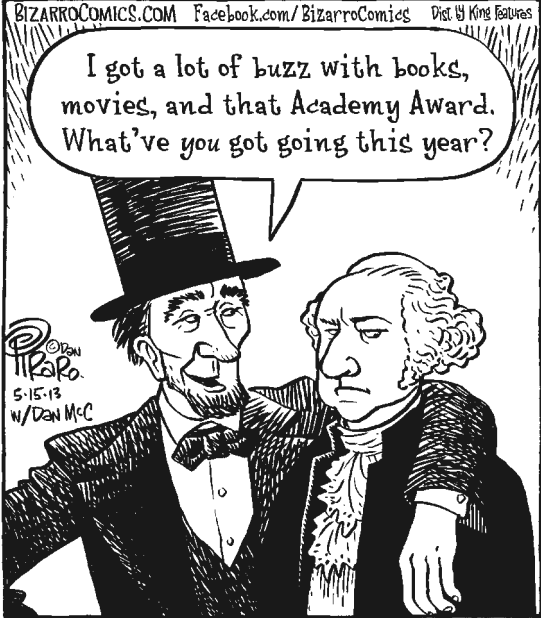
HI AND LOIS | BRIAN AND GREG WALKER



THE BORN LOSER | ART SANSON



BIZARRO | DAN PIRARO



Free Family Health Kits Offer News You Can Really Use

DEAR ABBY: When friends and family get together, the conversation often turns to the subject of health. They swap stories about the medications they may be taking and the lifestyle changes they're making to improve their health. They look to each other for support and tips to get through the flu or a nasty case of food poisoning, and rely on each other's experience to tackle challenges like quitting smoking, managing heart disease, diabetes, menopause or conquering insomnia.

To help your readers support their loved ones through these health issues and many more, the FDA's Office of Women's Health and the GSA's Federal Citizen Information Center have created the free Friends and Family Health Kit. It contains more than 20 publications that are quick to read, easy to understand, and feature health care and prevention tips for women and their families.

Abby, thank you for letting your readers know about the Friends and Family Health Kit, and for sharing advice we can all use to better care for ourselves and for one another. — MARSHA HENDERSON, FDA ASSISTANT COMMISSIONER FOR WOMEN'S HEALTH

DEAR MARSHA: Your letter is timely because we are in the middle of Women's Health Week, which runs from May 12-18. I'm always glad to receive your health kits because they are constantly being updated to reflect the latest information.

This year's health kits cover subjects that include recognizing health scams, preventing food poisoning, managing your medications from pregnancy to menopause, participating in clinical trials (which can be a lifesaver), controlling asthma, selecting a mammography facility, and staying safe with cosmetics and tattooing.

There is no charge for the Friends and Family Health Kits and they're easy to order. Just send your name and address to Friends and Family Health Kit, Pueblo, CO 81009; go online to www.promotions.usa.gov/dearabby.html; or call: 888-8-

PUEBLO (that's 888-878-3256) weekdays, 8 a.m. to 8 p.m. Eastern time. The publications can also be read online in PDF format, or be downloaded to your computer and printed out. Print supplies are limited, so don't wait to order them.



DEAR ABBY

Jeanne Phillips

■ Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

What's the polite way to tell these former co-workers and acquaintances that I don't want to spend my vacation time with them? Or should I just get over it and devote some time to them as well? — TRYING TO BE POLITE IN ANCHORAGE

DEAR TRYING TO BE POLITE: If you have any desire to continue the relationships with your former co-workers and acquaintances, why not arrange to meet a group of them at an agreed-upon place one afternoon for a "reunion"? If you don't, then either ignore their comments or respond to the emails by saying you needed to rest, which is the reason you didn't socialize more during your vacation.

Good advice for everyone — teens to seniors — is in "The Anger in All of Us and How to Deal With It." To order, send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Anger Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

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JACQUELINE BIGAR'S STARS

EDITOR'S NOTE: Bigar's Stars is based on the degree of your sun at birth. The sign name is simply a label astrologers put on a set of degrees for convenience. For best results, readers should refer to the dates following each sign.

A baby born today has a Sun in Taurus and a Moon in Cancer if born before 3:38 p.m. (PDT). Afterward, the Moon will be in Leo.

HAPPY BIRTHDAY FOR WEDNESDAY, MAY 15, 2013:

This year you will gain insight by reaching out to others. Start conversations, and be open to others' ideas. You also could develop an interest in investing or organizing your finances. If you are single, you will be expanding your circle of friends. It is through one of your pals or associates that you will meet someone of interest. If you are attached, communicate and extend an olive branch to your sweetie. Don't allow your differences to become disagreements. LEO might be unusually attractive to you. The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (MARCH 21-APRIL 19)

★★★★ You are a very inquisitive person by nature. Expect an upswing in your curiosity. You just can't seem to get enough answers. You could meet a younger person or a potential new friend in your meanderings. Tonight: You might need to talk a child or loved one down.

TAURUS (APRIL 20-MAY 20)

★★★★ You have given a lot of time and thought to a future purchase, and you might decide that today is the right day for you to make it happen. Be sure to clue in a partner on your plan, and weigh some last-minute details. Tonight: Spend money only on what has been planned.

GEMINI (MAY 21-JUNE 20)

★★★★ You have a way with words that has become renowned. Your softer side emerges, and it becomes apparent that many people around you appreciate this side of you. It would serve you well to make an extra effort to get past an immediate issue. Tonight: Time for some fun.

CANCER (JUNE 21-JULY 22)

★★★★ Understand that you have been dominant as of late. An event occurs that could urge you to slow down. Recognize that you might have missed a major facet of an idea or project. Honor a request from a loved one. Give this person what he or she wants. Tonight: Your treat.

LEO (JULY 23-AUG. 22)

★★★★ You'll sense a major swing or change in what is happening. You have been more cautious than you have been in a long time. As a result, when you decide to

toss caution to the wind, you will feel a great sense of relief. Realize that you only can go forward. Tonight: It is your call.

VIRGO (AUG. 23-SEPT. 22)

★★★★ Use the daylight hours to further any project. You will gain the support you want, but you still might have much to consider regarding your direction and choices. Listen to some of the seemingly irrelevant chatter around you. Tonight: At a ballgame or some other favorite pastime.

LIBRA (SEPT. 23-OCT. 22)

★★★★ You might feel like a fish swimming upstream. Listen to someone's comments and suggestions. Know that you don't always need to take the hard road. New information helps you deal with what is going on. You are where it counts. Tonight: Where the crowds are.

SCORPIO (OCT. 23-NOV. 21)

★★★★ Seek out different perspectives. In the process, you might find that you are extremely reactive. Ask yourself what is going on. If you can't put out the flames, detach. By doing this, you finally will be able to see the big picture. Tonight: Togetherness is the theme.

SAGITTARIUS (NOV. 22-DEC. 21)

★★★★ Deal with one person at a time. Listen to a discussion, and give each person some say. Someone you can trust helps you and others pull a project together. Diversity will add to its strength. Others will continue to give you feedback. Tonight: Say "yes" to an offer.

CAPRICORN (DEC. 22-JAN. 19)

★★★★ You might want to rethink a personal matter. You are grounded and together as far as knowing which way to go. If you tap into your creativity, solutions will come forward. Others give you feedback. Even if you find it irrelevant, be gracious. Tonight: Spend time with a friend.

AQUARIUS (JAN. 20-FEB. 18)

★★★★ Defer to others, and let them see the results of their actions. You can't predict the outcome of a project any more than they can. The experience will add to their abilities. Your creativity surges when you can relax. Tonight: Pretend that it is Friday night.

PISCES (FEB. 19-MARCH 20)

★★★★ Your imagination leads, and your mind follows. Nevertheless, you might want to present your ideas in an intellectual manner. You can do it all. Listen to feedback, and understand how important it is to keep a family member in the loop. Tonight: Take a walk after dinner.

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BABY BLUES | RICK KIRKMAN AND JERRY SCOTT



FOR BETTER OR FOR WORSE | LYNN JOHNSTON



MOTHER GOOSE AND GRIMM | MIKE PETERS

