

# UCT Grand Session



SUBMITTED PHOTO

United Commercial Travelers of America held their State (Grand) session April 25-26 in Yankton at the Days Inn. Newly installed officers for 2014-2015. Front row: Executive Board members, Delwin Walter, Crofton, Neb.; Ron Morgan , Mitchell, Vice President; Barb Morgan Mitchell, and Dorothy Koepsell, Sioux Falls on Executive Board. Back row: Marcia Sprinkel, Mitchell, President; Shirley McCloud, Yankton, Chaplain; D.C. Walter, Crofton, Neb., Past President; Connie Coughlin, Sioux Falls, Secretary; John Swensen, Yankton, Conductor; Gil Koepsell, Sioux Falls, on Executive Board. Absent - Eileen Toman, Mitchell, Sentinel.

## **Beadle Posters**



SUBMITTED PHOTO

The United Commercial Travelers (UCT) Yankton Council #384 recently announced the lower grade division from Beadle School (Mrs. Zimmerman's class) safety poster contest winners. Pictured are, from left: Haley M., 1st place — school safety; Mason R., 2nd place — gun safety; and tied for 3rd place, Kaitlin P. sun safety and Lauren G. — weather safety. Other safety poster contest winners were Taylor Swensen, 1st place — fog safety in the middle division and Kalie Swensen, 1st place — sign safety in the upper division. The first place posters went on the UCT Grand (State) Convention held in Yankton the end of April where Yankton's upper and lower division posters placed first, with the middle division poster placing second. The first place middle division poster winner at Grand was Courteney Sprinkel of Mitchell. The first place posters will be going on to the National UCT headquarters in Columbus, Ohio, for judging in July.

# **Board Members Sought**

LINCOLN, Neb. - The Nebraska State Board of Health is seeking professional members to serve on several health care licensing boards. These boards are responsible for granting license privileges to health care providers. Terms are five years in length and run through Nov. 30, 2019. Members would be eligible for reappointment to another five-year term.

The following boards have vacancies: Advance Practice Registered Nurse, Alcohol and Drug Counseling, Athletic Training, Audiology and Speech-Language Pathology, Chiropractic, Cosmetology, Dentistry, Environmental Health Specialists, Funeral Directing and Embalming, Hearing Instrument Specialists, Medical Nutrition Therapy, and Medical Radiography

tain an application and documents related to the appointment process at http://dhhs.ne.gov/publichealth/Pages/crl\_board\_va cancies.aspx/.

Completed applications must be received by Aug. 1. There are also vacancies

on the Nebraska Center for Nursing Board. Members of this board are appointed by the Governor. Applications may be accessed at http://governor.nebraska.gov /bc/board\_comm.html and are now being accepted for terms beginning in June.

To receive an application by mail, contact the Nebraska Department of Health and Human Services. Division of Public Health, Licensure Unit/RPQI, P.O. Box 95026, Lincoln, NE 68509-5026; by email at monica.gissler@nebraska.gov; or by phone at (402) 471-6515.

# **United Way** Volunteer Of The Month: Annie Plautz

BY LAUREN HANSON United Way Yankton

Recently, Annie Plautz, Manager at the Yankton Pizza Ranch, was awarded the Volunteer of the Month Award by United Way & Volunteer Services of Greater Yankton.

"Annie is so supportive of the community, opening doors, and being willing to say yes," says Carla Hummel, who nominated Plautz for the award. "She does so much for nonprofits in our community through donations, fundraising nights as well as opening the doors for local fire fighters during a recent fire.'

We asked Annie to tell us, in her own words, about her volunteer efforts.

I have lived here in the Yankton Area since: I was born and raised in Yankton. I moved to Wisconsin and I Lived there for 15 years before returning to Yankton with my family.

I began volunteering: while in Wisconsin. I volunteered for the elementary schools, the church, and Girl Scouts. When we moved back to Yankton, I continued to volunteer.

I continue volunteering because: Although I have



Annie Plautz

time constraints and business obligations, I continue to volunteer when I can. It gives me a sense of wellbeing and satisfaction knowing I have done something worthwhile for someone. It's all about giving back to your community! I volunteer at (list organi-

zations and duties performed): In the past I have volunteered with Girl Scouts,

Boy Scouts, church, the Elks, and LCTC. I have volun-

teered with Kids Against Hunger, giving rides to the elderly, and doing mystery dinner theaters for group causes. I mostly give back to the community by being involved with community service projects through Pizza Ranch and volunteer my time for our Community Impact Nights. I have also

helped with a food drive for the Contact Center.

Approximate hours per year that I volunteer: I have never logged any volunteer hours or kept track. For me, that isn't what it's all about.

Volunteer work is enjoyable because: Meeting new people, helping, and just feeling better about yourself.

My best volunteer experience was: My best volunteer experiences have been with helping Kids Against Hunger and providing food and warmth to the Yankton Firefighters. Helping the firefighters wasn't something that was done with volunteering in mind however, it was a service I could provide to them and in doing so, give back to the community.

The advice I would give to those thinking about getting out there and volunteering in their communities is: People who have never volunteered should consider it. They may be surprised at how doing something simple can make such a large difference. It is a great feeling!

For more information on volunteering or to nominate a Volunteer of the Month. please contact United Way & Volunteer Services at 605-665-6766 or volunserve@iw.net

# USD **Sternhagen Recipient Of Fulbright**

VERMILLION - University of South Dakota student Erin Sternhagen has received a place on a Fulbright Summer Institute to study at the Universities of Dundee and Strathclyde on one of the most prestigious and selective summer scholarship programs operating worldwide.

The U.S.-U.K. Fulbright Commission is the only bilateral, transatlantic scholarship program, offering awards and summer programs for study or research in any field, at any accredited U.S. or U.K. university. The Commission is part of the Fulbright program conceived by Sen. J. William Fulbright in the aftermath of World War II to promote leadership, learning and empathy between nations through educational ex-

change. As a participant, Sternhagen has been selected strong pool of appl cants to experience the U.K. on a five-week summer program. Participants in the Fulbright Scotland Summer Institute will learn more about the rich culture. history and heritage of Scotland, and will take classes

thropology, life sciences, and health and society in modern Scot-

land. Additionally, participants will visit the Scottish Parliament, museums, castles, and other historical sites and landmarks throughout Scotland.

"I am honored to have been chosen as a participant for the Fulbright Summer Institute, and am excited to learn more about the rich culture and history of the UK while studying in Scotland," said Sternhagen, a medical biology major from Groto. "As a pre-medicine student and future doctor, I especially look forward to studying science, technology, and the innovative health care systems of Scotland, and to learning more about

recipient of the Presidential Alumni Scholarship at USD. Now in college, Sternhagen serves on the Executive Board of Student Ambassadors and works in a microbiology research lab. She also visits local schools to give presentations on college success in her free time, and serves as a hospice volunteer.

The Commission selects participants through a rigorous application and interview process. In making these awards the Commission looks not only for academic excellence but a focused application, a range of extracurricular and community activities, demonstrated ambassadorial skills, a desire to further the Fulbright Program and a plan to give back to the recipient's home country upon return-

ing. Fulbright Summer Programs cover all participant osts In addition Fulbright summer participants receive a distinctive support and cultural education program, including pre-departure preparation, enrichment opportunities in country, and opportunity to join our alumni networks.

# **Free Clinic Scheduled**

Servant Hearts Clinic, a free, Christ-centered medical clinic will be open on Monday, May 19, from 5:30-8 p.m. at the Technical Education Center, 1200 W. 21st St., Yankton.

This is a totally free medical clinic for urgent care conditions. Servant Hearts Clinic provides care for physical, mental health, emotional, and spiritual issues, and may serve as an entry point to other services in the community.

Services not provided by SHC at this time include dental, diagnosis or treatment for sexually transmitted diseases, HIV testing, prenatal care, treatment for emergency medical conditions, radiology, immunizations and chiropractic care.

The organization does not prescribe any narcotics, nor are any medications stocked on site.

focusing on a variety of topics, including forensic an-Sternhagen

Persons interested in serving on a board can obglobalization of medicine."

An Honors student at USD, Sternhagen hopes to eventually attend medical school to become a geriatrician. In 2012, she was selected as a National Merit Finalist and was chosen as a

Future clinics are planned for the first and third Monday of each month. The date of the next clinic is June 2.

For further information about this clinic, call (605) 760-2986, or e-mail servantheartsclinic@gmail.com.

## MEETINGS

## **TOASTMASTER CLUB 1294**

Yankton Toastmaster Club 1294 met Saturday, May 10, 2014 at 7:30 a.m. at the Fryn' Pan Restaurant. The meeting was called to order by President Pro Tem Teresa Rentsch. The invocation was given by Janice Kruse fol-lowed by Janice Kruse leading the Pledge of Allegiance to the Flag. Jack Dahlseid was introduced as Toastmaster of the meeting. He introduced Jana Lane, Master Evaluator. She called on Grammarian, Kevin Buhl to give the word of the day, which was "cobble" and means "to put together hastily." Table Topics was led by Deanne Geditz on the subject of "items found on a farm." Speeches were given by Kathy Hejna on "A Positive Proposal" from the Persuasive Speaking Manual, # 3 and Jeremy Skrenes on "Children's Books Toastmaster Style" from the Com-petent Communicator Manual, #4. Master Evaluator, Jana Lane called on Teresa Rentsch to evaluate the speech given by Kathy Heina. Jana called on Matt Stone to evaluate the speech given by Jeremy Skrenes. Presentations were also given by John Swenson, Joke Master; Angela Mann, Ah Counter; John Swenson, Timer and Janice Stone, Vote Counter. Table Topic winner was Janice Stone. Best Speaker was Kathy Hejna. Best Evaluator was Matt Stone.

For more information call 402-640-2579.

#### SHANNON TRAIL PROMOTERS

Marlin and Sharon Braun of rural Crofton hosted the Shannon Trail Promoters for a pot luck barbecue on Wednesday, May 7, 2014.

Attending were Gil and Laurie Larsen, Herb and Susan Bengston Steve & Bonnie Ruzicka, Will and Shirley Dangler, Sally Gubbels, Harold & Shirley Kehne and their guests Larry and Carol Smith visiting from Springdale, Arkansas.

The group shared appetizers then traveled to Diane's Greenhouse near Fordyce. Jolene Stef-fen's Art Gallery, rural Constance, was the second stop. Mary Rose Pinkelman was able to visit with the Promoters at these stops.

Back to the Braun's where Marlin turned over grilling duties to Gil. Members provided a delicious variety of dishes that made for a

grand meal. There was no real meeting but the Shannon Trail 1/2 page ad in the Nebraska Life magazine was checked out. Another will appear in the July/August issue. The 2014 brochures are being printed and will soon be made available for dis-

tribution. President Laurie will get out the notice on the June 4 meeting which will held at the Cozy Corner Café in Verdigre.

### **GFWC WOMAN'S CLUB**

The Yankton Chapter of GFWC Woman's Club met May 3 at 11 a.m. at Hillcrest Golf & Country Club. President Pauline Akland called the meeting to order. The Pledge of Allegiance, SD Pledge and Collect for Women were given.

Guests: Dores Allan introduced her guest Lucille Mestan and Fran Fox's guest was Car Herman. Correspondence was read by Secretary Ellen Rodenberg. She delivered thank you's to Grace Rothschadl, Alicia List of Style N' File, Patti Vig, The Center, On The Edge Clothing, Linda's Angel Crossing, C.J. Banks, JC Penneys, Lisa's Fashions, Maurices, Boys & Girls Club, National Honor Society, Rita's Purse-O-Nalities, Sweet T's and the Riverside Boutique regard-ing our style show. Thank you's were read from Yankton Area Literacy Council, Habitat For Humanity, the Homeless Shelter, Yankton Women & Children's Center and the Yankton City Library for our club's monetary donations. A letter was also read from the Yankton Science Club requesting any help our club could provide to the Science Olympiad students who are attending the National Science Olympiad at the University of Cen-Florida May 16-17 of 2014. Joan Neubauer made a motion we donate \$100 to the Science Olympiad, 2nd by Barb Law, mo-

tion passed. Leadership: President Pauline gave a reading on "Garden of Daily Living" to water freely with patience and to cultivate with love. There is much fruit in your garden because

you reap what you sow. Very nice. The minutes of the last meeting stand as written. The Treasurer's report will be filed pending audit. State Convention: Dot Blaha

and President Pauline reported on the GFWC SD State Convention

they attended. It is very important to document when presenting volunteer hours and projects. We received several awards at State. Dot Blaha was elected 1st Vice President for the State GFWC. She also received her 4th Century Award. Epsilion Sigma Omicrom "ESO" gives a Century Award for every 100 books read in one category. There are four groups of books in this course. This can be sent into the State for a Century Award. President Pauline presented rock candy from the State Convention to Sandy Battin, Mary Lou Deuschle, Vickie Thon, Marlene Larson, Judy Woerner, Donna Steffen, Lucille Mestan, Joan Wolf and Ginger Moeller. They are encouraged to bring guests to the September or October meetings.

President Pauline's door prizes were won by Marlene Larson and Gert Van Lent. Bingo: JoAnne Weber stated there will be no bingo May 24 since it is Memorial Day weekend. Volunteers who helped residents at Majestic Bluffs for bingo in April are Sandy Battin, Gladys Johnson, Caprice Benoit, Priscilla Mazourek and Shirley

Foss. President Pauline presented a pink rose and gifts to the outgoing officers. The red rose is GFWC's official flower. President Pauline then installed new officers for 2014-2016: First Vice President Joan Neubauer, Corresponding Secretary Arlene Young, Treasurer Denise Erickson and Parliamentarian Mayzel Goltz. She then gave them a red rose and a gift. Julie Clifton installed Pauline Akland as President for 2014-2016.

Dot Blaha reported the SD GFWC State Convention next year is April 10-12 of 2015 in Pierre. The Eastern District meeting is Sept. 20, 2014. in Huron

Marlyce Micklos won a bouquet of roses for Mother's Day. After no further business, the meeting was adjourned.

### INTERCHANGE

Interchange met on Monday, May 5, 2014 at noon at Minerva's. The meeting was called to order by President Frani Kieffer and the Pledge of Allegiance was recited. There were no guests present.

Members gave the following announcements:

Deb Overseth of RSVP an-

nounced their upcoming fundraiser entitled "Quilt Raising". RSVP will accept donations and for every \$5 donated you receive a ticket for a chance to win a quilt.

Kathy Gerstner announced there will be an Open House at the Mead Building on Sunday, May 25th from 1:00-3:00 p.m. open to the public. They will be accepting free-will donations.

Rita Wentworth reported on the Yankton RiverWalk Open House held last Friday evening at the Old Mill. She reported that it was a lovely evening with many area artists in attendance. She encourages people to view the new sculp tures that are now in place.

Susan Schavee, retired Yankton Medical Clinic Human Re-source Officer, was today's hostess. Her guest speaker was Julie Dykstra of Habitat for Humanity who also represented the Mission's Committee of the United Methodist Church. She spoke on the "2014 Bike & Build Program' which will be coming to Yankton or July 13-15. Bike & Build is a national, non-

profit organization of teams of youth that bike across the United States in support of affordable housing. Youth between the ages of 18-32 each raise \$4,500 to participate in the program. There are eight group events occurring across America this summer. The group coming to Yankton in July will start out in Rhode Island in early June and arrive in Seattle, Wash-ington on August 14th. The group of young adults will help work on a new Habitat for Humanity house on Pearl Street. The Bike & Build program has contributed more than \$4.5M to housing groups to fund projects planned and executed by

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young adults; this includes more than \$500,000 donated from the summer of 2013. Through print, TV media, radio, town-hall style meetings, and informal grassroots interaction, Bike & Build participants bring the organization's message to thousands of people from all walks of life

The next meeting of Interchange will be held on Monday, May 19, 2014, at noon at Minerva's with Mary Lou Anderson as hostess. Her speaker\_will be Larry Rupiper of Rupiper Travel speaking on great travel programs they offer through their company.

## **ROY ANDERSON POST #12**

Roy Anderson Post #12 held its regular monthly meeting on April 15, 2014, at the VFW post home with members Black, Brandt, Darcy, Deboer, Happe, F Johnson, D. List and Huisman being present. All saluted the flag and recited the Pledge of Allegiance. The minutes and the financial

report from the previous meeting

were approved as read. Membership: Director List stated that we are at 212 members so far for the year with a goal of 217

Boys State: Director Darcy had stated that the fees have been turned in for the Boy's Staters, also the number of boys applying throughout the state are down to. Photos will be April 16, 2014

Children and Youth: Director Johnson said that there were ads in both the Observer and the Press and Dakotan for the spring cleanup. Fran had also said that District 8 Commander appointed



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Youth Director.

Americanism: Jim Black was awarded a certificate for 70 continuous years as a member of the American Legion, Congratulations Jim. Jim was accompanied by his son Sam a USD History Prof. Jim also made the comment that his father was one of the first members of the American Legion.

Sam was also a Boys Stater in 1990.

Old Business: The post made final plans for the upcoming Fun Night to be held on May 10. Pow/Mia: Director Brandt re-

ported that there were 5 identified since the last meeting from Korea: Army Cpl. Cristobal Romo and Army Cpl. William Day from Viet-nam: Army Pfc. William Corneal, Air Force Lt. Vern Gibb and Air Force Lt. Louis Longman New business: The Post had

election of officers and they are as follows

Commander: Fran Johnson Vice Commander: John Darcy Adjutant: Wayne Brandt Finance Officer: Jim DeBoer Americanism: John Darcy

There was also some discussion on the Wounded Warrior pro-gram and was tabled until the May meeting.

Next meeting: May 20, 2014, at 730 p.m. at the VFW Post Home.

Post #12 members are welcome anytime.

