

Press & Dakotan
DAILY DOSE

Daily opinions from the P&D Sports Staff on local and national high school, college and pro sports.



BY JEREMY HOECK
jeremy.hoeck@yankton.net

We Could Be In For Another Successful State Track Meet Weekend

Now that I've finally caught up on some sleep from last weekend at the Nebraska State Track Meet, let's continue with this track theme. That's the 'big' story around these parts these days. Three of our area Nebraska teams finished in the top 4 of their respective classes down in Omaha, highlighted by — who else — the Crofton girls winning our state championship. And the way Press & Dakotan sports editor James Cimbrek and I have it figured out, we could be in for some more top finishes for area teams at this weekend's South Dakota State Track Meet. Let's examine:

- Yankton's boys' and girls' teams should both double their point outputs from last year's state meet. It won't be enough for the Bucks or Gazelles to contend for a state title, but it's worth mentioning. The program is trending in the right direction.

The program is trending in the right direction.

The Yankton Gazelles scored 29.5 points a year ago, but are projected to score 50 this year — based on pre-meet rankings. We figure 49 of those points should come on the track, between individual events and relays. A lot could happen to change that, however.

The Yankton Bucks scored 23 points last year, but are projected for the 49-point neighborhood this weekend. Now, while the Yankton boys lack sprinters (they have 0 runners qualified in the 100, 200 or 400), the jumps will be huge for the Bucks. Senior J.J. Hejna could be in for a monster weekend.

- As far as our other area teams are concerned, I'll go out on a limb and project the Parker boys to contend for a Class B state title. The Pheasants are projected for 62 points, and I don't see any other team matching that output. Bon Homme (Class A) and Freeman (B) also figure to have a good weekend.

Of course, these projections are based on every single runner finishing exactly where they were slotting. And as we all know, those predictions don't always pan out. The Crofton girls were proof of that.

Soccer Stars



The Yankton PHitens held their opponents scoreless on the way to winning their U-12 girls' division at the Kansas City Championship this past weekend in Overland Park, Kansas. Team members include (front) Payton Wolfram, Molly Vornhagen, Ava Manning, Jaiden Boomsma, Megan Cap, Lexi Rust, (back) coach Warren Brenner, Emily Rafferty, Sadie Fedders, Madison Wubben, Kylie Bochman, Morgan Strahl, Emma Christenson and coach Tyler Schurring.



The Yankton Blaze went 4-0 to win its U-12 boys' gold division at the 2014 Tempo Classic earlier this month. Team members include (front) Christian Budger, Austin Frick, Nick Corneiro, Trace Jensen, Reid Binde, Zach Roesler, (back) Cooper Cornemann, Luke Schulz, Jakob McBride, Kyle Lillie and Josh Loest.

Schwasinger Cards

Hole-In-One

VERMILLION — Paul Schwasinger shot a hole-in-one at The Bluffs Golf Course in Saturday. Schwasinger made the 142-yard shot on Hole No. 5 using an 8-iron. Golfing with him were Darren Johnson and Wes Christensen.

Pizza Pop Open Set

For June 2

The Yankton Morning Optimist Club will host the annual Pizza Pop Open youth golf tournament on Monday, June 2, at Fox Run Golf Course. The event begins at 9 a.m. There will also be a free clinic during the event at 9:30 a.m.

The free event is open to area golfers ages 7-18. Champions age 12 and older will be eligible to participate in the Optimist District Tournament, June 22 in Clearwater, Minnesota.

The event is free for participants, and includes green fees, pizza, pop and prizes. Golfers must register by June 1. Contact Dave Becker at 605-661-7899, Lisa Berry at 605-660-3333 or Adam Walsh at 605-857-0434 to register.

Parkston Duo Place

At White River Rodeo

WHITE RIVER — A pair of competitors from Parkston High School earned top finishes in the White River High School Practice Rodeo, held Friday.

Cameron Fanning took home a pair of top finishes, second in steer wrestling (9.33) and fourth in tie-down roping (17.20). Sydney Davidson placed fourth in girls' cutting (63).

SCOREBOARD

GOLF

HILLCREST GOLF & CC		NATIONAL LEAGUE			
COUPLES MEMORIAL DAY TOURN.		East Division			
	W	L	Pct	GB	
FIRST: James & Tracey Grothenhuis, Bill & Lisa Berry, Dave & Carla Ewald 134	Atlanta	28	23	.549	—
SECOND: Kevin & Tena Becker, Dave & Carla Roghluhbeber, Jim & Stacy Schramm 135	Miami	27	25	.519	1 1/2
THIRD: Larry & Anne Meyer, Clayton & Lynette Bruening, Gall & Deb Gubbels 143	Washington	25	26	.490	3
FOURTH: Cai & Deb Riesgaard, Larry & Jane Ruppger, Max & Karen Payne	Philadelphia	22	26	.458	4 1/2
	New York	22	28	.440	5 1/2

LAKEVIEW GOLF COURSE

THURSDAY MEN'S LEAGUE		Central Division			
INDIVIDUAL LOW GROSS: (5/15)	W	L	Pct	GB	
Mike Christiansen 41; (5/8) Dan Ferden 41	Milwaukee	30	22	.577	—
	St. Louis	28	23	.549	1 1/2
	Pittsburgh	23	27	.460	6
	Cincinnati	22	27	.449	6 1/2
	Chicago	19	30	.388	9 1/2

THURSDAY MEN'S LEAGUE

INDIVIDUAL LOW NET: (5/15) Trent Van Essen 29; (5/8) Dan Ferden 36, Arron Gilbertson 36		West Division			
W	L	Pct	GB		
San Francisco 32	19	.627	—		
Los Angeles 28	24	.538	4 1/2		
Colorado 27	24	.529	5		
San Diego 23	29	.442	9 1/2		
Arizona 21	32	.396	12		

TEAM LOW NET: (5/15) Rounding 3rd 198; (5/8) Tigers Woodies 198

Monday's Games

Atlanta 6, Atlanta 3
Pittsburgh at N.Y. Mets, 7:10 p.m.
Miami 3, Washington 2
Baltimore 7, Milwaukee 6, 10 in-ings
Chicago Cubs 8, St. Louis 4, 12 in-ings
Philadelphia 9, Colorado 0
L.A. Dodgers 4, Cincinnati 3
Arizona 7, San Diego 5
Tuesday's Games

Colorado at Philadelphia, 7:05 p.m.
Miami at Washington, p.p.d., rain
Boston 6, Atlanta 3
Pittsburgh at N.Y. Mets, 7:10 p.m.
Atlanta at Milwaukee, 8:10 p.m.
N.Y. Yankees at St. Louis, 8:15 p.m.
San Diego at Arizona, 9:40 p.m.
Cincinnati at L.A. Dodgers, 10:10 p.m.

BASEBALL

AMERICAN LEAGUE

East Division				Central Division				West Division				
W	L	Pct	GB	W	L	Pct	GB	W	L	Pct	GB	
Toronto	31	22	.585	Detroit	28	19	.596	Oakland	31	20	.608	
New York	27	23	.540	Chicago	26	27	.491	Los Angeles	28	22	.560	2 1/2
Baltimore	26	23	.531	Minnesota	24	25	.490	Texas	26	26	.500	5 1/2
Tampa Bay	23	20	.434	Kansas City	24	26	.480	Seattle	25	20	.500	5 1/2
Boston	22	29	.431	Cleveland	24	28	.462	Houston	20	32	.385	11 1/2

MONDAY'S GAMES

Boston 8, Atlanta 6
Baltimore 7, Milwaukee 6, 10 in-ings
Chicago White Sox 6, Cleveland 2
Texas 7, Minnesota 2
Oakland 10, Detroit 0
Seattle 5, L.A. Angels 1
N.Y. Yankees 6, St. Louis 4, 12 in-ings

TUESDAY'S GAMES

Toronto 10, Tampa Bay 5
Houston 9, Kansas City 2
Detroit 10, Oakland 10, 05 p.m.
L.A. Angels at Seattle, 10:10 p.m.

WEDNESDAY'S GAMES

Houston (Cosar 3-4) at Kansas City (Duffy 2-4), 1:10 p.m.
Tampa Bay (Archer 3-2) at Toronto (Hendriks 1-0), 6:07 p.m.
Atlanta (Floyd 0-1) at Boston (Lackey 5-3), 6:10 p.m.
Baltimore (B. Norris 3-4) at Milwaukee (Gallardo 2-3), 7:10 p.m.
Cleveland (House 0-1) at Chicago White Sox (Neski 0-4), 7:10 p.m.
Texas (J. Saunders 0-1) at Minnesota (Gibson 4-4), 7:10 p.m.
N.Y. Yankees (Kuroda 3-3) at St. Louis (S. Miller 6-3), 7:15 p.m.
Detroit (A. Sanchez 2-2) at Oakland (Kazmir 5-2), 9:05 p.m.
L.A. Angels (C. Wilson 6-3) at Seattle (F. Hernandez 6-1), 9:10 p.m.

THURSDAY'S GAMES

Texas at Minnesota, 12:10 p.m.
Detroit at Oakland, 2:35 p.m.
Kansas City at Toronto, 6:07 p.m.
Atlanta at Boston, 6:10 p.m.
Baltimore at Houston, 7:10 p.m.
L.A. Angels at Seattle, 9:10 p.m.

AREA CALENDAR

Wednesday, May 28

BASEBALL, AMATEUR Vermillion Grey Sox at Canton Aces (7:30 p.m.)
BASEBALL, LEAGION Yankton Juniors at Norfolk (DH, 5 p.m.)
GOLF BOYS' Neb. Class C Tourn. at Mahoney GC, Lincoln; Neb. Class D Tourn. at Kearney CC.
Thursday, May 29
BASEBALL, AMATEUR Scotland at Crofton (7:30 p.m.); Tabor at Irene (7:30 p.m., KVHT-FM); Wynot at Yankton (7:30 p.m.)
GOLF BOYS' Neb. Class C Tourn. at Mahoney GC, Lincoln; Neb. Class D Tourn. at Kearney CC.
SOFTBALL, GIRLS Norfolk Impact at Yankton Fury White (DH, 6:30 p.m., Riverside); Irene-Wakonda U-16 vs. Yankton Crush (6 p.m.); Irene-Wakonda U-16 vs. Yankton Crush (7:30 p.m.); Yankton Shamrocks at Dakota Valley (DH, 6 p.m.)
TRACK & FIELD, COLLEGE OUTDOOR NCAA West Prelim Round at Fayetteville, Ark.
TRACK & FIELD, PREP S.D. State Meet at Sioux Falls (AA, B) and Madison (A)

Friday, May 30

BASEBALL, AMATEUR Freeman at Avon (7:30 p.m.); Menno at

Saturday, May 31

N.Y. Yankees 6, St. Louis 4, 12 in-ings

Sunday, June 1

x-Miami at Indiana, 7:30 p.m.

Monday, June 2

x-Oklahoma City at San Antonio, 8 p.m.

Tuesday, June 3

Chicago Cubs at San Francisco, 10:15 p.m.

Wednesday, June 4

Chicago Cubs at San Francisco, 10:15 p.m.

Thursday, June 5

Pittsburgh (Morton 1-6) at N.Y. Mets (Colon 3-5), 12:10 p.m.

Friday, June 6

Chicago Cubs (E. Jackson 3-4) at San Francisco (Lincecum 4-3), 2:45 p.m.

Saturday, June 7

Colorado (Lyles 5-1) at Philadelphia (R. Hernandez 2-2), 6:05 p.m.

Sunday, June 8

Miami (Koehler 4-4) at Washington (Zimmermann 3-2), 6:05 p.m.

Monday, June 9

Atlanta (Floyd 0-1) at Boston (Lackey 5-3), 6:10 p.m.

Tuesday, June 10

Baltimore (B. Norris 3-4) at Milwaukee (Gallardo 2-3), 7:10 p.m.

Wednesday, June 11

N.Y. Yankees (Kuroda 3-3) at St. Louis (S. Miller 6-3), 7:15 p.m.

Thursday, June 12

San Diego (Stuffer 2-0) at Arizona (C. Anderson 2-0), 8:40 p.m.

Friday, June 13

Cincinnati (Bailey 4-3) at L.A. Dodgers (Kershaw 3-1), 9:10 p.m.

Saturday, June 14

N.Y. Mets at Philadelphia, 6:05 p.m.

Sunday, June 15

Atlanta at Boston, 6:10 p.m.

Monday, June 16

San Francisco at St. Louis, 7:15 p.m.

Tuesday, June 17

Cincinnati at L.A. Dodgers, 9:10 p.m.

Roof Top Views Blocked In Wrigley Field Plan

CHICAGO (AP) — The Chicago Cubs released a revised plan for Wrigley Field's renovation Tuesday that calls for new signs, including some that would block the view from nearby rooftop venues, and warns that the team's management would consider moving to another site if they are not allowed to "control our ballpark."

The updated plans for Wrigley Field and developing the land around it come days after the team announced it would no longer seek the approval of the plans from the rooftop owners, who charge fans to sit in bleachers atop their buildings.

"If we don't control our ballpark, then we have to look at other options, and we would work with the city on that," Cubs President of Business Operations Crane Kenney said. "We would first look in the city."

The 15 rooftop owners,

who have spent millions of dollars on their venues and have a contract with Cubs through 2023 requiring them to pay the team 17 percent of their gross annual revenue, have threatened to sue over any changes at the ballpark that would obstruct their views of the playing field. Under renderings released Tuesday, some of the signs would fully block views of the field from rooftops.

Last summer, the City Council approved the Cubs' \$500 million renovation plan for the 100-year-old ballpark. The new plan would add \$75 million to the price tag. Proposed addition features include a 30,000-square-foot clubhouse in a two-level basement beneath an outdoor plaza, a 200-seat restaurant and a 200-seat auditorium behind the home dugout. The revised plan would also add several rows of bleacher seats and others

would be created by relocating the home and visiting bullpens from foul territory to an area beneath the expanded bleachers.

Last week, Cubs Chairman Tom Ricketts said the team's negotiations with the rooftop owners are "back to square one" and that it's time to move forward.

Ricketts said in a video posted on the team's website that the team hopes to avoid a court fight, but it is more important for his family to "exercise our right to expand and preserve the ballpark we own and love."

Rooftop spokesman Ryan McLaughlin couldn't be reached Tuesday for comment on the new designs.

Kenney said the team has been working with city officials on the revised plan, which is slated to go before the Commission on Chicago Landmarks on June 5.

Surgery

From Page 7

soon have Tommy John surgery. That group included the starter (Jaime Garcia) and the eventual winner (Jake Westbrook). Of the 15 pitchers used by Texas and the Cardinals in that game, eight had had or now have had the elbow surgery.

Hardball Times writer Jon Roegele found of the 677 pitchers who appeared in a regular-season game last summer, at least 135 of them had had Tommy John surgery.

Will Carroll, an injury expert who writes for Bleacher Report, calculated the rate at one-in-three for the pitchers who started last season. The rate shocked him, but "worse," he wrote, "none of us had any idea when this change had happened or noticed the acceleration."

"It's rampant," Cardinals manager Mike Matheny said. Asked if it's become, as Kelly suggested, inevitable, the former youth-league coach added: "With as big and strong and fast as guys are getting, yeah it almost seems like it's kind of the thought process: 'I'm going to go until I blow and then I'll get a tuneup, and then let it fly again.'"

The Big Question: Why?

There are many theories for the rise in Tommy John surgeries. Baseball reportedly is

poised to invest in studies to unravel reasons behind so many ligaments coming undone. Technological and medical improvements in the past decade — such as the clearer scans taken of elbows that reveal tears and wider availability of MRIs — have to be a leading cause. Overuse often is cited. Youth focusing on one sport instead of the cross-training of yore is another common suggestion. The increased strength and focus on throwing with more velocity and more movement is mentioned as a possible root cause.

"With the physical strength players have today and the amount of torque they're putting on their elbow the amount of strength required to maintain, to hold up under the day-to-day rigors of throwing 90-mph-plus fastballs is a lot," Mozeliak said. "It may be too much. It's a fragile ligament. I don't think anybody knows how to strengthen the ligament before you begin the process. You strengthen muscles before you do anything, but not the ligament."

That hints at one approach the Cardinals have adopted in hopes its preventative.

The reality of an injury to a pitcher is such that it's virtually a given, and it is reflected in contracts. The Cardinals have drafted a player after he had the surgery (John Gast), traded for a pitcher coming back from Tommy John (Westbrook) and rewarded a pitcher (Wainwright) just back from

Tommy John with the richest contract ever for a Cardinals pitcher. Mozeliak said signing long-term deals with pitchers "is a matter of probability. Few tend to go cradle to grave without something. You need to bake-in some DL time."

The club took great care last season to wrap Wacha and, to a lesser extent, Miller in virtual bubblewrap at times to protect them from overuse, strain. The Cardinals chart pressure-filled innings for their young pitchers, knowing that the wear from all pitches and all innings are not created equal. Miller and Kelly recall a policy that yanked them from low-level minor-league games if they had a single inning of 30 pitches.

While former team physician Dr. George Paletta, an accomplished Tommy John surgeon, helped the Cards craft their rehab program, they also have looked into what protective steps can be taken. Mozeliak described how the Cardinals have "an internal belief and approach of having a balanced body."

The starters have between-appearance maintenance work that stresses total-body flexibility and strength, not just arm strength. The idea being that the more even the strength is the less strain it will put on the weakest link, be it ligament or something else. The trainer staff is constantly testing flexibility, range of motion and strength. "We've looked a lot at it," Mozeliak said. "There's no silver bullet."

Golf

From Page 7

Jueden and Derek Jueden round out the Wildcat roster.

Derek Jueden tied for 21st a year ago to lead the Wildcats at state. Dendingier tied for 32nd. Steiner tied for 40th, Kolby Jueden finished 50th and Morten finished 94th for Hartington. Randolph qualified one

golfer for state, senior Austin Gubbels.

COUPON

YANKTON MALL

DC Lynch Shows

Spring Carnival

May 29th - June 4th

8 Rides for \$10

1 Ticket Per Ride - except Zipper (2)

Additional coupons available from mall merchants

We Have The Power

Call the professionals at...

L&S ELECTRIC

to handle all your wiring and electrical needs.

- Commercial • Residential
- Farm Wiring
- Quality Work • Prompt Service
- Competitive Pricing

Harry Lane, Electrical Contractor **665-6612**

KYNT

AM 1450

MORNING COFFEE

WEEKDAYS MONDAY-FRIDAY

Wednesday, May 28

7:40 am Avera CEO (Pam Rezac)

8:20 am Hy-Vee Foods (Chef Staci)

Thursday, May 29

7:40 am Yankton Chamber (Carmen Schramm)

8:20 am Dakota Museum (Crystal Nelson)