

PHOTO: COLLEEN CRAIG-DAVIS

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# Sip A Cup Of Wisdom

## Speaker To Mix Coffee With Motivation At 'Celebrate Women'

BY JORDYNNE HART

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Tired of the same old daily grind? Have a latte on your mind?

Award-winning author, personal coach and founder of the Inspirational Coffee Club Julie Clark might give you the jolt you need at the 11th annual Celebrate Women event Saturday, May 9, at the NFAA Easton Archery Complex presented by the *Press & Dakotan's Her Voice Magazine*, Hy-Vee, First Dakota National Bank and the Yankton Medical Clinic.

This year's event will also include vendor booths from a number of local businesses starting at 11 a.m., a lunch at 12:30 p.m., while Clark will speak and door prizes will be given away at 2 p.m.

The Celebrate Women event — with the theme "Pour Your Heart Into Life" — is a day where women can relax and get rejuvenated, organizer and *Press & Dakotan* advertising director Michele Schievelbein said.

"Every year, we bring in a

motivational speaker to help empower woman to feel better about themselves," Schievelbein said. "Women today have a lot of stressors and wear a lot of hats, so this is a day they can come enjoy lunch, be empowered, shop and visit at the vendors and enjoy fellowship with other women."

Clark, who resides in Sioux Falls and who has spoken in Yankton previously, has come highly recommended from area audiences, Schievelbein said.

"Everything I have heard about her is extremely positive," she said. "She is not going to speak on the same topic as she did before, so people don't need to worry about hearing a re-run."

In Clark's coffee-themed presentations, she discusses her personal experiences with humorous true stories that are appropriate for audiences of all ages.

According to the Inspirational Coffee Club's website, Clark knew from an early age that coffee was far more than just a drink to her.

At just 3 years old, she started drinking coffee and dunking sugar cookies with her



Julie Clark

CELEBRATE | PAGE 12B




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### This week at MOUNT MARTY COLLEGE

JOIN US FOR ANY AND ALL OF OUR EVENTS THIS SPRING SEMESTER! LEARN MORE AT [WWW.MTMC.EDU](http://WWW.MTMC.EDU).

THE SAINT JOHN'S BIBLE ON DISPLAY IN MMC LIBRARY | MON-THURS: 7:30 AM - 10 PM | FRI: 7:30 AM - 5 PM | SAT: 1 - 5 PM | SUN: 1-10 PM

<b>SATURDAY, MAY 2</b>	
11:00 AM	WATERTOWN COMMENCEMENT - IMMACULATE CONCEPTION PARISH IN WATERTOWN, SD
TBD	OUTDOOR TRACK - GPAC CONFERENCE - SIOUX CENTER, IA
TBD	BASEBALL - GPAC TOURNAMENT - SIOUX CITY, IA
<b>SUNDAY, MAY 3</b>	
10:00 AM	ANNUAL SGA "RUNNING IN COLOR" 5K RUN/WALK
	- REGISTRATION IN WELCOME CENTER, RONCALLI
2:30 PM	LANCER ATHLETICS HALL OF FAME
4:00 PM	AND SENIOR RECOGNITION CEREMONY - MAIN DINING ROOM MASS - PEACE CHAPEL
<b>MONDAY, MAY 4</b>	
1:00 - 3:00 PM	FINALS WEEK BEGINS
	RETIREMENT RECEPTION FOR SISTER CYNTHIA BINDER
	- CYBER CAFÉ - SHORT PROGRAM AT 2:00 PM
<b>TUESDAY, MAY 5</b>	
6:00 PM	YANKTON CHILDREN'S CHOIR PRACTICE - BISTRO
9:30 PM	ROSARY - PEACE CHAPEL
TBD	BASEBALL - GPAC TOURNAMENT - SIOUX CITY, IA
<b>THURSDAY, MAY 7</b>	
9:00 AM	CAL CLASS: "BIRD WATCHING II" WITH ROGER DIETRICH - SLC 108*
<b>FRIDAY, MAY 8</b>	
6:00 PM	BACHELOR OF SCIENCE IN NURSING PINNING CEREMONY
	- MARIAN AUDITORIUM WITH RECEPTION TO FOLLOW IN RONCALLI
TBD	OUTDOOR TRACK - CONCORDIA TWILIGHT MEET - SEWARD, NE
<b>SATURDAY, MAY 9</b>	
10:30 AM	ST. JOHN'S BIBLE ON DISPLAY - BISHOP MARTY MEMORIAL CHAPEL
10:30 AM	YANKTON BACCALAUREATE MASS - BISHOP MARTY MEMORIAL CHAPEL
2:00 PM	YANKTON COMMENCEMENT - LADDIE E. CIMPL ARENA
	PAGES BOOKSTORE OPEN FOLLOWING COMMENCEMENT CEREMONY



### Running in Color

5K Run/Walk  
Sunday, May 3  
Great event for kids and adults!  
Sponsored by MMC Student Government Association

Register at [www.mtmc.edu/runningincolor](http://www.mtmc.edu/runningincolor)



### MOUNT MARTY COLLEGE 31<sup>ST</sup> ANNUAL GOLF CLASSIC

WEDNESDAY, MAY 13, 2015  
HILLCREST COUNTRY CLUB  
REGISTER AT [WWW.MTMC.EDU/GOLFGCLASSIC](http://WWW.MTMC.EDU/GOLFGCLASSIC)



### MOUNT MARTY COLLEGE ALUMNI ASSOCIATION All Schools Reunion

Alumni & Friends: Make Plans to Join us  
June 26-28, 2015!

### Our Mission


MOUNT MARTY COLLEGE,  
AN ACADEMIC COMMUNITY IN THE  
CATHOLIC, BENEDICTINE, LIBERAL ARTS TRADITION,  
PREPARES STUDENTS FOR A CONTEMPORARY WORLD OF WORK,  
SERVICE TO THE HUMAN COMMUNITY, AND PERSONAL GROWTH.



## MOUNT MARTY COLLEGE

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