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Wayne State Students Inducted Into Honorary Group For Human Services

WAYNE, Neb. — Wayne State College students Hannah Eskins of Crofton, Brooke Hopkins of Bloomfield, Felicia Reed of Battle Creek and LaDora Dohmen of Humphrey were inducted into Tau Upsilon, Human Services Honorary on April 23.

Current students met the qualifications of being in the top 35 percent of their class (a minimum 3.605 GPA for seniors and a minimum of 3.50 GPA for juniors was required). Applicants passed a minimum of 20 hours of

the required courses for the Human Service Counseling major and completed an application form requesting information about leadership and service experiences.

Tau Upsilon Alpha was established by the National Organization for Human Services in 2006 as an organization to honor students with high grade point averages. This national honor society was chartered at Wayne State College in the spring of 2012.

VHS Dance Inferno Awards Night Held; Winners Announced

VERMILLION — The Vermillion High School Dance Team wrapped up another successful season with an end-of-the-year banquet at VHS last week. Dancers and their families attended to celebrate the team and their achievements from the past year.

Awards were given to six dancers, as voted on by the entire team: Hailey Freidel — Most Valuable Dancer; Jessica Brady — Best Performer; Teddi Settles — Tanager Award; Sowmya Ragothaman — Best Technical Dancer; Alex Rosdail — Most Improved; Lauren Bern — Up and Coming Star.

Most Valuable Dancer and Senior Captain, Hailey Freidel said, "I was really sad to end my high school career, but there was no better way to do it. I had such an amazing season with our team and I couldn't have asked for a better senior season."

The team accomplished many personal goals and triumphs throughout the season. Their hard work paid off when they achieved a first place finish in the small varsity hip-hop category at the Baby, I'm a Star dance competition in Sioux Falls.

"The team started out with a 'win' this summer at camp, and we ended with a 'win' at competition," said Asst. Coach Kelsey Nelson. "These girls have a very long season, and we couldn't be more proud of how hard they worked, and how strong they finished."

The 2015-2016 Dance Inferno team and captains will be announced in May.

United Way

Girls On The Run: The 5K Finish Line Is Just The Beginning

Early this spring, in partnership between United Way & Volunteer Services of Greater Yankton and Yankton Public Schools, a new program was introduced to our community, Girls on the Run! Girls on the Run (GOTR), a physical activity based, youth development program for girls in 3rd-5th grade, is facilitated by EmBe in Sioux Falls and serves over 1000 participants statewide each year. GOTR inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. GOTR envisions a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.

At the heart of the newly introduced and very successful, Yankton GOTR program, are amazing volunteer coaches whose commitment and passion change the lives of young girls in our community. GOTR volunteer coaches are dynamic role models dedicated to empowering girls to become healthy and confident young women.

This spring two teams of volunteer coaches facilitated a curriculum, over the course of 10 weeks, at both Beadle and Lincoln Elementary Schools. THANK YOU to Coaches Peggy Schortzman, Chris Moore, Renee Tereshinski, Tina Koletzky, Laura Groseth, Susan Bies, Cilla Fitzsimmons, Stephanie



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Pictured are the girls and volunteers who participated in Girl on the Run this spring.

Serck, Bobbi Jo Aune, Amy Rejes and Jennifer Powell. Amidst the lessons, laughter, hugs and energy awards, these coaches witnessed transformational changes in the girls who participated and also realized that they were positively changing as well!

Girls on the Run positively changed me by challenging me to do more. Seeing the girls working so hard every day and pushing through even the tough lessons and practices was very inspiring and made me realize that we are all capable of so much more than we imagine! Throughout the season, we could see the girls start to develop an "I can" attitude. They learned that it may not always be easy, but with hard work, confidence, and support from teammates, we can reach our goals!" Amy Rejes, GOTR Coach, Lincoln Elementary

"I will most remember my daughter, the other par-

ticipants and yes, even myself, overcoming some hard times due to strategies we were taught in GOTR. I also loved watching her make new friends and even meeting a new friend myself." Chris Moore, GOTR Coach, Beadle Elementary

"And at the end of the 5K, when the finish line comes into sight, I'll never forget the look on my running buddy's face as she realizes that, she can accomplish anything she sets her mind to do! It is so inspiring!" Laura Groseth, GOTR Coach Beadle Elementary

The 5K finish line is just the beginning. Are you ready to make a difference and encourage girls to realize their full potential? Coaching opportunities are available for both Webster and Stewart Elementary schools this fall. If you are interested in lacing up your sneakers and inspiring a group of girls to be strong and healthy, please contact Lauren Hanson,

United Way & Volunteer Services of Greater Yankton, Executive Director, at unitedway@iw.net or you can call Kristin Brown, EmBe, GOTR Program Coordinator, at 605-336-3660, ext. 227

THANK YOU to everyone who made GOTR a success in Yankton and helped participants reach the 5K finish line: Dr. Wayne Kindel, Superintendent, Yankton Public Schools, Carey Mitzel, Principal, Beadle Elementary, Paul Struck, Principal, Lincoln Elementary, Stacy Stahl, Girls and Youth Director, EmBe, Kristin Brown, GOTR Program Coordinator, EmBe, United Way & Volunteer Services Board of Directors, Yankton Public Schools Board of Directors, all the parents and students who participated and again the volunteer coaches. THANK YOU for your time and dedication to GOTR. "Girls on the Run is so much fun!"

Beadle Students Win Safety Poster Contest

The UCT Yankton Council #384 recently announced the lower grade division from Beadle School (Mrs. Zimmerman's class) safety poster contest winners.

Other safety poster contest winners were Taylor Swensen, first place in the middle division and Kalie Swensen, first place in the upper division.

The first place posters went on to the UCT Grand State Convention held in Mitchell, S.D. on May 2 where Yankton's posters placed second.

Mitchell's first place winning posters will be judged at the Home Office in Columbus, Ohio, in July.

Officers elected for the 2015-16 term were President Marcia Sprinkel, Vice President Ron Morgan, Past President Tami Walter, Conductor John Swensen, Chaplain Shirley McCloud, Secretary/Treasurer Connie Coughlin, Page/Sentinel Eileen Toman



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Pictured are some of the winners Of The UCT Yankton Council #384 safety poster contest.

and Executive Board: Vicki Swensen, Delwin Walter, Gil Koepsell and Barbara

Morgan. These officers are from the Mitchell, Sioux

Falls and Yankton UCT Councils.

MEETINGS

YANKTON COMMUNITY FORUM

Yankton Community Forum's three programs for the month of April were:

April 7 — Nancy Wendane, Tournament Manager-Informed us of the 2015 World Youth Archery Championship Competitions which will be held June 6-14 in Yankton. She discussed the plans for meals, transportation, housing, and activities. She stressed the need for volunteers and stated that there are opportunities for businesses in our area.

April 14 — Mary Jo Renner-Talked about Life Source, her experiences as a heart transplant recipient and the need for organ donations.

April 21 — Ben Hanten, Investor, Entrepreneur, Speaker, Writer, Yankton 2014 Citizen of the Year, and Entrepreneur in Residence at The University of South Dakota-Shared his involvement with Two Bridges Capital, Think 29, Ben's Brewing with its new Copper Room, RibFest, the Wire me Awake Conference for Entrepreneurs and 1 Million Cups.

The Yankton Community Forum is a non-profit organization which meets the first three Tuesdays of every month at the Hillcrest Country Club. Coffee and rolls are served at 8:30 and the program begins at 9 a.m.

Membership is limited to persons over 50 years of age. There is a membership fee. If you have questions, you may contact President Joan Neubauer at 260-9564 or Rose Mather at 665-4615 for more information.

TOASTMASTERS CLUB 6217

Muriel Stach called Toastmasters Club 6217 to order April 30 at noon in the Pavilion Conference Room #2 with a warm welcome and invocation by Jeff May. It was guest day and our special guest

who attended were Kay Thomas (Toastmasters Area Governor), Josh Green, Katie Schild, DJ Knadel, S. Valerie Cheney.

Amy Williams presented the word of the day, "Panache," and tracked its use by the speakers as well as unusual and interesting phrases, like "living on the edge" and "who changed the light bulbs."

Gale Vogt's evaluation team Kary Beltz as timer along with Chelsi Harnes as "ah" counter.

Speaker Stan Sudbeck spoke of his vacation in London, showing many wonderful pictures through his slide show. Sandy Spady evaluated Sudbeck and commended him on his entertaining speech, with great visuals and an overall great speech.

Table Topic Master Jan Schiferl brought cotton balls with different scents on them and each person called on was to guess what the smell was and tell of what it reminds them of. Guest Schild spoke of the smell of lemons reminds her of her successful years as a child with her lemonade stands. Vogt recalls his mom using rubbing alcohol too much on all his scrapes, for some reason he got hurt a lot. May didn't recognize his smell since it is usually in a drink not used by itself.

GE Vogt gave the overall meeting good remarks and re-iterated the importance of keeping someone at the lectern at all times and not vacant as it is more professional.

President Greg Stach thanked all of the guest who attended and welcomed them back any time they would like.

TOASTMASTER CLUB 1294

Yankton Toastmaster Club 1294 had a tremendous meeting of fun and laughter this past Saturday, May 2, 2015 at 7:30 a.m. at the Fryn Pan Restaurant. A scrumptious breakfast was served. Meeting Vernon Arens called the meeting to order and welcomed

everyone including Joy Winter, a world renowned Toastmaster from Idaho. Steve Bierschbach gave the invocation and led the Pledge of Allegiance. President Arens introduced Toastmaster of the Day, Jack Dahlseid, who with his undoubted enthusiasm conducted the meeting. Jana Lane was introduced as Master Evaluator of the meeting. Grammarian, Steve Hamilton, gave the word of the day, "balderdash" which means nonsense. Prepared speeches were given by Vernon Arens on the topic of "Keystone XL pipeline" based on the Competent Communication Manual, Project #7, "Research your Topic." Joy Winter took up the challenge of giving an impromptu speech entitled, "Update." Table Topics was led by Jeremy Skrenes who asked members to talk about, "clip bait", a computer term similar to a link on the internet. There was much balderdash in these mini impromptu speeches. Master Evaluator, Jana Lane evaluated the meeting and called on Roy Wilcox to evaluate Vernon Arens and Teresa Rentsch to evaluate Joy Winter. Reports were given by grammarian, Steve Hamilton; timer, Steve Bierschbach; and Ah counter, Kevin Buhl. Joke master was Steve Hamilton. Trophies were handed out to Azure Rodriguez for Best Table Topics and Roy Wilcox for Best Evaluator. As always we ended our meeting at 8:40 am. Being a part of Toastmasters is a great way to start a Saturday morning.

Guests are welcome. For more information call 605-665-8448 or http://1294.toastmastersclubs.org.

Interchange, Inc. members were given the opportunity to listen to speaker David Aaker, an internationally regarded author, motivational speaker and business expert, as he presented a keynote speech on "Leadership in Business" in-

terchange, Inc., partnered with the Yankton Convention and Visitors Bureau to bring this seminar to Yankton.

There were no other announcements for the week. The next meeting is Monday, May 11, at Minerva's, when Crystal Nelson will present a program on the progress of the Mead Building renovation.

GFWC WOMAN'S CLUB

The Yankton Chapter of GFWC Woman's Club met May 2, 2015 at 11:00 AM at Hillcrest Golf and Country Club. Vice President Joan Neubauer called the meeting to order. The Pledge of Allegiance, South Dakota Pledge and Collect for Women were given.

Guests: Judy Woerner's guests were Erna Huitema, Kit Wessling, Sally Welter's guest was Darlene Kolda. Muriel Van Gerpen's guest was Sandy Van Gerpen. Fran Fox's guest was Jeannette Warren. Betty Thomas's guest was Sheryl Lieferman. Erna: Kit, Darlene and Jeannette plan to join. Jean Fitzgerald and Jean Schaecher also brought their membership forms to turn in.

Program: Marilyn Kratz presented a program on her career as an author

Treasurer's Report: Denise Erickson gave the treasurer's report. This report is for information and filed for audit in June 2015. Minutes: Minutes were approved as written. Correspondence: no correspondence

Bingo: No bingo in May due to Memorial Day. April volunteers were Sandy Battin, Connie Rucker, Priscilla Mazourek, Alice Melgaard and Mary Albrecht. Alice and Mary were thanked for filling in.

Business: Style show was a success! The stores were all very pleased and we helped promote Shop Local! There are still coupon cards coming into some of the

stores. Pauline thanked everyone for the donations of the Salads and Bars. Also for Judy Woerner, Mary Pietela, Ellen Rodenberg, Sandy Battin, Judy DeRoos, Denise Erickson, Barb Law, Muriel Van Gerpen, Ruth Ann Dannenbring, Marilyn Huntley, Anneliese Dehmer, Vi Ranney, Joan Neubauer, Vicki Thon, Carol Hurley, Fran Fox, Rod Woerner and Ordell Aklund for setting up, working in the kitchen and tearing down. Thanks to our models Marilyn Christenson, Peggy Scheidel, Mary Lou Deuschle, and Gladys Johnson. Also Thanks to Maysel Goltz and Joyce Franklin for being the Hostesses/ greeters for the day. Apologies if anyone was missed - each and every one of the members were instrumental in this continuing to be a success. The club received a thank you from Anita Auch from First Calvary Baptist church.

Marilyn Huntley made a motion to distribute the funds from fashion show as announced by Joan Neubauer and seconded by Dores Allan. Motion carried.

Ellen Rodenberg made a motion to increase membership dues to \$35, seconded by Donna DeJean, motion carried.

Announcements: Gert Van Lent's birthday was recognized. Joan Neubauer reminded the club of the upcoming Mead Building open house May 9-10, 1-4 p.m. Joan Neubauer thanked Vi Ranney for donating the table flower decorations for the style show. Judi Olsen talked about the Yankton River clean up event that happened this morning. Dores Allan reminded the club of President Obama's upcoming visit to Watertown on Friday. Marilyn Huntley reminded the club of the upcoming Riverwalk artists' reception on Friday.

Dot Blaha was recognized as becoming President of GFWC State. Congratulations Dot!

Joyce Franklin recognized Pauline being chosen as an Em-

powered Woman of S.D. and expressed what a wonderful job she has done with the Yankton GFWC chapter since becoming president (increased membership and a greater feeling of friendship among the members are just to name a few). Congratulations Pauline!

Our State awards are as follows:

1st Place- Conservation
1st Place- Home Life- Fashion Show
1st Place Education
1st Place Arts
1st Place Domestic Violence
1st Place - International Outreach- Heifer project
1st Place Communications & Relations

2nd Place Fundraising & Development-
3rd Place- Home Life for Habitat for Humanity
Our report contained the free press for last year we received from the Fashion Show and the photos of the handing out of the checks, our Record keeping and minutes in the newspaper after each meeting, the membership drive we did to grow our club, our new membership form (which other clubs have now asked us for the template), implementing our new member induction Ceremony and the new and prospective members orientations that we implemented last September. Certificates went to Fran Fox for the scrapbook and prize money was given to Denise Erickson as Treasurer.

Hostesses: Virginia Collignon and Marlene Larsen

Door Prizes: Ellen Rodenberg, Gert Van Lent, Virginia Collignon
No further business and the meeting was adjourned.

Respectfully submitted,
Denise Erickson (substituting for secretary, Arlene Young)