

# Swiss: No Special Treatment For Soccer Officials

BERN, Switzerland (AP) — The immediate price that seven international soccer officials paid for their role in a U.S. corruption probe is perhaps best illustrated by their sudden change of accommodation.

On Tuesday night they were staying at one of Switzerland's finest hotels, where top suites can cost more than \$4,000 a night and a 2-ounce dollop of caviar will set you back almost \$400. By Wednesday morning the men, who had come to Switzerland to attend the annual meeting of soccer's governing body FIFA, found themselves in less salubrious accommodation — prison cells around Zurich where the \$16 daily budget for food gets inmates a daily portion of meat, a "filler" such as rice, and occasional vegetables and sometimes a tin of fruit.

The dawn arrests of some of soccer's most powerful figures were the result of an extradition request sent to Switzerland by the United States, where the men are among 14 sought on racketeering and other charges spanning more than two decades.

Swiss justice officials interviewed by The Associated Press said the suspects can't expect any special treatment while they await a decision on whether they will be handed over to the U.S.

"It's a rude awakening," said Folco Galli, spokesman

for the Swiss Federal Office of Justice in Bern. "They have no privileges and they won't be allowed to get takeout deliveries from the hotel."

The seven are FIFA vice presidents Jeffrey Webb of the Cayman Islands and Eugenio Figueredo of Uruguay; Costa Rican soccer federation president Eduardo Li; Venezuela FA chief Rafael Esquivel; former Brazilian FA chief Jose Maria Marin; Costas Takkas, a Briton who works for CONCACAF President Webb; and FIFA development officer Julio Rocha of Nicaragua.

Used to the jet-set world of international soccer, the men will now spend up to 23 hours a day in their cells for the coming months. Inmates in Switzerland are allowed an hour of exercise each day, said Rebecca de Silva, a spokeswoman for the state of Zurich's prisons authority.

One way to get some more time outside their cells is prison labor, she told the AP.

"Many inmates consider work, if available, a pleasant change," she said.

To avoid collusion they are forbidden to use the Internet or phones, and the only visitors they can see are their lawyers and spouses.

The men can appeal against their incarceration within 10 days — until June 8. The chances of being allowed out on bail are extremely slim, however.



MELANIE DUCHENE/EQ IMAGES/ZUMA PRESS/TNS

**FIFA President Joseph Sepp Blatter speaks during the 65th FIFA Congress with the president's election on Friday at the Hallenstadion in Zurich, Switzerland.**

"Release on bail is possible, but it's very, very rare. The law says that the person has to stay in detention for the duration of the extradition procedure," said Galli. "If we let someone out, and

they make a run for it, then Switzerland risks breaching its treaty obligations."

One rare instance where a suspect wanted for extradition was allowed to leave prison on bail was that of

He declined to say if the U.S. has made further extradition requests to Switzerland.

While it's unusual for Switzerland to deny an extradition request — experts say nine out of 10 are granted — it did happen in the high-profile case of Polanski. Swiss authorities ruled that the U.S. had made technical mistakes in their request and allowed Polanski to leave the country 10 months after his arrest.

Galli said the extradition process usually takes six months, including appeals to Switzerland's supreme court, but some have lasted over a year.

The easiest way for suspects to shorten the process is by agreeing to extradition, in which case they can be handed over to U.S. authorities and put on a trans-Atlantic flight within days.

## USA, Japan Work To Get Women's Softball Into 2020 Olympics

OKLAHOMA CITY (AP) — The United States and Japan are longtime rivals in softball. For the good of the sport, they are on the same team.

The U.S. will participate in the four-team Japan Cup in August as preparation for the sport's possible return to the Olympic program in 2020.

Softball was removed for the 2012 Olympics and won't be in the 2016 Games, either. But Japan, the reigning world champion, will host the 2020 Games, and the host nation can propose the addition of sports. U.S. softball officials hope a successful Japan Cup, which will include Australia and Chinese Taipei, will influence the International Olympic Committee when makes its final decision before next year's games in Rio.

"It's so important," U.S. national coach Ken Eriksen said. "I can't stress enough how important it is, and how USA Softball has recognized the great relationship we have with Japan softball. There is tremendous respect because of our competition over the years and years and years. It's a good marriage, and both countries recognize the importance of working together to promote the game abroad."

The United States and Japan have won all of the gold medals in Olympic softball — the U.S. won in 1996, 2000 and 2004, and Japan won in 2008. Japan won world titles in 2012 and 2014. The United States will travel to Ogaki, Japan, and play Australia and Chinese Taipei on Aug. 7, and Japan on Aug. 8. The final will be Aug. 9.

USA Softball executive director Craig Cress said he's already preparing as though softball will return for the 2020 Games.

"It's our job to do everything we can to positively promote our sport to be ready to take that big stage when we have that opportunity again," Cress said. "We are a sport that deserves to be there."

Cress expects Japan to push baseball when it makes its proposals in September, too.

"We have a great opportunity forthcoming," he said. "Japan, obviously, is very

strong in both those sports. They're looking at it as an opportunity to win two gold medals. When you have that opportunity, you're going to be promoting it very hard."

UCLA coach Kelly Inouye-Perez, whose team is in this week's Women's College World Series, said getting the sport back into the Olympics is vital for its long-term health.

"I think at the grassroots level, I truly believe we are a sport that needs to make sure that we continue to get those grassroots kids in the sport," she said. "And a big part of that is getting us ultimately back to that Olympic stage, because that's something that all kids have a dream to be able to strive for."

The Women's College World Series is a key training ground with eight participants currently on the national team: Tennessee's Annie Aldrete, LSU's Bianka Bell, UCLA's Ally Carda, Oregon's Janelle Lindvall and Janie Takeda, Alabama's Haylie McCleney, Michigan's Sierra Romero and Florida's Kelsey Stewart. Those players also will compete at the Pan Am Games in July and in the Japan Cup — good experience if the Olympics plan comes together.

"This is a feather in the cap of any player who goes on to play on the national team," Eriksen said. "If you don't have College World Series experience, it's really tough to understand what the fire feels like to get into international competition."

Eriksen said if the sport returns to the Olympics, U.S. Olympic Committee funding will increase, and that will especially help the players who have left the college game. For now, funding is limited, and many of the coaches and players with the national program are doing it for the love of the game, in hopes that their Olympic dreams eventually can come true.

"It's really from the heart, and not from the wallet, that these young people are trying to continue to carry the flame to keep it going until the money comes back again to supplement the program," he said.

## Twins Bring Fien Back From DL

MINNEAPOLIS (AP) — The Minnesota Twins have returned right-hander Casey Fien from his rehab assignment for a strained right shoulder and removed him from the disabled list.

The move was made before the game Friday against the Toronto Blue Jays, and right-hander Michael Tonkin was sent to Triple-A Rochester to make room for Fien in the bullpen.

Fien missed 25 games with his injury. Minnesota's primary setup man had a 4.35 ERA in 10 1/3 innings before he was hurt. He pitched three scoreless innings for Rochester on his rehab assignment.

Tonkin posted a 5.14 ERA in seven innings, after being recalled from Rochester for the seventh time in the last three years.

## ASK THE EXPERTS

### Family Medicine

**Q. Should I be concerned about West Nile?**



Jeffrey Johnson, M.D.

**A.** West Nile virus is a mosquito-borne infection that can cause only mild flu-like symptoms or can cause a severe illness such as encephalitis. Encephalitis is an infection of the brain. Symptoms may include headache, high fever, stiff neck, disorientation, tremors, convulsions, weakness and paralysis. Symptoms may last for several weeks, although the neurological effects may be permanent. There is no human vaccine for West Nile. This time of year, you should try to reduce your risk of being bitten by mosquitoes in order to reduce your risk of getting West Nile. In addition to reducing stagnant water in your yard, make sure all windows and doors have screens, and that all screens are in good repair. Minimize time spent outdoors between dusk and dawn. Wear shoes, socks, long pants and a long-sleeved shirt when outdoors for long periods of time, or when mosquitoes are most active. Use mosquito repellent containing DEET, Picaridin, oil of lemon, eucalyptus, or IR3535, according to directions, when you are outdoors.

If you are experiencing concerning symptoms or have concerns related to West Nile, please schedule an appointment today at Lewis and Clark Family Medicine.



2525 Fox Run Pkwy., Lewis & Clark Medical Plaza, Yankton 260-2100

### Chiropractic

**Q. Why does chiropractic use nutrition?**



Sheila Fitzgerald, DC

**A.** Traditionally, chiropractic has included nutrition and patient education to work through individual problems. More research shows the connection between diet and disease in the way that food can create different reactions in the body. By understanding how certain foods react in our body, we can 'reset' our body's reaction with alternate choices. Now more than ever, pieces to the health 'puzzle' are easier to apply. It is exciting to know that by applying new practices, we can change how our muscles and joints respond to our own activity. We can set and meet goals of wellness of the body with better health practices.



2507 Fox Run Parkway, Yankton, SD, 665-8073

### Fitness/Health

**Q. I have been walking for exercise and enjoy just doing that, is that good enough?**



Angie O'Connor  
Clinical Exercise Specialist

**A.** Walking is a fantastic form of exercise. A study of 13,000 people done through the Institute for Aerobics Research showed that participants who walked 30-minutes per day had a significantly lower risk of premature death than those who did not. It is important to note that the intensity of your walk can play a role in the amount of benefit you achieve. If you find your leisurely stroll doesn't increase your heart rate anymore and you're not feeling challenged by it, perhaps it's time to increase the intensity. Add some hills, change your terrain and if you're a treadmill walker be sure to get some non-belt time in also. While you're are most likely getting some lower body strengthening with your workout, most will also benefit from some additional strength training as well. Ask your Avera Sacred Heart Personal Trainer to help develop a plan that fits your schedule and will help you meet your goals.



501 Summit, Yankton • 668-8357

### Funeral & Cremation

**Q. How do I find out what a funeral or Cremation service will cost me or my family?**



Jim Goglin

**A.** Just call or go to your local Funeral homes and ask. FTC. (federal Trade Commission) requires that all funeral homes give out there prices either in writing or over the phone. When you go to a funeral home ask for there general price list or there GPL and they will give it to you. FTC requires them to. It should contain all there prices. Or call them on the phone and they will either tell you there prices or offer to send you a general price list. You are not required to give them your name if you don't want to. You might be surprised at the differences between each funeral homes prices.

*Legacy Affordable  
Burial & Cremation Solutions*

1014 W. 8th St., Yankton • www.goglinfh.com  
665-4414 • 866-615-2906  
Open Mon.-Sat. 10am-4pm



### Pharmacy/Nutrition

**Q. Does choosing the right sunscreen for your family for the summer having you sweating?**

**A.** Skin cancer is the most commonly diagnosed cancer in the United States so sunscreen is a must. When looking for sunscreen there are 2 main types: MINERAL AND CHEMICAL. Chemical sunscreens work by absorbing the rays in a chemical reaction that dissipates the heat back off the skin, while mineral sunscreens work by reflecting the rays.

When choosing a chemical sunscreen, don't be fooled by a high sun-protection factor. (SPF). SPF indicates protection from only UVB rays, while UVA rays are actually more threatening. So choose a more broad spectrum sunscreen to avoid off balance of ray protection and prevent high concentration of chemicals you may want to avoid. Also when choosing a chemical sunscreen avoid products containing oxybenzone and go with products that contain avobenzene due to low level of chemical hazard. Chemical sunscreen will rub in easily and quickly, and dry sheer. Mineral sunscreens on the other hand do not rub in as easily but are a safer option than chemical sunscreens. Mineral sunscreens provide protection to both UVB and UVA rays. They do not break down as readily in the sun, offering greater protection for longer. When choosing a mineral sunscreen look for products that contain zinc oxide and avoid spray products that contain titanium dioxide, as it is toxic when inhaled. Whichever sunscreen you pick for your family, being prepared is always better. Always remember to apply sunscreen 30 minutes prior to sun exposure and reapply sunscreen every 2 hours.



Pharmacy • 665-8261

### Ear, Nose & Throat

**Q. Dr. Rumsey, I currently have hearing aids; however, I still seem to struggle while on the telephone. Is there anything available to help me hear better on the telephone?**



Matthew Rumsey,  
Au.D. CCC-A

**A.** This is an excellent question. Telephones are a major part of how we stay connected with our loved ones and many of my patients report the same difficulties regardless the severity of hearing loss. One helpful solution we can offer is an amplified telephone which range in price from \$40.00 to \$300.00. South Dakota and Nebraska have distribution programs that provide funding for qualified individuals to purchase amplified telephones. I would be happy to help you through this process. It is pretty simple. First, we have to test your hearing to confirm you are a candidate. Once testing is completed and candidacy is confirmed, I can help you fill out the appropriate application. Call (605) 655-1220 to schedule an appointment if you want help applying for this program or any other hearing related programs.

David Wagner, M.D.  
Matthew Rumsey, Au.D., CCC-A  
Kendra Neugebauer, Au.D., CCC-A  
Professional Office Pavilion,  
409 Summit, Yankton  
655-1220 • 888-515-6820  
www.yanktonent.com



Ear, Nose & Throat  
Yankton

### Podiatry

**Q. What causes dry, flaking skin at the bottoms of my feet?**



Christine Wiarda,  
D.P.M.

**A.** Dry skin that does not improve with regular over-the-counter lotion or creams may actually be a form of athlete's foot. The typical athlete's foot can present as a red rash that starts between the toes and moves to larger areas of the foot. Sometimes small blisters may form, resulting in itchy patches of skin on the feet. However, this may not always be the case. Chronic athlete's foot can present a little differently and may be confused with dry skin or eczema. If you have tried over-the-counter creams and lotions with little relief, you may have chronic athlete's foot that can be treated by simply using an antifungal cream or an oral antifungal medication. There are also some other systemic diseases that can cause dry, flaking skin of the feet, such as diabetes or psoriasis. These causes of dry skin can be treated with prescription topical medications, as well. Occasionally, skin scrapings can be sent to the lab for evaluation to determine the cause of dry skin.

Seeking treatment sooner rather than later is important to prevent any fissuring or cracks of the skin leading to open sores at the bottom of the feet. These fissures can be difficult to heal due to the weight-bearing surface in which they occur. Prevention and early treatment is the key to quicker healing and is also important to overall health.



Avera Sacred Heart Hospital Professional Office Pavilion  
409 Summit St., Ste. 2600, Yankton • 668-8601

Podiatry  
Yankton