



# YankTON Challenge

THROUGH WEEK 9

- **YANKTON CHAMBER OF COMMERCE** (6 participants) — Starting weight: 1,390.3; Current weight: 1,358; %Lost: 2.32%; Total Lost: 32.3
- **APPLIED ENGINEERING** (35) — Starting weight: 7,226.8; Current weight: 7,128; %Lost: 1.37%; Total Lost: 98.8
- **BALDWIN FILTERS** (15) — Starting weight: 3,062.5; Current weight: 2,977; %Lost: 2.79%; Total Lost: 85.5
- **FIRST DAKOTA NATIONAL BANK** (16) — Starting weight: 3,074.3; Current weight: 3,009.1; %Lost: 2.12%; Total Lost: 65.2
- **5 STAR COMMUNICATIONS** (10) — Starting weight: 1,992.8; Current weight: 1,980.4; %Lost: 0.62%; Total Lost: 12.4
- **AVERA SACRED HEART HOSPITAL** (20) — Starting weight: 3,872; Current weight: 3,814; %Lost: 1.50%; Total Lost: 58
- **VISHAY** (28) — Starting weight: 5,334.8; Current weight: 5,128.3; %Lost: 3.87%; Total Lost: 206.5
- **THE CENTER** (5) — Starting weight: 941.25; Current weight: 927; %Lost: 1.51%; Total Lost: 14.25
- **TRUXEDO, INC.** (33) — Starting weight: 6,347; Current weight: 6,090; %Lost: 4.05%; Total Lost: 257
- **FIRST NATIONAL BANK OF OMAHA** (44) — Starting weight: 9,304.6; Current weight: 9,023.9; %Lost: 3.0%; Total Lost: 280.7
- **RIVERFRONT BROADCASTING, L.L.C.** (11) — Starting weight: 2,251; Current weight: 2,170; %Lost: 3.60%; Total Lost: 81
- **HY-VEE** (18) — Starting weight: 3,413; Current weight: 3,287; %Lost: 3.69%; Total Lost: 126
- **SHUR-CO, L.L.C.** (37) — Starting weight: 7,198.2; Current weight: 7,016.8; %Lost: 2.52%; Total Lost: 181.4
- **SACRED HEART MONASTERY** (19) — Starting weight: 4,172.1; Current weight: 4,014.4; %Lost: 3.78%; Total Lost: 157.7
- **BON HOMME/YANKTON ELECTRIC** (7) — Starting weight: 1,302.8; Current weight: 1,254.2; %Lost: 3.73%; Total Lost: 48.6
- **SOUTH DAKOTA MAGAZINE** (2) — Starting weight: 331.5; Current weight: 317; %Lost: 4.40%; Total Lost: 14.5
- **SAPA EXTRUSIONS, INC.** (25) — Starting weight: 6,254.9; Current weight: 6,091; %Lost: 2.62%; Total Lost: 163.9
- **YANKTON MEDICAL CLINIC** (62) — Starting weight: 11,785.2; Current weight: 11,530.2; %Lost: 2.16%; Total Lost: 255
- **SERVICE CENTER FEDERAL CREDIT UNION** (12) — Starting weight: 2,204.5; Current weight: 2,157; %Lost: 2.20%; Total Lost: 47.5
- **YANKTON REXALL DRUG CO.** (14) — Starting weight: 2,634.7; Current weight: 2,516.1; %Lost: 4.50%; Total Lost: 118.6
- **“GOOD NEIGHBOR” ROY WILCOX STATE FARM** (14) — Starting weight: 2,950.5; Current weight: 2,891.5; %Lost: 1.38%; Total Lost: 40.5
- **ABILITY BUILDING SERVICES** (24) — Starting weight: 4,657.44; Current weight: 4,523.6; %Lost: 2.90%; Total Lost: 133.84
- **HOME FEDERAL BANK** (6) — Starting weight: 1,149; Current weight: 1,116; %Lost: 2.87%; Total Lost: 33
- **L&C BEHAVIORAL HEALTH SERVICES** (18) — Starting weight: 3,458.7; Current weight: 3,403.2; %Lost: 1.60%; Total Lost: 55.5
- **MOUNT MARTY COLLEGE** (16) — Starting weight: 3,030.85; Current weight: 2,980.7; %Lost: 1.70%; Total Lost: 50.15

GROUP WEIGHT LOSS.....2,618.24  
GROUP TOTAL WEIGHT.....96,704.4  
TOTAL % LOST.....2.64%

For more information, visit <http://www.yankton.net/challenge/>

## MENUS

Menus listed below are for the week of November 5. Menus are subject to change without notice. All meals are served with milk.

### Yankton Elementary Schools

- Monday — Pepperoni Pizza
- Tuesday — Hamburger
- Wednesday — Taco In A Bag
- Thursday — French Toast Sticks
- Friday — Popcorn Chicken

### Yankton Middle School

- Monday — Italian Dinkers W/ Sauce
- Tuesday — Taco Bites
- Wednesday — Chicken Fries
- Thursday — Hamburger
- Friday — Shrimp Poppers

### YHS A Line Menu

- Monday — Chicken Fries
- Tuesday — Chili W/ Cheese & Crackers
- Wednesday — Pizza Pocket
- Thursday — Toasted Club Sandwich
- Friday — Spaghetti W/ Breadstick

### YHS B Line Menu

- Monday — Canadian Bacon Pineapple Pizza
- Tuesday — Scallop Potatoes
- Wednesday — Yogurt Bar W/ Toppings
- Thursday — Potato Soup W/ Crackers
- Friday — Pizza Burger

### YHS C Line Menu

- Monday — Bacon Cheese Burger
- Tuesday — Ham & Cheese Croissant
- Wednesday — Chicken Burger
- Thursday — Walking Taco
- Friday — Tavern

### Sacred Heart Schools

- Monday — Taco In A Bag
- Tuesday — Swedish Meatballs
- Wednesday — French Toast Sticks
- Thursday — Tavern
- Friday — Pepperoni Pizza

### The Center — Yankton

- Monday — Chicken Fried Steak
- Tuesday — Swedish Meatballs
- Wednesday — Hot Beef Sandwich
- Thursday — BBQ Pork
- Friday — Potato Soup

### Tabor Senior Citizens Center

- Monday —
- Tuesday — Ham
- Wednesday — Liver & Onions
- Thursday — Chili
- Friday —

## ‘To Be Well’ Community Forum Set For Yankton

As the holiday season approaches, families will come together and reminisce of days gone by. Are you hearing the stories, or are you struggling to listen and missing out?

Dr. Matt Rumsey and Kendra Neugebauer, Doctor of Audiology Candidate, of Avera Medical Group ENT Yankton, will provide a free “To Be Well ...” community forum from noon-1 p.m. Tuesday, Nov. 13, in the Avera Professional Office Pavilion and Education Center.

The forum’s main objectives will be to inform attendees of:

- Structures and Functions of hearing.
- Symptoms and Consequences of Hearing Loss
- Strategies for Better Hearing

The forum is free and open to the public. A light lunch will be served. Make reservations by calling 605-665-6820 as space is limited.

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## Thanksgiving Day Deadlines

**The Yankton Daily Press & Dakotan will be closed  
Thursday, November 22, for the Thanksgiving holiday.**

The following deadlines will apply:

Friday, November 23 newspaper — Monday, November 19, 5 p.m.  
Out On The Town — Wednesday, November 21, 5 p.m.  
Saturday, November 24 and Monday, November 26 newspapers —  
Tuesday, November 20, 5 p.m.  
Tuesday, November 27 newspaper — Wednesday, November 21, 3 p.m.

**There will be no newspaper on Thursday, November 22, 2012.**

**PRESS&DAKOTAN**

# Mechanic May Be Full Of Hot Air

BY TOM AND RAY MAGLIOZZI  
King Features Syndicate

**Dear Tom and Ray:**  
After 25 years of faithfully patronizing my highly competent mechanics, I fear that they are getting nervous about their approaching retirement. I have always trusted them, and they have always done a great job for me. This week, when my vehicle was in for its annual state inspection, they called to say that it had passed, but they recommended a few “services.” When they got to suggesting that they wanted to “flush out the brake lines and replace the brake fluid,” it took all my strength to resist going ballistic. They mentioned the tendency of brake fluid to absorb water and said that ABS systems are particularly sensitive to it. I was devastated. I thought that after 25 years, they had more respect for my automotive IQ. I have never flushed out and replaced my brake fluid, nor had anybody ever made such a preposterous suggestion. I considered it to be like suggesting that they replace the air in my tires! Being an open-minded guy, however, I wanted to get an expert opinion. Are they just stretching to pad their retirement funds, or should I take their preposterous suggestion seriously?

—Steve  
**RAY:** Steve, I wish I had 100 customers like you. I’ve got 200 now.  
**TOM:** Your mechanic is absolutely right.



## CAR TALK

Tom and Ray Magliozzi

You don’t say what kind of car you have, but most manufacturers now recommend flushing and replacing the brake fluid at regular intervals — often every two years or 30,000 miles.

**RAY:** Brake fluid absorbs any moisture that gets into the brake system, and it holds that moisture in suspension. But eventually the brake fluid gets to a point where it can’t hold any more moisture. And then you’re in danger of rusting your brake components from the inside, or having brake fluid that’s susceptible to boiling under hard braking conditions.

**TOM:** And as your wise, honest and trustworthy mechanic told you, anti-lock braking system modules are particularly susceptible to moisture. They’re also very expensive to replace.

**RAY:** So call your mechanic, Steve. Apologize profusely for accusing him of trying to rip you off — even if you only muttered it under your breath — and thank him for letting you know that you are overdue for a brake-line flush. Then bring him some fresh, high-quality baked goods when you pick up your car, and we’ll consider the matter forgotten.

What’s the best way to warm up your engine in the morning? Find out by ordering Tom and Ray’s pamphlet “Ten Ways You May Be Ruining Your Car Without Even Knowing It!” Send \$4.75 (check or money order) to Ruin, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, “Ask Click and Clack: Answers from Car Talk.” Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at [www.cartalk.com](http://www.cartalk.com).

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## Scientists Testing Early Warning System For West Nile Virus

**BROOKINGS** — When weather radar shows a funnel cloud, the tornado sirens howl, and folks run for cover.

With outbreaks of West Nile virus, it’s not that simple.

Michael Wimberly, senior scientist at the Geographic Information Science Center of Excellence at South Dakota State University, has begun testing an early warning system for West Nile virus. Through a grant from the National Institute of Allergy and Infectious Diseases, Wimberly has analyzed satellite imaging data from 2000 to the present day to build a store of information to predict the future.

Key collaborators in this interdisciplinary effort include professor Mike Hildreth in biology and microbiology, associate professor Yi Liu in electrical engineering and computer science, and Ting-Wu Chuang, a former postdoctoral researcher now at Taiwan Medical University. Wimberly and Chuang recently published their findings on climatic variability and West Nile virus outbreaks in the northern Great Plains in the journal PLOS ONE. “My first forecast in 2010 was completely wrong,” he said.

An early spring led to a prediction of an active year for West Nile virus, but the opposite was true. “What we’re doing is unique,” Wimberly said. “We are trying to make a much tighter link from research to application.”

To do this, he has been working closely with the S.D. Department of Health and the state epidemiologist. After his first attempt, Wimberly developed more

**“Our research has shown if we look broadly at a regional level, temperature is an extremely strong driver.”**

MICHAEL WIMBERLY

sophisticated models and predicted a low risk of West Nile infections for 2011.

This time he was right.

“Our research has shown if we look broadly at a regional level, temperature is an extremely strong driver,” he said. Wimberly found associations between West Nile virus and temperature at two different times of the year.

First, an earlier spring green up, like this past year with the warm April, gives the virus a longer amplification period, he said.

“In general, mosquitos develop more rapidly, are more active and tend to bite more when it’s hotter.” Since the virus originates in the bird population but is transmitted to humans through a mosquito, an early spring alone is not a sufficient predictor.

Wimberly explained that the Culex tarsalis mosquito must first bite an infected bird to acquire West Nile, and then the virus must incubate in the mosquito. “The blood goes into the stomach,” he said, but in order for the mosquito to transmit the disease, the virus must reach its salivary glands.

This process is also temperature dependent. “The warmer it gets, the shorter the amount of time it takes for the mosquitos to become infectious,” Wimberly said.

## Mark Schultz Plans Yankton Visit Nov. 10

Mark Schultz, Dove award-winning singer and writer, will be featured at Kids Against Hunger of Yankton’s first Hunger Conference at 7 p.m. on Saturday night, Nov. 10, at the Yankton High School Theater.

The night will not only feature Schultz in concert, but will give those attending the chance to hear how they can make a difference in the lives of children here in Yankton and also around the world.

All proceeds will benefit the Yankton Sack Pack Program, the Yankton Contact Center, and the ministry of Helping Hands for Haiti.

Tickets for the evening are available at the Carpenter’s Shop and Clark’s Rentals, by phone at 800-965-9324 or at iTickets.com. For more information, visit [www.kahyankton.org](http://www.kahyankton.org).

Open To The Public

**Pancake Breakfast**

Pancakes, Eggs, Bacon,  
Sausage, or Biscuits & Gravy

**\$6.00 All You Can Eat**  
Children 4-10 \$3.00 • Under 3 free

**Sunday, Nov. 4<sup>th</sup> • 8-12:30**

**VFW Post 791**  
209 Cedar, Yankton • 665-3562

## Vote No on Amendment Pee

Don’t water down our State Constitution’s  
ban on deficit spending.

Paid for by Stan Adelstein, PO Box 2624, Rapid City, SD 57709

## More Life News On Page 7

**For a 5 Star  
Commissioner  
Re-elect  
Mark Johnson**

Our future depends on it!

Paid for by Mark Johnson, Yankton County Commissioner

Dear Editor,

As a lifelong resident of Scotland I am encouraging the voters of District 19 to support Frank Kloucek for state senator. I have known Frank since the 1970’s. I believe Frank is very honest and sincere and has represented us well in Pierre. He has been good for Scotland, Bon Homme County and all of District 19. Frank worked hard for the Lake Henry Project, the Scotland City Hall Renovations, and many community projects.

Frank is working on drought relief. This summer he built coalitions with many others to successfully convince Sec of Ag Vilsack to allow haying and grazing of Conservation Reserve Acres. He was a leader in the effort to defeat the bill HB 1234 which will pit teacher against teacher in our public schools. He worked for funding for our veteran service officers. Frank is a proven strong supporter of our veterans and our public schools. I know that he strongly supports local control for our schools and local governments. Frank is a strong promoter. He hosted events in the state capitol for Delmont Harvest Festival, Tabor, Czech Days and Scotland Kuchen Days. He is always promoting events in District 19. He and his family are members of the St. George Catholic Church and he is a member of the Bon Homme Knights of Columbus. He is a strong supporter of both our United States and State Flags having given out flag sets to students, teachers, civic organizations and others. Recently he donated a South Dakota Flag to fly over our Scotland Veterans Memorial.

Please let’s not lose a good man. He deserves our vote. I am asking that you vote for Frank Kloucek for the District 19 State Senate.

PAID ADVERTISEMENT  
Carolyn Thaler, Scotland, SD