# the midwest

# S.D. Diabetes Rate Up 121 Percent Since 1995

SIOUX FALLS (AP) - A new study has found that South Dakota's diabetes rate has more than doubled since 1995.

The Centers for Disease Control and Prevention study found that the rate in South Dakota jumped 121.4 percent by 2010. Some 6.6 percent of South Dakotans say they have diabetes, just slightly below the national average of 7 percent.

Diabetes is a disease in which the body has trouble processing sugar.

It's the nation's seventh leading cause of death, and complications include poor circulation, heart and kidney problems and nerve damage

The disease exploded in the United States in the last 50 years, with the vast majority from obesity-related Type 2 diabetes. In 1958, fewer than 1 in 100 Americans had been diagnosed with diabetes. In 2010, it was about 1 in 14.

# Judge Blocks Recall Election For Commissioner

WAYNE, Neb. (AP) - A northeast Nebraska county commissioner has won a court order blocking his recall election because of flaws in the petition.

A Wayne County judge ordered election officials to abandon the Nov. 20 recall for Kelvin Wurdeman.

The Norfolk Daily News reported the judge agreed with Wurdeman that petition paperwork used to gather signatures was flawed because it failed to state whether paid circulators were used.

The recall petition accused Wurdeman of removing dirt from a landowner's field without permission and using it to address a nearby road problem. Wurdeman says he paid the landowner \$150 for the dirt to resolve the issue.

In a separate case, Wurdeman was fined \$1,000 for theft. Wurdeman pleaded no contest to charges accusing him of stealing a truckload of publicly owned scrap metal.

## **Sex Trafficking Suspects Face More Charges**

SIOUX FALLS (AP) - Two South Dakota men facing sex trafficking charges in federal court have pleaded not guilty to additional charges

The Argus Leader newspaper in Sioux Falls reports that the new charges follow unsuccessful attempts by defense lawyers for 36year-old Carl Campbell and 35-year-old Tajahn Clinton to withhold evidence of alleged online sex trafficking discovered on computers and cellphones seized by authorities.

Clinton was indicted in February, and Campbell in April. Both could face life in prison if convicted.

## **16-Year-Old Boy Survives 16 Hours In Forest**

RAPID CITY (AP) - A 16-year-old South Dakota boy who became lost while hunting and spent 16 hours alone in the Black Hills National Forest says he was scared but still managed to hatch a survival plan.

Austin DuVall, of Rapid City, became lost on Nov. 3 while hunting with his father. His hunter's instinct kicked in and he chased after a deer, and soon found himself alone and without his bearings, he told the Rapid City Journal.

"First instinct is to chase the deer, and I chased after it, and I didn't get it," he said. "And then, I really was lost.'

He had only his hunting rifle and the clothes he was wearing tennis shoes, a ball cap and camouflage coveralls. He had no food or water and nothing that could help him find his way to safety. A misstep landed him in a creek, soaking his socks, but he ripped the sleeves off his T-shirt and used them to keep his feet warm.

"Once I realized that no one could hear me, I decided to just sleep and get up in the morning and find safety," he said.

Austin curled up on a rock and slept through a night during which the temperature dipped into the low 30s, then awoke and relied on skills he learned in a hunter safety course and from Gary Paulsen's teen-survival story "Hatchet." He followed a stream to an occupied cabin. The couple there called his parents and cooked him a breakfast of sausage, eggs, bagels and orange juice.

"It's probably one meal I'll never forget for the rest of my life," he said.

Duvall's disappearance prompted a large ground and aerial search by emergency officials and more than 100 volunteers, but his father said his resourcefulness is what saved him.

"He wasn't sitting there waiting for someone to come find him," said his father, Steve DuVall. "We didn't find him; he found himself."

# Neb. Gov. Rejects State-Run Health Exchange

**BY GRANT SCHULTE** Associated Press

LINCOLN, Neb. - Nebraska will not operate its own health insurance exchange because a state-run program is too expensive, Gov. Dave Heineman said Thursday.

Press&Dakotan

Instead, the Republican governor opted for a federally run program, even though some lawmakers and health care advocates have touted a state-based exchange as the best option. Heineman said creating a state exchange would have cost Nebraska taxpayers \$470 million more than defaulting to a federal exchange.

The exchange will serve as a marketplace where individuals and small businesses can comparison shop for health insurance online, over the phone or through an agent. Supporters of President Barack Obama's health care overhaul argue that the transparency will ultimately push costs down, while many Republicans view it as a government intrusion into the private marketplace.

The reality is that the federal health care law is being totally dictated and totally controlled by the federal government," Heineman said at a news conference Thursday.

His announcement came one day before the deadline for states to confirm whether they'd create their own exchange or rely on the federal government.

"On the key issues, there is no real operational difference between a federal exchange and a state exchange," the gov-

Heineman said he initially favored a staterun exchange, but a budget review from his office showed a federal exchange was cheaper: \$176 million as opposed to \$646 million between the fiscal years of 2013 and 2020. Heineman also said the state-run option was also full of federal mandates, and Nebraska would have little real control

The state's larger health care showdown will happen the 2013 legislative session. Omaha Sen. Jeremy Nordquist has said he will introduce legislation that would extend Medicaid coverage to cover more Nebraskans - an idea that Heine-

# **Quinn, Blunt Add Voices To Concerns About River**

BY JIM SALTER AND JIM SUHR Associated Press

ST. LOUIS — Illinois Gov. Pat Quinn and U.S. Sen. Roy Blunt of Missouri are joining the chorus expressing concern over the Army Corps of Engineers' plan to reduce flow from a Missouri River reservoir, a move that could significantly affect shipping on the Mississippi River.

The corps will drastically reduce the Missouri River flow at Gavins Point Dam in far southeastern South Dakota on or around Nov. 23. Plans call for the current amount of release — 36,500 cubic feet per second — to eventually decline to 12,000 cubic feet per second over the course of several days.

Jody Farhat, chief of the Water Management Division for the Northwestern Division of the corps, said Thursday the move is necessary because of drought conditions on the upper Missouri River.

Farhat said recreation in the areas north of the dam has already been affected by the declining amount of water. She also said that if the drought persists into next year as expected, things such as hydropower could also be affected.

The reduction will mean less water from the Missouri flowing into the Mississippi, which is already low due to the summer's drought. Barge industry officials and politicians fear it will dry up even further between St. Louis and Cairo, Ill., so much so that barge traffic may be halted.

Unless a significant amount of rain falls, barge industry officials and businesses that send goods down the river say the shutdown

could occur around Dec. 10, a costly move that would affect the barge industry and agricultural and fuel companies, among others, that rely on the Mississippi to ship their

goods. Missouri Gov. Jay Nixon last week encouraged the corps to maintain the existing flow. Quinn, also a Democrat, made a similar plea Wednesday.

"I am writing to urge your cooperation with the states of Illinois and Missouri to ensure every effort is made to maximize commerce on our rivers, and to promote the export of American goods across the world market," Quinn wrote in a letter to Jo-Ellen Darcy, assistant secretary of the Army for Civil Works. He cited precedent, saying the corps has occasionally released additional water during the winter to meet drinking water and power generation demands.

Blunt, a Republican, said the reduction creates a "navigation issue" for the Mississippi River. He said in a statement to The Associated Press on Thursday that he has reached out to other senators from states along the rivers, "and ultimately I want to ensure the Army Corps has the ability to meet the needs of the whole system.

Throughout much of the Midwest, the soil is bone-dry because of the worst drought in decades, which climatologists expect to continue into 2013. The weekly U.S. Drought Monitor map released Thursday showed that roughly 59 percent of the land in the lower 48 states was experiencing some degree of drought, down only about a half of a percentage point from the previous week.

she is available to give a presentation to any organization that wants

You can follow Nathan Johnson

on Twitter at twitter.com/AnInland-

to learn more about the future

needs of the library.

man staunchly opposes.

The expansion was originally required as part of the health care law, but the U.S. Supreme Court ruled in June that the federal government cannot penalize states that refuse to participate. Expanded Medicaid is also backed by the health care industry and advocates for low-income residents.

Friday, 11.16.12

ON THE WEB: www.yankton.net

NEWS DEPARTMENT: news@yankton.net

Republican U.S. Sen. Mike Johanns said in a statement Thursday that Heineman made the right decision.

"When it comes to the president's health care law, saying anything is state run is simply a misnomer," Johanns said. "The reality is that the federal government will wholly dictate how the exchange operates.'

Supporters of the state-run exchange have argued that Nebraskans would be best served with a local program tailored to the state's needs.

Bruce Rieker, a lobbyist for the Nebraska Hospital Association, said his group would not try to overturn the governor's decision. Instead, he said, the state's hospitals will focus on lobbying the federal government for as much flexibility as possible.

# Fight To Save Indigenous Languages Topic Of Summit

### **BY KRISTI EATON**

#### Associated Press

SIOUX FALLS — The founder of a nonprofit organization dedicated to promoting the Lakota language says the alcoholism, high suicide rates and rampant drug use plaguing young people on South Dakota's Pine Ridge Indian Reservation stem from a lack of identity and a loss of culture.

Those troubling issues are what inspired Mike Carlow to create Tusweca Tiospaye, which hosts an annual summit focused on revitalizing tribal languages. This year's event is to run from Thursday to Saturday in Rapid

City. "I associate a lot of the social problems today, especially with our youth — the gangs, alcohol and drug abuse, drop-out rates, suicide rates — I associate those things with a lack of identity, a loss of culture, loss of language, loss of traditions," Carlow said. 'And so I created this organization to kind of combat all of those things — to bring our language and culture back to our youth and hopefully create better lives for them as well."

Soon after forming the group, he started traveling to different reservations around the country learning about and promoting language revitalization as a way to help young people. When he realized there were several small groups working to fight the loss of the language, he decided to bring them together as one organization.

Lakota, Dakota, Nakota Language Summit brings together hundreds of tribal members and tribal educators from all over the U.S. to share best practices and techniques for improving language fluency. The summit is expected to draw as many as 800 people this year.

This is the fifth year for the event. Participants include Sioux tribes from North Dakota, South Dakota, Minnesota, Nebraska, Montana and Canada, as well as tribes from other parts of the country.

The effort expands beyond the Oglala Sioux. More than 20 tribes are represented, including the Standing Rock Sioux, the Winnebago, the Cree and the Dine Nation.

"It's not to push one way or one method or one orthography or one curriculum. (It's) to bring everyone together to share so that we can all be exposed to what's out there - what strategies, what methods, what resources, technologies are out there," Carlow said.

Tribal members can take the different approaches back home and add to what they are already doing successfully, he added.

Peter Hill, who is opening up a language immersion day care for infants on the Pine Ridge reservation later this month, was to be one of the keynote speakers Thursday at the conference. Hill, who learned the language as an adult, said the various tribes and reservations need to come together as one to save the language.

Carlow and his group's annual

11A



ernor said.

#### From Page 1A

chairs for caregivers and age-appropriate technology are needed, as well as a family restroom and nursing room.

"We found that we need a clear definition from other sections of the library so that people know which area is the children's area," Jacobs added. "It needs to be colorful and inviting. We need more space for the activities and programs we do. Those activities and programs continue to grow every year.'

The young adult area has similar needs for a clearly-defined space, more room and technology.

In the adult area, there is a call for greater shelf space that is also more accessible. Computers are also necessary.

Comfortable furniture is also desired by patrons.

"One of the things that we continue to hear is, 'This is a 15minute stop for me because I know there are no comfortable places to read," Jacobs said.

More quiet, inviting reading areas are also needed, she noted.

When it comes to library staff, all office areas need to be adjacent to the circulation desk to better serve patrons, Jacobs said. Natural lighting, adequate furniture and more electrical outlets are also desired.

The library's meeting room needs to be bigger and allow for divisions so more than one group can meet at a time and not interrupt each other. A kitchenette and secure entrance would also enhance the usability of the space, Jacobs explained.

To accommodate technology, a server room is needed, along with a false floor so cables can be run underneath it. More laptops and electrical outlets to accompany them are also in demand. Jacobs said she would also like to offer self-checking to patrons.

The building itself will face challenges in the near future, according to Jacobs.

'Right now, our roof is in good shape," she said. "In the fall of 2008, we had that repaired, and they said there was a 5-7-year lifespan.'

However, the roof cannot be patched anymore, Jacobs said. An estimate for roof replacement came in at more than \$94,000.

Better HVAC efficiency, a secure space for couriers to deliver items, more accessibility for the disabled. one main entrance and restroom updates are also on the list of desired upgrades.

Jacobs said another reason people say they don't come to the library is because of a lack of parking space. Currently, there are 28 regular stalls and one for the disabled.

We need accessible and safe parking for all patrons," Jacobs stated.

When asked about adding a second floor to the 16,100-square-foot facility as it has been rumored the library was designed to accommodate, she said the task force has found otherwise.

'We have no idea where that came from," Jacobs said. "Unless we would vacate the building and change the footings, we would not be able to accommodate a second story. Libraries are such different buildings because of the weight of the books and shelves. It takes a different kind of footing than it does for a normal commercial building."

New technology such as electronic books doesn't mean a smaller facility will be required in the near future, Jacobs added. It has been estimated that the ideal size for the library would be 38,000-40,000 square feet, she explained.

Some libraries in larger cities are seeing (less of a space need for books), but they are still building larger because of the fact that libraries are a community space, and people come in and use the libraries for more than just the books," Jacobs said. "There is a lot more programming that goes on in libraries now."

Jacobs told the Press & Dakotan that the most realistic solution will be building at a new location.

(Building a second floor) doesn't solve our parking issues, would cost close to the same amount as a new building and would require us to vacate the library," she said. "Essentially, the crew would 'start over' with the footings.

The task force has looked at

other locations that are currently available within Yankton and has also followed up on suggestions made by outside parties about other potential sites, according to Jacobs.

"We continue to monitor the economy and other needs/votes within the community," she stated. In the meantime, Jacobs said

### **NOMINATE THE 2012**

Voyage

**Yankton Citizen Of The Year** 

### Nomination Deadline: Friday, Nov. 30

Please Mail Your Nominations To:

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#### or visit www.yankton.net/coy

My nomination for the 2012 Yankton Citizen of the Year is
This person should be the Citizen of the Year because:
MY NAME:
MY ADDRESS:
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