Press&Dakotan DAILY DOSE

Daily opinions from the P&D Sports Staff on local and national high school, college and professional sports.



BY JAMES D. CIMBUREK

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One of my media counterparts, who is located to the north and east of Yankton, chirped on Tuesday that the loud roar you hear to the south is Yankton celebrating the fact that O'Gorman will petition up to 11AAA. (I am paraphrasing a bit, but you get the idea.)

Maybe some Yankton fans are celebrating, but not all. In the playoff era of South Dakota high school football, there has been no more played matchup than the Sioux Falls O'Gorman Knights and Yankton Bucks. This year's playoff matchup between the squads marked the 13th time since the playoffs began in 1981 that those two storied programs met to end one or the other's season.

Six times, that final was played in the DakotaDome, including four of the first five big-school championships ever contested in the state. Not all of those have lived up to billing, like O'Gorman's 42-0 win over the Bucks in 2005, but some have been barn-burners worthy of the rivalry. I had the fortune of covering one of those great games, the 28-23 Yankton victory in 1999.

O'Gorman's decision to join its Sioux Falls brethren in the new big-school class means that — at least for the next few years — we won't see the Dome filled to the brim in fans wearing blue or red (except, maybe, next year's State-U game there). If either team makes the finals, it will likely be against a program that doesn't provoke memories of the great battles of the past.

And both programs will be lesser because of it.

SCOREBOARD

FOOTBALL 9A ALL-STATE FOOTBALL TEAM

Weber, defensive back Canistota — Cody Bunger, guarterback Eric Tieszen, fullback; Alex Robertson, running back; Jason Van Winkle, guard; Boone DeKramer, linebacker

Chester - Austin Opdaul, punter Corsica/Stickney — Cameron Kostal, de-fensive end: Adam Bormann, linebacker Eureka Bowdle — Brady Brockel, defens

Hamlin — Mason Leiseth, wide receiver Hanson - Jacob Paradeis, linebacker Herreid/Selby Area — Kennedy Kosters center; Nick Larson, specials, kicker Philip — Chaney Burns, kicker

Philip — Chaney Burns, кіскег South Central — Sam Hazen, defensive Wall - Tyler Trask, long snapper Warner — Mitch Boesl, running back; Jar-od Tuszka, tight end; Brian Peterson, guard; Clay Rozell, defensive back

Wilmot - Landon Hammer, wide receiver Austin Hulscher, defensive end Honorable mention
Canistota — Nick Hofer, Tyler Decker; Hamlin — Alex Holzwarth; Herreid/Selby Area —

Dakota Thorstenson: Irene-Wakonda — Dustin Livingston; Kadoka Area — Chandlier Sudbeck, Clint Stout; Lyman — Charlie LaRoche; Wall — Laketon McLaughlin, Trevor Anderson

NATIONAL FOOTBALL LEAGUE									
AMERICAN CONFERENCE							3. Bay 4. Dul		
East									
	W	L	Т	Pct	PF	PA	 Not Lot 		
New England	7	3	0	.700	358	225	7. Per		
N.Y. Jets	4	6	0	.400	202	241	8. Ker		
Buffalo	4	6	0	.400	230	299	9. Ge		
Miami	4	6	0	.400	187	205	10. Ma		
South									
	W	L	Т	Pct	PF	PA	11. Ca 12. Pu		
Houston	9	1	0	.900	293	180	13. Ok		
Indianapolis	6	4	0	.600	210	260	14. We		
Tennessee	4	6	0	.400	219	311	15. Te		
Jacksonville	1	9	0	.100	164	289	16. St.		
		No					17. Oh		
D 111	Ŵ	Ľ	Ţ	Pct	PF	PA	18. Ok		
Baltimore	8	2	0	.800	267	206	19. Va		
Pittsburgh	6	4	0	.600	217	190	20. Ne		
Cincinnati	5	5	0	.500	248	237	21. Te:		
Cleveland	2	8 W e	0	.200	189	234	22. UC		
	23. Ka								
D	M	Ļ	Ţ	Pct	PF	PA	24. Te:		
Denver	7	3 6	0	.700	301	212	25. Da		
San Diego	4			.400	232	221	0		
Oakland Kanaga City	3	7	0	.300	208	322	41, Sc		
Kansas City		9		.100	152	284	State		
NATIONAL CONFERENCE									

Delivel	- /	J	U	.700	JU I	212
San Diego	4	6	0	.400	232	221
Oakland	3	7	0	.300	208	322
Kansas City	1	9	0	.100	152	284
NATI	ona			ERENC	Ε	
		Ea				
	W	L	Ţ	Pct	PF	PA
N.Y. Giants	6	4	0	.600	267	216
Dallas	5	5	0	.500	211	224
Washington	4	6	0	.400	257	254
Philadelphia	3	7	0	.300	162	252
		Sou				
	W	L	Ţ	Pct	PF	PA
Atlanta _	9	1	0	.900	270	193
Tampa Bay	6	4	0	.600	287	230
New Orleans	5	5	0	.500	287	273
Carolina	2	8	0	.200	184	243
		No				
	M	Ļ	Ţ	Pct	PF	PA
Green Bay	7	3	0	.700	263	207
Chicago	7	3	0	.700	249	165
Minnesota	6	4	0	.600	238	221
Detroit	4	6	0	.400	236	246
	w	We		D-4	DE	-
Can Francisco		L	T	Pct	PF	PA
San Francisco Seattle	7 6	2	0	.750 .600	245 198	134 161
	4	6	-			
Arizona			0	.400	163	196
St. Louis	3	6	1	.350	174	237
Thursday's Gar		! 4				
Buffalo 19,		mi 1	4			
Sunday's Gam			00	O.T.		

Dallas 23, Cleveland 20, OT N.Y. Jets 27, St. Louis 13 Houston 43, Jacksonville 37, OT Cincinnati 28, Kansas City 6 Washington 31, Philadelphia 6 Green Bay 24, Detroit 20 Atlanta 23, Arizona 19 Tampa Bay 27, Carolina 21, OT New Orleans 38, Oakland 17 Denver 30, San Diego 23 Baltimore 13, Pittsburgh 10

Open: Minnesota, N.Y. Giants, Seattle, Ten-Monday's Game

San Francisco 32, Chicago 7

Thursday, Nov. 22

Houston at Detroit, 11:30 a.m. Washington at Dallas, 3:15 p.m. New England at N.Y. Jets, 7:20 p.m.

> Minnesota at Chicago, noon Oakland at Cincinnati, noon Pittsburgh at Cleveland, noon Buffalo at Indianapolis, noon Tennessee at Jacksonville, noon Atlanta at Tampa Bay, noon Seattle at Miami, noon Baltimore at San Diego, 3:05 p.m.
> St. Louis at Arizona, 3:25 p.m.
> San Francisco at New Orleans, 3:25 p.m.

Green Bay at N.Y. Giants, 7:20 p.m. Carolina at Philadelphia, 7:30 p.m

BASKETBALL

USA TODAY/ESPN WOMEN'S TOP 25

The top 25 teams in the USA Today-ESPN Women's college basketball poll, with first-place votes in parentheses, records through Nov. 19, total points based on 25 points for a first-place vote through one point for a 25th-place vote and

·	Record	Pts	Pvs
 Stanford (17) 	5-0	758	4
2. UConn (12)	2-0	749	2
3. Baylor (2)	4-1	719	1
4. Duke	2-0	676	3
Notre Dame	2-0	646	6
Louisville	3-0	603	8
Penn State	3-0	582	9
Kentucky	2-1	545	7
9. Georgia	4-0	519	10
Maryland	2-1	502	5
California	3-0	464	12
Purdue	3-0	386	14
13. Oklahoma	2-1	323	11
14. West Virginia	3-0	319	19
Tennessee	3-1	287	20
16. St. John's	2-1	255	18
Ohio State	2-1	253	21
18. Oklahoma State	3-0	212	22
Vanderbilt	3-1	189	16
Nebraska	3-1	180	15
21. Texas	2-0	168	24
22. UCLA	2-0	109	_
23. Kansas	3-0	106	25
24. Texas A&M	0-3	95	13
25. Dayton	4-0	81	_
Others receiving vi			
 South Carolina 38 	. Georgia Te	ech 31.	lowa

30, North Carolina 29, Virginia 20, vare 18, DePaul 18, Green Bay 16, eorgetown 12, Middle Tennessee 11, Syracuse I, Chattanooga 10, Rutgers 6, Florida State 3

NATIONAL BASKETBALL ASSOC

Monday's Games Charlotte 102. Milwaukee 98 ndiana 96, Washington 89 Atlanta 81, Orlando 72 Denver 97, Memphis 92 Golden State 105, Dallas 101, OT L.A. Clippers 92, San Antonio 87 Utah 102, Houston 91

Tuesday's Games
Toronto at Philadelphia, 6 p.m. New York at New Orleans, 7 p.m. Brooklyn at L.A. Lakers, 9:30 p.m. /ednesday's Games Philadelphia at Cleveland, 6 p.m.

Toronto at Charlotte, 6 p.m New Orleans at Indiana, 6 p.m. Detroit at Orlando, 6 p.m. L.A. Clippers at Oklahoma City, 6:30 p.m. San Antonio at Boston, 6:30 p.m. Washington at Atlanta, 6:30 p.m. Milwaukee at Miami, 6:30 p.m. Chicago at Houston, 7 p.m. Denver at Minnesota, 7 p.m. New York at Dallas, 7:30 p.m. Portland at Phoenix, 8 p.m. L.A. Lakers at Sacramento, 9 p.m. Brooklyn at Golden State, 9:30 p.m.

TRANSACTIONS

BASEBALL American League
BALTIMORE ORIOLES — Traded INF
Robert Andino to Seattle for OF Trayvon Robin-

son. Selected the contracts of INF Jonathan Schoon and LHP Mike Belfiore from Bowie (FL) Assigned RHP Oliver Drake outright to Norfolk BOSTON RED SOX — Named Arnie

Beyeler first base coach.

CHICAGO WHITE SOX — Selected the contracts of OF Jared Mitchell, C Josh Phegley, RHP Andre Rienzo, LHP Santos Rodriguez and RHP Charles Shirek from Charlotte (IL). DETROIT TIGERS — Selected the con-

tracts of RHP Melvin Mercedes. RHP Bruce Rondon and SS Dixon Machado from Toledo (IL). Released OF Ryan Raburn. Assigned RHP Tyler Stohr outright to Toledo. HOUSTON ASTROS — Selected the con-

tracts of RHP Jose Cisnero, RHP Jarred Cosart, LHP Brett Olberholtzer and RHP Ross Seaton from Oklahoma City (PCL); OF Robbie Grossman and INF Jonathan Villar from Corpus Christ (TL); and RHP Chia-Jen Lo from Lancaster (Cal). Assigned INF Scott Moore outright to

KANSAS CITY ROYALS — Agreed to terms with RHP Jeremy Guthrie on a three-year contract and C Brett Hayes on a one-year contract. Selected the contracts of LHP Chris Dwver, LHP Donnie Joseph, LHP John Lamb, LHP Justin Marks, LHP Mike Montgomery and RHP J.C. Gutierrez from Omaha (PCL). Designated RHP Vin Mazzaro, LHP Ryan Verdugo, C Adam Moore, C Bravan Pena, INF Clint Robinson and

LOS ANGELES ANGELS — Selected the contracts of RHP Ryan Brasier, LHP Brandon Sisk and OF Travis Witherspoon from Salt Lake

(PCL).
MINNESOTA TWINS — Selected the contracts of LHP Caleb Thielbar, RHP Kyle Gibson and RHP Tim Wood from Rochester (IL); OF Aaron Hicks (New Britain), C Josmil Pinto (New Britain) and RHP B J. Hermsen from New Britain (EL); and INF Danny Santana and RHP Michael Tonkin from Fort Myers (FSL). Agreed to terms with RHP Samuel Deduno, RHP Shairon Martis, RHP Luis Perdomo, RHP Esmerling Vasquez, RHP P.J. Walters. OF Brian Dinkleman. OF Wilkin Ramirez, INF James Beresford, INF Deib-inson Romero, C Eric Fryer, RHP Tom Boleska and INF Jason Christian on minor league con-NEW YORK YANKEES — Claimed RHP

Mickey Storey off waivers from Houston. Selected the contracts of LHP Manny Banuelos and LHP Francisco Rondon from Scranton/Wilkes-Barre (IL); OF Ramon Flores, RHP Brett Marshall and LHP Nik Turley from Trenton (EL); and RHP Jose Ramirez from Tampa (FSL). Announced RHP Dave Herndon refused outright assignment and elected free

OAKLAND ATHLETICS - Selected the contracts of RHP Arnold Leon, INF Grant Green and OF Shane Peterson from Sacramento (PCL) and RHP Michael Ynoa from Vermont (NYP). Assigned RHP Andrew Carignan outright

(NTF). Assigned NTF Autore Wanginal bourgin to Sacramento. Designated RHP Jim Miller and INF Brandon Hicks for assignment. TAMPA BAY RAYS — Agreed to terms with RHP Joel Peralta on a two-year contract. TORONTO BLUE JAYS — Named John Gibbons manager. Selected the contracts of SS Ryan Goins and C A.J. Jimenez from New Hampshire (EL). Designated 1B Mike McDade, INF Mike McCoy and RHP Cory Wade for as-

National League
CINCINNATI REDS — Selected the contracts of RHP Daniel Corcino, RHP Curtis Partch and RHP Josh Ravin from Pensacola (SL), RHP Carlos Contreras from Bakersfield (Cal) and LHP Ismael Guillon and OF Yorman Rodriguez from Davton (MWI)

COLORADO ROCKIES — Traded LHP
Matt Reynolds to Arizona for INF Ryan Wheeler.
MIAMI MARLINS — Selected the contracts of LHP Edgar Olmos, OF Kyle Jensen and C Kyle Skipworth from Jacksonville (SL), and OF Marcell Ozuna from Jupiter (FSL). MILWAUKEE BREWERS — Selected the

contracts of RHP Hiram Burgos and OF Khris Davis from Nashville (PCL): INF Scooter Gennett and OF Josh Prince from Huntsville (TL) and RHP Nick Bucci from Brevard County (FSL).
NEW YORK METS — Agreed to terms with
LHP Scott Rice and RHP Carlos Torres on minor

league contracts.
PHILADELPHIA PHILLIES — Selected the Trevor May from Reading (EL); and OF Zach Collier from Clearwater (ESL) Named Dave

CALENDAR

Wednesday, November 21 Thursday, November 22 No activities scheduled
Friday, November 23
BASKETBALL, MEN'S Culver-BASKETBALL, WOMEN'S Peppe

dine Holiday Tourn. at Malibu, Calif.: U vs. Pepperdine (5:30 p.m., KVHT-FM)

Brundage manager and Ray Burris pitching coach of Lehigh Valley (IL); Dave Lundquist pitching coach of Reading (EL); Bob Milacki pitching coach of Cleanwater (FSL); Aaron Fultz pitching coach of Lakewood (SAL); Lino Connell coach and Les Lancaster pitching coach of Williamsport (NYP); Ramon Henderson coach of the Gulf Coast Phillies; Andy Tracy minor league hitting coordinator; Carlos Arroyo minor league roving pitching coach; and Jorge Velandia special assistant, player development. Fightin Phils Field Staff Announced for 2013

PITTSBURGH PIRATES — Selected the ontracts of RHP Phil Irwin and C Tony Sanchez from Indianapolis (PCL) and RHP Victor Black, C Ramon Cabrera and RHP Hunter Strickland

from Altoona (EL).
ST. LOUIS CARDINALS — Selected the contracts of RHP Michael Blazek, RH Keith Butler, RHP Eric Formataro and LHP Kevin Siegrist from Springfield (TL). SAN DIEGO PADRES — Named Pat Mur-

manager, Bronswell Patrick pitching coach Tom Tornincasa hitting coach of Tucson (PCL); Jacque Jones hitting coach and Daniel Turner trainer of San Antonio (TL); Brian Lawrence pitching coach of Lake Elsinore (Cal); Morgan Burkhart hitting coach and Ricky Huerta trainer of Fort Wayne (MWL); Jim Gabella manager, Dave Rajsich pitching coach, Ivan Cruz hitting coach and Mitch Mattoon trainer of Eugene (NWL); Michael Collins manager, Nelson Cruz pitching coach, Carlos Sosa hitting coach and Wade Yamasaki trainer of the Gulf Coast Padres; and Miguel Serrato trainer and Jonathan Borges assistant strength coach of the Dominican Summer League Padres. American Association

LAREDO LEMURS — Signed INF Eric

Can-Am League
QUEBEC CAPITALES — Sold the contract

Women's National Basketball Association CONNECTICUT SUN - Fired coach Mike Thibault and assistant coaches Scott hawk and

FOOTBALL National Football League

NFL — Reduced the one-game suspension of Baltimore S Ed Reed to a \$50,000 fine. ATLANTA FALCONS — Signed G Harland

Gunn.

NEW ENGLAND PATRIOTS — Signed CB Malcolm Williams to the practice squad. NEW YORK JETS - Waived WR Jason Hill and LB Marcus Dowtin.
PITTSBURGH STEELERS — Signed WR

TENNESSEE TITANS — Signed LB Mike Mohamed to the practice squad. Waived LB Rico Council.

WASHINGTON REDSKINS — Signed CB

Jerome Murphy. Placed S Brandon Meriweather HOCKEY

National Hockey League
EDMONTON OILERS — Promoted RW
Toni Rajala and RW Cameron Abney from Stockton (ECHL) to Oklahoma City (AHL) American Hockey League
TORONTO MARLIES

TORONTO MARLIES

TORONTO MARLIES

ACCOUNTY TO Dynamo Moccow (KHL-Russia).

SOCCER Major League Soccer
D.C. UNITED — Signed D Dejan Jakovic.
COLLEGE
BIG TEN CONFERENCE — Announced

Rutgers will become a member at a date to be CALIFORNIA — Fired football coach Jeff

ford.

IDAHO STATE — Announced offensive line coach Derrick Roche, secondary coach Daniel Drayton, defensive line coach Todd Bates and linebackers coach Rudy Griffin will not return

Column: Still A Lot To Be Thankful For In Sports

BY TIM DAHI BERG

AP Sports Columnist

The bad stuff is easy. You read about it almost every day; hear it discussed endlessly by the talking heads on radio and television.

Yankton, O'Gorman In Separate Divisions Not Good For S.D. Football

But if sports is a microcosm of society — and it is — then there's a lot of good going on, too. And, as we celebrate Thanksgiving, here are some things to be thankful for this year that have nothing to do with wins and losses, the World Series or the Super Bowl:

A COACH'S FIGHT: Circumstances. That's what Indianapolis Colts coach Chuck Pagano called his health problems when he came in the locker room after a win against Miami a few weeks ago and addressed his team for the first time since unexpectedly being hospitalized just as his first season as head coach was beginning. The circumstances are that Pagano has leukemia, an insidious disease that's difficult to beat no matter how hard you fight. In an moving speech that you have to watch to fully appreciate, Pagano vowed to dance at the weddings of both his daughters and to host more than one Super Bowl trophy before he's done fighting. "It's already beat. It's already beat," Pagano told his team.

DRUG BUSTERS: It would have been easy for Travis Tygart and his investigators at the U.S. Anti-Doping Agency to simply give up on nailing Lance Armstrong. Federal prosecutors already had, and if they couldn't build a case against Armstrong, hard to imagine the doping agency doing any better. But Tygart pressed on, eventually building a case that tore apart the facade Armstrong had created, detailing a widespread and systematic doping scheme on a level not seen before in organized sports. Yes, he took down an American sports hero and damaged his charitable work, but Tygart also sent a message that a level playing field is important. Sports will be a cleaner and better place because of it.

BROOKLYN REBORN: No, the Dodgers aren't returning. Suddenly, though, Brooklyn is a sports town again, thanks to a new, \$1 billion arena and a Russian billionaire who parked his basketball team there. The New York Islanders will also be moving there in 2015, assuming, of course, that the NHL lockout is resolved by then.

BRITISH INVASION: Bradley Wiggins became the first Briton to win the Tour de France, while Andy Murray became the first British man to claim a tennis major in 76

years when he won the U.S. Open. Perennial also-rans, the British had a spectacular sporting summer the country will never forget, including a London Olympics that surpassed expectations at every turn.

VIN SCULLY: He would be a national treasure, but the people of Los Angeles like to claim him as their own. For more than 60 years, Scully has broadcast the Dodgers. and his gift to the new Dodger owners was the announcement that he will come back for at least one more year at the age of 85, calling games as he always does, solo in the announcer's booth. In the interests of full disclosures. I was one of those kids in LA who went to sleep at night with a transistor radio underneath my pillow, grow-

ing up listening to Vinny. **RORY TIME:** For years, golf fans waited for a rival to the great Tiger Woods, only to be disappointed by every David Duval who came along. Rory McIlroy is the anti-Tiger, an accessible and grounded superstar from the town of Holvwood in Northern Ireland who hits the ball incredible distances, all with an inner joy that Woods will never have. Mcllroy has his own reason to be thankful, with tennis star Caroline Wozniacki as his constant companion.

CONCUSSIONS: Good things are happening in the fight against the once silent epidemic of concussions on sports. Brains are being analyzed, millions of dollars are being poured into research, and there's an awareness about the danger of hits to the head that could save lives everywhere from your child's soccer field to the stadiums of the NFL. Unfortunately, it's too late for thousands of former players who are paying for the blows to their head every day of their lives — something the NFL refuses to own up to. **DEATH OF THE BCS:** Our long

national nightmare is almost over. The Bowl Championship Series is, for all intents and purposes, dead, killed off by a fan revolt at the age of 16. It will be replaced in 2014 by a four-team playoff that, while not perfect, will help legitimize the national championship game. Meanwhile, a possible Notre Dame against Álabama title game this season could be one of the biggest

OPPORTUNITIES: Forty years ago this summer, Congress passed and President Nixon signed into law a bill that changed sports forever. Title IX opened up opportunities for women to play sports that were once unimaginable, and it's a

gift that will keep on giving for generations to come. When Title IX was enacted, fewer than 30,000 female students participated in sports in colleges and universities, a number that has now increased nearly six-fold. Some 3 million girls participate in high school athletics today, 10 times the number who played sports in 1972. Women may never make big breakthroughs in professional sports, but the resources now devoted to female sports means your daughters and granddaughters can dream of doing things in sports they could never do before.

SPORTS EXTRA: You pay for it more than you realize, every time the cable or satellite bill is due. The Yankees cost you money, and so do the Knicks. There are so many new sports networks popping up that each want their share of the pie that the bill will keep going up until customers finally revolt. What you once got for free now costs a lot, but what a bargain it really is. The variety of sports on television is astonishing, even more so to the generations that grew up before ESPN, when watching sports meant a few football games and Saturday's baseball game of the week — and having to get up to turn the channel to watch it.

We're living in a world where the options for sports fans are greater than ever. We can watch basketball on the decks of aircraft carriers, hockey on the infield of old baseball parks, and the NFL from soccer stadiums in London. Instead of being parked in front of a TV we can feed our seemingly insatiable sports fix on laptops, tablets and even smartphones. If that's not enough it's easier than ever to have a little something riding on the game, whether in form of a wager or a fantasy team pay-

Still there's nothing like a Saturday morning spent watching the kids play soccer or, at my house, a Thanksgiving Day street football game with relatives of all ages. Even in an era of amazing technologv. there's room at the local playground for a pickup game of hoops, and grass at the park to toss a baseball around.

So enjoy the turkey and the NFL on TV as well. Save room for the pumpkin pie, and yet another game to feast your eyes on.

There's a lot to be thankful for.

Tim Dahlberg is a national sports columnist for The Associated Press. Write to him at tdahlberg@ap.org or http://twitter.com/timdahlberg

Youth

Nonetheless, it would be oversimplifying to say the United States has become a nation of couch potatoes. Experts who track youth sports say many young people simply don't have the chance to play, or resources to do so

Some schools in cash-strapped districts have cut back on sports and physical education. And even in some wealthier districts, high school populations have grown, leaving more kids to vie for fewer spots on teams.

These dwindling opportunities have only fed the hyper-competitive atmosphere, says Vander-Stoep, who admits that, as a dad of two daughters who play volleyball, even he feels beholden to the

For his daughters, that has meant weight-lifting camps and tournaments, required practices and schedules packed with games that could be any night of the week - and have made it more difficult for his youngest daughter to find the time to play other sports.

You feel obligated to do it. You want to give your kids the opportunity," he says. "And if they don't show up, they lose opportunities to play.

Corinne Henson, a mom in suburban Chicago, knows about those hard choices. Her sons, 11year-old Tyler and 14-year-old Dylan, play year-round baseball on different traveling teams and also manage to squeeze in basketball and football for their local park district.

The boys do it because they love it — live for it, really.

"I wouldn't give up sports for anything," Dylan says as he sits on the couch in his living room waiting for football practice to

"Me either," his younger brother quickly adds.

But there are sacrifices, especially for their parents. Time spent on sports has meant giving up their longtime campsite in Indiana where they'd kept a travel trailer. They simply have no time to go there. "Our vacations are baseball trips," Henson says.

The toughest compromise came in July when their town, Oak Forest, Ill., had a fundraiser for Dylan's best friend, who was seriously injured when he was hit by a hit-and-run driver. Dylan, a catcher who is captain of his traveling baseball team, had four tournament games that day. He decided he had to be at the tournament, and showed up at the

fundraiser as it was wrapping up. His friend understood. "I would have done the same thing," he told Dylan. The traveling team won the tournament, likely because Dylan stayed, his mom

says.
"But it's so hard, as a parent." There is, however, one rule in the Henson house that does not bend: "Homework first," says mom, who's a teacher.

And that's a perspective that Jon Butler, executive director of Pop Warner Little Scholars, an international youth football and cheerleading program, hears less and less.

He used to worry about overzealous coaches. But in more recent years, he's watched as parents have clamored to find ways to improve their children's athletic prowess. He says his advice to them — "don't hire a speed coach, hire a tutor" — is often met with disgust.

"It's not what they want to

hear," he says. Bill Jaworski, a dad who's also a youth baseball coach in New Jersey, says he is often "shocked and chagrined" at how easily some parents lose perspective

about their kids' sports. 'These are people you see at the pub, or on the train, or out on the street. They're just normal folks — and then you get them to the game and they turn into these rabid freakazoids," says Jaworski, a philosophy professor at Fordham University.

He remembers learning baseball at the local park with friends or in the backyard. Today, he's seeing kids as young as age 7

drom

2 Year / 24,000 Guarantee

learning the skills at elite training facilities, some that focus on specific sports and others on overall

an establishment called NX+Level, in Waukesha, Wis., a suburb of Milwaukee. The atmosphere at NX+Level, can be intense.

Billy Hirschfield, now 16, was

11 when his dad first took him to

Pro athletes train there. Signs on the gym walls say things like, "You can only be a winner if you

are willing to walk over the edge. But it was exactly the kind of atmosphere Billy craved back then, says his dad Ronnie Hirschfield. "He was a chunky kid, and he didn't like that," dad says.

Today, his son is a high school junior and varsity football player being recruited by major college football teams. Now a 6-foot-6, 270-pound de-

fensive tackle and end, he's so big and muscular — and so dedicated to his training — that his friends call him "the freak. "I never in a million years

thought it would be like that," says his dad, who figures he spends \$8,000 to \$10,000 a year on sports, including training and travel to tournaments.

But, he adds, "Why wouldn't you spend that on your son to make him a better person? And if he ends up walking away with a scholarship, it was the best investment I could have ever

Brad Arnett, the owner of NX+Level, knows there are those who question whether kids should train in his facility. But he makes it clear that they have to want to be there, as Billy did.

'We don't bring them in and work them until they puke," Arnett says. "There is a means to an

He says training in a club like his helps kids develop more strength and agility — and also avoid injury because they're in better shape. But others think the training

should be done in a different type

of setting, with less emphasis on

competitiveness. "Things are going down a dangerous path," says David Finch, a certified strength and conditioning specialist who recently left his job as a school psychologist in Chicago to open his gym in Mid-

dleton, Wis., outside Madison. If parents bring younger kids in, he often suggests learning a few overall fitness techniques and working on them at home.

He says the focus should be on fun and developing long-term healthy habits.

You'd be hard-pressed to find a parent who'd disagree with that.

But with competition all around, parents don't just worry about a child's athletic career or getting into a good college. Many worry about getting them into a decent elementary school.

Sports can be seen as a way to set a kid apart from the pack.

"You try and build the perfect kid," says Adam Naylor, a clinical assistant professor of sports psychology at Boston University who works with parents and athletes, some as young as age 12.

And that, he adds, can lead to "overtraining, overuse and an over-committed kid, which has

As psychologist Wendy Grolnick sees it, that's just parents doing what they're wired to do responding to a very primal instinct to protect their children and ensure their survival. "Parents love their kids and they don't want them to miss out," says Grolnick, a professor at Clark University who wrote the book "Pressured Parents, Stressed-out Children: Dealing with Competition While Raising a Successful

Child." 'There's just so much competition in the air," she says. "Very nice people are feeling this way."

Class 9A

From Page 9

These two selections were joined by teammates Brian Peterson, who had 32 tackles and two sacks, at offensive guard, and senior tight end Jarrod Tuszka, who had 12 receptions for 193 yards and six touchdowns and racked up 382 yards and eight touchdowns on 34 carries. "I feel he is the best overall

linebacker in nine-man football," Kulesa said of the North Dakota State recruit. Corsica/Stickney placed two

on the team with linebacker

Adam Bormann and defensive end Cameron Kostal. Arlington earned selections with linebacker Zach Warnke and defensive back Lane Weber.

Herreid/Selbey Area center Kennedy Kosters and special team player Nick Larson were also named to the team. Wilmot had a pair of selections with wide receiver Landon Hammer and defensive end Austin Hulscher.

Completing the team were Hanson linebacker Jacob Paradeis, South Central defensive tackle Sam Hazen, Hamlin wide receiver Mason Leiseth, Eureka Bowdle defensive tackle Brady Brockel, Wall long snapper Tyler Trask, Philip kicker Chaney Burns and Chester punter Austin <u> Yankton Transmission</u> Specialists • Transmissions • Drive Lines 2409 East Highway 50 Transfer Cases • Differentials

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