COMMUNITY

The COMMUNITY CALENDAR appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

THURSDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685 **Wii Bowling**, 9:30 a.m., The Center, 605-665-4685 **Billiards**, 10 a.m., The Center, 605-665-4685 Yankton Sertoma, noon, Pizza Ranch, 605-661-7159 Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th

Avera Sacred Heart Hospital Toastmasters, noon, Benedictine Center; open session 605-665-6776 **Pinochle**, 12:45 p.m., The Center, 605-665-4685

Dominos, 1 p.m., The Center, 605-665-4685
Weight Watchers, 4 p.m., 413 W. 15th Street. Weigh in 1/2 hour

Weight Watchers, 5:30 p.m., 413 W. 15th Street. Weigh in 1/2

Take Off Pounds Sensibly (TOPS #SD 45), Weigh-in 5:30-6:30 p.m., meeting 6:30-7:30. RTEC building, 1200 W. 21st St. For more information call 605-665-3738 or 667-9274.

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and Celebrate Recovery, 7 p.m., Calvary Baptist Church, Youth Room #4, 2407 Broadway, Yankton, 605-665-5594

Freeman Alcoholics Anonymous, 8 p.m., non-smoking closed

meeting, City Hall, 3rd and Poplar, Freeman.

Yankton Alcoholics Anonymous, 8:30 p.m., open session, 1019 W

Yankton Alanon, 8:30 p.m., 1019 W 9th Street

THIRD THURSDAY

HSC Friendship Club, 5 p.m., November: Fryn' Pan Restaurant,

Catholic Daughters (Court Willard 967), 7 p.m., at Sacred Heart Catholic Church/Community Gathering Space, Yankton.

FRIDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685 **Exercise**, 11 a.m., The Center, 605-665-4685 Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th

Partnership Bridge, 1 p.m., The Center, 605-665-4685 Bingo, 7-9 p.m., The Center, 605-665-4685 Open Billiards, 7-9 p.m., The Center, 605-665-4685 Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed

session, 16 1/2 Court St, Vermillion

Porchlight, 8 p.m., non-smoking closed session, United Church of Christ, 210 W 5th Street

SECOND FRIDAY

Parkinson Support Group, 1:30 p.m., Majestic Bluffs/Gathering Place, Yankton (October and November). (No meeting in December) Scrapbooking, 10 a.m.-3 p.m., The Center, 900 Whiting Drive,

FOURTH FRIDAY

Scrapbooking, 10 a.m.-3 p.m., The Center, 900 Whiting Drive,

SATURDAY

Weight Watchers, 9 a.m., 413 W. 15th Street. Weigh in 1/2 hour

before. **Each Day a New Beginning,** 10 a.m., non-smoking closed ses-

Daily Reprieve, noon, non-smoking closed session, 1019 W 9th

Vermillion Unity Alcoholics Anonymous, 7:30 p.m. closed session, Trinity Lutheran Church, 816 E. Clark, Vermillion.

FIRST SATURDAY

Bingo, Yankton Moose Lodge, 7 p.m. (through May)

SUNDAY

Alcoholics Anonymous, 8 a.m., closed meeting, 1019 W. 9th

Tyndall Alcoholics Anonymous, 8 p.m., non-smoking, 1609 Lau-

Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed meeting, Trinity Lutheran Church, 816 E. Clark, Vermillion

FOURTH SUNDAY

PFLAG (Parents, Families and Friends of Lesbians and Gays), 3 p.m., Peace Presbyterian Church, 206 E. 31st St.

Line Dancing, 9:30 a.m., The Center, 605-665-4685 **Quilting**, 9:30 a.m.-3 p.m., The Center, 605-665-4685 **Exercise**, 11 a.m., The Center, 605-665-4685 Daily Reprieve, noon, open meeting non-smoking, 1019 W 9th St. Interchange, noon, Minerva's Bar and Grill, 605-660-8849.

Cribbage, 1 p.m., The Center, 605-665-4685

Pinochle, 12:45 p.m., The Center, 605-665-4685

Whist, 12:45 p.m., The Center, 605-665-4685

Hand & Foot Cards, 1 p.m., The Center, 605-665-4685

Pinochic City Harmony Sweat Adaliance 6:20 p.m. First United River City Harmony Sweet Adelines, 6:30 p.m., First United

Methodist Church, 11th and Cedar, 605-661-7162

Divorce Care, 7 p.m., Calvary Baptist Church Divorce Care For Kids, 7 p.m., Calvary Baptist Church Daily Reprieve, 7 p.m., closed meeting non-smoking, 1019 W 9th

Divorced, Separated, Widowed, 7-9 p.m., Roncalli Center, Mount Marty College (Sept. 16-Nov. 18)

FOURTH MONDAY

NARFE (National Active and Retired Federal Employees Association) Chapter 1053, 10 a.m. at The Center, 900 Whiting Drive

TUESDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685 Yankton Community Forum, 8:30 a.m. coffee, 9 a.m. meeting at Hillcrest, 605-664-5832 Billiards, 10 a.m., The Center, 605-665-4685

Weight Watchers, 10:30 a.m., 413 W. 15th Street. Weigh in 1/2

Yankton Alanon, noon, non-smoking session, 1019 W 9th Street Nurse, 12:30-3:30 p.m., The Center, 605-665-4685 Pinochle, 12:45 p.m., The Center, 605-665-4685 Wii Bowling, 1 p.m., The Center, 605-665-4685



AAA: Fewer South Dakotans Traveling For Thanksgiving

SIOUX FALLS — Fewer South Dakotans are expected to travel this Thanksgiving, according to AAA, but the number is still strong: 145,000. Of these, 90 percent (130,500) will drive, a decline of 0.3 percent from last year, and 6,250 will fly, down 3.9 percent.

Nationwide, AAA projects 43.4 million Americans will travel over the Thanksgiving holiday weekend, a decrease of 1.5 percent from the 44 million who traveled last year. This decrease falls just shy of last Thanksgiving's four-year peak since the recession-driven declines in 2008-2009 when Thanksgiving travel fell by 25 percent. AAA defines the Thanksgiving holiday travel period as running from Wednesday, Nov. 27 to Sunday,

Highlights from this year's 2013 AAA Thanksgiving Holiday Travel Forecast include:

 Median spending is expected to drop nearly seven percent to \$465.

• The Thanksgiving holiday is a less expensive holiday for travelers compared to other holidays. This year, Labor Day spending was expected to be \$804, Independence Day \$749 and Memorial Day \$659.

 Hotel and motel rates are little changed from last year but weekly car rental rates are up six percent.

• At \$3.151, gasoline is averaging 23 cents less per gallon in South Dakota today than on Nov. 20, 2012.

• Air travel will decline nationally 3.7 percent to 3.14 million travelers from 3.26 million

• Average distance traveled is predicted to increase to 601 miles from 588 miles.

• The Wednesday before Thanksgiving will be the busiest single day for travel with 37 percent of travelers departing for trips Nov. 27.

"While the economy continues to improve, the sluggish pace of the recovery is creating uncertainty in the minds of some consumers and

slight decline in the number of Thanksgiving travelers this year," said AAA South Dakota spokeswoman Marilyn Buskohl. "For those traveling, the good news is motorists will receive a holiday bonus in the form of cheaper gas prices which are at their lowest levels for the holiday since 2010."

"The primary focus of Thanksgiving, more so than any other holiday, is to gather with friends and family. Travelers attempting to carve out a travel budget will be happy to know that Thanksgiving will be the least expensive holiday of the year," said Buskohl.

Impact of gasoline prices on travel plans

Not only is the national av-

erage only three cents above its lowest level of the year, AAA predicts it should continue to drop in the weeks ahead. The average price across South Dakota today for regular self-serve gasoline is \$3.151. There are several states drivers can find stations selling gas for less than \$3 per gallon. The decreased cost of gas will provide consumers with real savings that can be used for other purposes on the trip.

Wednesday before the holiday will be busiest travel day.

The Thanksgiving holiday is unusual because it always falls on a Thursday. Many people are off work the Friday after, giving travelers more time to spend with family and friends. AAA asked intended travelers which days they would depart for and return from Thanksgiving travel. Among those surveyed, the highest volumes of travelers plan to leave on trips the Wednesday before the holiday (37 percent) and return the following Sunday (33 percent), with another 24 percent expecting to return on Monday, Dec 2 or later.

Dave Says

Tips For Surviving **Christmas Fiscally**

BY DAVE RAMSEY

1. It's not an emergency. Christmas is not an emergency, it happens every year. Don't use this as an excuse to overspend and buy things

you can't afford. 2. Make a Holiday Budget. Make a list of everyone you

are buying a gift for, and put a dollar amount by every name. Total it at the bottom. This is your Christmas budget. You can also check out www.mychristmasbudget.com, a free online

Dave

RAMSEY

budgeting tool to help you easily keep the holidays from wrecking your finances.

3. Pay cash. Put the total from your budget in an envelope, and when the cash is gone stop spending. This will help keep you on budget because if you overspend on Aunt Sue, Uncle Harry won't get a gift!

4. Avoid debt. If you're running a little short on cash, talk to your family about spending expectations. Draw names, set price limits or get creative. Whatever you do, don't go into debt. It's not worth it!

Robert A. Miller of Pierre, Burr of Rapid City, Robert Burns of Brookings, Bob H.

> "Quite a few of us were on the last committee (eight years ago). It think it really sues as they come up (this time around)."

SAC Holiday Hours

The Summit Activities Center will have the following hours during the Thanksgiving holiday break:

• Wednesday, Nov. 27 — 5 a.m.-10 p.m.

• Thursday, Nov. 28 — Closed • Friday, Nov. 29 — 8 a.m.-

10 p.m. There will be no fitness classes Wednesday evening and all day Friday-Saturday.

There will be "No-School Special" days on Wednesday, Nov. 27, and Friday, Nov. 29, from 1-4 p.m. at the Summit Activities Center.

For further information, call 668-5234 or stop by the Summit Activities Center at 1801 Summit Street. Remember to follow the Yankton Department of Parks and Recreation on Facebook.

Committee

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positive attributes rather than attack their opponents, Blackburn said. "You can criticize your opponents carefully by comparing and contrasting your qualifications with theirs," he said.

Another problem could arise with a judicial candidate taking a campaign stance on an issue, Blackburn said. Those situations might particularly arise on hot-button issues such as abortion or

same-sex marriage, he added. "You cannot advertise your future positions," he said. "You could say you don't care for a certain law, but you'll do what's right (when hearing a case on the issue). A candidate couldn't say, 'I would never impose the death penalty.

Such a public stance would create problems should such a case come before the candidate, if elected, Hutton said. 'You would have to recuse (disqualify) yourself if you have taken a position," she

In another area of ethics, iudicial candidates cannot ask for campaign contributions from attorneys, Blackburn said. A lawyer can make an anonymous donation through a candidate's finance committee, but the candidate isn't to know if an attorney is supporting him financially unless the donor publicizes that support.

Judicial candidates may use the special committee to seek relief from what they see as unfair or unethical campaign tactics by opponents, Hutton said. However, the committee also hears from judicial candidates seeking an opinion for their own campaigns, such as a proposed advertisement, she said.

In addition, the judicial panel helps sort through gray areas, Hutton said. "When the candidates don't see a definitive answer, then we get involved," she said.

Blackburn agreed. "We field questions from candidates asking, 'Can I do this?' They don't want to break the rules,"

The current special committee met last Friday in Pierre for briefings and to discuss expected issues. Besides Hutton and Blackburn, the committee includes retired Chief Justice chairman; retired circuit judge Rodney Steele of Brookings, former governor Harvey Wollman of Frankfort, Arlene Ham-Miller of Sioux Falls and Robert Riter Jr. of Pierre.

helps us," Hutton said. "As for myself, I just feel more comfortable in dealing with the is-

The emphasis is on a rapid response to any questions, Blackburn said. The committee is charged with providing an answer within a five-day period. The committee generally

responds much faster, if possible, Hutton said. "With some of these (issues), if we could resolve it within a day, we did it," she said.

The rapid response becomes even more crucial late in the campaign season, Hutton said.

"We're not on call, but with social media, e-mail and cell phone, we are pretty accessible," she said. "You are definitely aware of the need to respond rapidly to anything that can come up at pretty much any minute.'

Judicial candidates must attend an election school and sign a form that they understand and will obey the rules, Blackburn said. Any ethics complaints are disseminated to committee members. A response is sought from the accused, who may issue a statement.

The special committee can receive complaints by e-mail but won't act on it until receiving the signed complaint. The committee exercises confidentiality in dealing with issues, and members avoid any conflict of interest.

If two-thirds of participating members find clear and convincing evidence of an ethics violation, the special committee may issue a public statement. Any formal statement by the special committee shall be signed by the chair or vice-chair on behalf of the committee.

The special committee cannot institute disciplinary actions against a candidate. However, the committee can report misconduct to the Judicial Qualifications Committee and the Disciplinary Board of the Bar Association.

At the conclusion of its election work, the special committee issues a final report.

The greatest tool for maintaining judicial conduct comes from publicizing bad actors, Blackburn said. He noted any formal committee statements will be released to the media and posted on a website.

"It calls for continuing respect for the judicial process. It's a matter of being scrutinized by the judiciary and the public itself," he said. "We rely on the power of the press and public disclosure as an enforcement procedure."

In the end, the people served by the courts are the real winners, Hutton said.

"We want to regard our judges as impartial and fair, that the (judicial) bench is clean and run properly," she said. "The public perception needs to be that the process is open and works the way it is."

You can follow Randy Dockendorf on Twitter at twitter.com/RDockendorf. Discuss this story at www.vankton.net/.

DOYOU KNOWYOUR NUMBERS? TAKE OWNERSHIP OF YOUR HEALTH



When you know numbers, you can take action to reduce your chances of developing heart disease, diabetes and other major chronic illnesses.

The Avera Sacred Heart Hospital Lab provides health screenings at reduced rates. Walk-in, no appointment or doctor order necessary, and make sure you know your numbers.

TESTS AVAILABLE INCLUDE:

• Complete Blood Count \$8 Helps to determine general health status

• Comprehensive Lab Profile \$15

Profile of kidneys and liver, as well as blood sugar and proteins

• Lipid Panel Screen \$12

Measures good and bad choloresteral and risk of heart disease

• Hemoglobin A1c \$16

Determines average blood glucose over past 3 months

• Thyroid Profile \$20 Evaluates thyroid gland function and helps diagnose thyroid disorders.

 Vitamin D Screen \$35 Determine if bone weakness, bone malformation, or abnormal metabolism of calcium (reflected by abnormal calcium, phosphorus, PTH) is occurring as a result of a deficiency or excess of vitamin D.

Walk-in testing available Monday through Friday, 7 a.m. - 5 p.m. 12-hour fasting is required for some tests.



For more information, call the Avera Sacred Heart Hospital Lab at 605-668-8169.