SD FFA National Convention Results Announced

The 88th National FFA Convention was held Oct. 28-31 in Louisville, Kentucky. Thousands of students from across the country, Puerto Rico, and the Virgin Islands competed in Career Development Events (CDEs), the Agriscience Fair, Proficiency

areas, and more. South Dakota FFA Member Results are as follows:

PROFICIENCY RESULTS

 National Proficiency Award Winner by area: Derek Hight, Viborg-Hurley — Agricultural Services Entrepreneurship/Placement; Andrew Streff, McCook Central — Fiber and/or Oil Crop Production Entrepreneurship/Placement

• National Proficiency Award Runner-Up by area: Victoria Krempges, Mc-Cook Central — Agricultural Education Entrepreneurship/ Placement; Ethan Schallenkamp, McCook Central — Agricultural Mechanics Design & Fabrication Entrepreneurship/Placement; Adam Eichacker, McCook Central — Beef Production Entrepreneurship; Cole Schock, McCook Central — Diversified Livestock Entrepreneurship/Placement; Bo Peterson, McCook Central — Swine

Production Placement **AGRISCIENCE FAIR RESULTS**

• National Agriscience Fair Award Winners: Kadon Leddy and Kiera Leddy, Milbank — 2nd place, Social Systems, Division 4

• National Agriscience Fair Finalist: Callie Mueller, Florence — Social Systems,

Division 1 **CAREER DEVELOPMENT EVENT RESULTS**

 Teams placing in the Gold area: 6th place Food Science & Technology Team - Milbank: Chris Loutsch, Rebekah Tuchscherer, Kathrine Cannedy, Brianna Schreurs; 8th place Agricultural Sales Team — Mitchell: Lily Hoffman, Nick Johnson, Johnna Jorgensen, Shelby

• Individuals placing in the Gold area: 6th place Individual in Agricultural Communications: Erica Lorang, West Central

· Individuals also ranking in the Gold area: Agricultural Sales — Nick Johnson, Mitchell; Shelby Riggs, Mitchell; Agricultural Technology and Mechanical Systems – Lucas Henry, Highmore; Agronomy - Jonathan Linke, Sanborn Central/Woonsocket; Aaron Linke, Sanborn Central/ Woonsocket; Food Science & Technology — Chris Loutsch, Milbank; Rebekah Tuchscherer, Milbank; Kathrine Cannedy, Milbank; Brianna Schreurs, Milbank; Milk Quality and Products -Julia Loudenberg, McCook

Central • Teams ranking in the Silver area: Agricultural Communications — West Central: Taylor Lewin, Ellie Krizan, Erica Lorang; Agricultural Technology and Mechanical Systems — Highmore: Logan Single, Lucas Henry, Kade Heib, Matthew Pekarek; Agronomy — Sanborn Central/Woonsocket: Jonathan Linke, Aaron Linke, Nathan Linke, Bailey Schmiedt; Farm Business Management · Kadoka: Jeremy Ring, Kelsey Lensegrav, Carson Good, Emily Knutson; Horse Evaluation — Groton: Katie Miller, Kaitlyn Ringgenberg, Kate Helmer, Colton Hokana; Marketing Plan — Mitchell: Kaley Nolz, Hailey Axemaker, Ally Goldhammer; Meats Evaluation & Technology Redfield: Kris Blume, Dalton Howe, Alan Masat, Zach Jordan; Milk Quality and Products — McCook Central: Ryan Butzke, Taylor Johnson, Leslie Kolbeck, Julia Loudenberg

 Individuals ranking in the Silver area: Agricultural Communications — Ellie Krizan, West Central; Taylor Lewin, West Central; Agricultural Sales — Lily Hoffman, Mitchell; Johnna Jorgensen, Mitchell; Agricultural Technology and Mechanical Systems — Kade Hieb, Highmore; Logan Single, Highmore; Matthew Pekarek, Highmore;

Agronomy — Nathan Linke, Sanborn Central/Woonsocket; Dairy Cattle Evaluation and Management — Alysha Madsen, Milbank; Zachary Sousa, Milbank; Dairy Cattle Handling - Nicholas Achen, Groton; Farm Business Management — Carson Good, Kadoka; Emily Knutson, Kadoka; Kelsey Lensegrav, Kadoka; Jeremy Ring, Kadoka; Horse Evaluation — Kate Helmer, Groton; Kaitlyn Ringgenberg, Groton; Job - Savannah Fisher, Clark;

Interview — Jordanne Howe, Redfield; Livestock Evaluation Jennifer Hurlbert, Clark; Joslyn Hurlbert, Clark; Meats Evaluation & Technology -Dalton Howe, Redfield; Ålan Masat, Redfield; Zach Jordan, Redfield; Milk Quality and Products — Ryan Butzke, Mc-Cook Central; Taylor Johnson, McCook Central; Prepared Public Speaking — Molly Kroeger, Lennox Sundstrom; Veterinary Science — Alyssa Becker, Lennox Sundstrom

• Teams ranking in the

Bronze area: Agricultural Issues — West Central: Dalton Larson, Rachel Kapperman, Jill Even, McKenzie Henning, Lauryn Riepma, Carter Ullrich, Carson Ullrich; Dairy Cattle Evaluation and Management — Milbank: Sarah Jarman, Samuel Jarman, Alysha Madsen, Zachary Sousa; Environmental and Natural Resources — West Central: Quinn Hanisch, Weston Hanisch, Austin Ideker, Benjamin Miles: Livestock Evaluation - Clark: Jennifer Hurlbert, Joslyn Hurlbert, Savannah Fisher, Hudson Steffen; Nursery/Landscape – Lennox Sundstrom: Breanna Kruid, Jennifer Kruid, Catherine Daughterty, Haley Mendel; Parliamentary Procedure — Lennox Sundstrom: Brady Jandl, Brady Klock, Jacob Landon, Grant Sweeter, Mahli Strasser, John Steever; Veterinary Science — Lennox Sundstrom: Alyssa Becker, Kolby Reinke, Megan Cramer, Sarah Kroeger • Individuals ranking in

the Bronze area: Agronomy — Bailey Schmiedt, Sanborn Central/Woonsocket; Creed - Bridger Gordon, Sturgis; Dairy Cattle Evaluation and Management — Samuel Jarman, Milbank; Sarah Jarman, Milbank; Environmental and Natural Resources — Quinn Hanisch, West Central; Weston Hanisch, West Central; Austin Ideker, West Central; Benjamin Miles, West Central; Extemporaneous Speaking — Olivia Knippling, Highmore; Horse Evaluation: Joiton Hokana, Groton; Katie Miller, Groton; Livestock Evaluation: Hudson Steffen, Clark; Meats Evaluation & Technology — Kris Blume, Redfield; Milk Quality and Products - Leslie Kolbeck, McCook Central; Nursery/ Landscape — Breanna Kruid, Lennox Sundstrom; Jennifer Kruid, Lennox Sundstrom; Catherine Daughterty, Lennox Sundstrom; Haley Mendel, Lennox Sundstrom; Veterinary Science — Kolby Reinke, Lennox Sundstrom; Megan Cramer, Lennox Sundstrom: Sarah Kroeger. Lennox Sundstrom

DEGREE RECIPIENTS

• American Degree Recipients: Cody Hall, Arlington; Amanda Jensen, Arlington; James Kersting, Arlington; Skylar Mix, Arlington; Brodrick Wendland, Arlington; Penny Speich, Beresford; Carrieta Schalesky, Bison; J. D. Shape, Bridgewater-Emery; Brenda Sue Weber, Bridgewater-Emery; Corey Lester Janisch, Clark; Kayla Nuese, Deubrook; Kyle Kramer, Flandreau; Samantha Lynn Braun, Harrisburg; Stephanie Elizabeth Braun, Harrisburg; Paige Binger, Hitchcock-Tulare; Nicole Iola Hamilton, Hitchcock-Tulare; Garrett Roger Masat, Hitchcock-Tulare; Lisa Smith, Kimball; Morgan Matthaei, McCook Central; Lauren Miller, McCook Central; Sarah Schoon, McCook Central; Colton Eugene Ketelhut Miller; Tara Parmely, Miller; Clate Stevens, Miller; Kaden Joe Eisenbraun, Wall; Jennifer Cheyenne Emery, Wall; Cole Becker, West Central; Justin Boll, West Central; Bailey Huls, West Central; Cody Miller, West Central; Cassie Wilebski, West Central

Humor Is Good Medicine

BY DR. MIKE ROSMANN

Sponsored by Lewis & Clark Behavioral Health

Humor improves the mind, body and spirit. I like writing stuff I think is funny. Often, the joke is on me.

I don't mind; self-deprecating humor is highly effective in generating enjoyment and laughter, though Marilyn sometimes tells me my humor is not as funny as I think it is.

Then I quickly have to straighten up, or I will be in even worse trouble if I continue my supposedly humorous streak. Most of the time she laughs when I make fun of myself or her, and it helps our relationship.

There are occasions when the joke is on Marilyn. Like when her college roommates who were gone from their apartment called her to say the telephone company was "blowing out the phone lines to clean them" and she should wrap her land-line phone in a towel to prevent dust from invading the apartment.

You're right, when the jokesters came home, she had wrapped her phone in a towel. Marilyn enjoys being teased and I seldom spare an occasion.

There is method to laughter. A deep laugh triggers contractions of the diaphragm that increase the oxidation of blood as it passes through the lungs and the release of the beneficial endorphins, dopamine and serotonin, while decreasing hormones activated

by anxiety, adrenalin and cortisol. These body chemicals have survival value, for they enable us to relax and to feel a sense of well-being. Regular consumers of cocaine, heroin and methamphetamines acquire the craving for these feelings but become addicted to the drugs' effects as they artificially act on the pleasure center of the brain with diminishing results and encourage the use of more and more of these substances to trigger the release of dopamine.

Humor is infectious, triggering us to laugh as we observe others giggle. Almost everyone enjoys a baby's laughor teasing.

ROSMANN

ter while watching someone else engage a little tyke in a game of "hide and seek," tickling

The most watched television shows and movies are often comedies that trigger much mirth. The ancient Greeks enjoyed comedy plays by Aristophanes. Some

of Shakespeare's most acclaimed plays were comedies such as The Merchant of Venice and A Midsummer Night's

Only humans and some primates, such as orangutans, chimpanzees, bonobos and gorillas, are capable of laughing in response to tickling or something that triggers great enjoyment. But I'm pretty sure a couple dogs that lived with us took delight in family laughter, or at least could smile in accompaniment.

How much more difficult life would be without laughter. Humor informs us, expands us, stimulates us to think outside the box, leads to creative endeavors, promotes positive relations and heals us.

Dopamine and serotonin that are triggered by laughter signal our immune systems to react by replicating antibodies that ward off bacterial and viral infections.

Humor defuses tension; it buys time to consider issues and options. Some world leaders, President Obama among them, are particularly adept at restoring perspective through humor, while also getting a point across.

One of my graduate school psychology professors, an Austrian man of Jewish ancestry who was interned in a Nazi concentration camp during WWII, was spared his life because he taunted his captors daily with jokes that made their lives guarding prisoners less mundane.

The Bible has many references to

humor. Proverbs 17:22 says "A joyful heart is good medicine, but a crushed spirit drains one's strength." Ecclesiastes 3:4 observes "There is a time to weep, a time to laugh, a time to mourn, a time to dance."

Humor changes as we age. The first laughter of babies is usually in response to physical stimulation such as tickling or pleasant sensations.

I remember when our daughter uttered her first robust laugh at six weeks of age as I swept warm water over her little body while giving her a bath. Marilyn and I took turns cooking dinner but often gave our baby daughter baths together because it was fun for us too.

After physical sensations that trigger laughter, the next developmental stage of humor involves "peek-a-boo," followed by games like running away or hiding. Increasingly sophisticated forms of humor follow, such as jokes about taboo subjects like "toots" and unexpected outcomes such as getting away with a misdeed.

Ås our cognition advances, cartoons and comedic portrayals such a circus clowns give way to sometimes-not-sofunny put-downs of others, sexual innuendo and the like. Our sense of humor eventually matures into "Saturday Night Live" and "Prairie Home Companion."

Our humor is most complex during the prime of our lives. We take delight in political satire and wit that depends on figuring out cleverly concocted punch-lines.

Higher order thinking declines with aging; the matters that make us laugh reverse in the order they were acquired. It can be a positive event when our elders poke fun at the food served in the retirement facility cafeteria.

Most of life isn't a laughing matter, but it helps all of us to take things that way sometimes.

Dr. Mike welcomes jokes. Contact him at his website: www.agbehavioral-

BBB Alert: Bogus Timeshare Reseller Claims Address In Omaha

OMAHA, Neb. — The Better Business Bureau (BBB) serving Nebraska, South Dakota, The Kansas Plains and Southwest Iowa reminds consumers to be aware of companies claiming they can sell your timeshare if you pay them upfront. A timeshare owner from Montana reported to BBB that she signed on with a company in March 2015 to sell her timeshare, but it

didn't happen. The owner said she received a phone call from Premier Business Brokers. claiming to be located in Eden Prairie, Minnesota, asking if she would like to sell her timeshare in Mexico. She was told that her resale income from the timeshare property would be \$29.854. She agreed to the sale and began working with a company called Executive Title Services allegedly in Omaha, Nebraska. It was supposed to handle the escrow after she wired 10 percent, \$2,985.40, to transfer the property for resale. Besides paying in advance for the transfer fee, she has wired a total of \$25,575.68 supposedly for: the commission to the man who was conducting the transaction, taxes to release the timeshare, additional taxes due to excess of income compared to Mexicans' income, closing and administration fees and a fee to finalize the deal.

The victim took out loans to carry out these requests. Throughout her dealings with Executive Title Services, the seller was repeatedly informed that the buyer of the timeshare would be reimbursing her for all fees she paid. To date, she has received nothing and has to pay back the

money that was borrowed. Several weeks ago, the seller received a letter stating that she still owed \$12,000 for "using a Mexican timeshare contract." She did not pay this fee and notified BBB after Executive Title Services began threatening her that it will get her Social Security number, take money out of her bank accounts and place liens on her property. Unfortunately, she did provide Executive Title Services with her credit union account number and has been working with the credit union to keep them informed of her dealings with this perpetrator. Her accounts have had alerts placed on them.

While there may be legitimate entities in the US using these or similar names. BBB believes that both business names involved in this scheme are fraudulent online entities. Over the last several years, many companies claiming to be located in the Midwest and purporting to offer timeshare reselling services have proved to be fraudulent foreign entities. In many cases, they have hijacked the names of legitimate U.S. firms in an effort to lend legitimacy to this scam.

"If you own a vacation timeshare — the use of a vacation home for a limited, pre-planned time — be cautious of bogus resale companies who take advantage of anxious sellers in an overcrowded market," stated BBB President and CEO Jim Hegarty. He advises, "Never wire money to companies or individuals you don't know personally. The act of requesting a wire transfer as the method of payment is a tell-tale sign of a scam. In addition, if you are contacted by phone regarding your timeshare, get all information in writing. Don't agree to anything until you have had the chance to thoroughly check the company out with BBB at bbbinc.org or call us toll-free at 800-649-6814.' BBB offers these tips to

those seeking to sell their timeshares:

• Be realistic. In regard to timeshares, it's generally a buyer's - not a seller's - market. Unscrupulous timeshare resellers may contact you claiming that your property is in demand and they can sell it immediately; unfortunately, these promises often prove to be false.

• Be Wary of Upfront Fees. Remember, unless it's negotiated into the purchase agreement, only buyers pay closing costs. Consider opting for a company that offers to sell for a fee only after the timeshare is sold. Many complaints to BBB regarding timeshare resellers involve

May many blessings come to all who sent me cards, flowers, food and visits on my 95th birthday. I really miss my card players. Thank you. Florence Heine situations where people were told they needed to wire "advance appraisal fees," escrow funds or that they just had to pay closing costs and their timeshare would be sold. Never wire money to people you don't know.

• Use a Business You can Trust. Make sure the timeshare reseller you use is a BBB Accredited Business or at the very least has a good rating with BBB. You can research businesses for free at bbb.org.

 Confirm Licensing Requirements. Some timeshare resellers will use fake addresses or PO boxes in order to mislead timeshare owners. Commin where the company is located and in what states it does business. Ask if the company's salespeople are licensed to sell real estate where your timeshare is located. If so, verify this with the state licensing board.

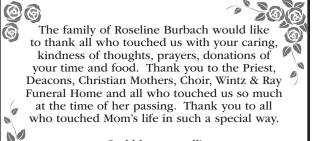
• Get the Facts on the Figures. Find out if the business charges a commission. Do they handle the entire closing and provide escrow services? Do they charge an up-front listing or advertising fee? What does it cover and is it refundable?

• Don't Fall for the Hard Sell or an Offer that Sounds Too Good to Be True. Don't agree to anything over the phone but instead ask the salesperson to send you written materials; take the time to think it over and don't be pressured. You may want to have an attorney review any purchase agree-

• Watch out for thirdparty companies, Fraudulent timeshare reselling entities often associate with alleged third-party title or escrow services. Be sure to research those companies as well. If you can't find any information, it may be a sign that there is a problem.



Every Location – All Stores



God bless you all! The family of Roseline Burbach



making our anniversary so special. We love you all.

THANK YOU

We would like to thank all of our friends and rela-

tives for the cards, phone calls and gifts for our

50th wedding anniversary. It was so nice to hear

from all of you. You made our day extra special. We

would also like to thank our daughter Darcie and

family for hosting the delicious meal for our whole

family. A special thank you to our children Darren, David & Amy, Darcie & Tony and our grandkids for