

## The Men (Don't Forget The Vietnam Vet)

BY RACHEL WOOD

The men,  
 With the yellow  
 patches,  
 In the tangled jungles  
 vivid green.  
 The men,  
 With boots of lead,  
 The copper grass the  
 last thing they'd see.  
 The men,  
 With the smell,  
 Of something sickly-  
 something burning.  
 The men,  
 With nauseating fear,  
 Still standing tall while  
 thunder was rolling.  
 The men,  
 Cut off from necessities,  
 From food, water, artil-  
 lery.  
 The men,  
 Who screamed for help,  
 Broken Arrow becoming  
 a reality.  
 The men,  
 With wives and children,  
 Perhaps even newborn  
 babies.

The men,  
 With dying friends in  
 their arms,  
 Their flesh scorched-  
 their tortured screaming.  
 These men,  
 Went home to a whis-  
 pering nation,  
 People baring their  
 teeth and screaming ob-  
 scenities.  
 These men,  
 Who gave all for their  
 homeland,  
 Witnessed atrocious,  
 unspeakable things.  
 These men,  
 Despite popular belief,  
 Did carry helpless vil-  
 lagers to safety.  
 These men,  
 We mustn't ever forget,  
 Still fought and died for  
 our country.  
 These men,  
 Who gave the ultimate  
 sacrifice-  
 Deserve a long, overdue  
 welcoming.



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## Rockets To The Rescue

Lauren Hollenbeck and Stephanie Siebrandt from 4-H presented Rockets To The Rescue to Beadle 4th Graders on November 4.

The 2014 National Science Experiment, Rockets to the Rescue, provides young scientists the opportunity to explore how aerospace engineering can be used to solve real world challenges—such as food distribution in emergency situations—to make a positive impact in our world. Rockets to the Rescue captures many

of the wonders and issues of modern day engineering. It emphasizes aerospace engineering, as it incorporates lessons related to math, science and physics. While it is a fictional scenario, it has real life parallels.

Students applied lessons in science, math and physics to design and build an aerodynamic Food Transportation Device (FTD) that delivered a payload to a desired target using different trajectories.

## ‘School Psychology Week’ Declared In South Dakota

PIERRE — Gov. Dennis Daugaard's office recognizes the role that school psychologists play in the personal and academic development of the children of South Dakota by declaring November 9-13 “School Psychology Week.” This declaration coincides with the annual National School Psychology Awareness Week.

All children and youth learn best when they are healthy, supported, and receive an education that enables them to thrive academically, socially, and emotionally. Todd Savage, the president of the National Association of School Psychologists, indicates, “School psychologists work every day to enhance the connections between students, schools, and the evidence-based practices to help them thrive.”

School psychologists are specially trained to foster and deliver a continuum of mental health services and academic supports that lower barriers

to teaching and learning. Educational research indicates that children's mental health is directly linked to their learning and development, and the learning environment provides an optimal context to promote good mental health through connectedness within the school and community.

The South Dakota Association of School Psychologists (SDASP) represents more than 85 school psychologists throughout South Dakota. Alyssa Larson, SDASP president, states, “The goal of school psychologists across the state is to empower teachers and students by advancing effective practices to improve students' learning, behavior, and mental health.” Every school in South Dakota has access to a school psychologist. This week is a great time to connect with your local school psychologist, ask questions, and find out more.

### BIRTHS

#### DECLAN MACKEY

Evan and Alexandra Mackey of Yankton announce the birth of their son, Declan Charles-David Mackey, on Oct. 29, 2015. Declan weighs 8 pounds, 7 ounces and is 21 inches long.

Siblings are Willow Illa-Rose Mackey (4).

Grandparents are David Kahle of Yankton, Ella Hi-

rocke of Gayville and Nancy Mackey and Denny Erb both from Creighton, Nebraska.

Great-grandparents are Rosemary & Charles (deceased) Kahle of Toledo, Ohio; Helen and Joseph Hirocke (both deceased) of Vermillion; and Willard and Illa Mackey (both deceased) of Niobrara, Nebraska.

### Schlingman-Schramm



Sheena Schlingman and Kevin Schramm, both of Yankton, SD, announce their engagement and upcoming marriage.

Parents of the couple are Jim and Carla Schlingman of Yankton, SD, and Mark Schramm and Cathy Wieseler of Yankton, SD.

The bride-elect is a 2009 graduate of Yankton High School and a 2011 graduate of Stewart School of Cosmetology. She is currently employed at Smart Style Salon in Yankton, SD.

The groom-elect is a 2006 graduate of Yankton High School and a 2007 graduate of WyoTech of Wyoming. He is currently employed at H&K Oil Co.

The couple is planning a November 21, 2015 wedding at Sacred Heart Catholic Church in Yankton, SD.

# Having It ‘My Way’ Seldom Works

BY DR. MIKE ROSMANN

Sponsored by Lewis & Clark Behavioral Health

Randy W. Allen, an Austin, Texas friend who writes a periodical newsletter called Spring Rain, recently penned that he dislikes Frank Sinatra's recording of “I Did It My Way,” even though he enjoys Sinatra's singing very much.

The title conveys a selfish bragging tone, Randy explained. “Whenever I take the reins, it doesn't work out,” he said, “but when I give myself over to God's inspiration I find providence and good things happen.” I agree with Randy.

He writes when he feels moved. Sometimes Spring Rain appears every few weeks or sometimes six months or more between missives.

An Iowa farm boy who started a highly successful grain merchandizing and farm financial advisory firm, Allen has accumulated a plethora of experiences that can be described as good, occasionally profitable and—like all of us—sometimes difficult. Along the way he has helped many farmers in business decisions, and many more through his prayer ministries, fund-raising and volunteer work.

The lure of “trying to have things my way” has affected many people engaged in agriculture during recent boom years, Allen observed. Many poured their profits into over-priced land, expensive machinery and luxuries, and now are marginalized.

Bankers and Federal Reserve officers with whom he confers regularly estimate that 2-8 percent of current farmers will not be able to continue farming after the current year and probably more will succumb after the 2016 crop year.

“It's particularly sad,” Randy commented, “that many of these operators bought new pickup trucks and items they could have done without, while their local community programs, churches and town facilities declined. Greed and self-centeredness too easily



Dr. Mike  
 ROSMANN

lead us astray.”

He started mailing postcards to customers and other acquaintances in 1984 during the worst part of the 1980s' Farm Crisis, something he has continued ever since. He also developed a newsletter before Spring Rain came about and mailed it

to some 130 persons who requested it for the next several years.

After almost a decade-long hiatus, Allen felt a need to renew his message-writing initiative in 2002; thus began Spring Rain.

Efforts instigated by Randy or others—and unsolicited, helped me at least three times over the years. The first occasion occurred a couple decades ago when I was on the verge of losing most of what I was striving to accomplish, I received a letter that said, “I prayed for you today.”

The message listed thirty or more people, many of whom I know. I was not alone as I struggled.

Over the years my already developing mission in life was cemented: improving the well-being of agricultural producers. I survived serious health issues and a law suit that threatened my career and the possible loss of our home.

It wasn't me that moved things, but a Higher Force.

Few things in life are static and do not change. Our physical health advances; our knowledge and beliefs evolve; spiritual adjustments fluctuate and—if we allow it to happen—deepen commitment to selflessness.

“My greatest gift from God is teaching,” Allen says. He does it by example as well as ministering to others.

Allen has taken sabbaticals from his company, including a 16 month hiatus

to work with the Salvation Army in their efforts to assist homeless people. He shared with me, “But for God watching over me, I could be homeless. One big event like a health problem that depletes my savings, a bad decision, a war, anything...and I could be homeless.”

I agree, life can change in an instant. We are subject to conditions we cannot control, but we can endure them by accepting and adjusting to what is given rather than “doing it my way.” The experiences that occur as a result give us hope and, as importantly, they teach us faith and love.

Randy likes another Sinatra song that contains the familiar lyrics, “I'm in the autumn of my years.” Most of us know these words are from the popular musical piece written by Ervin Drake, “It Was a Very Good Year,” first recorded by the Kingston Trio in 1961.

Randy asks us to consider the autumn of our lives. Have we produced a bountiful harvest with our lives?

Good questions to ask include these: Do my activities benefit others besides me? Can I accept whatever happens? What can I do to serve others?

“We should all be striving for a life bin-buster crop,” Allen says. “At the end of the last harvested field, we will all remember that we were but just one seed planted in the beginning. And too, that yield will be tallied.”

Randy and I agree on a constant: our dependence on a Higher Force we call God or a Higher Power that gives our lives meaning. If persons are interested in receiving Spring Rain, they may contact its author at: randy@farmrwa.com. Randy asks requesters to include their email and postal addresses to indicate their location.

Dr. Mike Rosmann is a psychologist, farm resident and former agricultural producer who can be contacted at: www.agbehavioralhealth.com.

## Subway's ‘Feed The Heartland Food Drive’ Today

SIOUX FALLS — Subway® restaurants across eastern South Dakota and southwest Minnesota announce the first Feed the Heartland Food Drive, taking place at participating Subway® restaurants today (Wednesday).

Feed the Heartland aims to help fight hunger all across the region, where 14.6 percent of individuals live below the poverty line

and 1 in 8 are food insecure. This event is geared to help alleviate these statistics. All donations collected during the event will stay in the region, providing nourishment to those in need.

“Subway owners all across our region are immensely proud to kick-off our Feed the Heartland initiative. By helping those less fortunate we are creating

awareness in the community that will hopefully resonate throughout the year. We want everyone to come out to your local Subway on November 11th and help feed those in need,” said Randy Wartner, Board Chair of the Sioux Falls area Subway® Restaurants.

Any customer who brings in a non-perishable food item and/or makes a monetary

donation to Feed the Heartland at any participating Subway® restaurant today will receive a free 6-inch sub when they purchase a 6-inch sub of equal or lesser value.

In the Sioux Falls local area, all canned goods and monetary donations will benefit Feeding South Dakota.

## National Nurse Practitioner Week Celebrates 50 Years Of NP Excellence

SIOUX FALLS — Nurse practitioners (NPs) have a special reason to celebrate National Nurse Practitioner Week, Nov. 8-14. Fifty years ago, at the University of Colorado, the first NP program was established. And 50 years later, there are more than 205,000 NPs licensed to practice in the United States.

National Nurse Practitioner Week is a time to celebrate these exceptional health care providers. Nurse practitioners are informed, in touch and involved, making them the health care providers of choice for millions and a solution to the primary care crisis in America. NPs are licensed, expert clinicians with advanced education (most have master's and many have doctorate degrees) and extensive clinical preparation who provide primary, acute and specialty health care services. In addition to providing a full range of services, NPs work as partners with their patients, guiding

them to make educated health care decisions and healthy lifestyle choices. The confidence that patients have in NP delivered health care is evidenced by the more than 916 million visits made to NPs every year.

According to the South Dakota Center for Nursing Workforce, there are 690 nurse practitioners licensed in the state of South Dakota. Nurse practitioners provide care to patients in primary, ambulatory, and acute care settings and work in urban, frontier and rural areas of our state.

Nurse practitioners focus on providing holistic and individualized care to each patient. They emphasize health promotion and disease prevention to prevent the development of chronic diseases or complications of chronic diseases. They are committed to providing patient-centered, evidence-based, safe and effective care.

## River Recovery Meeting Set For RC

OMAHA, Neb. — The Missouri River Recovery Implementation Committee will hold its next quarterly meeting Nov. 17-19 in Rapid City. The public is welcome to attend; opportunity to address the committee and the lead agencies, the U.S. Army Corps of Engineers and U.S. Fish and Wildlife Service, regarding the Missouri River

Recovery Program will be provided during each daily session.

The meeting will be held at the Holiday Inn Rushmore Plaza, 555 N. 5th St., 8 a.m. to 5:30 p.m. Tuesday and Wednesday, and 8 a.m. to 12:30 p.m. Thursday. The agenda is available at www.MRRIC.org.

**AM 1450**  
**MORNING COFFEE**  
**WEEKDAYS MONDAY-FRIDAY**  
**Wednesday, November 11**  
 7:40 am Veterans Day  
 at Hy-Vee (various)  
 8:20 am Veterans Day  
 at Hy-Vee (various)  
**Thursday, November 12**  
 7:40 am Yankton Chamber  
 (Carmen Schramm)  
 8:20 am Yankton Conv/Vis  
 Bureau (Stephanie Moser)

We want to thank our family and friends for all the cards and prayers we received for our 60th anniversary. Each one is special to us. God bless you.  
**David & Carol Rockne**

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**Happy 80th Birthday**  
**Donald Schultz**  
 His family requests a card shower.  
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