

ASH Majestic Bluffs to Open New Neighborhoods at Care Center

Avera Sister James Care Center will open its newly expanded facility at the Avera Sacred Heart Majestic Bluffs campus, the region's premiere retirement community, on Tuesday, Dec. 1. Tours will be open to the community from 4-7 p.m. on Tuesday, Nov. 24, at 2111 West 11th Street in Yankton.

The expanded facility, which replaces Avera Yankton Care Center, includes two new "neighborhoods" of Avera Sister James Care Center. In total, 55,000 square feet, 73 skilled nursing beds, a "town center" and new hospice facility were added. The hospice features six rooms in an independent hospice residential cottage for those who need end-of-life care. That facility will open sometime after the occupancy of the Care Center.

"The expansion of Avera Sister James Care Center is the latest chapter in the vision former Avera Sacred Heart Hospital President and CEO Pam Rezac and our board of directors had for the Avera Majestic Bluffs campus when it was started almost two decades ago," said Doug Ekeren, regional president and CEO of Avera Sacred Heart Hospital. "We remain committed to providing a full spectrum of senior services to Yankton and the surrounding region. Avera Majestic Bluffs provides the best

in retirement community living and is complemented by the wide range of health care services offered by Avera."

A highlight of the approximately \$11.5 million expansion is the new town center, which includes a deli and café, general store, pub, theater, activity center, children's play area, bank, post office and beauty salon. It will serve as a gathering place for residents and their family and friends.

Altogether, the Majestic Bluffs campus offers a full range of housing options for more than 250 residents - from independent living to nursing home - and a separate, but attached six-bed hospice facility. Residents will have 24/7 access to health care services through Avera eCARE™ eLongTermCare and Avera Sacred Heart Hospital.

"We're excited to now offer all senior services on one campus, which is a huge benefit for our residents across the continuum of care," said Tony Erickson, executive director of Senior Services.

"This exciting senior community will bring all of our staff and residents together while providing new opportunities for them," added Cindy Sage, Director of Nursing. "We hope that going 'downtown' will bring back fond memories and create new ones, and

that this will become a thriving community for many years."

The center's location on the Majestic Bluffs campus encourages residents to live an active, vibrant lifestyle with walking paths, a stocked private pond and a beautiful view of the Missouri River Valley.

The center is named after Sister James Souhrada, a Benedictine Sister who devoted her personal and professional life to the service of the elderly.

"The vibrancy of this community is Sister James Souhrada's vision come to life," added Erickson. "We want our residents to be able to experience the Yankton community and know that they're a part of it, so we're connecting with the community through volunteering, educational experiences for our residents and even community theater."

The Yankton Care Center, a 20,000 square-foot building which Avera Sacred Heart purchased in 2000, will be gifted to Mount Marty College. Avera Sacred Heart Hospital and Mount Marty College have a long history of working together to enhance educational and health care opportunities in the region. Both institutions were founded by the Benedictine Sisters at Sacred Heart Monastery in Yankton.

Yankton's SHARE Distribution Day Today

Despite the weather, Yankton SHARE (Self Help And Resource Exchange) aims to hold distribution day today (Saturday) from 10-11 a.m. at Peace Church, 206 E. 31st. Coffee and treats will be available for those picking up their food.

Orders will be taken for Distribution on Dec. 19. SHARE is a non-profit organization that builds and strengthens the community through volunteer service and helping people save money on food.

Each month donors give packages to others, but in November and December more individuals and businesses give Thanksgiving and Christmas dinners to people who appreciate the assistance.

Those donors who purchased food for Thanksgiving include Affordable Storage, American Family Insurance, Greg Anders Carpentry, Laura Fejar, Deb Johnson and Mary Uhrich, Modern Woodmen of America 18126 Yankton Summit Chapter, Beth Nohr, Deb Norris, Women's Night Club of United Methodist Church, The Nutmegs, Janis Revell, Sally & Terry - Lewis & Clark Realty, Inc, Sewing Cool Stuff & More, Hal and Cindy Somer, Veronica Trezona and Yankton Share.

SHARE volunteers distribute the current month's flyers to various convenience stores, restaurants, churches, apartments, churches, laundromats, and Sewing Cool Stuff & More in the Yankton Mall. Come Paint with Me Ceramics in Tripp Plaza, Lisa's Fashions, downtown, and more throughout the Yankton area. December's flyer will be available on distribution day at Peace Church and at other locations later.

If you need a flyer or want to order, call: Trinity Clark, 760-5857; Veronica "Roni" Trezona, 660-5612; or Deb Johnson, 760-3056.

Free Feast Available On Turkey Day

The 20th annual Yankton Community Holiday Feast, a free Holiday Meal for the public, will be held Wednesday, Nov. 25, from 4-7 p.m. at Calvary Baptist Church 2407 Broadway, Yankton.

There will also be meal deliveries available ONLY for shut-ins. Call 760-3170 by 5 p.m. on Friday, Nov. 20, to make arrangements.

Organizers are seeking volunteers and donations for this event. Donated items can include turkey and dressing, pies, monetary donation of volunteer services. For more information, contact Donna Madson at 760-3170.

Cash donations are accepted at: First National Bank of South Dakota 332 Broadway, Yankton.

Co. To Plan Five-Year Hwy Improvements

Yankton County is in the process of developing a Five-Year Highway and Bridge Improvement Plan. Two public meetings will be held to present the first draft. The first one will be held on Dec. 1, at 3 p.m. before the regularly scheduled Commission Meeting, and the second will be on Dec. 3 at 7 p.m. at the Government Center in the Commission Meeting Room.

The general public is invited and encouraged to attend these meetings.

If you have any questions about this matter, contact the Yankton County Highway Superintendent's office at (605) 260-4463.

YHS Honor Society Hosts Rummage Sale

There will be a rummage sale hosted by the Yankton High school National Honor Society held at Christ the King Lutheran Church, 305 W. 25th St., Yankton, on Nov. 25 from 1-6 p.m. All proceeds go to the Yankton Area Homeless Shelter.

Christ the King Church is matching the dollar amount up to \$3,000.

There are 78 members in the National Honor Society who will be bringing items to the sale.

Salvation Army To Set Up Donation Buckets

The Salvation Army of Yankton will soon be ringing bells at local businesses in the community. Ninety percent of all funds raised locally are used to provide temporary emergency assistance to local residents and transients in Yankton.

You can make a difference in the lives of those in need either by donating when you see a "Red Kettle" or by volunteering to staff a Kettle located at Walmart of Hy-Vee.

The Salvation Army is seeking individuals, families, service clubs, church groups and youth groups who would be willing to help a couple of hours during the holiday season.

If you are interested in bell ringing or have questions about the Salvation Army in Yankton, call Carol at 661-5153.

YankTON Challenge Kickoff Sign-up Deadline Dec. 1

The Business Educational Development Committee of the Yankton Area Chamber of Commerce has announced the fourth year of challenging businesses to remove a "TON" from Yankton and invites owners and their staff to join the effort with the YankTON Challenge.

The deadline for businesses to sign teams up will be Dec. 1. Team coordinators are invited to attend a coordinator's training at Czeckers Grill & Bar on Dec. 3 from 4-6 p.m. to go over the rules for the challenge.

The YankTON Challenge will officially kick-off on Jan. 4, 2016, with the first weigh-in of all participants. In coordination with the kickoff, there will be a Health & Wellness Expo from 4:30-7 p.m. at the Avera Pavilion

located at 501 Summit. Challenge participants are invited to attend the expo where they can visit local business booths concerning health and wellness tips. Attendees will have an opportunity to hear from Performance Trainer, Coach Rozy and Audra Janke, Wellness Educator from Sanford Wellness.

Losing weight can improve an individual's health in many ways. Losing 10 percent of your current weight can improve the way a person feels on a daily basis. Other benefits of losing weight include:

- * Increase energy levels
- * Lower cholesterol levels
- * Reduced blood pressure
- * Reduced aches and pains
- * Improved mobility

* Prevention of angina, chest pain

* Decreased risk of sudden death from heart disease or stroke

* Prevention of type 2 diabetes

This program is scheduled to run from Jan. 4-March 21, 2016. Weigh-Ins are to be reported every Monday by 5 p.m.

On Friday, April 1, there will be a victory celebration to congratulate all participants and recognize the top three individuals and employers with the most weight loss. A variety of prizes will be given. Employers gain so much when their employees lose weight. The committee encourages all businesses to join and help remove a "TON" from Yankton.

This year participation

fee is based on the total number of participants per team and not according to business size, as in prior years.

For this cost, employers will receive a packet of information to engage and motivate employees to lose weight. Web site support is also available at www.yankton.net/challenge. Register your company by Dec. 1 to participate.

All participants are asked to provide a canned food item for each pound lost to the Yankton food bank.

To sign up your business go to www.yanktonsd.com/health or contact the Yankton Area Chamber of Commerce at (605) 665-3636.

OBITUARIES

Wilbur Nedved

Mass of Christian Burial for Wilbur Nedved, 90 of Wagner will be held 10:00 a.m. Tuesday, November 24, 2015 at St. John the Baptist Catholic Church in Wagner, with burial in the parish cemetery.

Visitation will be at the Crosby-Jaeger Funeral Home in Wagner Monday from 1 to 5 p.m., followed by a 7:00 p.m. Rosary/Wake Service at the church.

Wilbur Stanley Joseph Nedved, son of Thomas L. and Pauline (Burger) Nedved, was born July 22, 1925 in Wagner. He died at his home in Wagner under hospice care on Friday, November 20, 2015. Wilbur attained the age of 90 years, three months and 30 days.

Wilbur attended Big Tobacco Country School through the eighth grade. He married Janis M. Koupal on October 28, 1952 at St. John



Nedved

Catholic Church in Wagner. Two children were blessed to their union. After their marriage, they farmed for ten years

on the Nedved Homestead south of town and then moved into Wagner in 1962. At this time, they purchased the Saw Dust Trail Bar and operated that for ten years. Wilbur then worked for Pinner Farm Service for many years. Wilbur and Janis worked as custodians at the Commercial State Bank and St. John Catholic Church for 15 years, until they retired. Throughout his life, Wilbur worked as a general mechanic and handy man. He mowed many lawns and generally could fix just about anything, even coat zippers. Wilbur was a life time

member of St. John Catholic Church. Wilbur will be remembered for his love of life and love for his wife, children, grandchildren and great grandchildren. He will long be remembered for his red scooter with its flags and duct tape. He waved at everyone and always felt that he had "the right of way!"

Thankful for having shared his life are his wife of 63 years, Janis; his children: Richard Nedved and wife Jody and Regina and husband Wm. Richard Dufur, all of Wagner; four grandchildren: Brian Nedved, Jessica Gray, DaNeera Worzella and

Dannica Dufur; eight great grandchildren: Taylor, Macey and Carter Nedved; Abby, Avery and Weston Gray; and Elouise and Enson Worzella; sister-in-law, Lillian Nedved of Kimball; and many nieces, nephews and friends.

Wilbur was preceded in death by his parents; brother Thomas L. Nedved; two sisters: Violet (Joe) Cihak and Olga (Thomas) Cihak; two nephews: Gene and Romaine Nedved; and one niece, Karen Cihak.

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 November 21, 2015

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