

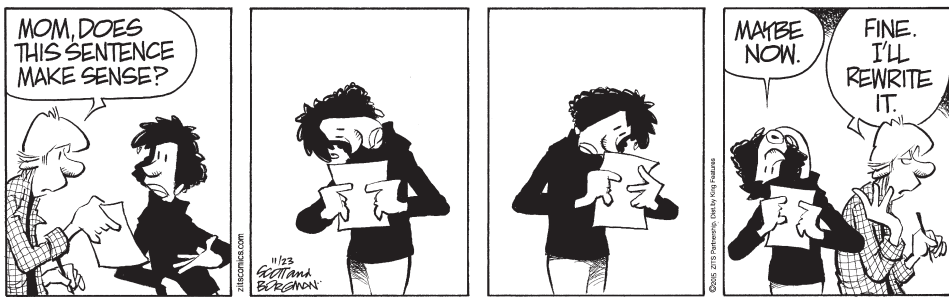
FAMILY CIRCUS | BILL KEANE



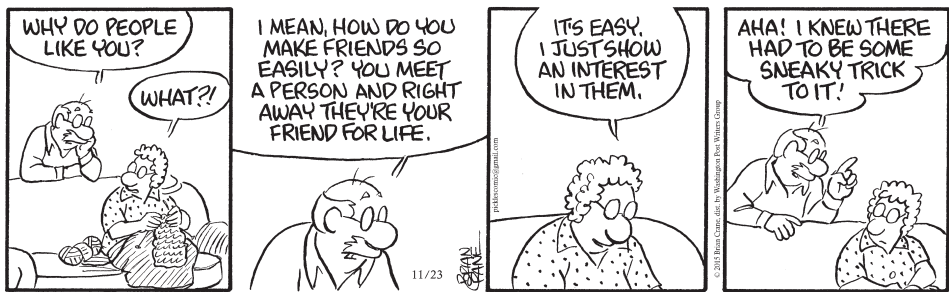
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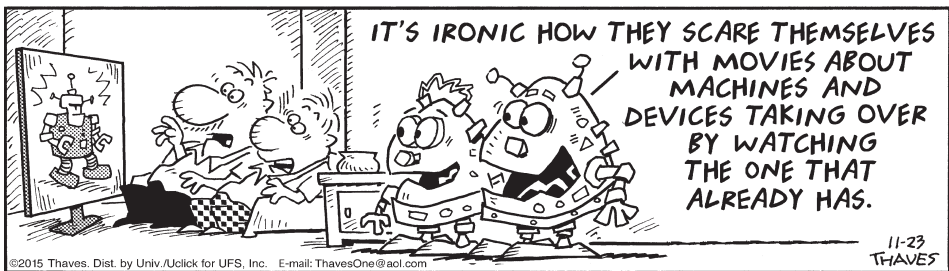
ZITS | JERRY SCOTT AND JIM BORGMAN



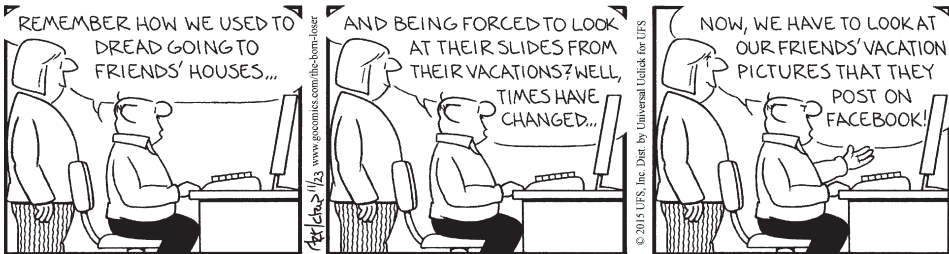
PICKLES | BRIAN CRANE



FRANK AND ERNEST | BOB THAVES



BORN LOSER | ART SAMSON



PEANUTS | CHARLES M. SCHULZ



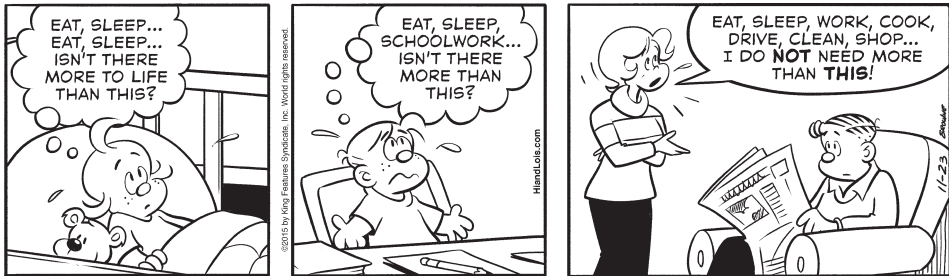
HAGAR THE HORRIBLE | CHRIS BROWNE



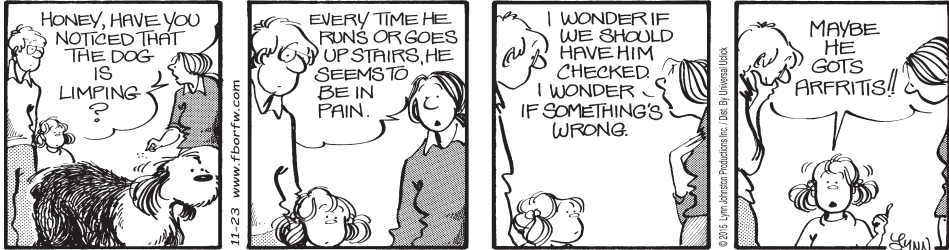
BETLE BAILEY | MORT WALKER



HI AND LOIS | BRIAN AND GREG WALKER



FOR BETTER OR FOR WORSE | LYNN JOHNSTON



GARFIELD | JIM DAVIS



# Better Mental Health Care May Prevent Future Violence

**DEAR ABBY:** I have listened to our presidential and various candidates comment on gun control after the shooting at the college in Oregon. Do you remember the saying, "Guns don't kill people. People kill people"? Gun control is not going to stop this.

What IS needed (or at least would help) is more mental health care. It seems every time a person takes the notion to shoot others, someone says, "He was depressed." Never during the 20 years I have battled depression have I ever wanted to shoot anyone. There have been times when the urge to shoot myself was almost overwhelming, but I NEVER felt like shooting a bunch of strangers.

Abby, I'm writing this to defend those of us who are truly fighting depression. — DEPRESSED IN TEXAS

**DEAR DEPRESSED:** Misinformation about mental illness is a contributor to the stigma that surrounds it. The triggers that have led to the plague of mass shootings in this country are the result of individuals with severe psychosis and the impossible task their families have faced in getting their loved ones the ongoing medical and psychiatric treatment they needed.

**DEAR ABBY:** The man I lived with for 25 years, "Craig," and I have split. It was my decision. He now has a new woman in his life, and she is pregnant. Craig and I share a 23-year-old son.

Craig calls me often. He's my best friend and I wish him the best, but I get the feeling he is unhappy with this woman and feels trapped. He calls to ask me for advice and talk about the problems he has with her.

The woman has forbidden him to have contact with me so he has to sneak the calls. Should I not talk to him anymore, or leave it to him to make that decision? It seems to me he still needs me in his life as a friend. Is he emotionally cheating on this new woman? — SYMPATHETIC EX IN VIRGINIA

**DEAR EX:** If Craig needs counseling, he

should be getting it from an unbiased professional. His lady friend obviously views you as her rival, which is why she has forbidden him to contact you.

It's time to ask yourself how being in the middle of this makes you feel. If the answer is "not good," then tell Craig you don't want to cause problems in his new relationship, and sneaking around is dishonest and childish. And yes, this is a form of cheating because Craig is still emotionally dependent on you.

**DEAR ABBY:** I am a woman who works in an office building. What's the proper etiquette when the cleaning service is cleaning the restroom? If it's a woman, I tend to go in anyway. If it's a man, I wait (most of the time). — RESTROOM ETIQUETTE

**DEAR R.E.:** I don't think there is a rule of etiquette regarding this. When the cleaning crew (or janitor) is in the restroom, there is usually a sign posted to that effect. In many cases, if the janitor is a male in a women's restroom, he will immediately exit the room. However, if that doesn't happen, it's then up to the individual to determine if her call of nature is so urgent it must be heeded immediately.

*Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.*

*For everything you need to know about wedding planning, order "How to Have a Lovely Wedding." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Wedding Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)*



**DEAR ABBY**  
Jeanne Phillips

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## JACQUELINE BIGAR'S STARS

**EDITOR'S NOTE:** Bigar's Stars is based on the degree of your sun at birth. The sign name is simply a label astrologers put on a set of degrees for convenience. For best results, readers should refer to the dates following each sign.

A baby born today has a Sun in Sagittarius and a Moon in Aries if born before 11:26 a.m. (EST). Afterward, the Moon will be in Taurus.

### HAPPY BIRTHDAY FOR MONDAY, NOV. 23, 2015:

This year you often are stubborn and assertive. This tendency throws people off, as they never know what to expect. Communication could be confusing at times. Work on your listening and speaking skills, and others will respond in kind. If you are single, you might have difficulty keeping a relationship in balance. Don't worry; the person you should be with will delight in the variations of your personality. If you are attached, the two of you benefit from recreating a couple of your early dates together. Nothing beats chatting over dinner, just the two of you. TAURUS is as stubborn as you are.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

### ARIES (MARCH 21-APRIL 19)

★★★★ You'll be on a roll until noon, when you suddenly might need to switch gears. You might find someone to be a bit overbearing. You could feel awkward discussing an investment with a dear friend, as you seem to be second-guessing yourself. Tonight: Indulge a loved one.

### TAURUS (APRIL 20-MAY 20)

★★★★ Make it OK to feel out of sorts in the morning. Not everyone is a morning person. Give yourself time and space to acclimate to the fact that it is Monday. You could feel awkward about allowing a close associate to dominate the scene. Tonight: Do your thing.

### GEMINI (MAY 21-JUNE 20)

★★★ A meeting in the morning might have much more influence on your plans than you realize. Sometimes a friend is the source of misunderstanding. Allow more creativity to come out when in a heated discussion. Tonight: Be flattered by someone's attempt to impress you.

### CANCER (JUNE 21-JULY 22)

★★★★ You might be forced to give an extra push to a project. You will discover that a lot happens in the most unexpected way. Reach out to a loved one at a distance whom you care a lot about. You'll want to make travel plans soon. Tonight: Hang out with people you enjoy.

### LEO (JULY 23-AUG. 22)

★★★★ You might be too focused for some-

one's liking. This person wants to get you to do something that you are resistant to try. Allow your creativity to emerge. Communication will flourish if you are willing to get past a self-imposed restriction. Tonight: A force to be dealt with.

### VIRGO (AUG. 23-SEPT. 22)

★★★★ Reach out to someone at a distance. Though you don't always agree with this person, you find it beneficial to get his or her feedback. Use care with your spending. You easily could overindulge and regret it later. Tonight: Consider taking off for an unusual trip this weekend.

### LIBRA (SEPT. 23-OCT. 22)

★★★★ You nearly always enjoy relating on a one-on-one level with others. You might relax once you start discussing a problem more completely. To your surprise, you suddenly could become irritable. Try to get to the real reason behind this reaction. Tonight: Opt to be a duo.

### SCORPIO (OCT. 23-NOV. 21)

★★★★ Defer to a partner, as you will have little choice anyway. This person wants what he or she wants, and there is no way around it. You'll lighten up the moment with a year statement that forces others to laugh. Be careful about overindulging. Tonight: The only answer is "yes."

### SAGITTARIUS (NOV. 22-DEC. 21)

★★★★ You might feel as if you have nearly everything under control. You still could be a little disappointed by someone you had counted on. This person eventually will come through, but he or she has a hostile edge that you would prefer not to deal with. Tonight: Mosey on home.

### CAPRICORN (DEC. 22-JAN. 19)

★★★ You might get a strong premonition about what would be best to do, but you also realize that you have been a bit off when it comes to trusting your instincts. Just allow your imagination to flow, and know that not every idea needs to be perfect. Tonight: Off enjoying the moment.

### AQUARIUS (JAN. 20-FEB. 18)

★★★ You could find that your tendency to be obstinate comes up when dealing with a roommate or family member. You might become so engrossed in this conflict that you see no possible solution. Try to detach and find a way to resolve the issue. Tonight: Hang with a friend.

### PISCES (FEB. 19-MARCH 20)

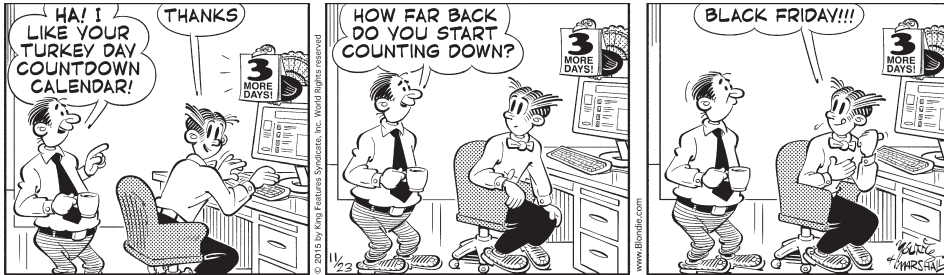
★★★★ Keep conversations moving, even if you feel awkward. You could have a sudden realization about a financial matter that could be profoundly upsetting. Allow your imagination to flow freely. Tonight: A chat with a special friend proves to be quite delightful.

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BABY BLUES | RICK KIRKMAN AND JERRY SCOTT



BLONDIE | YOUNG & DRAKE



MOTHER GOOSE AND GRIMM | MIKE PETERS

