

WOKSAPE

"The Wise Book"

Volume 91, Number 2

Monday, October 10, 2011

BLOOD DRIVE VISITS YANKTON HIGH SCHOOL



BY
**JENNA
DEBOER**

Have you given blood?

When you give blood, you save lives. Two local women have given blood in two different ways and have saved lives.

Kelsey Holzbauer has given blood many times, ever since she turned 16. She is a Yankton High School senior. She says, "The first time I gave blood I was a little nervous, but now it doesn't faze me." She proudly says she started giving blood so she could save lives.

Misty Eskins used to work at Sanford Hospital in both Sioux Falls and Vermillion where she would give blood transfusions to patients. She currently works for Universal Pediatrics out of Sioux Falls and is pediatric home health nurse.

Holzbauer says she feels a sense of accomplishment and pride when she gives blood. Eskins says she felt very rewarded when she would see the patients feeling better.

A few reasons for people needing blood would be if they are in a car accident, chemotherapy, and anemia. Anemia is a low blood cell count.

"Depending on why the person needs blood it does not change where you put the IV, but the size of the IV changes if the person is in need of blood. Blood needs to be given in a large vein so it requires a larger catheter size IV," Eskins said.

Eskins says for most people it takes around four hours for the blood to go into their system if they take two units of blood, with the unit at 450 ml.

On a scale from one to ten, ten being the hardest, Eskins says giving a blood transfusion is a three. You have to monitor the patient and make sure nothing is going wrong. You have to watch all, if any, reactions to the blood and all vital signs.

Holzbauer says she will give blood every change she gets. She would like to add, "Giving blood is a great thing to do and there is



PHOTO BY NATHAN RAUSCH

Senior, Molly Henrickson, is shown donating blood at last Thursday's blood drive held at Yankton High School.

a need for blood to save people's lives."

Misty says it's important to monitor patients, because the reaction could make them even sicker than they were before the blood.

Though it won't stop her from donating, Holzbauer once had a bad experience. A nurse tried to stick her vein and missed many times, then she moved to the next arm and got oxygen into tubing. She had many bruises and couldn't give blood that time.

YHS Students and Staff Rally to Support Nathan LaCroix, Kidney Transplant Recipient



BY
HUNTER KOCH

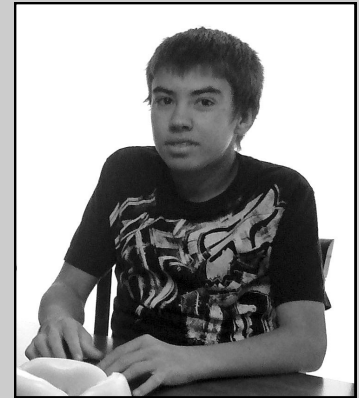


PHOTO COURTESY OF MRS. GERALYN LACROIX

Nathan LaCroix is recovering from a recent kidney transplant.

Recently, a fellow student, Nathan LaCroix, had come down with medical complications resulting in the need for a kidney transplant.

Following the transplant, Nathan is currently out of the hospital and staying at the Ronald McDonald House where he expects to stay for the next 2 weeks. Nathan said he was doing "awesome" and felt like a new person.

There was a considerable amount of response to this from the school, and funds were raised for Nathan and his family.

Dr. Kindle said nothing like this had ever occurred, and he saw it as an opportunity to help a student. Collection containers were placed by the doors at the homecoming dance, and for the past few weeks collection containers were located at the front office.

This effort was all around well received by both the faculty and the students.

Students Sing Through the Decades



BY
**MOLLY
HENRICKSON**

Evening with the Stars, Yankton High School's first choir concert of the year, was held on Thursday, September 29th at 7 p.m.

Evening With The Stars is a

chance for choir students to audition and then showcase their talents. This year's theme was "Hits Throughout the Decades."

Songs ranged from The Pretender's "I'll Stand by You" to Rihanna's "Take a Bow." Freshman, sophomores, and juniors can put together small groups to perform at the event. However, seniors have the option to perform a solo.

"It's so nerve-racking! I was really nervous to sing in front of everyone, but once I got up there I had the time of my life" says senior Briana Whitehurst. Whitehurst performed The Band Perry's "If I Die Young."

Rachel Busskohl, Briana Whitehurst, Molly Henrickson, Jessica Hofer, Kelsey Huntley and Molly Wagner put together

Michael Bubble's "Haven't Met You Yet." Senior, Jessica Hofer, states "It was so much fun finding all the harmonies and working with the other girls. I had a blast and would do it again in a heartbeat."

Mrs. Angela Larson, YHS Choir Teacher, gave birth to a baby girl, Klaire Adaline, just



PHOTO BY DESI BECKMANN

Acappella women sing "It's Raining Men".

days before the concert. Her long term substitute teacher, Ms. Owens, put together the concert while Larson was gone. Owens will be at YHS working with the choirs through the Christmas concert while Larson is on maternity leave.

Evening with the Stars is also a fundraiser for the YHS Choir Boosters. Money that is made from the event goes towards several funds. Some of the money is used to buy new or alter the old dresses and tuxes for the more formal performances, such as the Christmas Concert.

Students Flocking to Fashion Feathers



BY
**ADISA
FORMO**

The newest trend in hair accessories has reached Yankton High School. The new fashion statement of colorful feathers in the hair is what has been seen when walking through the halls of YHS.

Kelly Vornhagen, owner of the Cutting Crew, has been ordering feather hair extensions for the past year from California. Ranges of all ages, from young to the elderly, have been walking in her salon asking for feathers.

These feathers can come in all varieties of colors. Some schools around the area, including the middle school and a few of the elementary schools, do not allow these feather extensions.

Vornhagen charges forty dollars to put a set of feathers in hair. She says that different salons have different prices ranging from ten dollars to forty. Some salons also charge for the removal of the extension.

"Price does matter when putting in a feather extension," says Vornhagen. She has noticed that the cheaper the extension, the lower quality it is. Vornhagen has seen girls who have purchased the cheaper extensions where the dye from the extension has run through their hair causing the rest of the hair to be that color.

These extensions have to be put in and

taken out at a salon. Vornhagen says it is a very easy process. The feathers are connected to the top with a little metal piece and they attach them to a strand of real hair with pliers.

Feather hair extensions can be worn for as long as the person desires. As the hair grows, there may be the need to come back to the salon and they can put it up farther on the strand of hair. Maintenance is really easy with feather hair extensions. They can be curled, straightened, and washed. They can be treated as if they were real hair.

Vornhagen says, "The problem for salons with these extensions is we don't make any profit from them." Salons charge as much as they spend on these feathers because nobody wants to pay extra just for an extension.

Briana Whitehurst, who has been wearing her feather extension for about four months, absolutely loves it. She purchased hers for only six dollars and has not noticed any of the color rubbing off to the rest of her hair.

"I would definitely recommend to all girls



PHOTO BY MOLLY HENRICKSON

who want to add a little pizzazz to their hair," said Whitehurst. She also mentioned it was more convenient and less expensive than going through the hassle of dyeing one's hair to her liking.

Whitehurst saw that many other girls were getting the extensions and thought it would be neat to have one of her own. She thinks the real reason it became such a popular trend was because Steven Tyler from American Idol has some in his hair.

"Sometimes, when I'm brushing my hair, the brush snags the metal clip of the extension," Whitehurst explained as the only disadvantage of having her hair extension.

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2011
women's
HEALTH FORUM

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TOPIC:

"BREAST CANCER IS NOT ALL THE SAME"

by Mary J. Milroy, MD, FACS, Yankton Medical Clinic, P.C.
Board Certified Surgeon, Specializing in Breast Surgery

TOPIC:

CANCER SURVIVOR STORY

by Shelly Clayton

Tickets \$20.00

(includes lunch and program)

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advance or by mail by October 11th

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