

# WOKSAPE

## Soulek Brothers are Leaders on and off the YHS Football Field

**BY NICK ROBINSON**

The Yankton Bucks football team has been led by two brothers: senior, Ty Soulek and junior, Kellen Soulek. They have played together for the past two years at the varsity level. They both play offensive and defensive line for the Bucks.

Ty has been playing varsity since he was a freshman and Kellen since his sophomore year. "My first game playing with Ty, I was nervous and didn't want to mess up. He acts like a big brother on the field to me and everyone else," Kellen said.

The Souleks have great support from their parents, Jim and Steph Reinhardt. "They give us all the support in the world, it's pretty cool to know that we have parents who care about something we both love," Ty added. Both Jim and Steph have gone to almost every game the brothers have played together.

"I'm happy that Jim came back from the Middle East to support both of us," Kellen said. Jim served in Iraq and Afghanistan with the Charlie Battery Unit.

This year, the Bucks season is off to its best start since 2005. "It's been fun to be a part of this run, and I hope we can continue to get better," Ty commented. "Ty is a great leader and



PHOTO COURTESY OF TY SOULEK

Brothers, Kellen Soulek (left) and Ty Soulek (right), are shown in uniform after a Bucks football game

someone who the juniors look up to for advice," Kellen said.

Both of the Soulek boys are stars in other sports. Kellen is a center for basketball, and Ty does shot put in the spring for the track team.

"I think that doing other sports helps both of us out for football. Basketball keeps me in shape and helps me stay quick," Kellen said.

Ty is a valued member of YHS Acappella Choir, in which he sings low base. He, Jase Likness, and John Iverson are all in Acappella Choir. All three of them play football for the Bucks.

"I love singing and choir is a good time to get some chemistry with some players on another level. I wish I would have start-

ed choir freshman year," Ty said.

In their free time, the boys like to play Xbox Live as much as possible, work out, and go hunting and paintballing.

Ty is interested in playing football at the college level. He has been contacted by schools ranging from Princeton to Northern Iowa to South Dakota State.

"Wherever I go, I know I'll be doing what I love and pursuing a college degree," Ty explained.

Kellen, who still has a few years left to decide where he'd like to go would like to follow in his big brother's footsteps and play football or basketball at the collegiate level as well.

## Editor's Note

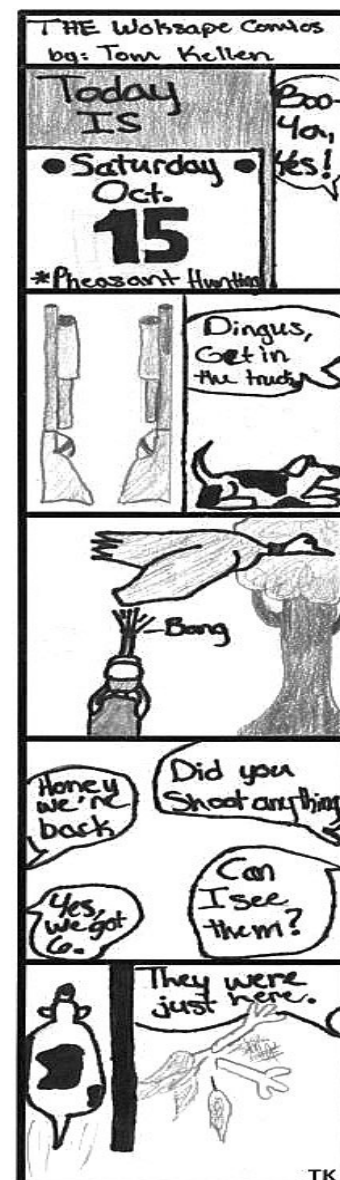
It is very interesting to see the number of students and community members that come support the Bucks and Gazelles in their sporting events. It is hard to believe that many people leave at half time if our athletes are losing.

It is hard for those players on the court or field to see their fans leaving, because they are losing the game. It only brings the moral down when they see this action occur. The team really needs to hear the crowd behind them through the times when they are losing. I believe that in every event we are winners. I know that our players practice hard and put all their effort on the playing field on game night.

Also the school spirit does not end at the gym or at Crane Youngworth Field. I also see that the attendance is lower at a fine art function such as band concerts or choir concerts or when the drama club puts on a play. There are many kids that are in the area of fine arts that sometimes people do not know about. Unlike a sports game, the fine arts only have a few performances. So to show some school spirit during fine arts events it might take some planning and watching the calendar since there so few events to attend. The fine arts are like any sporting team, they want you there to support them. As an actor, nothing makes me feel better than looking out from the stage seeing the seats full and see the audience engaged like they are engaged at a sporting event.

I think students need to realize that not getting involved in sporting events or going to see a play or concert with friends is only shorting their high school experience.

*Nathan Rausch*



## YHS Runner, Kipp Kinsley, Excels in Triathlon Competitions

**BY JUSTIN GRODE**

Kipp Kinsley has had an adventurous summer with all the triathlons and triathlon camps he attended over the summer.

Kinsley has run a total of six triathlons and has won three of them, including the Triple V in Yankton, South Dakota.

Kinsley says the Triple V Triathlon was his fastest triathlon, because he broke its record with a jaw dropping time of 57:33!

He dominated that race and was almost two minutes ahead of the next finisher for the men's division!

Kinsley is a part of the Z3 Triathlon Team which is coached by Jenny Webber. They have run in triathlons all over the country, even some as far away as San Diego, California.

Kinsley ran in the San Diego Nationals Triathlon and a triathlon in Seattle, Washington this summer. They were the two most memorable and difficult triathlons he raced in during the summer.

Kinsley has been doing triathlons for three years now and is considering continuing in the



PHOTO BY MOLLY HENRICKSON

Kipp Kinsley enjoys participating in triathlons during his free time.

twenty-three and above level. This would be a huge jump considering he is only eighteen years old!

Kinsley attended a camp by Z3 this summer for triathlon runners. He felt this camp helped him become a better triathlon and cross country runner.

Kipp Kinsley is also an amazing cross country runner for Yankton High School. He feels that cross training by doing triathlons gives him an edge over the other runners.

In order to do well in a triathlon, you have to train for the

events in it. The events in a triathlon are swimming, biking, and running.

There is also a race called a duathlon that consists of running, biking, and then running again. The Z3 team was planning to run in a duathlon, but they didn't have enough time to participate because of school.

Kinsley says he trains for triathlons by swimming, running, and biking specific amounts each week.

During triathlon season, Kinsley swims about 2500 meters a week. He also tries to run 30 miles and bike about 100 miles per week.

Kinsley says he doesn't bike everyday, but he does swim everyday during triathlon season.

Kinsley is also swimming on the Yankton Swim Team, which is his winter sport. He says this helps him during the swimming portion of a triathlon.

Kinsley ran over five hundred miles along with all the triathlon training he endured this summer.

Now he runs on the Yankton High School Cross Country Team and is having a great season this year. He looks to win another cross country state champion's trophy this year for the trophy wall at YHS.

## Gazelle Volleyball Players Faring Well in ESD

**BY TORY GROSS**

On their third straight road trip, the Yankton Gazelles were able to pull out yet another win against their longtime ESD rival, the Mitchell Kernels. The tight match went to five games, with scores of 22-25, 25-18, 25-15, 21-25 and 17-15. The gym was small, and the atmosphere was electric, which only added to the intensity of the contest.

"We all knew when we walked into the gym that it was going to be a crazy game. We knew it was going to get loud and that the home crowd was going to be obnoxious. So through all of it, we had to focus and just play our game," explained senior libero Chloe Cornemann.

The Gazelles managed to do just that. The team was able to serve receive against some tough Mitchell servers and transfer that solid serve receive into an explosive front row showing. Mikala Hora delivered a huge performance with 27 kills and 13 digs. Kelsey Fitzgerald followed right behind with 20 kills. Fitzgerald also added five blocks (two solo) and three ace serves. With outside hitter Sarah Ekeren sidelined with a broken arm, everyone from the team had to ratchet up their game to prove that one injury wouldn't stop their success. Junior Kelsey Butler did a great job of stepping in, and the other girls supported the substitution with plenty of team spirit.

"Even when things got tight, no one shut down. We all kept our focus and never let up," Cornemann added. "This isn't a sport where you can carry the team on your back, and we all rose up and came together to win it." Overall, it was a great team effort, with plenty of stats to go around. In addition to the numbers from Hora and Fitzgerald, Emily Fedders recorded 52 set assists, 19 digs and three blocks (one solo). Cornemann added five ace serves and 23 digs. Mindy Doering had five blocks (one solo) and Tory Gross posted 16 digs and five ace serves. Key touches on the ball from Doering and Butler, along with scrappy back row defense from Cornemann, Gross and Jena Nelson, helped clinch the thrilling victory.

Overall, it was a great team effort. Now 9-0 in the ESD, Yankton will travel to Huron to continue their undefeated streak, in hopes of nailing down the conference.

"Being undefeated in the ESD is a great feeling and something to be proud of, but we definitely can't dwell on it too long," Cornemann said. "If we want to reach our goal of being ESD champs,



PHOTO BY MOLLY HENRICKSON

Emily Fedders bumps the ball as Chloe Cornemann gets ready to spike it across the net.

we have to take each game one by one and only focus on what's ahead of us."

Before traveling to face tough Huron, Watertown and Aberdeen teams, Yankton has their work cut out for them. It won't be an easy road if the Gazelles don't make necessary adjustments.

"Finishing is a big weakness for us. We need to do a better job of being the aggressors instead of just sitting back and letting our opponents do what they want," Cornemann acknowledges.

While any weaknesses will be tested in the weeks ahead, the Gazelles are fully capable of playing together and taking down their opponents. The spirit of cooperation is high and will hopefully only build as the season continues.

## How to: Procrastinate Effectively

**BY MOLLY HENRICKSON**

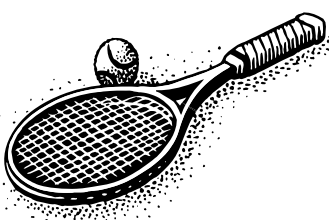
We aren't always on top of things as well as we should be. Here are some tips to help you become more organized and put together.

1. Make a to-do list.
2. Complete items one at a time.

If steps 1 and 2 don't work for you, follow 3 and 4.

3. Procrastinate 100%- focus on whatever task you ARE doing, rather than whatever task you SHOULD be doing, otherwise you won't get either done effectively.
4. Take responsibility for procrastinating- let your boss or parents know that whatever it is you were supposed to do won't be completed on time rather than lying.

CONGRATULATIONS to the YHS girls tennis team on making it to STATE!



Results for the state matches were unavailable at our press time.

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