

Duct Tape Is Good, But Not For Brake Lines

BY TOM AND RAY MAGLIOZZI
www.cartalk.com



CAR TALK

Tom and Ray Magliozzi

Dear Tom and Ray:
So, my 2003 Kia Rio has a brake-fluid leak. A reeeally bad brake-fluid leak. So bad that the floor of my back seat is fully littered with empty brake-fluid bottles! Now, I am pretty low on money. Quite broke indeed. And it will be a while before I can take my car in to be fixed. My question is, if I can manage to locate the leak, can I (as a temporary solution) duct-tape the leak until I can take it in?

- Sarah

TOM: No.
RAY: Absolutely not. I'll grant you that duct tape is an amazing product. It can be used in everything from outerwear to appendicitis surgery. But it can't fix your brake lines.

TOM: The problem is twofold, Sarah. First

of all, it won't work. When you step on the brake hard (i.e., when you really need to stop the car), the brake fluid is under hundreds of

pounds per square inch of pressure. For comparison's sake, your radiator is under about 14 or 15 psi. And no amount of duct tape will hold under hundreds of pounds of pressure.

RAY: Second, the downside risk is too great. Let's say you were to use duct tape to fix a side-view mirror that was falling off. Well, if it didn't work, you'd lose a mirror. But if you use duct tape to fix a rusty brake line and it doesn't work, you could lose your life. Or take the lives of other people.

TOM: So, even though you're broke, this is one of those times when you have to beg, borrow, steal or charge it. Or walk, Sarah. Don't mess around with your brakes.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at www.cartalk.com.

TON Yank Challenge



Cumulative Results Through Week Six

Team Name.....	Pounds Lost.....	Percentage.....
The Center	50.25	4.47%
Yankton High School	263.4	4.40%
South Dakota Magazine	12	3.64%
First National Bank South Dakota	85.4	3.56%
Yankton Rexall Drug Co	73.3	3.52%
Baldwin Filters	113	3.70%
Sacred Heart Monastery	196.6	3.33%
KYNT 1450	62	3.22%
Plains Marketing, L.P.	81.5	3.12%
Ability Building Services	116	2.79%
Wells Fargo Bank	59.5	2.70%
Lewis and Clark Behavioral Health Services, Inc.	128.5	2.84%
Truxedo "Phat Roll-Ups"	90	2.80%
Vishay Dale Electronics	245.9	2.57%
WNAX	101	2.41%
"Crusin for Losin" Yankton Media (Press and Dakotan and Missouri Valley Shopper)	73	2.31%
Mtron PTI	52.2	2.06%
Shurco	198	2.02%
Sapa Extrusions	310	1.99%
Services Center Federal Credit Union	32.6	1.85%
Mount Marty College	113.35	1.79%
First National Bank of Omaha	226.9	1.74%
Hy-Vee	137	1.49%
First Dakota National Bank "Waist Watchers"	91.5	1.39%
5 Star Communications (KVHT)	29	1.36%
Kolberg-Pioneer	146	1.36%
Yankton Area Chamber of Commerce	9	0.94%
Avera Sacred Heart Hospital	111	0.80%
Applied Engineering	51	0.78%
Total Lost	3258.9	

Poppy Day Sales Set For Yankton Oct. 21-22

On Oct. 21-22, Ernest Bowyer Post 791, Veterans of Foreign Wars and its Ladies Auxiliary will conduct the annual Buddy Poppy sale campaign in Yankton and the surrounding area.

The Veterans of Foreign Wars of the United States was the first organization to promote a nationwide sale of the symbolic red poppy assembled by disabled and needy veterans in order to provide some additional funding to assist them in their care and rehabilitation.

In 1922, the Veterans of Foreign Wars of the United States conducted a nationwide sale of

poppies made in France. This was after the dissolution of the Franco-American League, and in response to an appeal made by Madame Guerin, known as the "poppy lady of France." In October 1922, following the first nationwide sale of the red Buddy Poppy by the VFW, the American Legion Convention also adopted the red poppy. In the spring of 1923, the American Legion Convention also adopted the red poppy. In the spring of 1923, the Legion conducted its first nationwide sale of poppies made by French manufacturers.

And finally, in 1923, the

Veterans of Foreign Wars evolved the idea which resulted in the VFW "Buddy Poppy"—fashioned by disabled and needy veterans in the United States who were paid for their work in assembling the "Buddy Poppies."

In 1924, the VFW registered the name "Buddy" Poppy with the U.S. Patent Office, and today still holds the trademark rights in the name "Buddy" under the classification of artificial flowers. Since May 1924, the VFW has annually conducted a "Buddy Poppy" sale.

More than 20 million Buddy Poppies will be assembled this

year and will be sold by VFW Post and Auxiliaries throughout the nation. Each poppy will have traveled a long way and each will have helped to make someone happier.

The annual sale of Buddy Poppies is the only public solicitation conducted by the Veterans of Foreign Wars. The sale here in Yankton, as stated earlier, is on Friday, Oct. 21, and Saturday, Oct. 22. VFW Post 791 of Yankton and Ladies Auxiliary encourage all residents of Yankton and the area to purchase their Buddy Poppy with a smile and to recall why such a sale is needed.

AARP South Dakota: Remember To Review Medicare Options

SIOUX FALLS — With Medicare's open enrollment period beginning earlier this year, AARP South Dakota is reminding all South Dakotans that this is the one time each year when all people with Medicare can make changes to their coverage. The Medicare open enrollment period begins on Oct. 15 this year, and people with Medicare have until Dec. 7 to add, drop or change prescription drug and health care plans for 2012. AARP South Dakota encourages all South Dakotans in Medicare to review their options each year during open enrollment.

"This year, the open enrollment period begins earlier and has been extended to seven weeks," said Sam Wilson, AARP South Dakota associate state director. "We want to make certain that people in Medicare, especially the nearly 8,000 South Dakotans who are turning 65 this year, are aware of the early date and use the opportunity to find the plan that best fits their needs."

People with Medicare can use the Medicare Plan Finder at www.medicare.gov/find-a-plan to research prescription drug and health plans that will be available in 2012. Those needing assistance from a local Medicare counselor are encouraged to contact their local SHIINE (Senior Health Insurance and Information Education) office. (www.shiine.net)

After reviewing available plans, AARP South Dakota recommends considering the following when making decisions to change coverage:

- Costs, including the monthly premium, the annual deductible and cost-sharing;
- Coverage for the doctors and pharmacies included in the plan and the prescription drugs and other services you need; and,
- Quality Ratings, which are provided for most Medicare Ad-

vantage and Part D plans. These ratings are based on the quality of care and the customer service each plan provides.

AARP has a website dedicated to helping people get the information they need to make the best decisions during open enrollment. The website, www.aarp.org/openenrollment, includes guidance on the choices available to consumers during open enrollment and questions to consider when choosing a Medicare plan.

AARP has several additional resources to help people navigate open enrollment, including:

- The AARP Drug Savings Tool (available at drugsavings.aarp.org) allows users to select the drug they want to compare from Consumer Reports Health's database of about 500 drugs in 26 drug classes and provides consumers with "Best Buy" recommendations and a discussion sheet to help guide related conversations with their doctor, pharmacist or other health care professional.
- The AARP Doughnut Hole Calculator, available at www.aarp.org/doughnuthole, guides visitors through their prescription drug options using localized information about their plans and prescriptions to determine if or when they will fall into the coverage gap. In about 15 minutes, visitors can view a graph of their out-of-pocket spending by month, look up lower cost drugs for their conditions, create a Personal Medication Record and print out personalized letters to their doctors to help start a conversation about safely switching prescriptions.

A comprehensive guide to Medicare prescription drug coverage found at www.aarp.org/health/medicare-insurance/medicare_partD_guide/.

For more information, visit www.aarp.org/openenrollment.

Household Hazardous Waste Collection Next Week

A Household Hazardous Waste (HHW) Collection Event for Clay County, Yankton County and rural Union County will be held Oct. 21-22.

Household Hazardous Waste Collection will be held on Friday, Oct. 21, for Vermillion residents from 2-6 p.m. and Saturday, Oct. 22, from 9 a.m.-1 p.m. in Yankton. There is a \$10 fee per vehicle to help defray the collection cost.

This collection provides opportunities for residents to safely dispose of products containing harmful chemicals. Unless used and disposed of according to directions, these household chemicals present a threat to the environment. Special handling is required to dispose of them properly. Materials collected are recycled, or disposed in hazardous waste landfills or incinerators. A licensed private company under contract to the Missouri Valley Recycling Center provides these services.

Examples of Household Hazardous Waste include:

- Cleaning Supplies — Room deodorizers, oven cleaner; sanitizer; drain cleaners; toilet bowl cleaners; NiCad batteries; floor polish; silver and metal polishes; nail polish; furniture polish; mothballs; floor wax; disinfectants; powdered bleach.

- Household Products — Florescent bulbs; mercury switches and thermometers; bug sprays; Flea collars; peroxides; and medicines.

- Shop, Hobby Area, and Repair Supplies — Latex paint; oil based paint; used oil; used anti freeze; cleaners, thinners and solvents; lubricants, glues and adhesives; stains, strippers and preservatives; lead acid batteries; oil filters; and containers with unknown substances.

- Yard, Garden, and Farm Supply — Pesticides, herbicides and other products. The South Dakota Department of Agriculture will be on site to receive Farm Products.

Certain types of HHW have the potential to cause physical injury to sanitation workers, contaminate septic tanks or wastewater treatment systems if poured down drains or toilets, and present hazards to children and pets if left around the house. Read product labels for disposal directions to reduce the risk of products exploding, igniting, leaking, mixing with other chemicals, or posing other hazards on the way to a disposal facility. Even empty containers of HHW can pose hazards because of the residual chemicals that

might remain. In 2010, Missouri River Recycling paid more than \$20,000 to dispose of HHW received from residents. Although proper disposal of HHW is important, it is even more important to avoid purchasing hazardous items and substitute them with non-hazardous alternatives.

The more you use safe alternatives, the less we spend on disposal of HHW. The more HHW you dispose of, the less we save during these tough budgetary times. Choosing safer alternatives is the difference between money saved and money spent.

You can help reduce the cost of this program by:

- Avoid purchasing hazardous household materials
- Using up what you buy
- Giving away what you cannot use
- Using safer alternatives

The Vermillion Missouri Valley Recycling Center is located at 840 N. Crawford Rd., Vermillion.

Yankton Transfer & Recycling is located at 23rd and Kellen Gross Dr., Yankton.

Childhood Obesity Prevention Program Offered

BROOKINGS — A third of children in America are considered obese or overweight.

The Expanded Food and Nutrition Education Program (EFNEP), an SDSU Extension program, in partnership with the Volunteers of America, Dakotas, Childcare and Afterschool programs will present an innovative childhood obesity prevention program called The OrganWise Guys® (OWG).

The OrganWise Guys is a comprehensive preschool and elementary school curriculum built around a group of engaging characters that personify the major organs of the body to teach children and adults about the importance of eating well and being physically active. The cast of OWG characters empower children as young as three years old, as well as adults, to be "smart from the inside out" by teaching them about the negative impact of poor nutrition and lack of physical activity on each

individual organ (wise guy).

"Children, especially the very small ones, do not understand that eating large amounts of saturated fat on a continual basis may injure their heart," said Michelle Lombardo, D.C., founder and president of OWG, Inc. "However, young ones understand, and remember, this 'bad fat' message when Hardy Heart shares the scientific information with them through fun and playful stories. In fact, independent research shows The OrganWise Guys curriculum, when combined with school meal programs, helps children live healthier lives and score higher on standardized tests than children who have not been part of the program."

OWG, Inc. began teaching children about healthy living nearly two decades ago. Used in schools and community-based settings, the program is expanding exponentially as the number of organizations using the fun

and effective OWG program has increased 10-fold since its inception in 1993. The program will be presented to children and their parents by Elizabeth Fettes, SDSU Extension EFNEP Nutrition Assistant.

The OWG is an interactive, evidence-based curricula that uses these fun characters, such as Hardy Heart, Peri Stolic (the large intestine), and Sir Rebrum (the brain), coupled with physical activity lessons, to show children how to make obesity prevention-oriented eating and physical activity choices. The OWG is the only program in the published, peer-reviewed literature to show significant weight and blood pressure improvements, as well as higher standardized test scores, in children who participated in the program as compared to children who did not participate.

If you would like to learn more

about the OrganWise Guys, contact Elizabeth Fettes at the SDSU Extension at 605-367-7877.



Call and wish this 29-year-old insurance gal a big Happy 70th Birthday! 665-3570

YOU'RE NEWS!
The Press & Dakotan

Celebrating 50 Years

Lars and Sylvia Jezek of Kaylor will observe their 50th wedding anniversary Oct. 22 with an open house 5-7pm at the Tripp Legion Hall and social hour and dance to follow. The couple requests no gifts.

Lars and Sylvia (Tucek) Jezek were married Oct. 24, 1961, at Vodnany Catholic Church, rural Scotland.

They have 4 children: Tom of Kaylor; Cindy (John) Herr of Tea, SD; Connie (Brian) Tinney of Farmington, MN; and Cheri (Barry) Strombeck of Farmington, MN.

They have 4 grandchildren: Tanner and Brett Herr and Brittany and Brady Strombeck.

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Leaves are Falling
It's time for a lift...

Saturday, October 15th
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