

Cancer

From Page 1

2009; later that month I began the first of six rounds of chemotherapy."

She said her journey to recovery included both physical and emotional healing. Clayton believes none of it could have been done without the support of her family, her church and many people she does not even know.

"Your family is always going to be your biggest support," she said. "I was only working what figured out to be half-days. I would come home and be just exhausted. One day, my husband was on the road, I had made supper for my daughters and we were sitting in the chair. I was too tired to get up and put it away. My dad came over, that was how he supported me that day."

Beyond the physical support, however, Clayton said the well wishes and care she received from strangers and members of her church went a long way to healing her emotional health.

"You can be (a rock for) a person suffering from cancer ... or just be the anonymous card in the mail," Clayton said. "It all made a tremendous difference in my life and health."

Now a two-year survivor of cancer, Clayton said she is grateful and proud of the treatment and care she received here.

That is something surgeon Mary Milroy agreed with in her

own speech to the crowd.

"Since 1990, there has been a slow decrease in the mortality rate of breast cancer," Milroy said. "Early detection really does work. But, like Shelly said, if something doesn't feel right, double check. Mammography and ultrasounds are great screening tools available here in Yankton, but you need to take charge of your medical care."

Milroy said the first question anyone who receives a diagnosis of breast cancer should ask is, "Where did the cancer start?" Not all cancers are the same and each one is treated differently, Milroy said.

Seventy percent of breast cancer tumors are ductile cancers, she said.

"The second question you should ask is, 'Is my cancer invasive?'" she said. "Cancers that are still confined to their original location, that have not broken the wall, usually only require very local surgery and have a much higher rate of successful treatment. However, if the wall breaks down and the cancer has moved, it has access to any location in the body and can be much harder to treat."

According to Milroy, the third question you should ask is, "What stage is my cancer?"

"Many times people with a cancer diagnosis will say they feel everyone is talking in code," she said. "One of the 'codes' is the TNM — tumor size, node dissection and metastatic. Based on TNM, the tumors are ranked and treatment can be prescribed."

However, one major change in treatment is that almost all cancer patients will receive treatment even after the tumors are removed and there are no symptoms present.

"Nobody can answer if there are micro-metastatic cells in the body," Milroy said. "So we will send you to an oncologist to work with. Another code you will hear is 'triple negative' — estrogen positive or negative, progesterone positive or negative and her2-nu positive or negative."

Milroy said those three readings of a tumor will greatly impact how a person's cancer is treated. If a person is diagnosed with a triple-negative tumor, the only treatment available right now that shows consistent success is chemotherapy. Likewise, if the tumor is estrogen positive, progesterone positive and her2-nu positive, the person may be able to use a simple pill every day and not have to have chemotherapy or radiation.

"Being able to target the specific type of cancer makes us smarter in treating the cancer," she said. "We are making great strides towards finding a cure, but right now we are getting smarter in treating the cancers we do have. Hopefully one of these years when I come to visit with this group I will be able to say, 'We have found the cure.'"

The Women's Health Forum is sponsored by Avera Sacred Heart Hospital, First Dakota National Bank and the Yankton Medical Clinic.

Hearing

From Page 1

"NorthWestern doesn't seem to care," he added.

The 77-year-old Sedlacek, a former two-term Scotland mayor, learned that customers have the right to petition for PUC hearing on a rate-hike request.

He collected the required 25 signatures, and the PUC decided to hold the meeting in the hometown of the petitioners.

Sedlacek is no stranger to rallying local residents. He previously organized two busloads of local citizens to attend the South Dakota Department of Transportation (SDDOT) meeting in Mitchell, lobbying to keep South Dakota Highway 25 improvements moved up on the five-year schedule.

As for Monday's hearing, the PUC's ruling will affect far more than Scotland's 900 resident and businesses, Nelson said. The decision will cover NorthWestern's entire service territory in South Dakota.

Nelson explained the remainder of the PUC process for acting on the rate hike, including a formal hearing down the line.

Monday's hearing apparently made state history, Nelson said. The Scotland gathering marked the first time that the 1976 statute was used for initiating a citizens' petition for a rate-increase hearing, he said.

NorthWestern officials were in attendance, and Jeff Decker of the Huron office apologized for Sedlacek not getting a return phone call.

"I don't know what happened

there, but we do our best in getting back if you or someone else calls," Decker said.

Scotland resident Roger Treich questioned some of the figures in the NorthWestern request. PUC staff member Greg Rislov explained a breakdown of the request and said the current estimate comes to a 9 to 11 percent rate of return on equity.

Sedlacek said he believed that the average customer uses more than the 63 therms per month used in the NorthWestern example, meaning consumers can expect a greater increase than used in the illustration.

Decker replied that a customer with high usage might see more than the \$8.31 average monthly increase used in the NorthWestern illustration. "But high usage wouldn't add much more, because it's only 2 cents (per therm) after 30 therms," he said.

Nelson explained that the 7.2 percent request doesn't cover the company's cost of fuel purchases, which fluctuate in price. The rate hike deals only with the delivery charge, which includes operation expenses such as labor, lines and equipment," he said.

"It's all the things it costs for the company to run," he said.

NorthWestern officials also explained the need for replacing infrastructure and making other expensive, long-term investments in the company.

In response to a question, Fiegen said the projected average increase of \$8.31 monthly applies only to residential customers, who account for about 37,000 of the 43,750 NorthWestern customers in South Dakota.

State Rep. Frank Kloucek (D-Scotland) criticized the PUC's handling of requests.

"Is there an increase you don't like?" he asked. "The PUC is the public's utility commission, not the corporate utility commission."

Nelson disputed Kloucek's assertion, saying the PUC hasn't approved an increase since he joined the commission earlier this year. In addition, the PUC has approved rates less than requested and in one case was prepared to recommend a rate decrease, Nelson said.

Kloucek asked that at least part of the revenue from rate increases be used to beef up manpower in rural communities, where he said NorthWestern crews were stretched very thin.

Sedlacek emphasized that he wasn't upset with the local NorthWestern staff, who he characterized as very helpful. He also commended the PUC staff for its response, including its decision to hold the meeting in Scotland and to reschedule it after a local conflict arose.

However, he said he was concerned that the rate hike comes at a bad time in the economy, with many retirees on fixed incomes earning less than 1 percent on their investments.

The PUC doesn't have a deadline for acting on NorthWestern's request, Nelson said. However, the company can implement the requested rate hike or a smaller percentage 180 days after its request, which comes to Nov. 16, he said.

NorthWestern's rate hike would be subject to a refund if it amounts to an overcharge in the wake of the PUC's decision, Nelson said.

Public comments are still being taken by mail or on the PUC website at www.puc.sd.gov, Nelson said.

Out On The Town

WAUSA SWEDISH SMORGASBORD

Saturday, Oct. 22
Wausa Auditorium

Prices (includes tax):
Adults \$10.00
\$12.00 at the door
Children: Ages 5-10 \$5.00

Serving From 5:00-8:00pm

Group #1: 5:00-6:00 (please specify groups time)
Group #2: 6:00-7:00
Group #3: 7:00-8:00

Ticket Sales Contact: Doug Johnson, 402-586-2266, email: doug.johnson@wausabank.com

Don't Miss Our
**All-You-Can-Eat
Broasted Chicken
& Pollock Buffet
With Salad Bar**

**Every
Wednesday
5 to 9pm**

**Joe's
Substation**

Rural Lesterville • 605-364-7414

Enjoy the Fall
Season with
Our New
Fall
Specials
and Fall Decor

Plan your holiday
party in the NEW
Sandra's Brickskellar.

OPENING SOON!

Open Thurs.-Fri.-Sat. at 5:30
1-402-388-2400
www.theargohotel.com
email: argo@egcom.net CROFTON, NE

The
Argo

UNDER NEW OWNERSHIP
SINCE JUNE 1, 2011

CHINA TOWN
RESTAURANT

DINE IN & TAKE OUT
2007 Broadway, Yankton
Open 11am-2:30pm, 4pm-9pm

All You Can Eat
Lunch & Dinner
Buffet

20% OFF

7 Days A Week!

Express Delivery Available

(City of Yankton)
\$15 minimum for FREE Delivery

605.260.1688

VFW

Post 791
209 Cedar

OPEN TO THE PUBLIC

Wednesday & Sunday

5-7pm – Cooks Choice
Thursday
6-7pm – Domestic Beers
\$1.50
5-7pm – Hamburger/
Pizza Burger & Fries **\$5.00**
Friday
Chicken Fried Steak
or Menu
Serving 5:30-8:00
Saturday
Las Vegas Night ~ No Band
Serving from Menu
5:30-8:00
Bingo Wed. at 7:00pm
Sunday at 6:30pm
Happy Hour M-F 4:30-7:30
Chislic Served Last
Wednesday of Each Month

SOUP

KITCHEN

Thursday
October 20th
11AM-7PM

at the Moose Lodge

Proceeds go to the Cramer Kenyon House
Sponsored by the Royal Neighbors of America

DOOR
PRIZES!

CJ's At The Lake

OPEN ALL YEAR!
CJatthelake.com for menu's, events & bands • 402-388-4267
Weigan Rd., NE side of the lake • 10 miles north of Crofton • 11 miles southwest of Yankton

MONDAY: 16 Oz. Ribeye with Salad Bar \$12.95
TUESDAY: Taco 99¢
WEDNESDAY: 16 Oz. Ribeye with Salad Bar \$12.95
THURSDAY: Hamburgers \$1.00
FRIDAY: Supreme Seafood Buffet \$13.95
SATURDAY: Supreme Seafood Buffet with Prime Rib \$13.95
BREAKFAST BUFFET EVERY SATURDAY & SUNDAY 8AM

HILDEGARD OF BINGEN
AND THE
LIVING LIGHT

A one woman musical portrayal of the life of 12th century
German nun, healer, writer and composer Hildegard von Bingen
written and performed by Linn Maxwell
designed and directed by Ery Raible

Thursday, October 27 at 7:30 PM

Marian Auditorium, Mount Marty College
Reception following performance
Event is free and open to the public

Wednesday, October 26, 7:15
"Finding Hildegard"
Maxwell speaks about Bingen, Germany and
how she came to embrace Hildegard.
Chapter Room - Sacred Heart Monastery

Sponsored by Mount Marty College,
Mother of God Monastery, Sacred Heart
Monastery and the Benedictine Institute for
Leadership, Ethics, and Social Justice

MOUNT MARTY
COLLEGE

1105 W. 8th St, Yankton, SD | 1-855-MtMarty | www.mtmc.edu

Utica Annual Harvest Ball

Utica City, Hall Utica, SD

Saturday, October 22 • 9PM-1AM

Enjoy a Great Time With Your Friends Two Steppin'
and Rockin' Rollin To The Outback Band!

Trondhjem Lutheran Church/AFLC

44926 300th St., Volin – 8 miles north of WNAX Towers, 4 miles east
& 1/2 mile north or 4 miles west and 3 1/2 miles south of Irene, SD

12th Annual
Soup Kitchen Country Store
& Rummage Room

Saturday, Oct. 22, 2011
Serving from 5-8 p.m.

Menu: Chicken Dumpling Soup,
Taverns, Vegetable Beef Soup, Pies,
Chili Soup, Beverages, Milk, **FREE Coffee**

* Carry Outs Welcome *
Free Will Donations

THE LEWIS AND CLARK THEATRE COMPANY
AND JODEAN'S PRESENT

A HALLOWEEN
SUSPENSE THRILLER

BY
FREDERICK KNOTT

WAIT
UNTIL
DARK

DIRECTED BY
RANDY AND
SUE FIELDS

OCTOBER
20-23 & 28-30

THURSDAY, FRIDAY, AND SATURDAY
PERFORMANCES 7:30 P.M.
SUNDAY MATINEE 2 P.M.

WITH
FERRELLSON
FROM DRAMATIC
PLAY SERVICE

DAKOTA THEATRE | YANKTON, SOUTH DAKOTA
605-665-4711
ADULTS \$12, CHILDREN \$6

THE LEWIS & CLARK THEATRE COMPANY
PRESENTS

Williams & Ree

America's Favorite Comedy Team!

ONE NIGHT ONLY

Saturday November 5th, 2011
7:30 pm
RESERVED SEATING AVAILABLE
Advance tickets: \$20
At the Door: \$25

For More Information or Ticket Reservations
Please Call or Stop in at
The Dakota Theatre
328 Walnut St
605-665-4711
Monday thru Friday 12 Noon-5 pm

Godfather's
Pizza

New!
Friday Night
Buffet

Just in time for Football Season

Stop in before the game!
Tuesday, Wednesday & Now Friday
5:00 pm - 7:30 pm

2101 Broadway | Yankton, SD
(605) 665-2525