



YankTON Challenge

THROUGH WEEK 5

• **YANKTON CHAMBER OF COMMERCE** (6 participants) — Starting weight: 1,390.3; Current weight: 1,375; %Lost: 1.1%; Total Lost: 15.3
 • **APPLIED ENGINEERING** (35) — Starting weight: 7,226.8; Current weight: 7,136.4; %Lost: 1.25%; Total Lost: 90.4
 • **BALDWIN FILTERS** (15) — Starting weight: 3,062.5; Current weight: 2,998; %Lost: 2.11%; Total Lost: 64.5
 • **FIRST DAKOTA NATIONAL BANK** (16) — Starting weight: 3,074.3; Current weight: 3,017.7; %Lost: 1.84%; Total Lost: 56.6
 • **5 STAR COMMUNICATIONS** (10) — Starting weight: 1,992.8; Current weight: 1,982.2; %Lost: 0.53%; Total Lost: 10.6
 • **AVERA SACRED HEART HOSPITAL** (20) — Starting weight: 3,872; Current weight: 3,835; %Lost: 1.21%; Total Lost: 47
 • **VISHAY** (28) — Starting weight: 5,334.8; Current weight: 5,189.5; %Lost: 1.07%; Total Lost: 145.3
 • **THE CENTER** (5) — Starting weight: 941.25; Current weight: 931.2; %Lost: 1.07%; Total Lost: 10.05
 • **TRUXEDO, INC.** (33) — Starting weight: 6,347; Current weight: 6,141; %Lost: 3.25%; Total Lost: 206
 • **FIRST NATIONAL BANK OF OMAHA** (44) — Starting weight: 8,996.4; Current weight: 8,964.7; %Lost: 3.3%; Total Lost: 308.2
 • **RIVERFRONT BROADCASTING, L.L.C.** (11) — Starting weight: 2,251; Current weight: 2,186; %Lost: 2.89%; Total Lost: 65
 • **HY-VEE** (18) — Starting weight: 3,413; Current weight: 3,324; %Lost: 2.61%; Total Lost: 89
 • **SHUR-CO, L.L.C.** (37) — Starting weight: 7,198.2; Current weight: 7,024.6; %Lost: 2.41%; Total Lost: 173.6
 • **SACRED HEART MONASTERY** (19) — Starting weight: 4,172.1; Current weight: 4,056.7; %Lost: 2.77%; Total Lost: 115.4
 • **BON HOMME/YANKTON ELECTRIC** (7) — Starting weight: 1,302.8; Current weight: 1,273; %Lost: 2.29%; Total Lost: 29.8
 • **SOUTH DAKOTA MAGAZINE** (2) — Starting weight: 331.5; Current weight: 322.5; %Lost: 2.7%; Total Lost: 9
 • **SAPA EXTRUSIONS, INC.** (25) — Starting weight: 6,254.9; Current weight: 6,152; %Lost: 1.65%; Total Lost: 102.9
 • **YANKTON MEDICAL CLINIC** (62) — Starting weight: 11,785.2; Current weight: 11,556.7; %Lost: 1.94%; Total Lost: 228.5
 • **SERVICE CENTER FEDERAL CREDIT UNION** (12) — Starting weight: 2,204.5; Current weight: 2,145; %Lost: 2.7%; Total Lost: 59.5
 • **YANKTON REXALL DRUG CO.** (14) — Starting weight: 2,634.7; Current weight: 2,545.6; %Lost: 3.38%; Total Lost: 89.1
 • **“GOOD NEIGHBOR” ROY WILCOX STATE FARM** (14) — Starting weight: 2,950.5; Current weight: 2,885; %Lost: 2.22%; Total Lost: 65.5
 • **ABILITY BUILDING SERVICES** (24) — Starting weight: 4,657.44; Current weight: 4,547; %Lost: 2.4%; Total Lost: 110.44
 • **HOME FEDERAL BANK** (6) — Starting weight: 1,149; Current weight: 1,121; %Lost: 2.44%; Total Lost: 28
 • **L&C BEHAVIORAL HEALTH SERVICES** (18) — Starting weight: 3,458.7; Current weight: 3,406.3; %Lost: 1.52%; Total Lost: 52.4
 • **MOUNT MARTY COLLEGE** (16) — Starting weight: 3,030.85; Current weight: 2,982.45; %Lost: 1.6%; Total Lost: 48.4

TOTAL WEIGHT LOST97,120.3
TOTAL % LOST2.24%

For more information, visit <http://www.yankton.net/challenge/>

Library Hosting Additional Fall Programs

The Yankton Community Library, 515 Walnut, will be offering two additional fall programs for children beginning in October.

“Baby and Me,” a lap sit program for newborns through one year, is an interactive program for babies and their parent or caregiver. Infants sit on the lap of or on the floor with the adult. The library staff guides the adults in one-on-one interactions with their baby through songs, rhymes, finger plays, board books, shakers and bubbles. Pre-registration is required for “Baby and Me.” Twenty-minute sessions will be held on Wednesdays from 11-11:20 a.m., running Oct. 10-Dec. 12.

“Toddler Time” is for children ages 1-3 years. This 20-minute program introduces children to music, action songs, finger plays, short books and nursery rhymes. At toddler time, you and your child will have fun singing, dancing, listening to stories, and learning old and new rhymes together. “Toddler Time” will begin on Thursday, Oct. 11, at 11 a.m. and continue every Thursday through Dec. 13.

Story time continues for preschool children ages three to six on Mondays at 6:30 p.m., and Wednesdays and Thursdays at 10:15 a.m. Story time includes listening to two or three books read aloud, singing and dancing, and an art project. This 30- to 45-minute session will also incorporate puppets, flannel board stories and an occasional movie. For more information, contact the library at 668-5275.

MENUS

Menus listed below are for the week of October 8. Menus are subject to change without notice. All meals are served with milk.

Yankton Elementary Schools

Monday — Chicken Strips
 Tuesday — Taco In A Bag
 Wednesday — French Toast Sticks
 Thursday — Hamburger
 Friday — Cold Sub

Yankton Middle School

Monday — Chicken Nuggets
 Tuesday — Pizza Pocket
 Wednesday — Hamburger
 Thursday — Mac & Cheese Casserole
 Friday — Turkey Tenders

YHS A Line Menu

Monday — Chicken Strip Wrap
 Tuesday — Pizza Pocket
 Wednesday — Grilled Cheese Sandwich
 Thursday — Chicken Nuggets
 Friday — Chili With Cheese

YHS B Line Menu

Monday — Canadian Bacon Pizza
 Tuesday — Chicken Noodle Casserole
 Wednesday — Pretzel W/ Cheese Cup
 Thursday — Broccoli Soup W/ Crackers
 Friday — Flat Bread Sandwich

YHS C Line Menu

Monday — Corn Dog
 Tuesday — Walking Taco
 Wednesday — Chicken Burger
 Thursday — Italian Dunker w/ Sauce
 Friday — Cheese Burger

Sacred Heart Schools

Monday — Sub Sandwich
 Tuesday — Chicken Teriyaki Stick
 Wednesday — Turkey & Cheese Sandwich
 Thursday — Chili Cheese Dog
 Friday — Pepperoni Pizza

The Center — Yankton

Monday — Chili
 Tuesday — Liver & Onions
 Wednesday — Ham Ball
 Thursday — Beef Roast
 Friday — Beer Batter Fish

Tabor Senior Citizens Center

NO MENUS AVAILABLE

10% OFF Your Project

Blackburn Basement Systems
 Waterproofing & Repair

Basement & Foundation Specialists™

Wet Basement? Basement Wall Bowed? Foundation Settling?

• **FREE** Estimates • Financing Available

Toll Free 1-800-392-3389
www.blackburnbasementrepair.com
 (Cannot be combined with any other offers)

Open To The Public

Pancake Breakfast

Pancakes, Eggs, Bacon, Sausage, or Biscuits & Gravy

\$6.00 All You Can Eat
 Children 4-10 \$3.00 • Under 3 free

Sunday, Oct. 7th • 8-12:30

VFW Post 791
 209 Cedar, Yankton • 665-3562

Advice For Future Auto Workers

BY TOM AND RAY MAGLIOZZI
 King Features Syndicate

Dear Tom and Ray:
 I am hopefully starting a retail job at an auto-parts store as a part-time associate/part-time driver. Could you please provide a primer on what every parts monkey should know? (I use the term “parts monkey” in all its warmth and mirth, and mean to offend no one.) I have been a fan of you two guys for nearly 20 years, and I find your radio program both informative and entertaining.

—Brad

RAY: It seems to me the best parts guys are guys who have actually worked on cars before.

TOM: The reason is that when you go in the back room and you pull a set of pads for a Ford F-150, and you see that they're only two inches long, you'd know right away that those are the wrong pads and that somebody stocked them in the wrong place.

RAY: So you'd be able to correct the error before you sent the customer away to go home, jack up his car, remove the wheels and brake pads, and then realize that he's got the wrong pads.

TOM: Or before you sent the wrong parts out to a shop that's got a car on a lift, in



CAR TALK

Tom and Ray Magliozzi

pieces, and a customer reading a 12-year-old People magazine in the waiting room for what's going on four hours.

RAY: And, unfortunately, the only way to get that kind of experience is to work on some cars. So if you're really serious about moving up in the parts world, you'd probably be well served by volunteering or getting a lackey job at a shop one or two mornings a week. Then you'd get to know what the different parts for different cars actually look like, and you'd be able to spot obvious errors.

National Music Museum Appoints New Director

VERMILLION — Larry Schou, D.M.A., dean of the College of Fine Arts of the University of South Dakota, and Tom Lillibridge, chair of the Board of Trustees of the National Music Museum, announced today that the university and the trustees have selected Cleveland T. Johnson, Ph.D., as the director of the National Music Museum (NMM). Johnson will join NMM on Nov. 1. He recently stepped down as executive director of the Thomas J. Watson Fellowship at the Thomas J. Watson Foundation, New York City. He served in that post while on leave as professor of music at DePauw University in Greencastle, Ind., where he also served as dean of the School of Music.

Johnson holds a D.Phil. in Music from Oxford University in England, and a B.Mus. with a double major in Music History and Organ Performance from the Oberlin College Conservatory of Music, Ohio.

“Cleveland Johnson is an experienced music historian, professor, dean, and nonprofit administrator. He is well published in the areas of organ music and world music topics, and brings the combination of passion for music and administrative and academic experience we sought,” said Schou. “USD is excited to bring to the NMM his visionary leadership as a successful music-school dean and nonprofit executive with a growing track record in fundraising.”

Schou continued, “Johnson comes from a community with parallels to Vermillion, as Greencastle is also a small Midwestern university town. DePauw University has a fine School of Music, and Johnson spent some years living in India and has a strong interest in South Indian music and instruments. With Johnson's recent experience running an international foundation program in New York City, he will bring fresh ideas and big dreams to our museum.”

“I am honored to have this opportunity to lead the NMM,” Johnson said, “and to build upon the remarkable collections and publications that have established the Museum's prominence in the nation and the world. The NMM



SUBMITTED PHOTO

Officials at the University Of South Dakota recently announced that Cleveland T. Johnson, Ph.D., will serve as the director of the National Music Museum, effective November 1. Johnson recently stepped down as executive director of the Thomas J. Watson Foundation in New York City.

holds an extraordinary collection of musical instruments – probably the most comprehensive in the world; and the Museum is a keystone of the university's cultural and academic prominence. I anticipate working closely with President James Abbott of USD and Steve Brown of the USD Foundation to help meet the university's future goals; and to being part of the university community and collaborating with faculty across USD. I have been very impressed by the commitment of the NMM's Board of Trustees, staff members and the University community, and I am eager to join this team of talented staff, board members, volunteers and graduate students.”

“I grew up in Norfolk, Va., spent eight years abroad in Germany, England and India for study and research, and spent my academic career in Greencastle. I'm looking forward to relocating to Vermillion and becoming part of the community. I hope to work closely with Mayor Jack Powell and the city as well as collaborating with the South Dakota Department of Tourism.”

“I salute and will continue to encourage the NMM's outstanding education programs for school children and its well-regarded master's degree program, which is unique in North America. As the father of seven children/stepchildren, I value opportunities for people of all ages to engage with

the Museum and to be inspired by its extraordinary objects and unique programming. I aim to increase the visibility and use of the Museum as a national and international resource for both scholars and the public.”

Johnson will take the reins from Margaret (Peggy) Downie Banks, Ph.D., the Museum's senior curator, who has been interim director since March 2011, when founding director André Larson retired after 39 years. Banks will continue as interim director until Johnson's arrival.

“Peggy has moved the NMM forward in many areas as Interim Director, and we are very grateful for her dedication, service and many contributions in taking on this position,” Schou said. “This is a very smooth transition, and the continued growth and success of NMM is secure.”

The Search Committee was headed by Dr. Schou and included four Trustee Board members: Tom Lillibridge, Richard Cutler, Claire Givens and Jo Wohlenberg; two Museum staff members: John Koster and Deborah Check Reeves; and music school faculty representative Susanne Skyrn. For the international search, USD retained Marilyn Hoffman of Museum Search & Reference, a museum executive-recruiting firm in Manchester, N.H.

“We are greatly anticipating the arrival of Cleveland Johnson, and looking forward to his leadership in the coming years,” Lillibridge stated. “We feel that Cleveland will be a strong successor to Andre Larson's leadership legacy. During the interview process we were all very impressed with Cleveland's vision for the future of the museum. The NMM Trustees know that our strong relationship with USD will continue to grow and that the new director will help provide additional guidance in this area.”

2012 Women's HEALTH FORUM

Monday, October 15, 2012

BEST WESTERN KELLY INN, YANKTON, SD

Doors open at 11:30AM – Lunch will be served at noon – Forum begins at noon

OUR EMCEE, MARY J. MILROY, M.D., FACS
 Board Certified Surgeon, Specializing in Breast Surgery
 Yankton Medical Clinic, P.C.

“Women's Health Screenings are Easier than Airport Screenings”

by Jill F. Sternquist, M.D., Board Eligible Obstetrician & Gynecologist at Yankton Medical Clinic, P.C.

“Making Molehills out of Mountains”

by Amy Mines, Breast Cancer Survivor

Tickets \$20.00

(includes lunch and program)

PROCEEDS BENEFIT:
SD All Women Count

All tickets must be purchased in advance or by mail by October 9th

Make checks payable to:

WOMEN'S HEALTH FORUM
 c/o Avera Sacred Heart Cancer Center
 1115 W. 9th St. • Yankton, SD 57078
 Phone: (605) 668-8850

Tickets also available at:

First Dakota National Bank
 Downtown & North
 Rexall Drug
 Avera Sacred Heart Cancer Center
 Yankton Medical Clinic, P.C.

SPONSORED BY:

Avera Sacred Heart Hospital
First Dakota National Bank
Yankton HyVee
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