

C O M M U N I T Y

CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

MONDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Quilting, 9:30 a.m.-3 p.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, open meeting non-smoking, 1019 W 9th St.
Interchange, noon, Minerva's Bar and Grill, 605-660-8849.
Cribbage, 1 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Whist, 12:45 p.m., The Center, 605-665-4685
Hand & Foot Cards, 1 p.m., The Center, 605-665-4685
River City Harmony Sweet Adelines, 6:30 p.m., First United Methodist Church, 11th and Cedar, 605-661-7162
Divorce Care, 7 p.m., Calvary Baptist Church
Divorce Care For Kids, 7 p.m., Calvary Baptist Church
Daily Reprieve, 7 p.m., closed meeting non-smoking, 1019 W 9th St.

THIRD MONDAY

Yankton Golf Advisory Board Meeting, noon, Fox Run Golf Course, 600 W. 27th Street, 605-668-5205
Friends Of The Yankton Community Library, 5:15 p.m., Yankton Library, 515 Walnut
Yankton Lions Club, 6 p.m. dinner, 6:30 p.m. meeting, JoDeans, 605-665-4694.
Yankton American Legion Auxiliary, 7:30 p.m., VFW Building, 209 Cedar Street
NARFE Chapter 1053, 10 a.m. at The Center, located at 900 Whiting Drive.

TUESDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685
Yankton Community Forum, 8:30 a.m. coffee, 9 a.m. meeting at Hillcrest, 605-664-5832
Ladies Pool, 10 a.m., The Center, 605-665-4685
Weight Watchers, 10:30 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Yankton Alanon, noon, non-smoking session, 1019 W 9th Street
Nurse, 12:30-3:30 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Bingo, 7-9 p.m., The Center, 605-665-4685. (Open to the public)
Open Billiards, 7-9 p.m., The Center, 605-665-4685
Yankton Alcoholics Anonymous STEP Sessions, 7 p.m. and 8:30 p.m., 1019 W. 9th St.
Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed session, Trinity Lutheran Church at 816 E Clark St. Vermillion.
Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed session, 16 1/2 Court St. Vermillion

THIRD TUESDAY

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and Walnut

WEDNESDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Nurse, 10 a.m.-noon, The Center, 605-665-4685
Quilting, 10 a.m.-3 p.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, non-smoking open session, 1019 W. 9th St.
Whist, 12:45 p.m., The Center, 605-665-4685
SHIINE, 1-4 p.m., The Center, 605-665-4685
Yankton Alcoholics Anonymous, 7:30 p.m., non-smoking session, 1019 W. 9th St.
Springfield Footprints, 7:30 p.m., non-smoking open session, Catholic church, Springfield

THIRD WEDNESDAY

NAIFA-Lewis and Clark, noon-1 p.m., Minerva's.
Partnership Bridge, 1 p.m., The Center, 605-665-4685

BIRTHDAYS

NAOMI SOMER



Somer

Naomi Somer of Yankton will celebrate her 90th birthday with an Open House on Sunday October 21 from 2-4 p.m. at Avera Majestic Bluffs Assisted Living Dining Room. Friends and relatives are invited to attend. A card shower will also be held. Greetings can be sent to her at 2109 West 11th Apt. 219, Yankton, SD 57078

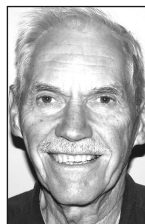
MARY JANE HISEK



Hisek

Mary Jane Hisek of Yankton will be celebrating her 80th birthday on October 19. Her family would like to celebrate her day with a card shower. Cards may be sent to 700 W 10th Yankton SD 57078. She has two Grandchildren, 2 Great-grandchildren and hundreds of children from her 43 years as a teacher in the Yankton area.

DONALD AUCH



Auch

The children, grandchildren and great grandchildren of Donald T. Auch invite you to join them at the Rec Bar in Scotland on Sunday, October 21 from 1-3 p.m. to celebrate his 80th birthday. No gifts please but if you're unable to attend, you can send greetings to 29421 429th Ave, Lesterville, SD 57040.

EILENE SWENSEN



Swensen

Eilene Swensen of Mission Hill will celebrate her 94th birthday on Sunday, Oct. 21, with an open house at 2 p.m. at Avera Yankton Care Center, 1212 W. Eighth Street. Friends and relatives are invited to attend.

A card shower will also be held. Greetings can be sent to her at 1212 W. 8th Street, Yankton 57078.

ELMER FISCHER

Open house for Elmer Fischer 85th birthday hosted by his children from 1-4 p.m. on Sat., Oct. 27 at 2220 Valley Road in Yankton. Cards can be sent to the same address.

CECELIA SCHAEFER

Cecelia will be celebrating her 90th birthday on October 19, 2012. Her Family would like to congratulate her with a card shower. Greetings can be sent to Cecelia Schaefer Autumn Winds PO Box 16 Yankton, SD 57078.

Planning For Children: Half Of Female Breast Cancer Patients Given Reproductive Counseling

BY ALEXIA ELEJALDE-RUIZ

© 2012, Chicago Tribune

CHICAGO — When Sarah Lisle was diagnosed with breast cancer at 25, she didn't remember anyone cautioning her about how treatment might affect her fertility. And children were nowhere on her radar; unmarried and poised to go to graduate school, Lisle just wanted to have surgery, get chemo over with and move on with her life.

And she did — she got married, got her master's in historic preservation, moved to Austin and took a job planning exhibits for the Texas State Parks. She and her husband got excited to start a family, which they could do once she finished her five-year course of tamoxifen, a drug used to combat estrogen-driven breast cancer.

But two months before five years was up, Lisle, then 31, found a new lump. It was cancer, estrogen-driven, making removal of her ovaries likely, pregnancy a dangerous prospect.

"I thought, there goes kids," Lisle said.

But this time, her oncologist sprang into action, advising Lisle to freeze her eggs.

By freezing eggs, embryos or, in rare cases, ovaries, to be implanted later in their own bodies or into surrogates, women preserve the option of having biological children if chemotherapy or radiation treatment deplete their egg reserve or push them into menopause. But many women are not aware of the option.

"Ten or 12 years ago, this was not a topic on people's mind," said Dr. Kutluk Oktay, director of the Division of Reproductive Medicine and the Institute for Fertility Preservation at New York Medical College.

In one survey of 1,000 female cancer survivors younger than 40, researchers from the University of California's San Francisco School of Medicine found almost half did not recall receiving any reproductive counseling, and 88 percent did not recall receiving information about fertility preservation, according to a July report in the Journal of Cancer Survivorship. A Swedish study published in June's Journal of Clinical Oncology found men were much more likely than women to receive reproductive counseling.

"The biggest error that we're seeing is that people are not hav-



THAO NGUYEN/CHICAGO TRIBUNE/MCT

Sarah Lisle, left, stands with her daughter Lily Lisle, 17 months, and husband Matt Lisle in Austin, Texas. Lisle decided to undergo IVF and freeze embryos, which later on her sister in law, Lisa Cover became the surrogate mother.

ing the conversation based on assumptions — that they're too old, or too young, or that it's not safe, or they don't think it's affordable," said Emily Eargle, navigation manager for national services for the Lance Armstrong Foundation's Fertile Hope Initiative, which provides counseling and financial support to cancer patients with reproductive concerns.

While a woman's risk of losing fertility as a result of breast cancer treatment depends on a host of factors — her age, the type and stage of cancer and the type treatment — in general, when the typical ovary-damaging chemo agent cyclophosphamide is used, a woman loses 10 years of her egg reserve, Oktay said.

So a 40-year-old woman's reproductive age will be 50 after chemo, making it highly likely she'll be menopausal, Oktay said. A 30-year-old woman will have an egg reserve like a 40-year-old post-chemo, and then she must wait another two years to increase her odds of surviving the pregnancy — or, if her cancer is estrogen-receptor-positive, five years to complete the tamoxifen regimen. Tamoxifen interferes with fetal organ development.

Depending on the dosage, radi-

ation also can hurt fertility, leading to total or partial termination of ovarian function, Oktay said.

Women who want to have genetic children post-cancer should seek help from a reproductive specialist as soon as possible after diagnosis to begin the process of in vitro fertilization, involving egg harvesting, which must happen before a woman starts treatment and requires at least 10 days of hormonal stimulation to get good eggs, Oktay said.

Pregnancy does not increase the risk of cancer recurrence, several large studies have shown, and in fact might increase a woman's chance of survival, he said. Getting pregnant post-cancer treatment presents no increased risk to the fetus, Oktay said.

There may be increased risks to mothers, however, as certain chemotherapy agents can be damaging to the cardiac muscles, he said.

Fertility preservation is not advised for women who are past 45, pre-menopausal, medically unstable or who have already experienced ovarian failure, Oktay said.

Encouraged by her oncologist, Lisle underwent IVF. With help from Fertile Hope, she paid half the regular cost for the IVF. (Fertile Hope secures discounts from

fertility providers for at least 25 percent off the procedure's costs, which tend to be about \$15,000 to \$20,000 upfront for IVF, plus annual storage fees and medication.)

While Lisle was preparing for chemotherapy, her sister-in-law, Lisa Cover, offered to be the surrogate.

Concerned about Lisle becoming pregnant after her ordeal, everyone agreed. After extensive psychological and physical evaluations and legal paperwork, Cover had three embryos implanted.

Lisle, undergoing radiation at the time, said she was "just focused on getting through that and waiting for the other side."

On April 8, 2011, Lillian DeAnne Lisle was born. They call her Lily D.

"She's been an excellent baby," said Lisle, describing her joyful, well-behaved daughter who "sleeps like a champ."

"I think she knows how she got here."

Less than 10 percent of women younger than 40 who develop invasive breast cancer have children after being diagnosed, despite survey results suggesting about half want to, the American Society for Reproductive Medicine said in a report last year.

BIRTHS

CARLI MOLLMAN

Bowen and Sonya Mollman, Yankton announce the birth of their daughter, Carli Ann Mollman born September 25, 2012 at 4:54 p.m. She weighed 6 pounds, 7 ounces and was 19.5 inches long.

Carli joins brother Keston, 2. Grandparents are Stephen and Mary Nehl, Carson, N.D. and Bob and Jonabeth Mollman, Watauga. Great-Grandparents are Art and Deloris Long, McIntosh.

CONOR MULLOY

Amy (Otteman) and Sean Mulloy announce the birth of their son, Conor Patrick, born Sept. 18, 2012, at Avera Sacred Heart Hospi-

tal, Yankton. He was 9 pounds, 21 inches long.

Grandparents are Gerri Otteman, Yankton; Dan Otteman, Yankton; and Cheryl and Marlin Mulloy.

Great-grandparents are Jerome and Viola Suing, Hartington, Nev.; Laverne Kast and the late Alfred Kast, Hartington, Neb. the late Flavian and Lauretta Mulloy, Yankton; and Grace Kappel and the late Ralph Otteman, Sioux Falls.

SEELEY THUNKER

Alicia (Bender) Thunker and Michael Thunker announce the birth of their son, Seeley Theodore Thunker, born Sept. 9, 2012, at Avera Sacred Heart Hospital, Yankton. He weighed 7 pounds, 4 ounces

Grandparents include Terry and Becky Thunker, Crofton, Neb.; and Brad and Rhonda Bender, Yankton.

Great-grandparent is Adam Bender Sr., Yankton.

Fighting Breast Disease.

GENERAL SURGEON

Ryan J. Garry, M.D.

Board Eligible General Surgery

So Much Care, So Close to Home:

THANK YOU

FOR SUPPORTING LANCER VOLLEYBALL'S ANNUAL THINK PINK FUNDRAISER EVENT!



Put your *faith* in us.

Because of your help, the Lancer volleyball team was able to donate \$800 to the Avera Sacred Heart Cancer Center to assist in the fight against breast cancer, with a grand total of \$2,300 over the last three years!

M MOUNT MARTY COLLEGE

1105 WEST 8TH STREET | YANKTON, SD | 1-855-MtMARTY (686-2789) | MTMC.EDU

Bosses Day is Oct. 16th

Say THANKS with...

• Balloon & Abdallah Candy...\$14.95

• You're the Tops Desktop Planter.....\$19.95 and up
 ~ OR ~

• Tabletop Plant Dressed for Fall.....\$32.95

• Touch of Fall Fresh Flowers Vased.....\$24.95

Aspen Cider Spices & Egg Nog Mixes Are Here!
 You can bake with them too!
 Ask for some recipe ideas...
Beer Bread & Dip Mixes Too!

pied piper flowers

665.7700

15th & Broadway, Yankton
 www.piedpiperflowers.com

We Deliver The Best!