

COMMUNITY
CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

THURSDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685
Wil Bowling, 9:30 a.m., The Center, 605-665-4685
Billiards, 10 a.m., The Center, 605-665-4685
Yankton Sertoma, noon, Pizza Ranch, 605-661-7159
Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th Street.
Avera Sacred Heart Hospital Toastmasters, noon, Benedictine Center, open session 605-665-6776
Pinochle, 12:45 p.m., The Center, 605-665-4685
Dominos, 1 p.m., The Center, 605-665-4685
Weight Watchers, 4 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Weight Watchers, 5:30 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Take Off Pounds Sensibly (TOPS #SD 45), Weigh-in 5:30-6:30 p.m., meeting 6:30-7:30. RTEC building, 1200 W. 21st St. For more information call 605-665-3738 or 667-9274.
Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and Walnut
Celebrate Recovery, 7 p.m., Calvary Baptist Church, Youth Room #4, 2407 Broadway, Yankton, 605-665-5594
Freeman Alcoholics Anonymous, 8 p.m., non-smoking closed meeting, City Hall, 3rd and Poplar, Freeman.
Yankton Alcoholics Anonymous, 8:30 p.m., open session, 1019 W 9th St.
Yankton Alanon, 8:30 p.m., 1019 W 9th Street

FRIDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th Street.
Partnership Bridge, 1 p.m., The Center, 605-665-4685
Bingo, 7-9 p.m., The Center, 605-665-4685
Open Billiards, 7-9 p.m., The Center, 605-665-4685
Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed session, 16 1/2 Court St, Vermillion
Porchlight, 8 p.m., non-smoking closed session, United Church of Christ, 210 W 5th Street

SATURDAY

Weight Watchers, 9 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Each Day a New Beginning, 10 a.m., non-smoking closed session, 1019 W 9th Street
Daily Reprieve, noon, non-smoking closed session, 1019 W 9th Street.
Vermillion Unity Alcoholics Anonymous, 7:30 p.m. closed session, Trinity Lutheran Church, 816 E. Clark, Vermillion.

FIRST SATURDAY

Bingo, Yankton Moose Lodge, 7 p.m. (through May)

SUNDAY

Alcoholics Anonymous, 8 a.m., closed meeting, 1019 W. 9th Street
Tyndall Alcoholics Anonymous, 8 p.m., non-smoking, 1609 Laurel St., Tyndall
Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed meeting, Trinity Lutheran Church, 816 E. Clark, Vermillion

MONDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Quilting, 9:30 a.m.-3 p.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, open meeting non-smoking, 1019 W 9th St.
Interchange, noon, Minerva's Bar and Grill, 605-660-8849.
Cribbage, 1 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Whist, 12:45 p.m., The Center, 605-665-4685
Hand & Foot Cards, 1 p.m., The Center, 605-665-4685
River City Harmony Sweet Adelines, 8:30 p.m., First United Methodist Church, 11th and Cedar, 605-661-7162
Divorce Care, 7 p.m., Calvary Baptist Church
Divorce Care For Kids, 7 p.m., Calvary Baptist Church
Daily Reprieve, 7 p.m., closed meeting non-smoking, 1019 W 9th St.
Divorced, Separated, Widowed, 7-9 p.m., Roncalli Center, Mount Marty College (Sept. 16-Nov. 18)
FIRST MONDAY
Yankton Republican Party Executive Meeting, 5:30 p.m., 2507 Fox Run Parkway, 605-260-1605
Yankton Lions Club, 11:30 a.m. lunch, noon meeting, JoDeans, 605-665-4694
Heartland Humane Society Board Meeting, 6:30 p.m., 601 1/2 Burleigh
Yankton Parks Advisory Board Meeting, 5:30 p.m., RTEC, 1200 W. 21st Street

Mayor's Prayer Breakfast Oct. 11

The fifth annual Yankton Area Mayor's Prayer Breakfast will be held at 7 a.m. Friday, Oct. 11, at the Best Western Kelly Inn, E. Highway 50, Yankton.

Among the featured speakers is Sioux Falls attorney Bret Merkle, who will talk about the significance of prayer in his life after he suffered a devastating motorcycle accident while he was in college. Others scheduled to participate in this year's breakfast

program are Dana Forbes, Pastor Kwen Sanderson, Pastor Tracy Headley, Dr. Wayne Kinde, Chuck Haffner, Bernie Hunhoff, Don Veldhouse and Pastor Randy Tramp.

Paid reservations are required by Tuesday, Oct. 8. Event organizers do allow for some walk-ins the day of the breakfast.

For further information, call 605-660-0378 or send e-mail to sorensenlms@gmail.com/.

USD

Homecoming Royalty Set



VERMILLION — Candidates for Mr. and Miss Dakota 2013 were announced at Tuesday night's Royalty Reveal at Aalfs Auditorium on the University of South Dakota campus. Fourteen students have been chosen to represent USD during this year's Dakota Days homecoming activities, which culminate with the coronation of Mr. and Miss Dakota at halftime of Saturday's football game against Missouri State at the DakotaDome.

The 2013 Miss Dakota candidates are:

- Anna Hyronimus of Valley Springs, a Spanish and economics major nominated by Kappa Alpha Theta, who is active in the Honors Program, Sigma Delta Pi, Order of Omega, Girls on the Run, Political Economy Club and NSCS;

- Cassie Bartlett of Sioux Falls, who is a political science and contemporary media and journalism major nominated by Mortar Board, and is involved with Alpha Phi, Coyote News, Coyote Radio, Order of Omega, Golden Key National Honor Society, Cross Media Council and the National Society of Leadership and Success;

- Courtney Krcil of Dante is a business administration major who was nominated by USD Dakota Days Executive Board, and is also active in Student Ambassadors, the USD Writing Center, Kappa Alpha Theta and Phi Beta Kappa;
- Ellen Ingebrigstson of Sioux Falls is majoring in accounting and was nominated by Alpha Phi, and she has been involved with Beta Alpha Psi/Accounting Club, Golden Key National Honor Society, PanHellenic Council, Alpha Lambda Delta/Phi Beta Sigma National Honor Society, Mortar Board, Salvation Army bell ringing, Susan G. Komen and the Heartland Humane Society;
- Kate Bauer of Omaha, Neb., is majoring in psychology and was nominated by SERVE, and is active in Big Pal

Little Pal, Kappa Alpha Theta, College Republicans and the National Society of Leadership and Success;

- Megan Ingebrigstson of Sioux Falls is a biology major nominated by Pan-Hellenic Council who has been active with Premed Society, Golden Key National Honor Society and Pi Beta Phi;
- and Wendy Nelson of Sioux Falls, is an elementary education and special education major who was nominated by Student Ambassadors, and has been involved with Alpha Phi at USD.

The 2013 Mr. Dakota candidates are:

- Erik Muckey of Corsica, who was nominated by SGA and is majoring in economics while also active in HOBY South Dakota, Lost and Found Board of Directors (vice president), Coyote Capital Management (president), University Scholarship Committee, Students for Inclusive Excellence, Beta Gamma Sigma, Honors Directors' Council, Honors Program and is the current SGA President;
- Gavin Pochop of Gregory is a history and English major who was nominated by Tau Kappa Epsilon and is involved with Golden Key National Honor Society, Mortar Board Honor Society, Dakotans and volunteers as an assistant wrestling coach at Vermillion High School;

Remember Food Safety While Tailgating

BROOKINGS — Tailgating season is upon us. SDSU Extension Food Safety Specialist, Joan Hegerfeld-Baker, reviews good planning and food safety practices to ensure the party doesn't end in food borne illness.

"Tailgating is very similar to summertime outings; bringing the kitchen outdoors, feeding a crowd, and the food tends to linger throughout the day," Hegerfeld-Baker said. "This can create a dangerous situation if the proper precautions aren't taken."

She goes on to share an example. "Consider a serving of meat balls or barbecue chicken wings sitting out from pregame through half-time and post-game wrap-up. There's a party going on that you can't see, taste or smell in the food, and this is one party you don't want to be invited to."

TAILGATING CHECKLIST:

- Clean utensils;
- Thermometer for safe grilling;
- Water for clean up, disposable cloths or moist towels and paper towels for cleaning hands and surfaces;
- Plenty of fuel for cooking; and
- Lots of ice to keep food

cold.

FOOD SAFETY

Food safety practices to implement during your next tailgating event:

- Keep food out of the Temperature Danger Zone (TDZ) — Cold foods cold (below 40 degrees Fahrenheit) and hot foods hot (above 140 degrees Fahrenheit).
- Carry raw hamburger patties, sausages, chicken in a separate cooler with lots of ice or cold packs. Wrap foods securely so raw juices do not contaminate other foods.
- Take-out foods, such as a bucket of chicken or pizza, should be eaten within two hours.
- Keep stews, chili and soup hot — fill an insulated container with hot boiling water, let it stand for a few minutes. Empty, then fill with hot piping food. Keep the container closed, food should stay hot (above 140 degrees Fahrenheit) for several hours.
- Traveling a distance with hot food? Chill the food to refrigeration temperatures throughout the product (less than 40 degrees Fahrenheit) before leaving home then

pack into a cooler with ice. Reheat after arriving to your destination — 165 degrees Fahrenheit throughout the whole food product.

COOKING TIPS

Do as much preparation ahead of time as possible. Handling food on site is difficult without the amenities of a home kitchen.

Marinated meats are a popular tailgating item.

Hegerfeld-Baker encourages cooks to follow these food safe practices.

"Marinate in the refrigerator. Don't reuse marinade that was used on the raw meat and poultry. If basting with marinade, reserve some from the original marinade mixture" she said. "Transfer marinating meat in a cooler, in a sealed container, and not with ready to eat food and beverages."

She added that it's a bad idea to partially cook meat, poultry or fish ahead of time. "Partially cooking allows harmful microorganisms to survive and grow to unsafe levels," Hegerfeld-Baker said.

To avoid cross-contamination, she suggests using a clean platter when taking food off the grill.

"Don't use the platter

that held raw meat or poultry. The ice in the coolers is for keeping food cold, do not consume this ice," she said.

WHAT ABOUT LEFTOVERS?

Hegerfeld-Baker said to discard any that are not ice-cold (less than 40 degrees Fahrenheit); and any food that has been off the hot grill, or out of the cooler for more than two hours. If the weather is hot (greater than 90 degrees Fahrenheit) she said not to let food set out more than one hour.

MEAT GUIDE

Handy meat thermometer Guide: All poultry — 165 degrees Fahrenheit Ground meats — 160 degrees Fahrenheit Beef, pork, lamb, veal steaks roast and chops — 145 degrees Fahrenheit (allow meat to rest for three minutes before eating) Leftovers — 165 degrees Fahrenheit (i.e. stews, chili, taco meat that is being reheated at the tailgating sight.)

For more information, contact SDSU Food Safety State Specialist Joan Hegerfeld-Baker at 605.688-6233 or joan.hegerfeld-baker@sdstate.edu or visit iGrow.org.

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