THE PRESS & DAKOTAN WEATHER CENTER

Yankton's Forecast Monday Sunny Precip Chance: 0%

Wind: NW, 5 High: 70

Tuesday

Precip Chance: 0% Wind: SSE, 5-10 High: 69

Sunny

Wednesday Few Showers

Precip Chance: 40% Wind: SSE, 10-15 High: 69 Low: 47

Thursday

Few Showers Precip Chance: 50%

Friday

High: 66 Low: 43 Sunny

24

Precip Chance: 0%

High: 68 Low: 43

Yankton Almanac

Temperature Yesterday's High / Low 73° / 45° Normal High Record High 91° in 1947

16° in 1989 Record Low Last Year High / Low Precipitation

Yesterday's	0.00"
Month to date	0.37"
Year to date	25.12"
Avg.year to date	21.85"
Maximum this date	1.37" in 1882
Yesterday's snowfall	0.0"
Total snowfall for sea	ason 0.0"
Maximum this date	0.0" in N/A

Sun and Moon

	Sunrise	Sunset
Today	7:50 a.m.	6:38 p.m.
Tomorrow	7:51 a.m.	6:36 p.m.
	Moonrise	Moonset
Today	4:34 a.m.	5:06 p.m.
Tomorrow	5:32 a.m.	5:35 p.m.

First Full Last 10/30 Weather key: s-sunny, pc-partly cloudy, mc-mostly cloudy, cl-cloudy,

t-thunderstorms, sh-showers, ra-rain, sn-snow, fl-flurries, w-wind

Regional Forecast Minnesota 75 / 47 Brookings 66 / 40 70/43 Chamberlain 73 / 45 Mitchell Sloux Falls 70/44 68/41 Lake Andes Sioux Center 72 / 45 Yankton 67/41 Winner 70 / 44 76 / 48 Sioux City Nebraska Vermillion 69/42 70/43 O'Neill Norfolk 73/44 lowa Omaha

For	ecas	st fo	or To	oday	1				1	10	200		
S. Dakota	T Hi	oda Lo	y W	Ton Hi	norr Lo	ow W			oda Lo	-		norr Lo	
Aberdeen	69	41	S	74	49	S	Vermillion	70	43	S	68	48	S
Brookings	66	40	s	66	47	s	Watertown	65	40	s	68	45	s
Custer	69	47	S	70	46	S	Winner	76	48	S	78	55	S
Deadwood	75	48	s	75	45	S	lowa						
Mobridge	72	46	S	76	53	S	Des Moines	67	42	S	62	43	S
Huron	70	43	s	73	50	S	Sioux City	69	42	s	66	47	s
Mitchell	70	44	S	72	50	S	Nebraska						
Pierre	75	47	s	80	54	s	Norfolk	73	44	S	70	48	s
Rapid City	75	51	S	76	50	S	Lincoln	73	42	S	71	48	S
Sioux Falls	68	41	s	67	47	s	Omaha	71	44	s	66	47	s

National Forecast							
	T	oda	у	Tomorrow			
Location:	Hi	Lo	W	Hi	Lo	W	
Anchorage	40	30	рс	40	27	mo	
Atlanta	72	53	S	74	50	S	
Boston	57	47	S	63	54	ra	
Chicago	60	47	рс	55	44	mo	
Dallas	82	63	рс	83	61	S	
Denver	74	48	s	76	51	S	
Detroit	58	46	sh	53	42	sh	
Green Bay	54	40	mc	50	34	S	
Houston	84	64	S	84	64	S	
Kansas City	71	47	s	69	47	S	
Las Vegas	87	65	S	85	62	S	
Los Angeles	74	60	S	75	61	pc	
Miami	84	75	S	83	75	1	
Minneapolis	59	38	S	56	41	S	
New York City	59	54	S	66	54	ra	
Philadelphia	59	49	рс	64	49	sh	
Phoenix	91	68	S	91	67	S	
San Francisco	69	56	ra	68	56	S	
Seattle	62	54	ra	60	55	ra	
Tampa	85	68	s	85	68	pc	
Washington, D.C.	67	51	S	68	50	sh	

Livestock Outlook

Today we will see sunny skies with a high temperature of 70°, humidity of 37%. Northwest wind 5 mph. Expect clear skies tonight with an overnight low of 44°. East northeast wind 5 mph. Tuesday, skies will be sunny with a high temperature of 69°, humidity of 49%

Gavins Point Dam

Lake Temperature	58 °
Lake Elevation	1206.98
Discharge	45,500 cfs
Spillway Release	14,400 cfs
Tailwater	1158.66

Darts

From Page 1

to raise money to help families dealing with cancer deal with some of their expenses.

We donate to families," she said. "They don't come to us because a lot of them have a lot of pride and don't want to call us up and say, 'Hey, can we get some money?' We usually seek them out. We've raised up to \$10,000 in the past several years, and over this last year, we've donated out around \$6,000 to the families.

Cunningham said while they may not be able to tackle some of the larger bills, they can still be a huge

help.
"We can't pay their medical bills by no means, but we can make a difference,' she said. "A \$500 donation goes a long ways for some of these families that have to

Cunningham estimated the local league has donated out to around 10-15 families within the Yankton area in the past year.

Each chapter limits itself to approximately a 30-mile radius around their respective communities. Today, the Pink Ladies boast more than 40 leagues, most of which are in South Dakota, including towns such as Mitchell, Avon, Tabor and Tyndall. Earlier this month, the second annual Pink Ladies Dart League State Tournament was held in Sioux Falls.

But the Pink Ladies haven't stopped at the borders of South Dakota.

Randy Oliver of TNT Enterprises and the Yankton league coordinator said a speech helped get the ball rolling on efforts to expand

the Pink Ladies. "I went to a NDA (National Darts Association) league summit and they asked me to give a speech about Pink Ladies," Oliver said. "After that, Ohio is getting started next week, Wisconsin is working on it and Winnipeg, Canada, got theirs started three weeks ago.

Ainsworth, Nebraska, also

75 YEARS AGO

Friday, October 20, 1939

buried treasure has brought more

than a score of scientists to South Dakota who are mapping geologi-

cal formations today in their search

for oil deposits.

• That migratory waterfowl either stay in one locality for a year at

a time or follow old routes during migration is shown by a banded

bronze grackle, which was found

here by Millard Limpo, 904 Walnut, on Labor Day last.

50 YEARS AGO

Tuesday, October 20, 1964

Fund campaign now underway had reached \$16.041.17, or 57.6 per-

cent of the \$27,845 goal, this

LOTTERIES

Pledges to the Yankton United

The never-ending hunt for

ON THIS DATE

boasts a Pink Ladies league. Oliver estimated there are more than 800 women across South Dakota playing in Pink

Ladies leagues. While the color pink has become synonymous with breast cancer through the years, Cunningham stressed the organization helps families that are dealing with all types of cancer.

'I think people kind of think that because we named ourselves the Pink Ladies that we're just about breast cancer," she said. "That's not the case. We say 'every ribbon tells a story' and you know the different colors represent a different cancer ... It's not just about the pink — it's about all forms of cancer and man, woman and child.'

Cunningham said all of the money raised during Pink Ladies events goes to those who need it.

"When we throw on Sundays, all of the money that we put into our boards — besides paying to play — we get that money back," she said. 'We're donating into our own cause to play darts on Sundays. Nobody wins, so there's no payout like there would be on (regular) league nights. All that money stays within the organization. ... When you donate to the Pink Ladies, it doesn't go to a national organization. It stays right here in Yankton so we can donate it to people who need it."

Cunningham said this has been a great experience for everyone involved.

"It's very powerful to be a part of it," she said. "To see a family that knows their child is fighting the fight of their life but they know in the back of their mind that they need to pay a car payment, rent or whatever the case may be. If you can make just a little bit of a difference in their lives to relieve a little bit of that stress, it's well worth it.

For information on the Yankton chapter of the Pink Ladies, visit

https://www.facebook.com/pa ges/Yankton-Pink-Ladies-Dart-League/269818813062218

You can follow Rob Nielsen on Twitter at twitter.com/RobNielsen-PandD/. Discuss this story at www.yankton.net/

morning at the United Fund office.
• Herbert Clark Hoover, 31st

president of the United States, died

25 YEARS AGO

Friday, October 20, 1989

the summer's political passions combined to defeat the proposed

constitutional amendment to ban

flag burning.
The South Dakota Supreme
Court on Thursday struck down a
state law that would have required

some health-care programs to pro-

vide chirpractic and optometric care

to public employees covered by the

Board Certified General Surgery

Senate concern about freedom of speech and and a cooling of

today at the age of 90.

DRIVER'S LICENSE EXAMS

Here is the monthly schedule for area driver's license examinations in the area. File application at least one hour in advance of scheduled closing hours if you wish to complete examination on the same day. For more information, call (800) 952-• Armour — 9 a.m.-3:30 p.m., second and third Thursday, Court-

house, 706 Braddock. • Center/Knox Co. (Neb.) — 8:30-4 p.m. every Friday (closed

• Elk Point - 8:30 a.m.-4:30 first and third Wednesday,

Courthouse basement.
• Hartington/Cedar Co. (Neb.) – 8:30-4 p.m. every Thursday (closed noon-1 p.m.).

 North Sioux City — 8:45 a.m.-4:30 p.m.; second, fourth and fifth Wednesday, Community Center. • Parker — 8 a.m.-5 p.m., first Wednesday, Courthouse basement. Vermillion — 7 a.m.-5 p.m.

Thursdays and Fridays, Courthouse,

 Wagner — 9 a.m.-3:30 p.m., first and fourth Thursday, City Hall, 60 Main Ave. SE

 Yankton — 7 a.m.-5:30 p.m. Tuesdays, Thursdays and Fridays; 3113 Spruce, Ste. 109 (Kanner Bldg).

Federal regulations require anyone applying for a new, renewal or duplicate driver license or identification card to provide the documents listed below (photo copies are not

 ONE of the following to prove identity, date of birth, and lawful sta-tus: Certified U.S. birth certificate issued by county or state (no hospital birth-certificates); valid unexpired U.S. passport: Certificate of Naturalization; Certificate of Citizenship; valid unexpired permanent resident card; valid unexpired employment authorization document; foreign passport with valid unexpired U.S. If your name is different than the

name on your identity document, you will need to bring additional proof of your legal name. Acceptable documents for proof of legal name change are a certified marriage certifficate (issued by a state vital records agency), a certified adoption document, or a certified court order authorizing a name change (such as a divorce decree). If you have had multiple marriages, you will need to bring similar documents providing legal proof of each name change. The examiners must be able to trace from your birth name to your current

 ONE document to prove your Social Security number: Social Security card, W-2 Form, SSA 1099 Form, Non-SSA 1099 Form, pay stub (must include name and Social Security number). The regulations other document as proof of Social Security number.

 TWO documents to prove your residential address. A parent's proof of address is acceptable for a minor child. Bring two of the documents listed here (each must contain your current address): Utility bill, credit card statement, pay stub or earnings statement, rent receipt, phone bill, transcript or report card from accredited school, bank statement, mortgage document, tax document, nomeowners/renter's insurance policv. Other items will be reviewed by licensing personnel. PO Box addresses are acceptable in areas not assigned street or 911 addresses. In South Dakota, if you are unable to provide proof of residency, visit www.dps.sd.gov or call 1-800-952-

NOTE: In South Dakota, application must be submitted at least one hour in advance of scheduled closing 11:30 a.m.-1:30 p.m.

Mammogram

From Page 1

of these high risks include having a family history of cancer or if a women has any signs or symptoms of abnormality. Women can check for abnormalities by giving themselves self-examinations. Van Osdel said that females should be checking their breasts for lumps during puberty when they start developing breast tissue.

When a young woman's breasts are developing, she should get to know their breasts so that she can notice any kind of change in them," Van Osdel said. "You should be getting checked if something changes.

Women should get checked if: one breast feels larger then the

• there is reddened skin on a breast there is nipple discharge

• one nipple inverts suddenly skin on breast starts pulling in

"There are so many different signs and symptoms," Van Ösdel said. "That is why it is really important to know your breasts and do the self exam.'

HOW TO PREPARE FOR A MAMMOGRAM

• Don't come during your period — It is best not to come in for a mammogram the week of or before your period. It can be more painful due to inflammation in the breasts.

Don't wear deodorant — Some de-

odorants contain materials that could show up on an image.

'Most radiologists will be able to tell that it is not micro-calcifications but something else," Van Osdel said. "We try to eliminate all of those possibilities.

Hospitals have wipes that you can wipe off deodorant if you forget.

We provide women with deodorant after their test is done," Van Osdel said. 'Many women come in over lunch break.

• There will be a questionnaire — Before the mammogram starts, the patient will have to answer a questionnaire. That guides us to ask any other

uestions that we might need to ask," an Osdel said.

You will go through a list of questions

– Are you having troubles today? — Have you noticed any changes within the last year?

– Do you have any family history of breast cancer?

WHAT TO EXPECT

• It is a quick procedure Van Osdel said that the whole procedure is so quick a person can do the exam

over their lunch break "During a screening mammogram from check-in to actual leaving — it will only take about 15 minutes," she said. "If someone walks in and wants to mammogram, we will do everything we can to fit them into our schedule so that we can make it convenient for them.'

Van Osdel said that each picture takes

only a split second. 'As soon as the panel is down and the

exposure is done, it automatically lifts up," she said. "You don't even have to wait for a person to come over and push a button to lift it off your breast.

There will be slight discomfort.

A mammogram is a very delicate procedure. A very intimate part of a woman's body is being touched. But how much discomfort a woman will feel will depend on the person and her breasts.

Everybody is different," Van Osdel said. "Some people have denser material in their breast and some people have fattier material. There can be cysts that are also a normal thing in your breast. So, if you take this material and don't compress it, it is hard to distinguish the image.

The person giving the mammogram will feel on the side of each breast how tight it is so that they can make sure they getting a good image.

"There is a certain feel that we want. But, if a gal says 'That's it. Don't compress anymore,' we definitely will resp her. We don't want someone to be fearful of having a mammogram because of pain," she said.

• You may be a little sore.

Though there may be a little soreness after the test, but it's nothing major.

"If you have never had a mammogram before, don't let the idea of thinking it's going to hurt stop you from having it because it is nothing to be afraid of or worry about," Van Osdel said. "It might be uncomfortable for a minute or two, but what you will gain out of it will outnumber your losses if you don't go in and never have it done. Go and have one done.

Follow Jordynne Hart at twitter.com/hartjordynne. Discuss this story at yankton.net.

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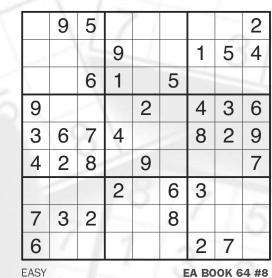
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Fill the puzzle so that every row, every column, and every section contain the numbers 1-9 without repeating a number.



Yesterday's Solution

2 5 6 9 7 8 Check tomorrow's paper for 8 3 1 the solution to today's puzzle. 2 6 8 5 4 7 3 9 1

CH BOOK 64 #7



Use your smart phone to scan this QR Code to take you to our e-Edition.

(Firefox is the preferred cell phone browser)

2 By 2: Red Balls: 1-19, White Balls: 8-17

SATURDAY'S RESULTS:

Dakota Cash: 05-07-12-20-23 Hot Lotto: 17-22-29-31-40, Hot Wild Card: 04-20-24-30-33, Wild

Powerball: 20-26-27-36-54, Powerball: 19, Power Play: 2 2 By 2: Red Balls: 4-22, White

MyDaY: Month: 1, Day: 1, Year: Pick 3: 5-5-0 Pick 5: 09-10-17-24-30

SUNDAY'S RESULTS: