## Press&Dakotan

#### **Grateful For Service United Way**



hometown

PAGE 6B

SUBMITTED PHOTO The staff. Board of Directors and Members of Services Center Federal Credit Union would like to thank Dave and Ila Wright for their 40 years of service.

## **Sacred Heart School Reading Challenge**



SHS Reading Challenge Goal: 171,340

K-3rd had to read 60 minutes/week to equal 780 minutes

4th-5th had to read 100 minutes/week to equal 1,300 minutes

#### **Prizes:**

1. All students who participated in the Principal's Reading Challenge will receive a certificate for a free DQ treat.

2. All students who met this goal will receive a certificate for a certificate for a free DQ treat and a prize.

3. The student with the highest number of minutes read will receive Scrabble Twist, runners up received a book light.

We were not able to meet our school goal, however we had 68 students read for a total of 109,804 minutes. Last year we read for a total of 103,887 minutes, 5,917 more than last year!

utes is Jack Pedersen.

• 1st: K-3 — The student reading (6,305 minutes) is Laura Hunhoff.

grade student runner up, reading (6,090 minutes) is Nicholas Ambroson.

with the most minutes read, reading (8,530 minutes) is Cole Pedersen

## **Sacred Heart School Math Challenge**



# Why I Volunteer

United Way & Volunteer Services of Greater Yankton is proud to announce our September Volunteers of the Month. Mike and Gerrie Healy. Mike and Gerrie are two community advocates whose voices not only promote United Way, but are crucial components to the success of many local programs. They share their time and talents amongst multiple programs and agencies, striving to make our community the best it can be. When you think of Mike and Gerri Healy, you think of community ... you think of neighbors helping neighbors ... and you are grateful to live in a place with such caring and kind people.

We asked the Healys to tell us a little more about the important work they do in our community.

#### I began volunteering: Mike

Volunteering for me began with my parents as examples in our rural Mayfield and Irene communities. This was expanded to many additional volunteer activities while in college at St. John's that involved a number of service organizations. Then while employed in the Twin Cities in the mid '60s, I volunteered for United Way and other charitable organizations. Relocating back to Yankton, the volunteering continued to expand over the years.

#### I began volunteering: Gerrie

My volunteering began at Gillette Crippled Children's Hospital, St. Paul, Minnesota, upon high school graduation at age 17. I visited children from birth-18 years of age on a weekly basis. I would read to them, play games with them, write letters for them and just be there for them. They came from all over and their disabilities were great ranging from physical abnormalities and disabilities, burn victims and many with little to no family support system.

#### I continue to volunteer because: Mike

Volunteering is making a difference for others by using one's gifts and talents we have been blessed with and then working with and through organizations and individuals to achieve the greatest impact for the common good of our society.

I continue to volunteer to assist others to address the unmet needs where human. financial and other resources are not readily available and to do so if our gifts and abilities complement what the mission is and desired outcomes of an organization are. Volunteering is a means of sharing the experience and knowledge that has been gleaned over the years for the direct and indirect benefit of



#### Mike and Gerrie Healy

public and private nonprofit service organizations. This then is to assist in serving others that will make for an ever better community into the future to improve the quality of life for all. I continue volunteering

because: Gerrie I enjoy making a difference

in someone's life, if only for one person. Most of my volunteering has been in a hands-on role with people of all ages ranging from the very young to the very old in health care, church and the community.

I volunteer at: Mike Some of the local and regional organizations that I

currently volunteer include: Boy Scouts (Sioux Council District Campaign Coordinator); Habitat for Humanity (Finance committee/Advisory Board); City of Yankton ( Planning Commission); Yankton Area Chamber of Commerce (Transportation); Majestic Bluffs Sr. James (Weekly resident visits); Mount Marty College (Board/Other); USD

Foundation (Board); and various roles for United Way, SF Diocese, The Rotary Club, Knights of Columbus, Lewis and Clark Behavioral Health Services, and Sacred Heart Parish. Others as opportunities present themselves include: Meals on Wheels, RSVP, Banquet, Sack Pack, Banquet, Coat Distributions, Special Olympics, etc.

I volunteer at: Gerrie I presently volunteer at

Parents as Teachers, a pirate for United Way and Blossom the Clown for the school lunch program. I help at Sacred Heart Church on the funeral committee. For five years right after retirement I assisted at the Center three mornings a week at the front desk receptionist and in the nutrition area answering phones and assisting with lunch. I twisted balloons for the members for the monthly birthday dinners, played Mrs. Santa and dressed in character for special situations.

## Approximate hours per

**year:** We volunteer approxi-mately 1,000 to 1,100 hours per year.

#### My best volunteer experience was: Mike

Some of the best volunteer experiences are the regular visits to the residents of Sr. James at Majestic Bluffs. Many of the residents do not have family in the area nor have visitors. Their only contact with anyone other than the care takers are sometimes these visits. Many are in frail physical and mental health and are so grateful for the smallest assistance. This may even be the movement of a glass, a straw to take a sip, or a prayer, which for many it is their faith that remains so strong while their health is deteriorating through age or some health issues. All this with a smile and the assurance you will return can be the strong est form of communication. Their freedom is many times very restricted for which we may not always appreciate. These residents have much to contribute to society through conversation and interaction. It requires the time to listen on their schedule which for

SUBMITTED PHOTO

some of us there continues to be an opportunity to improve. My best volunteer experience was: Gerrie

There are many, but I think that any time I dressed in my various clown characters would always bring good experiences. To witness the reactions and comments and humor was priceless. I had many experiences through the past 18 years that were priceless. Some experiences are touching and still bring tears to my eyes, never to be forgotten.

#### The advice I would give to those thinking about getting out there and volunteering: Mike

My suggestion is to try volunteering even though you may think you cannot make a difference. You will. Would suggest trying it noting that organizations are appreciative of the time and talent that you can bring to the experience. Volunteering is an extension of our being by providing a means of giving of ourselves for others again sharing our gifts, experiences, and resources that we have been so entrusted.

The advice I would give to those thinking about getting out there and volunteering: Gerrie

Go for it. Try volunteering, you might like it. There are so many opportunities and volunteers are needed to make so many things happen. Make it a better world; make a

# **Results:**

• 2nd: The K-3 student runner up, reading 3420 min-

with the most minutes read,

• 2nd: The 4th and 5th

• 1st: 4th-5th The student

#### SHS Math Challenge **Goal:** 70,330

K-3rd had to practice math 20 minutes/week to equal 260 minutes 4th-5th had to practice 50 minutes/week to equal 650 minutes

#### Prizes

1. All students who participated in the Principal's Math Challenge will receive a certificate for a small pizza.

2. All students who participated in the Principal's Math Challenge and met the goal will receive a certificate for a small pizza and a prize.

3. The student with the highest number of minutes read will receive Perplexuxs or Math Blox, runners up will receive a set of Dominos.

SUBMITTED PHOTO

#### **Results:**

We were not able to meet our school goal, however we had 51 students participate and practice math for 23,519 minutes.

• 2nd: The K-3 student runner-up, practicing math for 1,632 minutes, is Nathan Bahm.

• 1st: The K-3 student with the most minutes practicing math (1,746 minutes) is Simon Bahm.

• 2nd: The 4th and 5th grade student runner up, practicing 909 minutes is Alexis Klimek.

• 1st: 4th-5th — The student with the most minutes practicing (1,605 minutes) is Nicholas Ambroson.

Avera Sacred Heart Hospital in the surgery waiting room as a receptionist, deliver Meals on Wheels, participate in RSVP, United Way, Sack Pack, sort and sticker books for The Big Red Bookshelf. I also have played the roles of Mrs. Santa for the Literacy Council, Flopsy the Easter Bunny for

difference.

To learn more about community volunteer opportunities or to nominate a Volunteer of the Month, contact United Way & Volunteer Services of Greater Yankton at unitedway@iw.net or check out our website www. yanktonunitedway.org.

### **Million Cups** The Importance Of 1

What does it take for Yankton to be the smallest 1 Million Cups in the nation?

For starters, a great foundation from Kauffman Foundation. Their sponsorship helps us to identify with other 1 Million Cups across the nation. That means that no matter what city you go into that has a 1 Million Cups, it is meeting at 9 a.m. on a Wednesday with a speaker that talks for 6 minutes and gives the audience 20 minutes for Q&A.

Kauffman Foundation also gives us some guidelines to follow for speakers. They should be a startup business that is less then five years old. They should have a product not a service, it should be quantifiable and the presentation should not be an investment pitch.

Because we are one of the smallest 1 Million Cups and we also want to engage with things that benefit the community. we have made exceptions with companies that have a new product line, community events that are larger then our immediate community, and forums or discussions.

Another common theme you may see is speakers from 1 Million Cups in other communities that are sharing ideas that could be possible for Yankton - planting the seed so to speak.

Ben Hanten and Brittany LaCroix have been the main organizers of the speakers so please feel free to contact them with people that fit the guidelines and should be speaking at 1MC.

Another important part of 1 Million Cups is the audience. We strive to get resources in the audience that will be helpful to the presenter as well as have knowledge to share or even those that

like to know more. Anyone can join us on any given Wednesday at 9 a.m. in the Pavilion Amphitheater. You can enjoy a free cup of wonderful coffee and enjoy a great speaker with some great information for us all.

If you would like to be involved, a great way to support this informative meeting time is by sponsoring coffee. About \$200 covers the cost of the coffee. It's a great way for businesses in Yankton to show support for other businesses.

Thanks for helping this community to continue to be supportive of busi-nesses and growth. We look forward to more enlightening speakers and we look forward to seeing you at the next 1 Million Cups. Stay tuned to who is speaking next by checking out the Facebook page: facebook.com/1mcyankton.

#### MEETINGS

#### **GFWC WOMAN'S CLUB**

The Yankton Chapter of GFWC Woman's Club met Sept. 12, 2015, at 11 a.m. at Hillcrest Golf and Country Club. President Pauline Akland called the meeting to order. The Pledge of Allegiance, South Dakota Pledge, and Collect for Women were given.

Program: Andy Henrickson from Mount Marty College gave a presentation on Saint John's Bible. Two volumes of the Saint John's Bible were available for view by the members.

Correspondence: Secretary Arlene Young read the fourth annual GFWC Eastern District Call to the meeting to be held Sept. 19, 2015, at White Lake. Also, thank-you notes were received from Yankton Homeless Shelter, Boys and Girls Club, and Dakota Territorial Museum.

Treasurer's Report: President Pauline gave the Treasurer's Report. This

report is for information and will be filed for audit in June 2016

Minutes were approved as written.

Leadership: President Pauline read a list of clever travel ideas entitled "My Travel Plans: 2015-2016.

Business: President Pauline distributed the GFWC Yankton Woman's Club Annual Year Book, Kathy Harens volunteered to be the photographer for GFWC. President Pauline announced Red Ribbon Rally will be held the week of Oct. 23-31. Marilyn Huntley reported members will be selling items from Terry Lynn, Inc. Next meeting will be Saturday, Oct. 10, 2015.

Welcome: Arlyne Brim, Darlene Kolda, Delores (Kit) Westling, and Jeanette Warren were welcomed as new members.

Installation: President Pauline installed Ruth Ann Dannenbring as Second Vice

President.

Hostesses: Diane Butzlaff, Cindy Filips, and Arlene Young.

Door prizes were awarded to Gladys Johnson, Alberta Bender, Kit Westling, Fran Fox, Evangeline Jensen, Joyce Franklin, Gert Van Lent and Virginia Larson. No further business, the meeting was adjourned.

#### INTERCHANGE

Interchange met on Monday, Sept. 28, 2015 at noon at Minerva's. The meeting was called to order by President Sherri Rodgers-Conti and the Pledge of Allegiance was recited. Two guests were present.

Announcements were made by Sheila Kuchta (Avera) about upcoming Simply D'Vine, and Sherry Rodgers-Conti about the Interchange display at MYOB conference.

Hostess was member Susan Schavee. Program was

presented by Sherry Rabenberg with Weight Watchers. Presentation included facts on how to join and start a lifestyle change that will improve your health and well-being.

The next meeting of Interchange will be held on Monday, Oct. 5, 2015, at noon at Minerva's. Hostess will be Michele Tycz and Member Spotlight will be Kathy Greeneway.

#### **NORTHEAST NEBRASKA RC&D**

The Northeast Nebraska Resource Conservation & Development (RC&D) Council held its monthly meeting in Tilden following a tour of Broberg's Organic Worm Farm. Brent Broberg and his wife started this business 1 1/2 years ago in a converted farrowing house on his parents' farm. He studied a lot before jumping into this and learned even more from Wiggle Worm Soil Builders of Wisconsin whom he's affiliated with.

The product Brent is creating with his African night crawlers is 100 percent pure earthworm castings. These particular night crawlers can take the heat better than others so he doesn't have to cool the building in the summer. The castings are naturally organic, odor free, and full of microbes and bacteria that promote a healthy living soil. He's raising about 90,000 nightcrawlers in buckets which receive a feed ration of wheat, barley and about six other ingredients. They live in peat which Brent has shipped in from out of state.

Jim Rabe, President, conducted the RC&D Council meeting. Alexandra McClanahan-Shively of Orchard was recommended to fill the vacant Antelope County position on the board. The RC&D website has been redone and is up and running. The Grant Writing Workshop is coming up on Oct. 6 in Plainview at the community building. And the pilot project with Madison County was discontinued since PrairieLand RC&D Council has decided they will remain active.

A new project working with the Heritage Museum Network of local museums was approved. They will try a passport-type program activity in an effort to get more visitors into these historical places. Brad Kellogg, Wakefield, is the project leader and a member of the Wakefield Heritage Organization

The Plainview Farmers Market will continue through Oct. 14. It's been a successful year with many satisfied customers. The Outlaw Trail's Quiltway event is Oct. 9-11 and more information can be found at www. nebraskaoutlawtrail.org.

The RC&D Council looks forward to continuing their service to citizens through projects that will make life better for people in Antelope, Cedar, Dixon, Knox, Pierce and Wayne counties.