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Wife's Online Snooping **Reveals Her Lack Of Trust**

DEAR ABBY

Jeanne Phillips

DEAR ABBY: My wife used the search feature for the Ashley Madison emails and discovered an old account I had signed up for late one night, before we were together. I had forgotten all about it. When she brought it up, I panicked and lied because I was embarrassed, but immediately told her what it was. She was upset, but I explained the situation and that I hadn't even thought about it since we have been together.

Press&Dakotan

Now I feel hurt that she didn't trust me and felt the need to check, using the guise that "some emails were hacked." But she didn't check hers, just mine. I am upset that she checked, as I have never done anything to deserve this. How do I get over it without starting a huge fight? I am now more irritable and closed off, and this is hurting our marriage. - HURT IN PENNSYLVANIA

DEAR HURT: Rather than avoid a fight, tell your wife how hurt you are that she felt she needed to check up on you, and insist this be discussed with the help of a licensed marriage counselor so you can both lay your cards on the table. You need to understand why your first instinct was to lie to her, and she needs to level with you about why she felt compelled to see if you were in that database. There are times when a confrontation can be healthy, and this may be one of them.

DEAR ABBY: Our beautiful, talented teen daughter started cutting several years ago. She is getting help for her depression and the bullying that contributed to it, but she no sooner lets one set of cuts heal than she makes more. Sometimes I think she does it to try to limit people's expectations of her.

Abby, we talked to her about drugs, sex, distracted driving, all the things we thought were important, but cutting wasn't even on our radar! We have now learned cutting involves more than 14 percent of young girls, and to some degree is a social issue, in that they learn about cutting as a coping mecha-

JACQUELINE BIGAR'S STARS

EDITOR'S NOTE: Bigar's Stars is based on the degree of your sun at birth. The sign name is simply a label astrologers put on a set of degrees for convenience. For best results, readers should refer to the dates following each sign

A baby born today has a Sun in Libra and a Moon in Cancer.

HAPPY BIRTHDAY FOR MONDAY, OCT. 5, 2015:

This year you see a matter differently from how you have in the past. You demonstrate unusual sensitivity and empathy, and many people recog-nize these new qualities of yours. Your image might become more important to you as well, as you are likely to become more dominant in the community and the business world. If you are single, you will meet many new people. Don't just assume that the first person you meet will be The One. If you are attached, the two of you will decide to move forward and enhance your commitment. Schedule plenty of downtime together. CANCER can be annoying at times.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Dif-

ARIES (MARCH 21-APRIL 19)

★★★ If you tap into your intuition and consider the best-case scenario, you will be left with a big smile. Understand where someone else is coming

from, and make a point of expressing greater em-

nism from each other. At a young age it can seem exciting, edgy and rebellious – even a way to "fit in" with a group.

Please advise other parents to talk to their children about this and, please, ask for feedback from people who are former cutters. She may listen to what they have to say, as

opposed to her dumb old parents. - HEARTBROKEN MOM FROM ANY-WHERE

DEAR HEARTBROKEN: If your daughter is under a doctor's care and continuing to harm herself, it's time to consult another one because this one hasn't addressed the root of her problem. If readers who have conquered a cutting addiction would like to chime in on this, I will either print their comments or forward them to you.

DEAR ABBY: A few days before my boss's wife gave birth, her father was tragically killed in an airplane accident. I want to congratulate my boss and his wife on the birth of their daughter, but I also want to pay respects to her father's passing. What is the etiquette in this case? – HAPPY AND SAD IN ITALY

DEAR HAPPY AND SAD: The most diplomatic approach would be to send your congratulations and your condolences separately rather than try to combine them.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

For everything you need to know about wedding planning, order "How to Have a Lovely Wedding." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Wedding Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

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for the moment. You might not have all the facts, or perhaps you have misread the situation. Be ready to make an adjustment to your approach and/or thinking. Try to keep an opinion to yourself. Tonight: Get as much sleep as possible.

VIRGO (AUG. 23-SEPT. 22)

 $\star \star \star \star$ You are likely to take charge and do whatever you need to do without others reacting. Your fast entry displays determination that can't be held back. Understand the liabilities involved if you don't take action. Listen to feedback first. Tonight: Where your friends are.

LIBRA (SEPT. 23-0CT. 22)

 $\star \star \star \star$ You could be in a situation where a decision is needed. Others who can't or don't want to make the call will look to you. If you make a choice, whatever the issue is will become your respon-sibility on some level. Be aware of the long-term implications. Tonight: As you like it.

SCORPIO (OCT. 23-NOV. 21)

★ ★ ★ You could be quite tired of what is happening around you until someone grabs your creative interest in a project. You might need to make some big adjustments. Get past an immediate obstacle; it could vanish as quickly as it appeared. Tonight: Return calls

SAGITTARIUS (NOV. 22-DEC. 21)

 $\star \star \star \star$ Defer to others who might be more

about standing too close to that lamp?



HAGAR THE HORRIBLE | CHRIS BROWNE



BEETLE BAILEY | MORT WALKER



HI AND LOIS | BRIAN AND GREG WALKER



FOR BETTER OR FOR WORSE | LYNN JOHNSTON









THOUGH NOT WITHOUT SOME

EFFORT

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JIM DAVIS 10.5

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tion with a water sign will pave the path to greater caring and sensitivity. Understand the role and meaning of this person in your life. The insights you gain into his or her personality could surprise you! Tonight: Where the action is.

GEMINI (MAY 21-JUNE 20)

★ ★ ★ You'll recognize that you need more stability; however, your finances seem to be perpetually changing. Your ability to talk to an authority figure can be healing right now. The unexpected brightens up your day. Tonight: You can afford to go with the flow

CANCER (JUNE 21-JULY 22)

★★★ Tension surrounds your domestic life. especially in a real-estate matter. For now, keep your thoughts to yourself. You will learn more at a later point. News from a distance will be important. Listen to the other party carefully. Tonight: Do some research on the Web.

LEO (JULY 23-AUG. 22)

★★★ Step back from a negotiation, at least

BABY BLUES | RICK KIRKMAN AND JERRY SCOTT



BLONDIE | YOUNG & DRAKE



MOTHER GOOSE AND GRIMM | MIKE PETERS



organized and/or enthusiastic than you. I hat type of energy and precision could make all the difference in the outcome. Know when to delegate. A loved one could surprise you in an effort to get your attention. Tonight: Go for the moment.

CAPRICORN (DEC. 22-JAN. 19)

★ ★ ★ ★ Defer to someone else who seems to be more upbeat than you are. Ask others what they need from you. Follow through, then free yourself up. A family or domestic matter takes priority, as you see an unexpected matter develop. Tonight: Maintain a sense of humor.

AQUARIUS (JAN. 20-FEB. 18)

 $\star \star \star \star \star$ Keep conversations moving. You might be uncomfortable with what you are hearing from an acquaintance. On the other hand, you also could be pleasantly surprised. Be careful when dealing with mechanical equipment, as you seem to be distracted. Tonight: All smiles.

PISCES (FEB. 19-MARCH 20)

* * * * You have a way about you that allows greater give-and-take with others. You are able to see many different facets of an issue. Sometimes this ability can add an element of confusion. An assumption you have made could be off. Rethink this matter. Tonight: Time with a close friend.

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