

Trudeau's Son May Become Canada PM

TORONTO (AP) — The son of a man who brought glamor and excitement to Canadian politics in the late 1960s is favored to become Canada's next prime minister.

Justin Trudeau, the son of late Prime Minister Pierre Trudeau, is leading in the polls ahead of Monday's election that could spell the end of a decade of Conservative rule under Stephen Harper.

Trudeau, tall and trim at 43, channels the star power — if not quite the political heft — of his father, who swept to power in 1968 on a wave of support dubbed "Trudeaumania."

Pierre Trudeau, who was prime minister until 1984 with a short interruption, remains one of the few Canadian politicians known in America, his charisma often drawing comparisons to John F. Kennedy. A bachelor when he became prime minister, he dated actresses Barbra Streisand and Kim Cattrall.

At age 51 while in office, he married 22-year-old Margaret Sinclair, who earned notoriety as first lady for partying with the Rolling Stones and at New York's Studio 54. They had three sons, including Justin, the eldest. The couple divorced when Justin was six and the boys were raised by their father, who died in 2000.

MSF: Afghan Hospital Strike Not Mistake

KUNDUZ, Afghanistan (AP) — The head of an international medical charity whose hospital in northern Afghanistan was destroyed in a U.S. airstrike says the "extensive, quite precise destruction" of the bombing raid casts doubt on American military assertions that it was a mistake.

The Oct. 3 attack on the compound in Kunduz city, which killed at least 22 patients and hospital staff, should be investigated as a possible war crime, said Christopher Stokes, general director of Doctors Without Borders, which is also known by its French abbreviation MSF.

The trauma hospital was bombed during a firefight between Taliban and government troops, as U.S. advisers were helping Afghan forces retake the city after the insurgents overran it and seized control on Sept. 28. Afghan authorities say they are now largely back in control of Kunduz.

U.S. President Barack Obama has apologized for the attack, and the commander of U.S. and NATO troops in Afghanistan, Gen. John F. Campbell, said it was a mistake. He said the strike had been called in by Afghan forces, but has not explained exactly how it happened or who granted final approval. Internal military investigations are underway, with preliminary results expected in coming days.

According to Associated Press reporting, American special operations analysts were scrutinizing the Afghan hospital days before it was destroyed because they believed it was being used by a Pakistani operative to coordinate Taliban activity. The analysts knew it was a medical facility, according to a former intelligence official who is familiar with some of the documents describing the site.

Apathy, Frustration Plague Egypt Election

CAIRO (AP) — A mix of voters' apathy and frustration characterized elections held Sunday for Egypt's first legislature in more than three years, a chamber widely expected to be compliant with the policies of President Abdel-Fattah el-Sissi who, as military chief, ousted the country's first freely elected leader before he was elected to office himself a year later.

Egypt's last parliament, elected less than a year after the 2011 ouster of longtime autocrat Hosni Mubarak, was dominated by supporters of the now-outlawed Muslim Brotherhood as well as ultraconservative Salafi Islamists. It was dissolved in June 2012 following a ruling by the nation's highest court that its election was unconstitutional.

A largely toothless upper chamber, also dominated by Islamists, continued to sit until el-Sissi's July 2013 ouster of the Islamist Mohammed Morsi, when it was also dissolved.

"There's no incentive to vote," declared 38-year-old Mohammed Mahmoud, owner of a carpentry workshop across the street from a polling center in Boulaq el-Dakrou, one of the most densely populated districts in Egypt.

"Even if a candidate has a platform, I don't think it's true. I don't think it will be implemented. It will be just talk," he said in Cairo's twin city of Giza, located in one of 14 provinces in which the first of two days of voting took place Sunday.

Schools Moving Away From Suspensions

DALLAS (AP) — The recent arrest of a 14-year-old Muslim boy whose teacher mistook his homemade clock for a possible bomb led to widespread ridicule of school officials and accusations that Islamophobia may have played a part.

It earned Ahmed Mohamed an invitation to the White House, where the Irving teen will attend astronomy night Monday. But it also got him a three-day suspension, which he says the district insisted he serve even after it was clear it was just a clock.

Ahmed's suspension — his parents have since withdrawn him from the school — reflects the rigid disciplinary policies that many U.S. schools adopted in the 1990s. But many districts, including some of the nation's largest, have been softening their approach, foregoing automatic suspensions, expulsions and calls to the police for one-on-one counseling and less severe forms of punishment.

"When we can't tell the difference between a serious problem and a non-serious problem with a kid in school, the problem is not the kid: It is us," said Michael Gilbert, who heads the San Antonio-based National Association of Community and Restorative Justice, which advocates a focus on dialogue instead of punishments.

The school districts in New York, Los Angeles and Denver are just some of those that have moved away from discipline policies that relied heavily on suspensions. State governments have also been taking action: This year, Connecticut limited out-of-school suspensions and expulsions for students up through the second grade, Texas decriminalized truancy and Oregon limited when suspensions and expulsions can be applied to students up through the fifth grade.

Gowdy: New Emails Show 'Disconnect'

WASHINGTON (AP) — The chairman of the panel investigating the deadly 2012 Benghazi attacks said Sunday that new information reveals a "total disconnect" between the security needs of U.S. personnel on the ground and the political priorities of Hillary Rodham Clinton's State Department staff in Washington.

Rep. Trey Gowdy, R-S.C., described emails from Ambassador Chris Stevens to the State Department requesting more security almost from the moment he arrived in Libya. The request virtually crossed paths with one Clinton's staff sent to Stevens, asking the new ambassador to read and respond to an email from a Clinton confidant, according to Gowdy. At another point, Clinton aide Victoria Nuland asked Stevens for advice on "public messaging" on the increasingly dangerous situation in the region, Gowdy said.

Israel: Assailant Opens Fire On Bus Station, Soldier Killed

BY TIA GOLDENBERG

Associated Press

JERUSALEM — An Arab attacker armed with a gun and a knife opened fire in a southern Israel bus station on Sunday, police said, killing an Israeli soldier and wounding 10 people in one of the boldest attacks yet in a monthlong wave of violence.

The attack came as Israel further tightened security around the country, highlighted by the construction of a barrier separating Jewish and Arab neighborhoods in east Jerusalem. In a bid to halt the fighting, U.S. Secretary of State John Kerry said he would meet the Israeli and Palestinian leaders in the coming days.

Israel has deployed thousands of police, backed up by troops, to maintain order following a spate of attacks, mostly stabbings, by Palestinian assailants. Those measures have so far failed to stop the violence.

In Sunday night's attack, police said the Arab assailant entered the central bus station in the southern city of Beersheba and

began shooting and stabbing people. They said an Israeli soldier was killed, five police were lightly wounded and five civilians were wounded to varying degrees.

Yoram Halevy, a police commander in southern Israel, told reporters that in addition to the knife and gun he entered with, the attacker also snatched a weapon from the soldier he killed.

The attacker, whose identity was not immediately known, was shot and killed.

A foreigner was shot by police during the attack after they apparently mistook him for an assailant. Halevy said security forces responding to the attack entered the bus station from another area and saw a "foreign national," shooting and wounding him.

Israeli media said the foreigner was an Eritrean national living in Israel.

Israeli media showed footage of a blood-streaked floor and rows of ambulances outside the bus station. Security camera footage from the bus station aired on Israeli TV showed what appeared to be a civilian shooting the attacker as soldiers and civil-

ians crouched for cover nearby.

The attack was one of the most serious incidents amid near-daily bouts of violence that has hit Israel and the Palestinian territories over the past month. After the attack, a crowd of Israelis gathered outside the bus station and chanted "death to Arabs."

The unrest erupted in Jerusalem a month ago over tensions surrounding a Jerusalem holy site sacred to Jews and Muslims. It soon spread to Arab neighborhoods of east Jerusalem and then to the West Bank, Gaza and Israel.

Israel has struggled to contain nearly daily attacks by Palestinian assailants. Authorities have blocked roads and placed checkpoints at the entrances of Palestinian neighborhoods in east Jerusalem. Other security measures include ID checks and requiring some Palestinian residents to lift their shirts and roll up pant legs as they exit their neighborhoods to prove they are not carrying knives. Soldiers have been deployed in Jerusalem and cities across Israel.



Muddy Mess

Bill Beaury of Golden Empire Towing works to remove vehicles on Highway 58, east of Tehachapi, Calif., on Saturday. There is up to 20 feet of mud and debris after torrential rains pummeled the area and forced drivers to flee. (Francine Orr/Los Angeles Times/TNS)

Celebrate

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At another location, the Yankton Medical Clinic (YMC) informed visitors about its new three-dimensional (3-D) mammography. YMC marketing director Joanna Mueller and mammography team leader Bev Karstens explained the improvements.

"The 3-D imaging takes things to a different level," Karstens said.

Wakonda resident Catherine Heles visited the YMC booth as one of her stops during the afternoon. She credited the *Press & Dakotan* for co-sponsoring the Celebrate Women event.

"My daughter and I have come for five years. We come for the vendors and the speakers," she said. "My daughter originally bought (this year's) tickets as an early Mother's Day present."

Heles said she looked forward to Clark's message as the featured speaker.

"I bought (Clark's) book because I knew Julie Clark would be good," Heles said.

Celebrate Women reflects the message that women need to care for themselves, Heles said.

"Women are empowered to be stronger and more aware, to take time for themselves," she said. "We get so busy that we forget."

SELF-CARE ISN'T SELFISH

Clark's talk carried out the afternoon's theme.

"Self-care is never selfish. It's necessary for our survival as women and, dare I say, our sanity. "You feel a little guilty, a little selfish because you have a list (of responsibilities) a mile long. You need to get rejuvenated and reinvigorated. It makes

you a better daughter, mom and caregiver. You can be the better woman for all the people who rely on you."

Women mistakenly think jamming their schedule means they are more caring and effective, Clark said.

"The busier you are has nothing to do with the kind of person you are," she said. "Self-neglect is going to catch up with you."

Clark told the story of two lumberjacks chopping wood. One kept working without stopping, while the other took breaks. The first lumberjack wondered how the second one did better when he kept taking breaks.

"Because, when I was taking a break, I was sharpening my ax," the second lumberjack explained.

In the same way, women need to sharpen their ax, Clark said.

"You need to carve out that time for you. It's OK to leave a few things undone," she said. "There's always more laundry, dusting, baking and work."

In the process, women lose sight of their own needs, Clark said.

"You can't be that best person you can be," she said. "You will be so dull and burned out for life. If you don't sharpen your ax, you become dull."

Women need to give themselves permission to say no, Clark said.

"It takes 30 seconds to say no, but then you complain for weeks and months," she said. "Only to the extent that you take care of yourself can you take care of others around you."

She used the example of first securing your oxygen mask during a plane's emergency. Otherwise, you're not able to help anybody else.

"If you run around helping others with oxygen, you'll run out of oxygen yourself," she said.

She had the women write their various roles on a coffee filter at each setting. "You need to filter out the little bits of guilt and selfishness you feel," she said.

Too many times, women let the years pass and neglect their own happiness, Clark said.

"Where does the responsibility lie for your happiness? It's up to you to find a way that makes you happy," she said. "As you get older, we have so many regrets of things left undone and things we wish we had done in our lives."

An Australian nurse has found the regrets of patients who are dying, Clark said. They wish they had lived a life true to themselves rather than lived the life that others expected of them. They wish they had let themselves be happier and not feared change.

"You're never too old or

too late to be the woman you want to be," Clark said.

She told the story of an 87-year-old woman who enrolled in a community college to finish her degree. The elderly woman became extremely popular on campus and was invited to speak at the football banquet. She agreed, providing the following words of advice:

- Find the humor in every day. Find a reason to laugh and enjoy life. "There are people who died at age 25 and weren't buried until they were 75," Clark said.

- Bring so much joy for everyone around you.

- Have no regrets, and live so you won't have any regrets in the end.

The elderly woman finished her degree and died two weeks later. She had 2,000 people attend her funeral.

Don't put off your dreams because you never know what you can achieve and it may become too late, Clark said.

"Refuse to get stuck in a rut," she said. "These are the best days of your lives, so live them well and live them fully. It's how we celebrate women and celebrate our lives."

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