

State XC

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64 for the Cougars.

Also in the Class B boys' race, Dalton Bodewitz of Freeman (19:26.61) was 66th, Brayden Pulscher (19:29.31) was 69th, Darwin Arana Ortiz (19:36.28) of Marion was 75th, Joe Sees (19:37.18) of Irene-Wakonda was 76th, Oscar Bernie (19:37.23) of Marty was 77th, Levi Van Beek (20:06.86) of Irene-Wakonda was 91st and Carlos Coco (21:03.68) of Scotland was 105th.

Class B Girls

Ipswich edged Philip 23-28 to claim a Class B record sixth consecutive state title. Gayville-Volin, which was second each of the past three seasons, placed fourth with 38 points. Freeman (108) was 13th, Platte-Geddes (166) was 16th.

"We knew Ipswich was going to be tough, with or without Macy," said Gayville-Volin head coach Larry Buffington.

Ipswich freshman Aleah Steger finished strong to win the girls' race in 19:17.62, beating out Gayville-Volin's Laura Nelson (19:27.27). Ipswich's Macy Heinz, the 2014 individual state champion, did not finish the race due to injury.

"There were three former state champions in that field," Buffington said. Gayville-Volin senior Genevieve Clark (20:12), Nelson (20:13) and Heinz (20:14) were the last three state champions. Nelson, Heinz and Steger will all be back in 2016. "That shows you how hard it is to win. There were six individual champions crowned today, and about 450 more kids who wished they were."

Genevieve Clark (21:02.44) placed 14th despite struggling for much of the race. "I was dehydrated halfway through the race. It felt like I was carrying cement on my feet," she said. "In the last 400, I looked behind me and saw a crowd of seven, eight runners coming up, so I couldn't stop. I fought through it."

Also for the Raiders, Megan Hirsch (21:49.13) was 37th, Elianna Clark (22:11.86) was 51st and Jayden Engen (22:17.42) was 58th.

It marked the fourth straight year the Raiders took home team hardware after three straight runner-up finishes.



JAMES D. CIMBUREK/P&D

ABOVE: Freeman Academy's Thaniel Schroeder, 144, battles down the stretch during of the Class B boys' race at the South Dakota State Cross Country Meet on Saturday at Yankton Trails Park in Sioux Falls.

RIGHT: Vermillion's Maddie Lavin, 410, runs in front of Custer's Tori Glazier during the Class A girls' race at the South Dakota State Cross Country Meet on Saturday at Yankton Trails Park in Sioux Falls. Lavin finished second, helping the Tanagers to a tenth place team finish.

"This might have been the year that we were most connected as a team," Nelson said. "This year we really came together, and I feel like we were still the best team we could be."

Clark completed a running resume that included a 2012 state title, as well as top-25 finishes in 2011 (6th), 2013 (2nd), 2014 (12th) and this season.

"She's had an amazing career," Buffington said. "We talk a lot about Macy (Heinz), and she finished right behind Genny three years in a row. "We'll miss her. You can't replace that type of leadership."

For Freeman, Rebecca (21:53.16) and Hannah (21:53.32) Eberts were 40th and 41st to lead the way, Sarah Wipf (22:55.89) was 78th, Emmarie Edwards (23:27.86) was 87th and Isabel Saylor (24:01.85) was 94th for the Flyers.

For Platte-Geddes, Reganne Engelbreton (22:17.86) was 59th, Katie Engelbreton (23:44.38) was 90th, Grace Brink (24:43.51) was 101st and Kally Millar (26:12.62) was 107th.

Memo seventh grader Morgan Edelman made the awards stand, placing 12th in 21:00.07. Aloester-Hudson's Kendra Jensen (21:02.56) was 15th, Marty's Kiri Po Hart (21:11.49) was 15th and Jacia Christiansen (21:12.27) was 22nd to earn medals.

Also in the Class B girls' race, Viborg-Hurley's Kristen Praetow (22:43.53) was 73rd, Menno's Carly Herboloff (23:14.25) was 85th and Scotland's Khandra Furney (23:28.92) was 88th.



Class A Girls

Beresford finished second, beat out by Custer 38-74, for the girls' team title. Vermillion placed 12th with 200 points.

"They went in with thoughts of finishing in the top four," said Beresford head coach Matthew Coy. "Custer ran away with it, but our girls ran the best race of the year for them."

Beresford was led by sophomore Cait Savey, who placed seventh in 19:25.32, and junior Ashlynn Atwood (19:45.47), who finished 15th.

"Cait was 26th last year, and that was her pushing point," Coy said. "Ashlynn placed for the third straight year."

Caitlin Worth (20:24.11) finished 26th, Grace Quarter (21:02.59) finished 49th, Sabrina Sweet (21:12.01) finished 52 and Kendra Schaap (22:31.27) finished 101st.

"Twenty-sixth (the highest place without a medal) is tough, and we've had that two years in a row," Coy said. "Caitlin was 91st last year, so she came back and had a big year."

The Watchdogs will also have plenty to build on, returning all six state meet runners and

several younger runners.

"We have our full team coming back, and we brought along three that had run with us all year as alternates. We also had another who was first in the JV race at regions," Coy said. "We have a deep team. Everyone kept pushing each other from the bottom up."

Vermillion sophomore Maddie Lavin was second in 19:01.42, 20 seconds behind Chamberlain freshman Ella Byers (18:41.21). Also for Vermillion, Taryn Whisler (21:48.54) was 77th, Rachel Brady (22:01.98) was 85th, Melissa Mikkelsen (23:09.83) was 113rd, Katie Kost (23:25.18) was 117th and Madisen Martinez (24:10.97) was 123rd.

For Lavin, who added to a resume that included finishes of second, first and 21st, the opportunity to compete as a team at state for the first time in her career was exciting.

"It felt like more of a normal race," she said. "It calmed me down. I enjoyed it a lot."

Byers took the lead early and didn't look back. Lavin battled with Custer's Tori Glazier throughout the race before she pulled away from the fellow sophomore.

"Tori passed me, but I was able to pass her again with 800 to go," Lavin said. "I knew I had to pick it up because Tori's a phenomenal sprinter."

"The gap with Ella was about 400 meters when I passed Tori, and 200 when she finished. I wish I would have started my kick earlier."

Not knowing Byers, and having only run against Glazier a couple of times made it difficult to judge what was needed, Lavin said.

"I know the girls from our region," she said. "But it's hard not knowing what those West River runners can do. I'd run against Tori before, so I knew she was a good sprinter."

For the Tanagers, part of the excitement is that all but Kost will return next season.

"Most of our runners had their best times of the year," said Vermillion head coach Kelly Fischbach. "Katie is the only senior, and we had some seventh and eighth graders we took along as alternates. Hopefully we're building something here."

Elk Point-Jefferson senior Josie Heeren (19:28.83) earned 10th and Dakota Valley junior Marisa Schulz (19:34.79) was 12th to bring home hardware. Other area finishers in the Class A girls' race were Ethan-Parkston's Sydney Wickersham (20:39.96) in 35th and Patience Nesheim (20:59.13) in 46th, Elk Point-Jefferson's Robin Stark (21:22.62) in 60th, and Wagner's Taylor (21:55.24) and Sadie (21:55.61) Etemiller finished 81st and 82nd.

Class A Boys

In the boys' race, West Central edged Sioux Falls Christian 33-49 for the team title. Ethan-Parkston placed 10th in the boys' team rankings with 153 points.

Custer's Chance Dooley won the race in 15:56.70, 13 seconds ahead of West Central's Derick Peters (16:09.10).

Ethan-Parkston was led by Jonah Murtha (17:45.00), who finished 31st. Tucker Murtha (17:55.40) was 37th, Tanner Hohn (17:56.2) was 38th, Erik Fuerniss (19:11.50) was 94th, A.J. Zolnowsky (19:21.40) was 99th and Austin Bartel (19:42.40) was 104th.

Beresford's Alec Atwood was the lone area runner to medal, placing 15th in 17:02.30.

"We talked before the race, and we both felt top-15 was in reach," Coy said of the freshman. "He was 22nd last year, so he had a solid improvement. He's young and loves running. He'll keep getting better."

Also in the Class A boys' race, Dakota Valley's Jon Green (18:23.10) was 59th, DV's Charlie Long (18:25.90) was 64th, Vermillion's Justin Sorenson (18:29.90) was 68th, DV's Joe Graves (19:18.20) was 90th and Beresford's Jake Limmer (19:18.50) was 97th.

Follow @JCimburek on Twitter.

Soccer: Hastings Men Down Mount Marty 8-1

BY BEN HEGGE

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After allowing two goals in the first three minutes, Saturday's conference match looked as if it would be a long one for the Mount Marty College men's team.

However, when senior Ludwin Arana's high arcing shot from midfield found the back of the net, the Lancer men regained a bit of confidence.

"The keeper was a little too far in front of the net, and I saw my opportunity," said Lancer striker Ludwin Arana. "I was thrilled, and I feel like it helped us regain a little momentum."

The defending Great Plain Athletic Conference champion Hastings Broncos (11-3-2, 8-0 GPAC) went on to defeat the Lancers (0-16, 0-8 GPAC) by a score of 8-1.

"It is always a great opportunity when you get a chance to play against a team like Hastings," said Mount Marty head coach Peter Shepherd. "We knew we would have our hands full, and that pushes us to do our best."

After taking a 4-1 lead into the half, Hastings added four more goals in the second half on their way to an 8-1 victory.

Daniel Whitehall had an outstanding individual performance for the Broncos, totaling four of Hastings eight goals on just six shots. Other goal scorers for the Broncos included Miguel Mendoza, Lucas Venegas, Adam Knight, and Kaden Moore-Cowell.

For the Lancers, goalkeeper Rogelio Rodriguez totaled four saves, while Lud-

Lancers

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Megan Kruse tallied the only two goals of the first half giving her team a 2-0 lead heading into halftime.

Hastings continued their dominance in the second half, as Janine Lahey and Jennifer Bernard added goals to seal the 4-0 road victory.

"We used this game as a measuring stick," said Lancers head coach Peter Shepherd. "When you are playing one of the top teams in the country, you find out where you are as a team."

win Arana recorded his first goal of the season.

"Hastings is a really solid team with a lot of talent," said Arana. "We all gave it everything we had no matter the outcome and that is all we can ask for."

Mount Marty will finish close out the season next week with a conference game against at home against Dordt on Tuesday and a road game verse Concordia next Saturday.

Maguire had the only shot on goal.

Heading into the final week of the season, the Lancers seek their first conference win. Mount Marty will be at home on Tuesday against Dordt (10-6, 5-4 GPAC) and will close out their season next Saturday in Seward against Concordia (10-5-1, 4-4-1 GPAC).

"We need to clean up a few things defensively before next week," said Shepherd. "But overall, we can take a lot of positives away from today and try and finish our season on a high note."

Follow @bigheadbenny13 on Twitter.



MICHAEL HAMMOND/P&D

Sierra Kloth attacks for Mount Marty College as players from Concordia go for the block on Saturday in Yankton.

MMC VB

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Following intermission, Concordia came out and showed why they are a ranked team, jumping out to early leads in the third and fourth sets and not looking back. The Bulldog's Annie Friesen had eight of her game-high 12 kills in the final two sets and Taylor Workman assisted in three blocks in the third.

"We were darn close in the first set, and it would have been really nice to get that and the second," Hebenstreit said. "It's probably the best we have played all season, pretty darn close anyway."

White was second on Con-

cordia with 11 kills and Paige Getz added nine more. Alayna Kavanaugh led all players with 39 assists. Libero Jocelyn Garcia was tops for the Bulldogs with 23 digs. Workman contributed on five assisted blocks.

For the Lancers, Sam Bischoff, Kloth, and Laura Cattle all contributed eight kills in the match. Setting them up was Amber Dythse who finished with 35 assists and six kills. Maura Lysne led Mount Marty with 24 digs, playing libero in place of BreAnne Thege, who was dealing with a slight dehydration problem from Friday's game.

Mount Marty's next game will be against Briar Cliff at home on Tuesday.

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USD

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It was even before that, though, that the Coyotes felt confident the comeback was on.

"For us, when we get one goal, that just lights the fire for us," Strang said. "I knew the second we got that first goal, we were going to get it."

A minute later, Meyer put the Coyotes ahead 3-2 on an unassisted goal – her second of the season, and one that set off a wild celebration.

Then, in the 81st minute, USD freshman Sammie Villwork scored on a shot from about 40 yards out, not only completing the comeback but completely turning the tide of the game.

And perhaps, USD's season.

"We knew we could do it. We knew that we just had to do it together," head coach Mandy Green said. "We had to change our energy; our

attack mode.

"And our seniors definitely came out and you could tell they weren't going to lose this game."

If the Coyotes were to win the game, they were going to also need help from their freshmen, which has been another story this season – five freshmen saw the field Sunday.

"It's a new experience for everyone, but they're learning," Green said.

And also having fun, as was the case during that wild four-minute stretch in the second half when the Coyotes scored three goals.

"Honestly, this was probably top," Meyer said, smiling. "Just the emotions today, being Senior Day, it was a huge roller coaster."

The Coyotes have a week off before their final regular season game next Sunday at Fort Wayne. The Summit League Tournament begins Nov. 5 in Brookings.

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Yankton

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and seventh runners were too far back.

"But that's why you run the race."

Woods was the lone senior among the varsity seven for the Yankton girls. While she is ready for the next step in her career – which is as yet undecided – she feels the program is in good hands.

"I'm ready to move on to college. I had a good time with the team," she said. "We had good leaders when I was younger. I felt like I was a good leader for these girls, and I think they have a couple of good leaders that will keep them working hard."

Coyotes

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the season.

As each game passes, he said the pace of play has slowed down – typically a common hurdle for freshmen.

"I'm more focused now, I've got the rhythm now in the conference," Fredrick said. "As a freshman, you hear Missouri Valley and you know it's a challenge. Playing these seven games, it's been very helpful."

It's also helped that Fredrick has already started to benefit from USD's strength program, head coach Joe Glenn said Saturday.

"I think he came here at about 155 pounds," Glenn said. Looking at a roster and seeing Fredrick is listed at 165, the coach added, "He's more than 165."

Fredrick was one of five running backs signed to USD's 2015 recruiting class, and he was one of three to see action in Saturday's win. Nate Gunn added 46 yards and a touchdown, while Shamar Jackson – also a receiver – ran the ball once.

In all, the Coyotes ran for 249 yards, but it was Fredrick's efforts that loomed the largest.

"You can just see he's taken to the weight room," Glenn said. "He's really serious about

have coming back."

Yankton finished ninth in the boys' division with 252 points, led by senior Andrew Peitz's 31st place finish (17:16.15). Senior Sam Gusso (17:32.49) finished 44th, sophomore Brady Jaquith (17:47.01) placed 56th, senior Gabe Dannenbring (17:50.43) finished 60th and freshman Nathan Zimmerman (18:14.92) finished 68th for the Bucks' scoring. Senior Jordan Lucht (18:40.85) finished 78th and senior Lincoln Megard (18:50.65) finished 80th for Yankton.

"They were set up well after 1,000 meters, all between 20th and 30th," Coach Dannenbring said. "They had to be in that pack, fell back a little bit but closed hard."

Sioux Falls Roosevelt edged Sioux Falls Lincoln 58-78

this; about football. He's humble, and I think that's one of my favorite parts about him."

That, and he's only started to scratch the surface on his potential, the coach added.

"He's just going to get better, you know that," Glenn said. "He's just barely put his toe in the water."

"That's a good get for us."

Area Player Scores

Taylor Lambert was a member of USD's 2013 recruiting class as a walk-on linebacker. It was going to take quite a bit for the former Dakota Valley High School standout to see action in a conference game, let alone score a touchdown.

For good measure, he did both Saturday.

Lambert, a sophomore and now a fullback, caught a 5-yard touchdown pass from backup quarterback Brian Woodward during the fourth quarter of Saturday's win over Missouri State. The game had already been decided by that point, but Glenn raved later about seeing Lambert score.

"The Rocket' just never says anything, he just plays hard; practices hard," Glenn said. "He'd been on the scout team a couple years, then we moved him to fullback."

"He says, 'I just want to play where I have a chance to get on the field.'"

Lambert, also a wrestler in

for the Class AA boys' title. Lincoln's Gabe Peters won in 15:52.89, seven seconds ahead of O'Gorman's Tiegen Lindner.

While the Bucks lose seven seniors, including five from the state meet team, they also have reasons for enthusiasm.

"We lose those seniors. They went out, competed hard and ran the race they needed to run," Coach Dannenbring said. "But we have a good crew of young boys. We have a bunch of freshmen that are smart kids who have seen the benefits of training in the off-season."

"Now the ball is in their court. If they work hard in the off-season, work hard during track, they'll be ready to roll."

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Although the game marks as a loss for Mount Marty, the Lancers will look to take away positives as they approach the final week of the season.

"At times we did a really nice job of moving the ball, and we played with them," said Shepherd. "We lost our focus for short periods of time during the game, and that is when they exploit us."

It was evident that the Broncos were looking to play aggressive on the offensive end, as they received 12 offside penalties and had 25 total shots to Mount Marty's three.

For Mount Marty, senior Courtney True totaled seven saves, while Kristin

While the Lancers are not eligible for post-season play, they look to shake up the GPAC standings.

"We are currently trying to set the foundation for our program," said Peter Shepherd. "We will strive to play high-quality soccer in our remaining games, and who knows, maybe we can pull off an upset."

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Miles Bergner

A week after his game-winning kick beat North Dakota State, USD kicker Miles Bergner was back in the news Saturday.

The junior was a perfect 4-of-4 on field goals, tying a school record by three others, and his 16 total points also tied a school record with two others.

"I think gained confidence from that kick (in Fargo), but also from watching (quarterback) Ryan (Saeger) leading them down the field, and confidence of everyone in front of me," Bergner said.

Bergner improved to 9-of-16 on field goals this season, and remains a perfect 20-of-20 on extra points. His first field goal Saturday of 53 yards was also a personal best, but he

was quick to acknowledge his blockers.

"Give those guys credit, they take all the brunt of the impact," Bergner said. "I'm the one who gets credited for that, which I don't like at all. Those guys are really where it's at."

Up Next

Having won two league games in a row, USD is suddenly in a position where next Saturday's game at Northern Iowa carries potential postseason implications.

Illinois State sits atop the Missouri Valley standings with a 4-0 record, followed by North Dakota State and Western Illinois at 3-1. Then comes four teams, including USD, at 2-2.

"I think we believe that we can play with anybody in this league," Glenn said. "Our kids will get ready for this game, I promise you that."

Northern Iowa (3-4, 1-3), which was ranked No. 22 last week, salvaged its own playoff hopes after Saturday's win at South Dakota State. The last time USD visited Cedar Falls, in 2013, the Coyotes came away with a double overtime win.

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AREA CALENDAR

Monday, October 26	
GOLF, MEN'S Old Dominion Kilmillar Inv. at Powells Point, N.C. (USD)	Volin at Avon; Howard at Parker; Irene-Wakonda at Marion; Menno at Scotland; Parkston at Madison; Trip-Dietmott-Harriott; El Ethan; Wilson-Hurley at Aloester-Hudson; Wagner vs. Burke-South Central at Burke; Winner at Platte-Geddes
VOLLEYBALL, PREP S.F. Washington at YHS (7 p.m.); Lewis & Clark Conf. Tour. (Allen, Bloomfield, Creighton, Harrington-Newcastle, Laurel-Concord-Coleridge, Ponca, Randolph, Wausa, Wynot); Mid-State Conf. at Pierce and Norfolk (Crofton, Harrington Cedar Catholic); Niobrara Valley Conf. Tour. (Niobrara-Verdigris, Santee); Andes Central-Dakota Christian at Gregory; Beresford at Dall Rapids; Canistota at Freeman; Dakota Valley at Tea Area; Flandreau Indian at Centerville; Gayville	Volleyball, JV S.F. Washington at YHS (4:30 p.m.)
	Volleyball, SOPH S.F. Washington at YHS (5:45 p.m.)
	Volleyball, 9TH S.F. Washington at YHS (4:30 p.m.)
	Volleyball, MS Harrisburg South at YMS (4 p.m.)

Wagner Wins SESD Title

PLATTE – Wagner beat Bon Homme 25-15, 25-27, 25-22 for the championship of the Southeast South Dakota Conference Volleyball Tournament, held Saturday in Platte. Adrian Weber had 10 kills, and Ali Kuca had eight kills and 21 digs to lead Wagner. Krista Dvorak posted 14 assists, Sierra Juffer had 12 assists and three ace serves, and Rachel Dion and Jaslynn Bruguier each had 18 digs in the victory.