

Speakers Announced For DWU's McGovern Hunger Summit

MITCHELL — Dakota Wesleyan University's second McGovern Hunger Summit will bring speakers to campus to discuss food security within the state, as well as ways to support it.

The McGovern Hunger Summit is set for Thursday, Nov. 12, in the Sherman Center at Dakota Wesleyan University. The conference begins at 9 a.m. and is free and open to the public, though registration is encouraged. Register at www.dwu.edu/hungersummit.

In addition to the speakers, the summit will also include an Empty Bowls luncheon, sponsored by the Mitchell High School art students. For a suggested \$10 donation, participants will receive a bowl of soup, bread, and a handmade pottery bowl — register online.

This will also be the day the McGovern Center announces the second McGovern South Dakota Hunger Ambassador Award. The McGovern South Dakota Hunger Ambassador Award will be given to a South Dakotan who goes above and beyond to provide food security to the people of South Dakota — a nomination form is online.

In addition to a dialogue session with members of South Dakota State University, the summit includes two speakers.

"We are looking forward to bringing these two speakers to DWU to share awareness concerning food-related issues in our state," said Dan Churchwell, program coordinator for the McGovern Center. "I think many people are passionate about helping to solve hunger insecurity and this is a great opportunity to bring those people together to discuss the issues, ideas and to network."

"We at the McGovern Center are equally excited to partner with the Mitchell High School students again for Empty Bowls and add a new partner this year with SDSU's nutrition program students. This free event brings people together from all walks of life, including age groups, it's going to be a great day full of exchanging ideas."

Keynote speaker Matt Gassen has served as the executive director of Feeding South Dakota since 1999. With the hard work of a dedicated staff, they distribute more than 12 million pounds of food annually to

250 member agencies and reach tens of thousands of South Dakotans in need of food assistance. In 2004, he successfully coordinated the merger of South Dakota's two affiliate food banks in Rapid City and Sioux Falls, creating a single, statewide organization. In May 2010, he facilitated the addition of a third food bank location in Pierre to meet the hunger needs in central South Dakota, while at the same time overseeing a highly successful organizational rebranding process.

Prior to becoming a food bank director, Gassen spent 23 years in the U.S. Air Force. During this time, he spent 15 years in aircraft maintenance and culminated his career as a First Sergeant, providing discipline, direction and support to hundreds of enlisted personnel.

He currently serves as a board member for South Dakota's Partners Against Hunger, Destiny Family Medical Clinic and his church Sioux Falls First. He is also a member of the Downtown Rotary in Sioux Falls. Matt has been married to his wife Charlene for 42 years and they have three grown sons and 10 grandchildren.

The second speaker for the day, Bob Reiners, will give the talk "The Importance of Bees in the 21st Century." Reiners is an agriculture program specialist with the South Dakota Department of Agriculture. At the Department of Agriculture, Reiners serves as the State Apiarist where he oversees the apiary registration and inspection program. He graduated from South Dakota State University with a Bachelor of Science degree in horticulture and has worked with the department since 1984. Since Reiners enjoys working with his own bees, he shares that passion with other beekeepers. His other hobbies include gardening, woodworking, auto mechanics and bicycling.

He and his wife Collette have two children. The McGovern Hunger Summit is organized by the McGovern Center and The Third Freedom — the DWU student chapter of Universities Fighting World Hunger. Partners for the event include the DWU McGovern Center and South Dakota State University Nutrition program. A full itinerary is available at www.dwu.edu/hungersummit.



SUBMITTED PHOTO
10 Year Members: Those recognized for at least 10 years of membership include: Mary Alice Halverson, Carol Hamvas, Kay James, Mal Jameson, Ken Jones, Pat and Pearl Lyons and Judith Ray. Pictured separately are Jack and Margaret Lyons and Dixie Griffith.



SUBMITTED PHOTO
30 Year Members: Dr. Brooks and Vi Ranney, and Jim and Marilyn Nyberg were recognized for their 30 plus years of membership to the Yankton County Historical Society. Both couples have been members since the 1970s.



SUBMITTED PHOTO
Volunteers: Those volunteers receiving recognition and present at the 2015 Historic Revelry are: (L-R) Lola Harens, Sharon Feidler, Karen Rogat and Karen Kubal.

American Heart Association's National Eating Healthy Day

SIoux FALLS — This year's National Eating Healthy Day is Wednesday, Nov. 4. The American Heart Association wants to encourage healthy eating habits by helping Americans take simple steps with their families, friends, co-workers and communities. The following steps are designed to make the healthy choice the easy choice wherever people live, work or play:

- Step 1: Register for National Eating Healthy Day by visiting www.heart.org/NationalEatingHealthyDay;
- Step 2: Get healthy with activities and tips for National Eating Healthy Day; all included in the free AHA toolkit;
- Step 3: Share our "punny" memes on your social media channels using #NEHD and share your successes with us on AHA's Facebook, Twitter and Instagram pages.

"Most Americans know that eating good-for-you foods comes with a lot of health benefits, but it isn't always easy to break old habits," said Holly Sweet, Direc-

tor of Nutrition & Consumer Information for the South Dakota Beef Industry Council and the sponsor of National Eating Healthy Day activities in South Dakota. "National Eating Healthy Day offers people across the country — at home, work or in their community — an opportunity to make a healthy change together and provides necessary resources to make the changes as easy as possible. But eating healthy is more than just an easy way to reduce the risk of heart disease and stroke; it's also fun and delicious."

More than two-thirds of American adults and one in three children and teens are overweight or obese, putting them at risk for heart disease and stroke, as well as many other chronic illnesses and conditions.

To improve heart-health, cities all over the country are taking simple steps to participate in National Eating Healthy Day. In Sioux Falls and Rapid City, the American Heart Association has partnered with the South Dakota Beef Industry Council to

offer a series of cooking demonstrations that will educate home cooks about ways to incorporate heart-healthy beef into their holiday meals.

The Sioux Falls event will be held on Nov. 4 at 5:30 p.m. at the Museum of Visual Materials downtown Sioux Falls and will feature award-winning Chef Lance White, who will demonstrate two heart-healthy holiday beef recipes. The event will also feature speakers from Avera Heart Hospital and the South Dakota Beef Industry Council.

This event is free and open to the public, but attendees are encouraged to register online at www.heart.org/southdakota to reserve a spot.

A free online toolkit also is available to participate in National Eating Healthy Day. Resources include easy-to-do activities, ways to help others to join in and delicious recipes. To download the toolkit and other NEHD resources, visit www.heart.org/NationalEatingHealthyDay.

Yankton County Historical Society Recognizes Volunteers

The Yankton County Historical Society held its annual meeting Sunday, Oct. 11 at The Brewery in downtown Yankton.

This year, the Board of Directors and the staff of the Dakota Territorial Museum recognized the achievements of their volunteers and the members for the past 50 years.

The volunteers who received special recognition were those who have put in 500 or more volunteer hours at the Dakota Territorial Museum. This year they recognized Sue Miles, Lynette Goehring, Harold Diede, Karen Kubal, Karen Rogat, Lola Harens, and Rachel Cure. Sharon Fiedler also received her name badge for being a volunteer for one year.

Over the past several weeks, the museum staff has been sorting through records in an effort to determine how long members have belonged to the Yankton County Historical Society. At the meet-

ing, they recognized those who have been members for 10+ years, 30 years and 50 years. At this time, the Yankton County Historical Society only has one person who has been a member for at least 50 years — Lou Ella Machin of Yankton. The names of those recognized for 50 years and 30 years of membership will be placed on plaques to be displayed at the museum.

Mike Villanueva was voted into the 2016 Board of Directors. He will fill the vacancy left when Nathan Johnson was elected to the Yankton City Commission, and named as City Representative to the historical society in 2015.

In 2016, the Dakota Territorial Museum will be celebrating its 80th anniversary of Yankton's first museum, which eventually became known as the Dakota Territorial Museum. August 2016 also marks the 55th anniversary of the Yankton County Historical Society receiving its charter.

OBITUARIES

Henry Goettertz

Henry L. Goettertz, age 85 of rural Freeman, SD passed away Monday, October 26, 2015 at Avera Sacred Heart Hospital, Yankton.



Mass of Christian Burial will be 10:30 a.m. Saturday, October 31 at St. Boniface Catholic Church, Idylwilde, rural Freeman, SD with Rev. Randy Phillips officiating. Burial will be in the parish cemetery with military graveside rites by the Rames-Bender American Legion Post #152 Honor Guard and South Dakota Army National Guard Honor

Guard. Visitations will begin at 6:00 p.m. Friday, October 30 at St. Boniface Catholic Church, Idylwilde, with a Wake service at 7:00 p.m. Visitations will resume one hour prior to the service at the church.

The Opsahl-Kostel Funeral Home & Crematory, Yankton, is assisting with the arrangements. To send an online condolence, go to www.opsahl-kostelfuneralhome.com.

Pallbearers will be Darren Walz, Loren Roth, Dennis Schrag, Mike Petersen, Danny Massey, Allen Neuharth, Glen Neuharth and Eric Neuharth.

Henry Louis was born November 28, 1929 to Henry and Martha (Dangel) Goettertz in rural Marion. He moved to his farm at the age of five and remained

there his entire life. Henry graduated from Freeman High School and attended college at SDSU in Brookings. In 1952, Henry was drafted into the Army during the Korean War. He married Karen Weber on November 12, 1966 at St. Boniface Catholic Church, Menominee, NE. Henry spent his life farming and had dairy and beef cattle, hogs and sheep. He was a lifelong member of St. Boniface Catholic Church (Idylwilde) where he served on the parish council, was a lector and an usher. Henry was an officer in the Knights of Columbus and served on the Turner County Weed Board. His hobbies included making things with wood, such as shelves and clocks and collecting John Deere model tractors. Henry had a love for animals; many furry

friends were lucky to be a part of his life. Henry had his priorities ... faith, family and farming.

His memory will be cherished by his wife, Karen of Freeman, SD; daughter, Carla (Lynn) Goetsch of Hartford, SD; son, Loren (Sherry) Goettertz of Freeman, SD; and daughter, Joyce (Dale) Becker of St. Helena, NE. He will be remembered with much love by his grandchildren: Lauren and Aurora Goetsch, Morgan Buechler and Jordan Goettertz.

Henry was preceded in death by his parents.

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Mary Heinrich

Mary Jane Heinrich, 73, of Chandler, Arizona and formerly of Tripp, South Dakota passed away on Saturday, October 24, 2015 in Chandler.

The memorial service will be held at 10:30 a.m.

on Monday, November 9 at Emmaus Lutheran Church in Tripp. Inurnment will follow in Gracehill Cemetery, Tripp. Funeral arrangements are being handled by Goglin Funeral Home of Tripp.

In lieu of flowers or cards, a gift in memory

of Mary Jane Heinrich to the National MS Society is welcomed at: www.nationalmssociety.org/Donate. Gift acknowledgements may be sent to: Chad Heinrich, 3301 South Sunland Drive, Chandler, AZ 85248. Online condolences may be sent at www.goglinfh.com.

Goglin Funeral Home

Tyndall - Scotland - Tripp



Harry Smith

Harry T. Smith, 80, of Grand Island, Nebraska, formerly of the Bloomfield and Wausa area, died Monday, Oct. 26, 2015 at the Grand

Island Veteran's Home in Grand Island.

Graveside services will be Friday, Oct. 30 at 2 p.m. at the Beaver View Cemetery in rural Crofton, Nebraska, with John Keck officiating.

There will not be a visitation.

Arrangements are under the direction of the Wintz Funeral Home in Crofton, Nebraska.

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