

LIFE DIGEST

YALC To Host Open House Thursday, Sept. 16

The public is invited to attend the Yankton Area Literacy Council (YALC) Open House scheduled for 2-4 p.m. Thursday, Sept. 16, at 231 Broadway, the United Way office center where the YALC office is located.

The event is in recognition of National Adult Education and Family Literacy Week which runs from Sept. 13-17. YALC offers adult education and family literacy programs that serve adult and youth learners who need to improve basic literacy and math skills, improve oral and written English, practice for the GED test to attain a high school equivalence degree and prepare for community college or vocational training.

YALC Program Coordinator Bev Calvert and YALC board members will be on hand to explain the organization's services and assist interested individuals in participating in a program or become involved in implementing the organization's services, including tutor services, membership and fundraising, promotion, etc.

Basic literacy skills are more critical than ever in today's tough economy. According to ProLiteracy, the world's largest organization of adult basic education and literacy programs, the literacy crisis in the U.S. costs the nation \$60 billion a year in lost productivity, \$73 billion in unnecessary health care expenses, and contributes to unemployment, crime, drug abuse, and homelessness. Adult education and family literacy programs address these problems at the community level by providing the estimated 30 million adults with low literacy levels with the education they need to participate in the workforce.

"Education remains the most successful tool we have to fight unemployment," said YALC Board President Deb Overseth. "Our programs match volunteers with adults to help them improve the reading, writing, and language skills they need to take their lives in new directions and to contribute even more to their communities."

YALC is a member of ProLiteracy and is one of hundreds of community-based organizations that make up the ProLiteracy network.

For more information about the open house and/or YALC's services, call 605-665-3048.

Free Seminars Offered At RTEC This Fall

The public is invited to attend two free seminars promoting safety in the workplace this fall.

The first seminar, "Sit Fit Ergonomics," will be presented from 9-10 a.m. on Friday, Sept. 17, at RTEC, 1200 W. 21st St. in Yankton. This seminar will address 10 Do's and Don't's in Your Office that everyone should know. It will also discuss the proper height of office chairs, desks and computer screens so you and your employees can avoid muscle strains and related injuries.

The second seminar, "Lift Safe in the Workplace," will be presented from 9-10 a.m. on Friday, Oct. 22, at RTEC. It will feature techniques that can help you prevent workplace injuries. It also will cover proper lifting techniques and share the top culprits for lost time and injuries.

These free seminars are designed to offer a review or refresher for health and safety managers and supervisors as well as for office managers and business owners. Both seminars are sponsored by First Chiropractic Center, the South Dakota Chiropractors Association and RTEC.

Breakfast will be provided courtesy of First Chiropractic Center. Although there is no charge to attend, participants are asked to RSVP by contacting RTEC at (605) 668-5700 or by e-mailing kwintz@rtecedu.org.

DHHS To Hold Hearings In Lincoln Sept. 16

LINCOLN, Neb. — The Department of Health and Human Services (DHHS) is holding two hearings Sept. 16 in the Nebraska State Office Building, 301 Centennial Mall South, Lower Level, Conference Room "A," Lincoln, Neb.

The DHHS Division of Public Health is holding a hearing at 9 a.m. Sept. 16 to accept comments on proposed changes to regulations on Newborn Screening for Metabolic Diseases. The proposed changes will:

- Set standards for newborn screening of premature, low birth weight, and sick infants;
- Clarify when repeat dried blood spots and confirmatory tests are needed;
- Require birthing hospitals and facilities to maintain a monitoring mechanism to track newborn screening test results; and
- Set standards for laboratories performing confirmatory newborn screening tests.

The DHHS Divisions of Children and Family Services and Medicaid & Long-Term Care are holding a hearing at 10 a.m. Sept. 16 to accept comments on proposed changes to regulations for several programs. The proposed changes include:

- Coverage and paternity regarding the unborn;
- Eligibility and coverage for newborns;
- Revision of presumptive eligibility process including requirement to provide attestation of legal presence;
- Reasonable opportunity to provide documentation of citizenship; and
- Correction of the list of individuals ineligible for a cash grant but who may be eligible for Medicaid.

Anyone may attend and comment at the hearings or submit comments in writing. Written comments must be postmarked or received by 5 p.m. Sept. 18. They should be sent to DHHS Regulatory Analysis and Integration, 301 Centennial Mall South, P.O. Box 95026, Lincoln, NE 68509; faxed to 402-742-2382; or e-mailed to DHHS.RulesandRegs@nebraska.gov.

■ Get Updates At Yankton Online (www.yankton.net)

A Student Comment about SEYO in 2009:

SEYO "I learned to keep going and not give up."

The Sioux Empire Youth Orchestra

Rehearsals for the Sioux Empire Youth Orchestra begin in September!

5th-12th grade musicians welcome. See our website for more info:
www.SiouxEmpireYouthOrchestra.org

Why Is Battery-Replacement Quote So High?

BY TOM AND RAY MAGLIOZZI

Dear Tom and Ray:
The BMW dealer told me that it is going to cost \$445 to replace the battery on my 2006 330i BMW. I was told that it cost this much because they have to reprogram the car's computer to tell it that there's a new battery. Is this true, or are they ripping me off? That's an awful lot of money to pay for a new battery. The battery by itself costs \$225. What are your thoughts? — Ollie

TOM: My first thought is, I'm going into the BMW-battery-replacement business!

RAY: I don't believe that the computer has to be reprogrammed on this car, Ollie. It does on the higher-end BMWs, but not on the 3 Series.

TOM: In your car, Ollie, any reprogramming would be done by YOU. You'd have to program the radio presets and the seat settings and stuff like that, unless the shop does what we do.



CLICK & CLACK

RAY: At our shop, we have a "settings saver" device that we plug into the car's data port before we change a battery. It's essentially a 12-volt battery, and it provides enough power during the battery change to

preserve all of your radio stations and driver preferences. I'm sure your dealership has one of these, too.

TOM: I suspect that what they're charging you extra for is diagnosis. Before we replace a battery, we test the whole charging system to make sure the alternator is working properly and nothing is draining the battery. Otherwise, we could put in a brand-new battery, and the new battery could die the next day.

RAY: Checking the charging system correctly takes about an hour and a half of labor, which, at your BMW dealership, probably is about 220 bucks! So there you go, Ollie. Unfortunately, for this car, I think that's the right price.

Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

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S.D. Rural Enterprise Receives \$750,000 Federal Grant

SIoux FALLS — The U.S. Treasury Department's Community Development Financial Institutions (CDFI) Fund has announced that South Dakota Rural Enterprise, a statewide organization specializing in creating innovative economic development solutions for South Dakota's rural communities, will receive a \$750,000 federal grant from the CDFI Fund.

By adding permanent capital to the South Dakota Rural Enterprise Capital Investment Fund, this federal grant will increase the lending power of

South Dakota's Revolving Loan Funds and Community Development Corporations.

The South Dakota Rural Enterprise Capital Investment Fund, which now totals more than \$11.6 million, builds the financial capacity of South Dakota's Economic Development Corporations and Revolving Loan Funds by making flexible funding available, with neither job creation requirements nor limits or restrictions on the kinds of projects or businesses that can be financed using the Capital Investment Fund. In addition,

funding from CIF counts as local matching funds when applying for State, Federal or other sources of funding, and CIF dollars can be blended with other funds to achieve an effective interest rate.

Currently, CIF lenders include 11 different development organizations, ranging from large regional Revolving Loan Funds to local development corporations that require flexible, reasonably priced capital. Outstanding loans total \$10 million, with another \$2.4 million approved.

CDFIs are financial institutions that specialize in underserved markets. In its first 10 years, the CDFI Fund, located within the Department of the Treasury, has successfully invested in urban, rural and reservation-based markets in all 50 states to create jobs; quality, affordable housing; and facilities for vital social services. The Treasury Department reports that every federal dollar invested in a CDFI leverages \$27 of private investment.

Contact South Dakota Rural Enterprise at 605-978-2804, by e-mail at info@srdrei.org, or on the web at srdrei.org.

Scrubs Camp To Be Held In Yankton Oct. 6

Area High School students will have an opportunity to explore health career options during a Scrubs Camp being held in Yankton, SD. The Yankton Scrubs Camp will be held Wednesday, October 6, 2010, at the Professional Office Pavilion & Education Center located at the heart of the Avera Sacred Heart Campus, Yankton, SD.

The Scrubs Camp is designed for 9th through 12th grade high school students with an interest in the healthcare field. There is no charge to attend, lunch is provided and students will receive a scrub shirt. Parents are also welcome to attend the Scrubs Camp with their participating student. The registration form can be found at http://healthcareers.sd.gov/ScrubsCamp_Web_V3/pages/Yankton.html

The purpose of Scrubs Camp is to provide high school stu-

dents a chance to learn about the many careers within the healthcare fields by offering them an opportunity to explore and experience various healthcare industry careers. During this day-long event students will hear from a variety of healthcare professionals who will discuss what they do and how they got into their professions and visit with exhibitors. Students will participate in exciting hands-on activities and receive personalized career guidance plans. Speakers and exhibitors include a wide range of healthcare careers such as mental health, environmental services, dentistry, biomedical, certified nursing assistant, legal, laboratory technicians, coding, nursing, transcriptionist, pharmacology, research and more.

It is important to encourage students to consider pursuing a career in healthcare. One of the

most pressing issues facing the industry today is the critical need for healthcare providers. This is especially true for South Dakota. Between the years 2006 and 2016, there is a projected increase in healthcare workers needed in South Dakota of over 25%. The State is also facing a 17% decrease in the number of high school graduates between 2002 and 2018.

The Yankton Scrubs Camp is made possible through the collaborative effort of the Yankton Rural Area Health Education Center, Avera Sacred Heart Hospital, Yankton Medical Clinic, and SD Human Services Center, South Dakota Department of Education Office of Curriculum, Career and Technical Education and South Dakota Department of Health Office of Rural Health. For more information visit http://healthcareers.sd.gov/ScrubsCamp_Web_V3/index.html

Yankton Library Fall Story Time Begins

Preschool aged children and their families are invited to join us at the Yankton Community Library, 515 Walnut, for Story Time. We will kick off the start of fall story times on Monday, September 13, at 6:30 p.m. Story time will also be held on Wednesday, September 15, at 10:15 a.m. and Thursday, September 16, at 10:15 a.m.

It's "Teddy Bear Week" so bring your teddy bear or your favorite stuffed toy. Join us each week as we share stories, sing songs, and make a craft. Fall story time will be held each week on Monday, Wednesday and Thursday through December 2, 2010.

For additional information, please call the library at 668-5275.

2010 Annual Yankton Area Mayor's Prayer Breakfast

Featured Speaker: Ken Korkow
Regional Director - Christian Business Men's Connection, Omaha, NE,
Former PRCA member & Korkow Rodeo Family member

Friday, Oct. 1, 2010 - 7 AM
Minerva's Restaurant
1607 E. SD Hwy 50, Yankton, SD

Deadline for purchasing tickets is
Tuesday, Sept. 28
Tickets may be ordered online at
www.yanktonareaprayer.com

GOT NEWS?
Call The Press & Dakotan At 665-7811

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