

# MLB

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earn his third win in four starts since Aug. 27. The right-hander allowed three runs and seven hits over 6 2-3 innings as Cleveland broke the Angels' four-game winning streak. Six of the hits were for extra bases.

**ORIOLES 11, BLUE JAYS 3:** BALTIMORE (AP) — Rookie Jake Arrieta allowed four hits over six shutout innings, Nick Markakis and Adam Jones homered, and Baltimore won a fourth straight series for the first time since 2004.

**RANGERS 11, TIGERS 4:** ARLINGTON, Texas (AP) — David Murphy had a homer upfield on replay to help the Texas Rangers win their sixth straight game.

**NATIONAL LEAGUE PHILLIES 2, MARLINS 1:** MIAMI (AP) — Cole Hamels had a season-high 13 strikeouts in 6 2-3 innings, and the Phillies increased their lead in the NL East to two games by beating Florida.

Hamels (11-10) threw a career-high 127 pitches and allowed only one run. The left-hander won his fourth consecutive start and won for the first time in seven career starts in Miami.

Philadelphia increased its cushion in the division when second-place Atlanta lost to Washington 6-0.

Shane Victorino scored both runs for the Phillies, who totaled only five hits and won despite going 0 for 11 with runners in scoring position.

Florida ended Hamels' streak of 25 1-3 consecutive scoreless innings in the first, bunting three hits, including Dan Uggie's RBI infield single. But the Marlins managed only three hits the rest of the way.

**DIAMONDBACKS 3, REDS 1:** CINCINNATI (AP) — Rookie Daniel Hudson shut down the NL's top offense for eight innings, and Tony Abreu had a pair of hits and scored a run in Arizona's minimal offense Tuesday night, leading the Diamondbacks to a 3-1 victory over the Cincinnati Reds.

Arizona beat the NL Central leaders for the first time in five games this season.

Hudson (7-2) gave up four hits and fanned eight before leaving with a 3-0 lead. He also had a run-scoring single off left-hander Travis Wood (5-3), who continued his fade. Wood lasted only five innings, giving up nine hits — eight of them singles.

**METS 9, PIRATES 1:** NEW YORK (AP) — Knuckleballer R.A. Dickey took a three-hitter into the ninth inning and Carlos Beltran and the Mets feasted on Zach Duke and the Pirates.

**NATIONALS 6, BRAVES 0:** ATLANTA (AP) — Livan Hernandez homered and limited Atlanta to five hits in eight innings to help the Nationals to a win over the Braves, ending a six-game losing streak.

Hernandez (10-11) walked two, struck out six and hit a batter. Only one runner reached second.

**CUBS 7, CARDINALS 2:** ST. LOUIS (AP) — Randy Wells allowed five hits over eight innings and had two hits and two RBIs to help the Cubs deny Adam Wainwright's bid for a 19th win in a victory over the slumping Cardinals.

Xavier Nady had three hits and three RBIs and Darwin Barney had three hits and an RBI in a 15-hit attack for the Cubs, who have outscored St. Louis 12-3 while taking the first two games of a three-game series. The Cardinals remained seven games behind NL Central-leading Cincinnati with 19 games to go.

**ASTROS 3, BREWERS 2:** HOUSTON (AP) — Rookie Chris Johnson hit a three-run homer in the first inning and the Astros held on for a win over the Brewers.



**Yankton Gazelles third baseman Alysha Watzel throws to first base to retire a Sioux Falls O'Gorman runner during the first game of their high school club softball doubleheader at Sertoma Park on Tuesday night.**

# O'Gorman Sweeps Gazelles

Fifth-ranked Sioux Falls O'Gorman swept Yankton in girls' softball action Tuesday at Sertoma Park.

O'Gorman scored four runs in the top of the first and didn't look back in a 10-6 victory in the opener.

Jenn Schall went 3-3 to lead O'Gorman. Kylie Bossler, Rachel Ormsteth and Aubrey Johnson each had two hits in the win.

Karlee Kozak had a triple and a double, driving in two runs, to lead Yankton. Tiff Townsend had a hit and two RBI. Steph Campbell had a hit and a RBI.

Katie Koletzky took the loss, striking out two. Emmy Sommervold tossed a five-hitter to lead O'Gorman to a 3-1 victory in the nightcap.

Schall and Tiernee Fichnor each had two hits and one RBI for O'Gorman.

Campbell, Kozak, Jess Wirth, Alysha Watzel and Tayler Hutchison each had a hit for Yankton. Kozak scored the lone run.

Koletzky took the loss, striking out two. Yankton hosts West Central Sunday. Start time is 12:30 p.m. at Sertoma Park.

Yankton split with O'Gorman in JV action. O'Gorman won the opener 8-2.

For Yankton, Jaclyn Arens had a triple and a RBI, and Jennifer Feilmeier and Paige Thieman each had hits to lead the way. Tara Blaha added a RBI.

Kalyn Peterka struck out six in the effort. Yankton took the nightcap 6-3.

Arens, Alisa Ruzick and Amber Livingston each had a hit and a RBI to lead Yankton. Feilmeier, Kristian Bilbrey and Peterka added hits. Arens picked up the win, striking out six.

# MMC

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and the men's team plays at 5 p.m.

## Lingscheit Moves Up Lancer Charts

MMC sophomore volleyball standout Kate Lingscheit had a career game last Wednesday night against Briar Cliff University.

Lingscheit set a few records in the game, she has now moved to fourth on the assist blocks record list for a game with seven. She has moved to sixth on the total blocks list with nine in one game. She is also now fourth on the four-game assisted blocks record with seven.

In the match against Briar Cliff, Lingscheit pounded down five kills, had 10 digs, three set assists, and nine blocks. She also was 14-for-14 in her serving.

"Kate continues to improve her game every time she plays," said MMC head volleyball coach Candice Climer.

Mount Marty will be traveling to Omaha, Neb. on Friday to take on Grace University.

# VOLLEY

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Centerville. Nicole Steadman served up 13 aces. Kieran O'Malley had eight kills. Haley Ellis posted 17 assists and 20 digs. Brittany Austin had 13 assists and 15 digs. Becca Steadman added 14 digs in the win.

For Baltic, Marissa Whipple posted nine kills and three ace serves to lead the way. Chelsey Foster had 18 digs, Shelby Moe had 13 digs and Molly Whipple had six blocks for the Bulldogs.

Centerville, 3-4, travels to Marion Thursday. Baltic travels to Gayville Thursday for a triangular with Gayville-Volin and Freeman Academy.

CENTERVILLE (3-4).....9 25 25 15  
BALTIC (1-3).....25 27 16 18 12

**Hartington 3, Wynot 1**  
HARTINGTON, Neb. — Three players recorded eight kills as Hartington stopped Wynot 13-25, 28-26, 25-23, 25-22 on Tuesday night in Hartington, Neb.

Michaela Dendinger, Sheila Wiebelhaus and Nanette Heimes led the way offensively with eight kills, while Courtney Hochstein added 26 set assists. Dendinger also chipped in with six blocks and five aces.

No stats were reported for Wynot.

Wynot won the JV match 19-21, 21-19, 21-15.

Hartington will compete in the Creighton Tournament on Saturday.

WYNOT.....25 26 23 22  
HARTINGTON (3-4).....13 28 25 25

**Andes Central 3, Scotland 0**  
SCOTLAND — Fifth-ranked Andes Central was led by Kellie Winckler with 14 kills and two aces to win a three-set match against Scotland, 25-10, 25-18, 25-18 on Tuesday in Scotland.

Araya Cournoyer posted 15 assists for the Lady Eagles (5-0), while Brieanna Johnson and Jenna Winckler each added 12 digs.

For Scotland (4-4), Jaymie Barrett led the team with 21 digs and six assists. Kennedy Asche and Ashley Alvey each showed their presence at the net with three blocks. Alvey had 13 digs, while Asche added 12.

Andes Central will host sixth-ranked Platte-Geddes on Thursday, while Scotland will travel to Marion next Tuesday.

ANDES CENTRAL (5-0).....25 25 25  
SCOTLAND (4-4).....10 18 18

**Tri-Valley 3, Beresford 2**  
BERESFORD — The Beresford Watchdogs forced a fifth set, but came up a little short against Tri-Valley, 25-16, 25-16, 23-25, 14-25, 15-11 Tuesday in Beresford.

Allison Cross led Tri-Valley (5-3) in kills with 10, while Taylor Swier added nine kills. Jessica Johnson posted 10 digs and four aces in the win.

For the Watchdogs (4-4), Karmen Klostergaard had a strong offensive night with 14 kills, she also had two solo blocks. Alison Klostergaard added 11 kills and four aces in the loss.

Both teams will compete on Thursday as Tri-Valley travels to Dell Rapids and Beresford travels to Madison.

TRI-VALLEY (5-3).....25 25 23 14 15  
BERESFORD (4-4).....16 18 23 21 11

**Parker 3, Tea Area 1**  
PARKER — Fourth-ranked Parker dropped the second set, but was able to rebound in four sets over Tea Area, 25-12, 10-25, 25-23, 25-13 Tuesday in Parker.

The Pheasants (8-1) had three players in double-digits for kills with Tessa Weeldreyer had 13, Jess Kleinsasser and Micalanne

Hanten each with 10. Emily Hanten led the team in assists with 29, she also had eight digs and three aces.

Lindsey Montileaux had 11 kills and 11 digs for the Titans (3-3). Morgan Heirias added 19 assists, 10 digs and four aces in the loss.

Parker travels to Alcester-Hudson on Thursday, while Tea hosts Elk Point-Jefferson on Monday.

TEA AREA (3-3).....12 25 23 13  
PARKER (8-1).....25 10 25 25

**Freeman Academy 3, Irene-Wakonda 1**

WAKONDA — Karina Ortman had an all-around performance of 20 digs, 19 assists, three aces and three blocks to lead Freeman Academy past Irene-Wakonda, 25-20, 23-25, 25-21, 26-24 Tuesday in Wakonda.

Kristin Waltner found herself in the same boat as Ortman with 21 digs, 10 kills, six aces and four blocks for the Bobcats (2-3). Sara Friesen posted 16 digs, seven aces and six kills.

For the Eagles (3-6), Ann Brockmueller had 10 kills, 13 assists and three aces, while Amanda Eli added nine kills, 15 digs and five aces.

Both teams will play on Thursday as Freeman Academy travels to the Gayville-Volin Triangular and Irene-Wakonda travels to Bon Homme.

FREEMAN ACADEMY (2-3).....25 23 25 26  
IRENE-WAKONDA (3-6).....20 25 21 24

**Wagner 3, Avon 0**  
WAGNER — The top-ranked Wagner Red Raiders battled through a tough first game and cruised to a 25-20, 25-8, 25-8 sweep of Avon on Tuesday night in Wagner.

Brianna Cuka and Alexa Cimpl both recorded 11 kills for Wagner (8-0), while Jessa Doom had 26 set assists.

Defensively, Devon Brecke had 15 digs and Talia Peters added 13 digs.

For the Pirates (2-4), Paige Vilhauer recorded 11 digs, while Lanae Van Gerpen added three aces and two kills.

On Thursday, Wagner hosts O'Neill, Neb. and Avon hosts Hanson.

AVON (2-4).....28 8 8  
WAGNER (8-0).....25 25 25

**Bon Homme 3, Tripp-Delmont-Armour 0**

TYNDALL — The Bon Homme Cavaliers continued their strong season with a three-set win over Tripp-Delmont-Armour, 25-15, 25-10, 25-11 Tuesday in Tyndall.

Raquel Sutera led the Cavaliers (6-2) with 11 kills and 11 digs, while Sara Burbach added seven kills, seven digs and two aces.

Kayli Adams led the team with 17 assists in the win.

Kelli Batterman had five kills and two aces, while Julie Mingo added nine digs and four kills.

Micelle Holbeck had a quality game with eight assists and seven digs.

Both teams will play on Thursday with Bon Homme hosting Irene-Wakonda and Tripp-Delmont-Armour traveling to Freeman.

BON HOMME (6-2).....25 25 25  
TRIPP-DELMONT-ARMOUR (1-8).....15 10 11

**Elk Point-Jefferson 3, Lenox 0**

LENOX — Third-ranked Elk Point-Jefferson notched another win with a three-set sweep of Big 8 Conference opponent Lenox, 25-13, 25-12, 25-10 Tuesday in Lenox.

Kelly Reed led the offensive attack with 14 kills for the Huskies (8-1), while Reanna Bertram followed with 30 assists, nine kills and four aces.

Cayla Hilbrands added 17 digs in the win.

For the Ladybirds (5-8), Becca Brende had eight digs, while Savanna Ihnen and Karly Johnston each added two kills.

ELK POINT-JEFFERSON (8-1).....25 25 25  
LENOX (0-8).....13 12 10

**Viborg-Hurley 3, Gayville-Volin 0**

HURLEY — The co-op is working to perfection as second-ranked Viborg-Hurley swept Gayville-Volin to continue an undefeated start, winning 25-18, 25-18, 25-6 Tuesday in Hurley.

Haley Jorgensen had an all-around solid performance with five kills, seven assists, six digs and three blocks for the Cougars (8-0). Kaycee Andersen and Danielle Voss each added four

kills. Anderson also had two aces.

For the Raiders (0-6), Meghan Rice led the offense with five kills. Taylor Anderson added six digs, three aces and two kills in the loss.

Both teams will play on Thursday with Viborg-Hurley traveling to Bridgewater-Emerly and Gayville-Volin hosting a triangular between Baltic and Freeman Academy.

GAYVILLE-VOLIN (0-6).....18 18 6  
VIBORG-HURLEY (8-0).....25 25 25

**Bridgewater-Emerly 3, Freeman 0**

FREEMAN — The Bridgewater-Emerly Huskies got on the winning side of the ball with their three-set victory over Freeman, 25-23, 25-19, 25-20 Tuesday in Freeman.

Kianna Ibis had a solid night with 15 kills and three blocks for the Huskies (1-4). Elizabeth Schnabel added nine kills and seven digs in the win.

Kaitlyn Stern had seven kills and 14 digs for the Flyers (2-3), while Lauren Hinckley added five kills and nine digs.

Both teams will play on Thursday with Bridgewater-Emerly will host Viborg-Hurley and Freeman hosting Tripp-Delmont-Armour.

BRIDGEWATER-EMERLY (1-4).....25 25 25  
FREEMAN (2-3).....23 19 20

**Corsica-Stickney 3, Parkston 0**

PARKSTON — A strong defensive effort sent Corsica-Stickney past Parkston 25-21, 25-17, 25-20 on Tuesday night in Parkston.

Cecile Burke recorded 20 digs for the Jaguars (5-2), while Lacey Nepodal and Emily Van Roekel each added 19 digs.

Offensively, Laura Groseth

had 10 kills, while Burke and Van Roekel each recorded eight kills.

For Parkston (3-5), Molly Murtha recorded 11 digs, three kills, three blocks and three aces, while Marie Malloy had three kills, 13 set assists and nine digs.

Also for the Trojans, Marie Hoeffner had five blocks and Jamie Conrad had four blocks.

On Thursday, Corsica-Stickney hosts Ethan and Parkston is at Lenox.

CORSICA-STICKNEY (5-2).....25 25 25  
PARKSTON (3-5).....21 17 20

**Wausa 3, Newcastle 0**

WAUSA, Neb. — Peyton Swanson recorded 12 kills to lead the Wausa Lady Vikings past Newcastle 25-16, 25-13, 25-17 on Tuesday night in Wausa, Neb.

Abbi Hegge added nine kills and 10 digs for Wausa (4-3), while Leslie Kumm had 27 digs and four kills. Michelle Haselhorst recorded three kills, three blocks and five digs, while Toni Lange added 22 set assists.

No stats were reported for Newcastle.

The Vikings won the JV match 21-13, 11-21, 21-10.

Wausa plays Verdigre-Niobrara on Friday.

NEWCASTLE.....16 13 17  
WAUSA (4-3).....25 25 25

**S.F. Christian 3, McCook Central-Montrose 0**

SALEM — Fourth-ranked Sioux Falls Christian got a balanced offensive attack to sweep McCook Central-Montrose 25-19, 25-18, 25-11 on Tuesday night in Salem.

Claire Assam led the with nine kills, six digs and two ace serves, while Kaitlin Hanson had seven kills, and Roni Renes added six kills.

Also for the Chargers (8-1), Kiara VanderPol and Elizabeth Odens each had five kills, while Hayley McCarron recorded 27 set assists.

In the loss for MCM (5-6), Kelly Binder had five kills, Chelsea Hiemstra had four kills and Karen Knudsen recorded eight digs.

On Thursday, Christian hosts Harrisburg and MCM visits Menno.

SIoux FALLS CHRISTIAN (8-1).....25 25 25  
MCCOOK CENTRAL-MONTROSE (5-6).....19 16 11

**Elkton-Lake Benton 3, Flandreau Indian 0**

FLANDREAU — The Elkton-Lake Benton Lady Elks continued their season with a win against Flandreau, 25-11, 25-10, 25-10 Tuesday in Flandreau.

Megan Krogman had eight kills and three digs for the Lady Elks (7-4), while Sarah Busselman added seven kills, three aces and three assists.

For the Lady Indians (0-1), Jewel Parker had three kills, while Christine Bickerstaff added two kills.

Elkton-Lake Benton travels to Estelline on Thursday, while Flandreau Indian hosts the Flandreau Indian Tournament on Saturday.

ELKTON-LAKE BENTON (7-4).....25 25 25  
FLANDREAU INDIAN (0-1).....11 10 10

**Lincoln 3, Washington 1**

SIoux FALLS — Sioux Falls Lincoln battled past Sioux Falls Washington 25-18, 22-25, 26-24, 25-21 in Greater Dakota Conference volleyball action Tuesday.

Lincoln, 5-2, travels to Watertown Sept. 21. Washington, 4-4, hosts O'Gorman Sept. 21.

WASHINGTON.....18 25 24 21  
LINCOLN.....25 22 25 25

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**Patrick J. Carr, PhD**

- Co-author, along with Maria J. Kefalas, of "Hollowing Out the Middle: The Rural Brain Drain and What It Means for America"
- Dr. Carr will share strategies for arresting the process of "rural brain drain" and creating sustainable, thriving communities by:
  - Retooling small towns for a global economy
  - Recognizing that new immigrants can be a vital source of future growth and development
  - Economic gardening through hometown competitiveness and free-land programs

If you have questions or special needs, please contact the Avera Rural Health Institute at (605) 322-4734.

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