

Local NAMI Group To Offer Training For Law Enforcement

The National Alliance on Mental Illness (NAMI) of Yankton will offer training on mental illness for local law enforcement officers at 7-9 p.m. Monday, Sept. 12, at the Yankton Community Library.

Phyllis Arends, executive director of NAMI South Dakota, will speak about statewide efforts to enhance the training law enforcement officers receive regarding mental illness.

In 2006, 597 children were incarcerated in South Dakota's juvenile justice system. Nationally, approximately 70 percent of youth in juvenile justice systems experience mental health disorders, with 20 percent experiencing a severe mental health condition. In 2008, approximately 800 adults with mental illnesses were incarcerated in prisons in South Dakota. Additionally, an estimated 31 percent of female and 14 percent of male jail inmates nationally live with serious mental illnesses. We advocate facing this reality up front.

Stephanie Goldhorn, education director for NAMI South Dakota, said, "Unfortunately, someone experiencing a mental health crisis often has an encounter with law enforcement. Law enforcement officers are requesting additional training for improving their interactions in these circumstances. Officers report that responding to mental health calls creates a significant burden on their departments."

Goldhorn added: "NAMI South Dakota has developed training to help them understand mental illness and learn more effective ways to communicate during the intervention. The basic training can be easily customized to meet the needs of the group."

The training is also beneficial for all First Responders and anyone who comes into contact with an individual in crisis.

"In addition to this training, it is important for community mental health care agencies to be a part of a plan for handling crises beyond the initial officers' interaction," Arends said. "During this meeting, I will discuss efforts going on in other communities to create more effective partnerships."

Steve Schweitzer, president of NAMI Yankton, said: "I have heard about the work being done in Rapid City and Sioux Falls and question if something similar would be helpful in Yankton and Yankton County. It is nice to know that there is a way to take care of people experiencing a mental health crisis that is good for the person and the officers. This meeting will give us all an opportunity to learn more."

To learn more about this meeting, contact Schweitzer at 605-668-1732.

Contaminated Cylinders For Dummies

BY TOM AND RAY MAGLIOZZI
King Features Syndicate, Inc.

Dear Tom and Ray:
I'm an idiot. I just poured synthetic motor oil into my master cylinder. Am I destined to crash? — Lisa

RAY: Well, not unless you drive the car, Lisa. If you leave it parked, you should be fine.

TOM: It's a tricky problem, Lisa. We checked with the brake engineers at Bosch, and they said that the Ethylene Propylene Diene Monomer seals in the brake components are compatible only with glycol-based fluids.

RAY: In other words, you're gonna crash.

TOM: Motor oils, including synthetic ones, are based on mineral oils. The problem is that mineral oils and rubber don't mix well. The oils can cause rubber to swell or deform, and because there are lots of rubber seals in your brake system, that eventually can make your brakes stick, leak or even fail completely.



CAR TALK

Tom and Ray Magliozzi

would be to siphon as much as you can out of the brake-fluid reservoir. Hopefully, you'd get the vast majority of it out that way.

RAY: Then you could remove the brake lines from where they connect to the master cylinder and flush out the cylinder — without sending any of that potentially contaminated brake fluid down the brake lines.

TOM: Or you could just replace the master cylinder entirely, since that's the component whose seals are most likely to be affected by the oil.

RAY: In either case, once you have a clean master cylinder, you could then re-connect the brake lines and flush the rest of the system by bleeding the brakes at all four wheels.

TOM: But remember, you'd be taking a shortcut with your brakes! So have the car towed to a mechanic you really trust, and ask him to try to figure out how much oil has gotten into the brake fluid and how far it's gone. Then you can get his best advice before deciding on a

course of action.

RAY: If it were my brother's car, I'd probably take my chances. But if it were a real car, I'd probably go the replacement-part route.

TOM: And if you think you're an idiot now, Lisa, wait 'til you see what phrases come to mind once you see the bill for that job. Good luck!

Wait! Don't buy another car without the mechanic's checklist that's included in Tom and Ray's pamphlet "How to Buy a Great Used Car: Secrets Only Your Mechanic Knows." It will help you get a good used car and avoid the clunkers. Send \$4.75 (check or money order) to Used Car, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at www.cartalk.com.

A Holiday Warning: Don't Drink And Drive

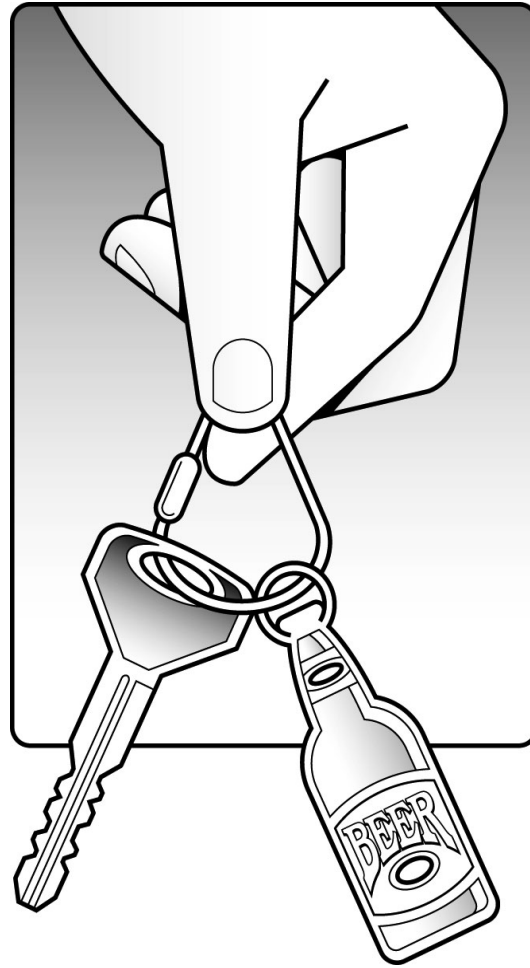
BY TROOPER ALFREDO RENTERIA
South Dakota Highway Patrol

Can you imagine the summer is almost over? The last holiday of the summer is near and I would like to remind you to stay safe and be alert on the road if you are going to do any traveling this upcoming Labor Day holiday.

Thousands of people will be taking to the road this holiday to visit their friends and family. The South Dakota Highways will be busier than normal this weekend. With the increase of traffic on the roads, the percentage of crashes is more likely to increase.

According to the National Highway Traffic Safety Administration (NHTSA), the rate of alcohol impairment among drivers involved in fatal crashes in 2009 was four times higher at night than during the day (37 percent versus 9 percent). In 2009, 16 percent of all drivers involved in fatal crashes during the week were alcohol-impaired, compared to 31 percent on weekends. In fatal crashes in 2009 the highest percentage of drivers with a BAC level of .08 or higher was for drivers ages 21 to 24 (35 percent), followed by ages 25 to 34 (32 percent) and 35 to 44 (26 percent).

Facts like this are quick reminders to the public of the dangers of impaired driving. If you are going to drink alcoholic beverages, please hand your car keys to a sober driver. On this holiday weekend keep your integrity intact as well as your life and the lives of others. On behalf of the South Dakota Highway Patrol, we will like to wish you a safe and enjoyable Labor Day weekend. Please drive safe and buckle up.



Summit Center To Offer Free Demonstrations

The Summit Activities Center will be offering free demonstrations on all weight and fitness equipment for both adult and youth ages 12-14 years. The demonstrations will be conducted by certified personal trainers, Ron Prater and Tracie Moeller, and are open to both SAC members and non-members.

Adult weight and fitness demonstrations will be held at 7 p.m. Tues-

day, Sept. 13, and 11 a.m. Saturday, Sept. 24. Upon completion of the adult demonstrations, non-members will receive a free day pass to the Summit Activities Center to try out the facility and members will receive a free personal training session.

Youth weight and fitness demonstrations will be held at 11 a.m. Saturday, Sept. 10, and 7 p.m. Thursday,

Sept. 22. Youth participants, ages 12-14 years, that complete the class will be allowed to use the weight and fitness area at the SAC.

To sign up for the class or request further information, call 668-5234 or stop by the Summit Activities Center at 1801 Summit Street. Don't forget to follow the Yankton Parks and Recreation Department on Facebook.

Some South Dakotans Missing Disaster Aid

PIERRE — Some South Dakotans are missing out on federal disaster aid because they think they have registered with the Federal Emergency Management Agency but they have not.

In August, the governor asked residents with flood damage to call a state hotline to report their damage. The information from those calls helped the state gather data to support a disaster request to President Obama for a declaration that allows financial aid to be given to homeowners, renters and businesses with damage or lost income from the floods. However, having called the state hotline to report damage, or telling other emergency officials about the damage, is not the same as registering with FEMA.

"If you registered with us, you have a registration number," said Mark Neveau, Federal Coordinating Officer for the Federal Emergency Management Agency in South Dakota. "You may have told other people about your damage, you may even have told someone from FEMA you had damage, but if you do not have a registration number from us we do not know you need help."

Community Relations employees from FEMA report meeting many residents who had damage

and who think they have registered with FEMA because they reported their damage on the state's hotline or to a disaster official.

"No official can register people with FEMA," said State Coordinating Officer Kristi Turman. "You have to do that yourself. One person from each household or business needs to contact FEMA directly."

Homeowners, renters or businesses with physical damage or lost income because of the floods from March 11 through July 22 can register by calling 800-621-FEMA (3362), TTY 800-462-7585, or by going online at www.disasterassistance.gov. The toll-free line will be in operation from 7 a.m. to 10 p.m. CDT seven days a week until further notice.

Persons affected by the floods can also apply for federal assistance through a web-enabled mobile device or Smartphone by going to m.fema.gov and following the link to apply online for federal assistance and other recovery help.

Officials advise applicants to have the following information available when applying for assistance:

- Current telephone number;
- Address at the time of the disaster and current address;

- Social Security number;
- If insured, the name of the company, agent, and policy number;
- Bank account and routing

number for direct deposit of funds if you become eligible;

- A general list of damages and losses.



ANNUAL FALL SUPPER

St. George Catholic Church
Scotland, SD

Sunday, Sept. 11 • Serving 4-7pm

Adults \$7.50, Children 3-10 \$3.75,

Children under 3 are free

Menu includes: broasted chicken, baked ham, cheesy potatoes, green beans, salads, homemade buns, variety of pies, and beverages.

Raffle tickets available for many prizes.



Cwach-Starck

Alison Cwach and Matthew Starck announce their engagement.

Parents of the couple are Sandy Cwach and the late Jerry Cwach of Yankton, SD, and Mike and Jodi Starck of Berthoud, CO.

Alison is a 2009 graduate of Berthoud High School. She works at Grandpa's Cafe in Berthoud.

Matthew is a graduate of Berthoud High School. He is a farmer.

The couple is planning an Oct. 1, 2011, wedding.



Schulte-Jensen

Mr. and Mrs. Michael and Michelle Schulte of Yankton, SD, announce the engagement of their daughter Wendy Marie to Justin Terrance Jensen, son of Ms. Jackie LaCroix of Yankton, SD, and Mr. and Mrs. James Jensen of Ardmore, Oklahoma.

Wendy graduated from Yankton High School in 2005 and attended South Dakota State University where she graduated with a Doctorate of Pharmacy in May 2011. She is a pharmacist at Avera McKennan Hospital in Sioux Falls, SD.

Justin graduated from Yankton High School in 2002 and is an Advocate Independent Distributor and is also employed at Pizza Hut in Sioux Falls, SD.

An October 1 wedding is planned at Sacred Heart Catholic Church with a reception to follow at Minerva's in Yankton, SD.

SHINGLE DAMAGE? DON'T KNOW WHERE TO TURN? HIRE A LOCAL COMPANY FOR YOUR REPAIRS!

Experienced local company will give you a **Fast FREE Estimate** for your roofing needs, and we're right here in town to get your job done quickly!

Call us, and you'll be helping yourself AND Yankton!

Jon Moser, JRD Roofing, day or night: 661-9324



Ramstad-Termansen

Ashley Ramstad and Matthew Termansen, Yankton, SD, announce their engagement.

Parents are Kathy Scbby, Windom, MN, Glenn Ramstad, Ada, MN, and Kurt and Michele

Termansen, Yankton, SD. Ashley graduated from the University of Denver with a Master's degree in Social Work. She is a Psychiatric Social Worker at the Human Services Center in Yankton, SD.

Matthew graduated in 2006 from the University of Nebraska-Lincoln with a Bachelor's degree in Science Education. He is a Middle School Science teacher and head Golf coach for the Tripp-Delmont school district.

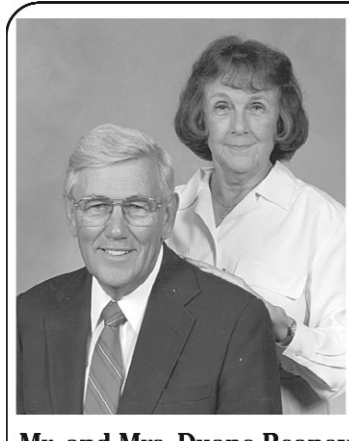
A September 17, 2011, wedding and reception is planned at the Avalon Events Center in Fargo, N.D.

Guess Who's Turning

- A) Understanding Wife of Larry
- B) Loving Mother of Niki & Tara
- C) Owner of Slumberland
- D) All of the Above



Happy 50th, Peggy!
Sunday, September 4th



Mr. and Mrs. Duane Reaney

Mr. and Mrs. Duane and Kay Reaney celebrated their 65th wedding anniversary on Sept. 1 with their family at 1919 Walnut St., Yankton, SD.

They were married in Huron, SD, on Sept. 1, 1946.

They have 3 children: Jud and Sue Reaney, St. Paul, MN; Joan Loecker, Colorado Springs, CO; and Jan and Bruce Merriman, Colorado Springs, CO. The couple has four grandchildren and four great-grandchildren.