

## C O M M U N I T Y

## CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

## MONDAY

**Line Dancing**, 9:30 a.m., The Center, 605-665-4685  
**Quilting**, 9:30 a.m.-3 p.m., The Center, 605-665-4685  
**Exercise**, 11 a.m., The Center, 605-665-4685  
**Daily Reprieve**, noon, open meeting non-smoking, 1019 W 9th St.  
**Interchange**, noon, Minerva's Bar and Grill, 605-660-8849.  
**Cribbage**, 1 p.m., The Center, 605-665-4685  
**Pinochle**, 12:45 p.m., The Center, 605-665-4685  
**Whist**, 12:45 p.m., The Center, 605-665-4685  
**Hand & Foot Cards**, 1 p.m., The Center, 605-665-4685  
**River City Harmony Sweet Adelines**, 6:30 p.m., First United Methodist Church, 11th and Cedar, 605-661-7162  
**Divorce Care**, 7 p.m., Calvary Baptist Church  
**Divorce Care For Kids**, 7 p.m., Calvary Baptist Church  
**Daily Reprieve**, 7 p.m., closed meeting non-smoking, 1019 W 9th St.

## SECOND MONDAY

**Yankton Diabetes Support Group**, 1 p.m., Benedictine Center, AVSHH, 605-668-8000 ext. 456  
**Yankton School Board Meeting**, 5:30 p.m., YSD Administration Building, 2410 West City Limits Road, 605-665-3998  
**Yankton Area Writers Club**, 7 p.m., Books & Beans, downtown Yankton, 605-664-6582  
**Tri-State Old Iron Association Meeting**, 7 p.m., JoDeans Restaurant, 605-665-9785.  
**Yankton City Commission**, 7 p.m., RTEC, 1200 W. 21st Street  
**YHS Booster Club Meeting**, 7:30 p.m., Summit Activities Center Meeting Room, 605-665-4640

## THIRD MONDAY

**Yankton Golf Advisory Board Meeting**, noon, Fox Run Golf Course, 600 W. 27th Street, 605-668-5205  
**Friends Of The Yankton Community Library**, 5:15 p.m., Yankton Library, 515 Walnut  
**Yankton Lions Club**, 6 p.m. dinner, 6:30 p.m. meeting, JoDeans, 605-665-4694.  
**Yankton American Legion Auxiliary**, 7:30 p.m., VFW Building, 209 Cedar Street

## TUESDAY

**Table Tennis**, 8:30 a.m., The Center, 605-665-4685  
**Yankton Community Forum**, 8:30 a.m. coffee, 9 a.m. meeting at Hillcrest, 605-664-5832  
**Ladies Pool**, 10 a.m., The Center, 605-665-4685  
**Weight Watchers**, 10:30 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.  
**Yankton Alanon**, noon, non-smoking session, 1019 W 9th Street  
**Nurse**, 12:30-3:30 p.m., The Center, 605-665-4685  
**Pinochle**, 12:45 p.m., The Center, 605-665-4685  
**Bingo**, 7-9 p.m., The Center, 605-665-4685. (Open to the public)  
**Open Billiards**, 7-9 p.m., The Center, 605-665-4685  
**Yankton Alcoholics Anonymous STEP Sessions**, 7 p.m. and 8:30 p.m., 1019 W. 9th St.  
**Vermillion Unity Alcoholics Anonymous**, 7:30 p.m., closed session, Trinity Lutheran Church at 816 E Clark St. Vermillion.  
**Vermillion Alcoholics Anonymous**, 8 p.m., non-smoking closed session, 16 1/2 Court St. Vermillion

## SECOND TUESDAY

**Alzheimer's Care Givers Support Group**, 5 p.m., The Center, 605-665-4685  
**VFW Auxiliary**, 7:30 p.m., 209 Cedar Street

## THIRD TUESDAY

**Yankton Area Banquet**, 6 p.m., United Church of Christ, Fifth and Walnut

## WEDNESDAY

**Line Dancing**, 9:30 a.m., The Center, 605-665-4685  
**Nurse**, 10 a.m.-noon, The Center, 605-665-4685  
**Quilting**, 10 a.m.-3 p.m., The Center, 605-665-4685  
**Exercise**, 11 a.m., The Center, 605-665-4685  
**Daily Reprieve**, noon, non-smoking open session, 1019 W. 9th St.  
**Whist**, 12:45 p.m., The Center, 605-665-4685  
**SHIINE**, 1-4 p.m., The Center, 605-665-4685  
**Yankton Alcoholics Anonymous**, 7:30 p.m., non-smoking session, 1019 W. 9th St.  
**Springfield Footprints**, 7:30 p.m., non-smoking open session, Catholic church, Springfield

## SECOND WEDNESDAY

**Partnership Bridge**, 1 p.m., The Center, 605-665-4685  
**Antique Auto Club**, 7 p.m., The Center, 605-665-4685

## THIRD WEDNESDAY

**Partnership Bridge**, 1 p.m., The Center, 605-665-4685

## St. Leo's Hosts Harvest Festival Sept. 16

TYNDALL — St. Leo's Catholic Church of Tyndall will be hosting its annual Harvest Festival Bazaar and Dinner on Sunday, Sept. 16. Serving times are from 3:30-7 p.m.

The menu will include roast pork loin, broasted chicken, mashed potatoes/gravy, salads, corn, kolaches, rollcakes, pies and beverages.

There will be a variety of games including bingo, a cake walk and several other games for children and adults. The event concludes with the raffle drawing with a grand prize of \$500 and other prizes.

For more information, contact Dorothy Magee at 605-589-3504 or stleochurch@hcinet.net.

## Trail Ride Slated For Tabor On Sunday

The annual Saddle Up for St. Jude Trail Ride will be held at the Lewis & Clark Boy Scout Camp, 31069 430th Ave., Tabor, on Sunday, Sept. 16. Registration starts at 11:30 a.m., with the ride commencing at 1 p.m.

This trail ride is a fundraiser to benefit the children of St. Jude Children's Research Hospital. The ride will last about four hours, with a poker run taking place during the ride. There will be lunch and door prizes following the ride.

For more information, contact Muriel Cook at 605 660-8682 or cookfarm@netzero.com, or visit stjude.org/saddleup.

## BIRTHS

## CHARLA PICK

Dean and Angela Pick of Hartington, Neb. announce the birth of their daughter Charla Lynn Pick, born Aug. 17, 2012, at 2:51 p.m. She weighed 8 pounds 11 ounces and was 20 1/2 inches long.

Charla joins siblings Anya, age 9, and James, age 7.

Grandparents are Charlotte and the late Kenny Pick of Hartington, Neb., Linda Sage of Creighton, Neb., and Darrell Sage of Wausa, Neb.

Great-grandmother is Bernice Schneider of Bloomfield, Neb.

## BIRTHDAYS

## BARBARA HEALY

Barbara (Hauger) Healy will be celebrating her 80th birthday on Sept. 12, 2012.

Her family requests greetings be sent to 29386 444th Ave., Irene, SD 57037.



Healy

**YOU'RE NEWS!**  
 The Press & Dakotan

## Alumni To Be Honored During USD Dakota Days

VERMILLION — Three distinguished alumni from the University of South Dakota will be honored with Alumni Achievement Awards during Dakota Days. Recipients will be presented with their awards during the alumni banquet that is set for 5:30 p.m. on Friday, Oct. 5, at the Muenster University Center.

This year's Alumni Achievement Award recipients were selected for their outstanding professional achievements and their service to the public and to the University. Honored alumni this year are Dr. Jerry Popham '83 B.S.M.D-4, '85 M.D., Craig Lawrence '69 B.A. and the late Roger Kozak '70 M.A., '72 Ed.S., '79 Ed.D.

Sigourney, Iowa native Dr. Jerry Popham completed medical study at USD and now serves as chair of the Department of Ophthalmology at Centura Health, Colorado's largest hospital. His work pioneering minimally invasive, small-incision surgical techniques are widely regarded as cutting edge and at the forefront of the science. He is the recipient of the Alumni Achievement Award for Public Service for his humanitarian efforts as president of the About Face Foundation. The foundation, a group of medical professionals that travels annually to Vietnam, provides free

care to thousands of patients for more than a decade. He specializes in facial reconstruction surgery, provided at no cost, to children with facial abnormalities that rise from birth defects or trauma-related injuries. The surgery Popham provides often can be the difference between life and death because of the societal restrictions children with these abnormalities face.

A native of Doon, Iowa, Craig Lawrence is recognized for his professional achievement in journalism and communications. He began his work in journalism at USD's The Volante in the mid 1960s, serving as news editor for several years before earning his bachelor of arts in journalism in 1969. He began work immediately as news editor at the Brookings Register, then as news director for KSSO/SCOO Television in Sioux Falls. He was promoted to the station's general manager in 1974, and worked in that position until he co-founded Lawrence & Schiller Teleservices, giving the company a telephone center and research component. In 2008, Lawrence co-founded Lands Health, an Internet health insurance marketing company.

The late Roger Kozak was a USD vice president and provided the University and the Vermillion community with leadership for more than 23 years and is the recipient of the 2012 Alumni Achievement Award for Service to the University. A Lake Andes native, he began his career at USD in 1979. Kozak served as special assistant to the University president, associate vice president, and as vice president, and was a member of the National Music Museum board, served as finance officer for the DakotaDome Development Corporation during its development and also spent 16 years as a member of the USD Athletic Board of Control. He received several honors for his leadership during his career at USD. Before retiring in 2002, he was named both professor and vice president emeritus. In Vermillion, he served both as mayor and in the city council, numerous other boards and foundations, including the USD Foundation. Kozak passed away on Aug. 1, 2012 after a battle with cancer.

For more about the Alumni Association or to register for this year's Dakota Day activities, including the awards dinner, visit www.usdalumni.com or call the Alumni Association office at (605) 677-6734 or (800) 655-2586.

## At NY Fashion Week, Show Not Restricted To Runway

BY BOOTH MOORE

© 2012 Los Angeles Times

NEW YORK — Reality show stars-turned designers! Olympians fresh from performing feats of strength at the Summer Games! Peacockish bloggers taking pictures and typing on smartphones while walking on death-defying stilettos!

There is all that and more at the three-ring circus that is New York Fashion Week, which kicked off Thursday with designers, retailers and media new and old converging in Manhattan for the spring-summer 2013 collections.

The seven-day-long photo op includes runway shows and presentations held in warehouse spaces on Hudson River piers, Chelsea art galleries, the Park Avenue Armory and tony places such as the Carlyle Hotel — as well as under the big top at Lincoln Center, the hub of fashion week.

In addition to the main acts such as Ralph Lauren, Michael Kors, Marc Jacobs and Tory Burch, there are lots of side-show attractions.

Sammi "Sweetheart" Giancola ("Jersey Shore" cast member and apparent fitness fanatic) is coming to fashion week for the first time to show her fashion fitness line with SXE Fitness, and Whitney Port (star of MTV's "The Hills" and "The City") is back with her Whitney Eve contemporary line, and no doubt some kind of cameras rolling.

Several former cast members of fashion reality programs are

showing lines. Among them are Christian Siriano ("Project Runway" fourth season winner), who opened his first store in SoHo on Wednesday night with a bash that drew Heidi Klum and "Girls" star Allison Williams; Cesar Galindo (a 20-plus year veteran of the industry who appeared on Bravo's "The Fashion Show" last year); and Kara Laricks (first winner of NBC's "Fashion Star" for her androgynous designs).

For the front row, Olympians seem to be the most popular gets. Swimmer Ryan Lochte is making the rounds, thankfully without the grill, taking in the Joseph Abboud show and appearing at shoe designer Brian Atwood's swank party. And sprinter Sanya Richards-Ross turned up at BCBG, where she wore her super-high heels with what appeared to be cotton pads placed between the straps and her famously fast feet, to prevent blistering.

She's not here, but First Lady Michelle Obama seems to be on everyone's mind. Indeed, nearly four years into the administration, designers are still dying to dress her. Why? Because Tracy Reese, who made the gorgeous fuchsia and coral jacquard dress the first lady wore when she spoke at the Democratic National Convention, has already seen a boost from the exposure. Her website crashed from so many hits, and ticket and interview requests have increased significantly, according to her public relations representatives.

Meanwhile, the celebrity-as-

designer trend is also making itself known. All eyes will be on Katie Holmes when she and stylist Jeanne Yang show Holmes & Yang for the first time during fashion week. The former Mrs. Tom Cruise is no doubt hoping that a presentation of the line, which launched in 2009, will be the fresh start she needs to enter the next phase of her life. (In further evidence that the fashion world is embracing Katie with open arms, it was announced last week that Bobbi Brown Cosmetics has named her the face of the beauty brand.)

Victoria Beckham is showing her high-end collection, as well as her lower-priced Victoria by Victoria Beckham line, while Avril Lavigne is presenting her Abbey Dawn line for Kohl's.

But enough with the circus, what about the clothes? Pantone has pronounced emerald green, dusk blue, African violet, tangerine, poppy red and something called "tender shoots" green the hot colors of the season. And trend forecaster WGSN predicts that cropped, tapered pants, tailored separates and longer shorts will make a big showing.

Made in China, made in Romania, made where? In the wake of the flack Ralph Lauren received over the news that the Olympic opening ceremony uniforms he provided for the U.S. team were made in China, you have to wonder if the consumer sentiment for Made in America goods will influence fashion designers and buyers this season.

Industry bible Women's Wear

Daily published several stories on the subject last week, suggesting that "like a phoenix, the American textile and manufacturing industry could be rising once again," due to a confluence of economic and social factors, including the Great Recession and higher wages in Asia. WWD also published results of a study conducted with market research firm NPD Group that indicated 21 percent of people surveyed would buy an American shirt over one that was made in another country so long as the price was no more than 25 percent higher.

"It's something I'm doing my due diligence on," Eric Jennings, men's fashion director of Saks Fifth Avenue, said when asked about buying more brands that manufacture in America. "I'd really like to find a made-in-America men's suiting brand that we could carry."

But for Stephanie Solomon, women's fashion director of Bloomingdale's, the issue is more complicated. "The center of the fashion universe is not the U.S., it's Paris," she said, referring to how designers in that city still hold sway over the direction of trends to come. "If you're a consumer interested in high fashion, and in the craft of high fashion, you're interested in what's coming from Europe."

Which is why, when New York Fashion Week ends Friday, the circus will pick up and move to London, Milan and Paris, where the last word on the spring season will finally come Oct. 3.

## Mellow Fast Food Setting Causes Customers To Eat Less

BY MELISSA HEALY

© 2012 Los Angeles Times

WASHINGTON — Let's face it: Eating at a fast food restaurant is not about the ambience. It's fast, and its music and lighting seem geared to on-the-fly dining—sort of laundromat-meets-elevator.

But did it ever occur to you that meals served amid bright lights and intrusive contemporary jazz might contribute to overeating? Or that dimming the lights a tad and soothing the pace of that frenetic soundtrack might have the opposite effect? A new study, published last week in Psychological Reports: Human Resources and Marketing, says it does—and fast-food restaurants could institute such changes without fear of losing money.

Two "food psychologists"—Brian Wansink of Cornell University and Koert van Ittersum of the University of Georgia—were allowed to take over a Hardee's restaurant in Champaign, Ill., and did a little redecorating before welcoming in customers—er, subjects.

As customers arrived, gener-

ally in groups of two to four, 33 were randomly directed to the usual Hardee's seating area: bright lights, upbeat music, energizing primary colors and hard, noise-reflecting surfaces. Twenty-nine others were directed to a back area that had been spruced up with window shades, white tablecloths, indirect lighting, tasteful plants, candles on the tables and paintings on the walls. Soft, instrumental jazz-ballads replaced Hardee's customary soundtrack. The diners in this condition were told it was a new "thing" the restaurant was trying out.

Wansink, van Ittersum and others have experimentally manipulated dining experiences for some time, and their findings have been inconsistent: In some circumstances, soft lighting causes diners to eat and drink more — probably because they feel less inhibited and less aroused. Soft lighting also appears to promote lingering and, hence, greater consumption.

Other studies have found little difference in consumption with such changes. But Wansink

and van Ittersum have gone on record that getting too relaxed in a restaurant may be a formula for overeating.

But when Wansink and van Ittersum compared the orders and intake of the customers in the usual Hardee's atmosphere to those of diners who sat in Hardee's soft-lighting-and-music area, they found that the latter diners ordered the same number of calories worth of food and spent about the same amount. But they ate it more slowly — 4.7 percent more slowly—and left more of the food they'd ordered on their plate, uneaten.

On average, the soft-lights-and-music crowd consumed 133 fewer calories than did the fast-food customers in the unmodified Hardee's restaurant area (525 calories for the fast food diners vs. 658 calories for the fast food customers).

Upon leaving, those diners rated the quality of the food they had eaten more highly than had those who had the typical fast-

food experience.

"Even when people stayed longer, they ate less," the authors said. And debriefings with some diners revealed why. Those eating their fast food under the influence of dimmer lights and softer music told researchers they ate more slowly and, as they took more time, their food became less appealing, so they stopped eating it earlier. "They might have been more responsive to internal cues than external cues," the authors wrote.

"The authors' previous warning not to eat too much in relaxing situations may have been premature," they said.

Food psychologists have played with lots of conditions that seem to pare consumers' consumption, including smaller plates, smaller portions and surroundings of different colors. Revamping the fast-food experience, where many Americans take in loads of calories in a short-sitting, may be the new frontier.

*Bring Home The Colors Of Fall At Our...*

**Fall Open House**  
**September 10th-15th**

*See All The New Fall Decorating Ideas*

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**We have all the latest design trends for fall!**

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