NEWSROOM: News@yankton.net

weight for summer travel at interstate

speeds, and would it not cause the engine

to wear more than using 5W-30? The vehicle is a CX-7 with a 2.5-liter I-4 non-turbo

engine. I like getting 100,000-plus miles on

my vehicles: I currently have an '03 Pro-

tege with 120,000 miles and a '97 Toyota

with 140,000, and I would want this CX-7

to get that kind of use. Please advise on

your feelings about this 0W-20 oil. — **Jim**

RAY: It's good stuff. My brother uses it

TOM: For years now, car manufactur-

ers have been pressuring oil companies to make oil better and less viscous. And

RAY: Just because oils are less vis-

cous (thick), that doesn't mean they don't

lubricate, dissipate heat or protect well

against wear and tear. It just means they

tion, which means you get better mileage

to remember when cars routinely took 40-

weight oil in the summer and 20-weight

sludge. You could still see the dinosaur

oil in the winter. That stuff was real

TOM: You're probably not old enough

RAY: Then, multiviscosity oils were in-

do all that stuff while creating less fric-

COMMUNITY

CALEND

he COMMUNITY CALENDAR appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Wal-nut, Yankton, SD 57078, or email to news@yankton.net.

TUESDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685 Yankton Community Forum, 8:30 a.m. coffee, 9 a.m. meeting at

Billiards, 10 a.m., The Center, 605-665-4685 Weight Watchers, 10:30 a.m., 413 W. 15th Street. Weigh in 1/2

Yankton Alanon, noon, non-smoking session, 1019 W 9th Street Nurse, 12:30-3:30 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Wii Bowling, 1 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Wii Bowling, 1 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685

Bingo, 7-9 p.m., The Center, 605-665-4685. (Open to the public) **Open Billiards**, 7-9 p.m., The Center, 605-665-4685 Yankton Alcoholics Anonymous STEP Sessions, 7 p.m. and

8:30 p.m., 1019 W. 9th St. Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed session, Trinity Lutheran Church at 816 E Clark St. Vermillion.

Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed session, 16 1/2 Court St. Vermillion

FIRST TUESDAY

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and

WEDNESDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685 **Nurse,** 10 a.m.-noon, The Center, 605-665-4685 Quilting, 10 a.m.-3 p.m., The Center, 605-665-4685 **Exercise**, 11 a.m., The Center, 605-665-4685 Daily Reprieve, noon, non-smoking open session, 1019 W. 9th St. Whist, 12:45 p.m., The Center, 605-665-4685 Partnership Bridge, 1 p.m., The Center, 605-665-4685 SHIINE, 1-4 p.m., The Center, 605-665-4685 Yankton Alcoholics Anonymous, 7:30 p.m., non-smoking ses-

sion, 1019 W. 9th St.

Springfield Footprints, 7:30 p.m., non-smoking open session, Catholic church, Springfield

THURSDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685 Wii Bowling, 9:30 a.m., The Center, 605-665-4685 Billiards, 10 a.m., The Center, 605-665-4685 Yankton Sertoma, noon, Pizza Ranch, 605-661-7159 Daily Reprieve, noon, non-smoking open meeting, 1019 W 9th

Avera Sacred Heart Hospital Toastmasters, noon, Benedictine Center; open session 605-665-6776

Pinochle, 12:45 p.m., The Center, 605-665-4685

Dominos, 1 p.m., The Center, 605-665-4685

Weight Watchers, 4 p.m., 413 W. 15th Street. Weigh in 1/2 hour

Weight Watchers, 5:30 p.m., 413 W. 15th Street. Weigh in 1/2

Take Off Pounds Sensibly (TOPS #SD 45), Weigh-in 5:30-6:30 p.m., meeting 6:30-7:30. RTEC building, 1200 W. 21st St. For more information call 605-665-3738 or 667-9274.

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth

Celebrate Recovery, 7 p.m., Calvary Baptist Church, Youth Room #4, 2407 Broadway, Yankton, 605-665-5594
Freeman Alcoholics Anonymous, 8 p.m., non-smoking closed

meeting, City Hall, 3rd and Poplar, Freeman.

Yankton Alcoholics Anonymous, 8:30 p.m., open session, 1019

Yankton Alanon, 8:30 p.m., 1019 W 9th Street

BIRTHS

JOHNNY FITCH

Chris and Ericka Fitch of Yankton announce the birth of their son, Johnny Lee, born Aug. 13, 2013, at 12:54 p.m. He weighed 9 pounds, 8 ounces and was 21.5 inches

Grandparents are Ron and Jean Fitch of Yankton and Earl and Krista Jensrud of Cambridge, Minn.

Great-grandparents are Robert Moore of Yankton and Orville Jubie of Moose Lake,

BIRTHDAYS

ETHEL CAMPBELL

Ethel Campbell will celebrate her 80th birthday, as well as her 60th wedding anniversary, on Sept. 7, 2013, with an open house from 2-5 p.m.

Campbell

at Calvary Baptist Church, 2407 Broadway, Yankton. Friends are invited to attend or send a birthday greeting to her at 1808 Douglas Ave, Yankton.

HARLAN TEICHROEW

Harlan Teichroew will celebrate his 80th birthday on Saturday, Sept. 7, 2013. A card shower is requested by

his family and may be sent to him at 508 W. 16th Street. Yankton, S.D. 57078

DOROTHEA PETERSON

Dorothea Thompson Dunmire Peterson will celebrate her 95th birthday Sept. 4. Her family requests a card shower. Greetings may be sent to: PO Box 255, Springfield, SD 57062.

www.yankton.net

EVELYN SEDLACEK

Evelyn Sedlacek will celebrate her 93rd birthday on Sept. 7. 2013. Her family is requesting a card shower. Her address is:



Sedlacek 2015 Green Street #138, Yankton, SD 57078.

LENA WEK

Lena Wek, Freeman, will be celebrating her 80th birthday Sept. 5, 2013. There will be an open house on Sunday, Sept. 8, from

2806 Fox Run Pkwy., Yankton, SD 57078

(605) 665-3929

2-4 p.m. at St. Boniface Catholic Church, Ivdeville. Greetings may be sent to 44236 288th St. Freeman, S.D. 57029. She requests no gifts, just your presence.

Uankton

Area for

Over 14

Years!

Thinner And Better BY TOM AND RAY MAGLIOZZI King Features Syndicate, Inc. Dear Tom and Ray: I just bought a new Mazda, and the owner's manual states that I should use 0W-20 oil. I wonder if that is too light-

CAR TALK

Tom and Ray Magliozzi

vented. So, for instance, you could use a 10W-40 oil that would act like a 10-weight (thinner) oil when the temperature was low and a 40-weight (thicker) oil when the temperature was high.

Oils Are Getting

TOM: And, through the years, as lubricant technology has improved, the viscosity of the oils has dropped, to the point where we can now use a zero-viscosity oil in cold weather. That means the engine uses less energy to push its parts through the oil. That energy goes into miles per gallon instead.

RAY: It also means the oil coats the inside of the engine more quickly —in a fraction of a second after startup which protects the engine from wear and tear during cold starts, and makes it last longer. It also means the engine starts more easily in cold weather. Pretty good stuff, huh?

TOM: We've seen no problems as cars have gone from 10W-40 down to 5W-20. And while the 0W-20 is fairly new, I don't expect any problems from that, either.

RAY: That said, most vehicles have "severe duty" recommendations in the owner's manual. They'll tell you that if you're planning to climb Pike's Peak with a trailer, if you're using your car as a taxi or if you live where it's regularly above 100 degrees out, you qualify for special maintenance procedures. Those can include more-frequent oil changes and/or use of a different oil.

TOM: So, if that describes you, Jim, check your owner's manual and look up the severe-duty recommendations. But if you're just driving the car like the rest of us, I'd go with what the manufacturer sug-

Tom and Ray share secrets on how you can save tens of thousands of dollars on your cars over the next 20 years in their pamphlet "Should I Buy, Lease, or Steal My Next Car?" Send \$4.75 (check or money order) to Next Car, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at www.cartalk.com.

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Walk

they've done it.

and longer engine life.

from it. Anything we can do to raise awareness — hopefully, it will help eliminate the prob-

The problem is soaring locally, based on statistics. In 2012, the YWCC had record breaking numbers, with 1,437 shelter nights. Through the first seven months of 2013, those numbers reached 606 shelter

Wordekemper recommends using the question "What would Jesus do?" in reaching out to victims of domestic violence. Victims need to know help remains available, he said.

"We need to erase the stigma that goes with domestic abuse and sexual assault," he said. "It doesn't know any economic or social boundaries."

"Walk A Mile" encourages men in the community to "be someone's hero" when it comes to domestic violence, according to YWCC executive director Desiree Warren-Johnson.

"We had 70 heroes in heels standing before you," she told the RibFest audience Saturday afternoon. "For some of you (men in high heels), it was a struggle to stay on balance. Maybe you didn't make it to the finish line. For the victims of domestic violence and sexual assault, it's a struggle to keep their balance.'

"If you have blisters, take it as a badge of honor," she told the walkers.

Warren-Johnson hoped "Walk A Mile" sends ripples throughout the community. "We are sending the message that violence of any kind is not OK," she said.

Change happens only when

people start working together, she said.

"It's OK to talk about it. The message that we're sending is, 'I believe in you, I believe in you," she said.

Three men shared their stories of domestic violence, showing it doesn't affect only

Chad Bent of Yankton said his aunt's story was far too common.

"Everyone saw what was happening and knew what was happening, but no one was doing anything," he told the crowd. "It was like, (the situation) was just going to happen. She lost her life 14 years ago because of domestic violence.

Bent offered words of hope for victims. "You will be OK. Don't be ashamed of what you are going through," he said.

He also urged the public not to turn its back on victims.

"We can all make a difference, and it can be life changing." he said. "Stand up, make a difference and do the right thing for those you cherish.' The second man, who iden-

tified himself as "Daniel," said he was a Yankton County EMS crew member. The EMS crew often responds to medical emergencies related to domes tic violence and sexual assault, he said.

Domestic violence affects the entire community, he said. "We need to be supportive and empathetic," he said.

Jesse Bailey, with the Boys and Girls Club of Yankton, offered two perspectives. Growing up, he and his mother used a shelter similar to Yankton. Now, he works with youth who are referred to the Boys and Girls Club for positive action.

Bailey noted "Walk A Mile" was a unique experience for

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Gary R. Johnson • Chris Merkel 🗐

Insurance Work

Restoration Work

 $\label{eq:him.} \text{``I have never seen 70 men in}$

high heels, and I never thought I would be one of them," he said. "I can cross this off my bucket list today.'

Besides the "Walk A Mile" awards, Saturday's RibFest program presented awards to winners of the amateur rib contest. This year's contest drew 21

teams, up from last year's 17, said Kenny Kopetsky of Kopetsky's Ace Hardware. The grand champion award

went to Jem Hof of Yankton. Hof said he previously won the coveted trophy and cash prize. So what was the secret of his latest winning entry?

"This year, I went with a Southern presentation," he said. "The last time, it was more of a Kansas City style.' The runner-up spot went to

Ron Eskins of Fordyce, Neb. 'You know what that makes me? I'm the first loser!" joked Eskins, who also finished just behind Hof for last year's BBQ

Third place went to Tom Cooper of LeMars, Iowa. Rockin' RibFest was held on the Labor Day weekend for the second consecutive year. Besides "Walk A Mile" and the amateur rib contest, RibFest ieatured vendors, iniiatad toys for children and a full line-

up of bands. The Deadwood-based Brandon Sprague Blues Band performed as the headliner.

For more information about the Yankton Women's and Children's Center, contact the YWCC at (605) 665-4811.

You can follow Randy Dockendorf on Twitter at twitter.com/RDockendorf

YHS Band Set To Perform At Holiday Parade

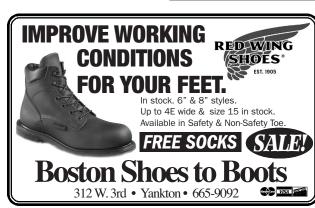
WorldStrides Heritage Performance programs has invited the marching band from Yankton High School to perform at the 2013 McDonald's Thanksgiving Day Parade. They will join marching bands from across the country to participate in this prestigious event.

Under the direction of Todd Carr, the Yankton High School marching band will travel to Chicago where they will march alongside some of the country's best marching bands and learn from nationally acclaimed adjudicators. Carr has been teach-

ing for 20 years and will be personally leading the Yankton High School group of 110 students to Chicago. To learn how you can

help the Yankton High School marching band's fundraising efforts, contact Kevin Watt at kwatt@firstdakota.com/.

YOUR NEWS! The Press & Dakotan



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