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Volatile Younger Sister Must Reach Out For Help On Her Own

DEAR ABBY

Jeanne Phillips

Phillips, and was

Dear Abby at

geles, CA 90069.

Dear Abby is written

by Abigail Van Buren,

also known as Jeanne

founded by her mother,

Pauline Phillips. Write

www.DearAbby.com or

P.O. Box 69440, Los An-

DEAR ABBY: My younger sister, "Tanya," is 22 and a single mother. Her son is 2. She's pregnant again, and this time her baby will be a girl.

My sister is very dramatic and emotional. She gets angry easily and has a short fuse. She's great with her son, except he picks up

on her drama and is somewhat dramatic himself. My worry is that girls are more likely to imitate that behavior, and I'm concerned my niece will be just like her mother. Although Tanya has a good heart, her emotional issues have caused her to have horrible relationships with men, as our mother did.

When I suggested to my sister that she talk to someone about her anger, she flipped out on me. We were both sexually abused as children. I have dealt with those issues and she has not. Was I rude to suggest she see someone about her emotional problems? JUST TRYING TO HELP DEAR TRYING TO HELP: Sug-

gesting that Tanya discuss this with a professional wasn't rude; it was a loving thing to do. Your sister reacted defensively because she isn't ready to admit she needs help.

What you must do is hope that one day she will be receptive, but also accept that it may never happen. Not everyone is strong enough to face the fact that they need help or willing to reach out for it.

DEAR ABBY: How does a person quit being a quitter? At 46, I have realized that this is what I am. I have quit everything church, jobs, school. If I don't like a friend, I just drop the person. The same goes for books, exercise — everything! How do you stop the lifelong habit of quitting? — QUIT-TER IN CHARLESTON

DEAR CHARLESTON: I hate to see you give yourself a pejorative label. It's time to have yourself evaluated because it is possible you suffer from attention deficit disorder

JACQUELINE BIGAR'S STARS

EDITOR'S NOTE: Bigar's Stars is based on the degree of your sun at birth. The sign name is simply a label astrologers put on a set of degrees for convenience. For best results, readers should refer to the dates following each sign

A baby born today has a Sun in Virgo and a Moon in Aquarius if born before 1:39 a.m. (PDT). Afterward, the Moon will be in Pisces.

This year you often go back and forth when trying to make a decision, as you clearly see both sides of an issue. You want to be helpful, but you might want to be more discriminating as to whom you choose to lend a hand. If you are single, you might not want to commit this year, even though you could meet someone quite spectacular. Do not settle. If you are attached, the two of you often debate who does what, as far as household chores go. Respect your differences rather than harp on them, and you'll be much happier. PISCES challenges you.

- and if you do, there is help for it. If that's not the case, then start small, give yourself a goal you CAN accomplish and don't stop until you have reached it. It doesn't have to be anything complicated, but see it through. Then give yourself another, more difficult assignment and finish it.

Perseverance is a skill that can be learned. Each time you succeed, you will reinforce the idea that you CAN do it. The more you do this, the better you will feel about yourself, and it will be reflected in your work and social relationships.

DEAR ABBY: I am a married woman with several single friends. They are always eager to do things with me, but married life is a lot different than being single. I'd love to connect these friends, who don't know each other. I realize making friends can be hard, and I'd love to help them in that way.

What would be the best way to do this? I don't have a lot of time to spend inviting everyone together and having them get to know each other. I'd like to do a quick introduction, then let them

go have fun doing "single people" things. Is this possible? — UNIFIER IN PITTSBURGH DEAR UNIFIER: Absolutely. Call or email

your friends and tell them there are people you want them to meet because you think they'd enjoy each other. Then arrange a group lunch at a convenient location and introduce them. After that, if the chemistry is right, they'll become friendly.

To receive a collection of Abby's most memorable — and most frequently requested - poems and essays, send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby — Keepers Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in the price.

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HAPPY BIRTHDAY FOR TUESDAY, SEPT. 17, 2013:

matter. This realization will happen at the last minute and force you to regroup. A family member's unpleasant mood won't help. Tonight: Take your cues from someone else.

VIRGO (AUG. 23-SEPT. 22)

 $\star \star \star \star$ Your popularity soars, and with this status comes opportunity. Some of you might act like a kid in a candy store. Take advantage of the moment. It's not often that you have prospects like this. To others, you might seem a bit withdrawn. Tonight: In the flurry of the moment.

LIBRA (SEPT. 23-0CT. 22)

★★★ You'll be determined to handle a personal matter directly and efficiently. Put what is happening between you and someone else on hold. You have other priorities that you need to attend to. Do not worry so much about your finances. Tonight: A project awaits you at home.

SCORPIO (OCT. 23-NOV. 21)

★★★★ Many people might view you as being

Tuesday, 9.17.13 ON THE WEB: www.yankton.net NEWSROOM: News@yankton.net



GARFIELD | JIM DAVIS



BEETLE BAILEY | MORT WALKER



HI AND LOIS | BRIAN AND GREG WALKER



THE BORN LOSER | ART SANSOM



MOTHER GOOSE AND GRIMM | MIKE PETERS



The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (MARCH 21-APRIL 19)

 $\star \star \star$ You could be unusually verbal, but you also will choose to hold back more of your feelings. You might express some of your stronger emotions to a close confidant; otherwise, mum's the word. Start working on a project that has been on your mind. Tonight: Take time for yourself.

TAURUS (APRIL 20-MAY 20)

★★★★ You finally will focus on what you want. A meeting could be provocative -- mainly because of the mix of people involved. You could be overserious and withdrawn, as you have a lot to think about. Worry less: the odds are in your favor! Tonight: Catch up on a pal's news.

GEMINI (MAY 21-JUNE 20)

 $\star \star \star$ You like to demonstrate your ability to make waves. Right now, all eyes are on you. You'll take the lead in a project, and others will observe. How much of your dramatic personality do you want involved? Only you can decide what is appropriate. Tonight: Till the wee hours.

CANCER (JUNE 21-JULY 22)

 $\star \star \star \star$ You often defer to others and then get angry because you feel as if they walk all over you. Who do you have to blame but yourself? Establish boundaries. Take some of the edge off your energy, for everyone's sake. Tonight: Let your mind wander to your favorite type of music.

LEO (JULY 23-AUG. 22)

★★★ You'll feel the downward spiral of working very hard and not getting your way with a key

BABY BLUES | RICK KIRKMAN AND JERRY SCOTT

distant or stern right now, but you simply are trying not to fall off course. You can't always be serious, so try not to crush your inner child's spirit. Schedule some free time. Tonight: Indulge in some lighthearted fun. You need a change of pace.

SAGITTARIUS (NOV. 22-DEC. 21)

★★★ You might want to retreat, which will surprise even you. Whether you're not feeling well or you're quietly reviewing a changing situation, you will benefit from some time away from all the action. Consider working from home and/or staving close to home. Tonight: Treat yourself.

CAPRICORN (DEC. 22-JAN. 19)

★★★★ Study different alternatives, and feel free to ask guestions that relate to the situation at hand. Your decision will be solid, and you will have gone through the necessary process. An associate or friend could have difficulty opening up. Give this person space. Tonight: Out late.

AQUARIUS (JAN. 20-FEB. 18)

 $\star \star \star$ Your ability to see the light at the end of the tunnel might be necessary when dealing with a money matter. Others will feel invigorated by your vision. You might be overtired and worried about a personal matter. Tonight: Treat a friend or loved one to dinner at a favorite restaurant.

PISCES (FEB. 19-MARCH 20)

★★★★ You express so much enthusiasm through your body language that others will see you in a positive light. Once a conversation begins. others might respond much more positively than you thought possible. News from afar could surprise you. Tonight: Whatever knocks your socks off.

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FOR BETTER OR FOR WORSE | LYNN JOHNSTON





