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is only eight years old.”

The program will have four coaches this year and they are all freestyle level skaters and have all been competitors.

“This year we have one coach, who is a student at Mount Marty College and three go to the University of South Dakota,” Zavadil said.

Figure skating is a great activity because it’s very much an individual sport, Zavadil said.

“You’re really competing against yourself, trying to do better than you did before each time you skate,” she said. “In order to keep progressing you have to practice. You can put in as little or as much as you want

to but either way you’ll be having fun.”

Zavadil said the typical Learn to Skate program meets twice a week for 30 minutes, while some of the other classes meet three times a week for 30 minutes. Private lessons are also offered for advanced skaters.

“We are starting a new program this year for kids in the middle school and high school age groups that haven’t done the Learn to Skate programs before,” Zavadil said. “Intro to Skate will meet for 30 minutes every Saturday morning. It’s a class for those beginner skaters who are older and don’t want to take a class with the younger kids. After the fall session we will test those kids and mainstream them into the appropriate level class for their



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