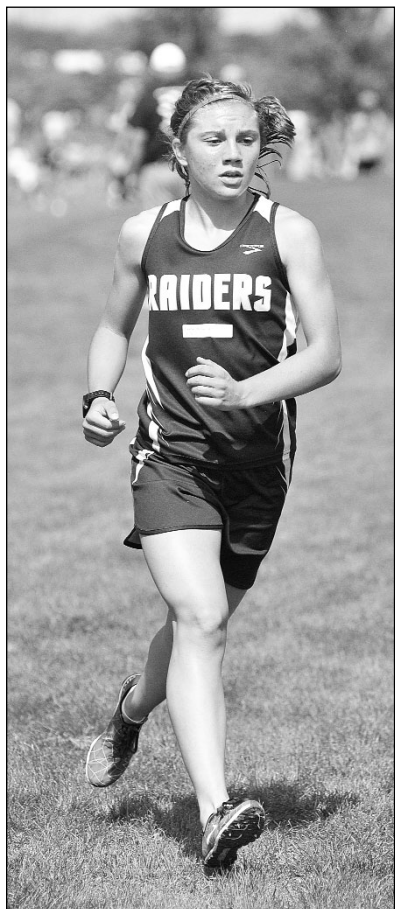


Haggerty Relives Breakout Moment With Invite Win



JEREMY HOECK/P&D
Laura Nelson of Gayville-Volin leads the pack during Wednesday's Freeman cross country invite at Valley View Golf Course.

Flyer Inv.: Bobcats Junior Wins Boys' Race; GV's Nelson Takes Girls' Crown

BY JEREMY HOECK
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FREEMAN — The memories came flooding back for Ryan Haggerty as he came down the final straight-away.

He was right back to eleven months ago.

Haggerty, a junior at Freeman Academy, surged late to win the individual title at Wednesday's Freeman Flyer cross country invitational at Valley View Golf Course — site of Haggerty's Region 3B crown last October.

"When I came around the (final) turn and looked up and saw the cart ahead of me, I had some good memories," he said later.

Haggerty finished in a time of 19:13, twenty seconds ahead of Centerville's Nick Wixon. Freeman Academy put five runners in the top 10 to take first place with eight points — 16 points ahead of McCrossan.

Such a performance was helped by running on his home course, according to Haggerty.

"I like this course, it feels good to me," he said. "It's our home turf."

And there's a reason Haggerty feels confident.

He broke onto the Class B scene a year ago by winning the region title and then finishing 11th at the state meet.

"That was definitely a breakout run for him," Freeman Academy head coach Suzanne Koerner said.

When he's not going on practice runs and competing in meets, Haggerty has found himself busy this fall also playing high school soccer for the Bobcats — now sanctioned.

There are weeks where Haggerty has four events (two soccer games and two cross country meets), but he says it helps him stay in shape.

"Two sports boosts my athleticism, I think," he said. "It gets tiring, but it's really worth it."

Much like last year's region meet, Haggerty wasn't alone Wednesday.

Freeman Academy also had Dan Jundt in fourth place (19:48), Brennan Haggerty in fifth (19:49), Dane Allison in seventh (20:04) and Daniel Schroeder 10th (20:47).

It's the Bobcats' leader Ryan

Haggerty that has emerged strong, however, according to their coach.

"He's definitely in a different league than he was last year," Koerner said.

Girls' Race

Laura Nelson capped off a solid week with another dominating performance Wednesday.

The sophomore from Gayville-Volin won the girl's race at the Freeman Invite by 25 seconds over teammate Genny Clark, and led the Raiders to the team title.

Nelson was coming off an individual crown at last Saturday's Augustana Meet of Champions, where she defeated a field of mostly Class AA runners. Then Wednesday, Nelson clocked a 15:24 to easily capture another title.

"It's such a different challenge up there (in Sioux Falls) with the hills, and then you come down here and it's flatter," Nelson said.

Gayville-Volin finished first overall with 11 points, as Clark crossed the line in 15:59 and Lanny Clark was 10th at 17:09. Freeman was second with 22



JEREMY HOECK/P&D
Freeman Academy junior Ryan Haggerty approaches the finish line in first place during Wednesday's Freeman cross country invite at Valley View Golf Course.

Cross A Force For YHS

No. 7 Raiders Sweep MMC

Undersized DL Is Sack Leader For 3-0 Bucks

BY NICK ROBINSON
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When thinking of an interior defensive lineman, you'd usually think of at least 6-foot-3 and 270 pounds or bigger.

For the Yankton High School football team, there is a 6-foot, 210 pound lineman who has been tearing up the opponents backfield. His name: Tim Cross.

"I just like hitting the quarterback," said Cross, a senior at YHS. "When I get past that bigger man on the offensive line, and get to that quarterback, it makes me feel better than them."

Yankton head football coach Arlin Likness loves the drive Cross has, and feels he fits schematically well for his Bucks defense.

"Tim is very fast and strong," he said of the team's sack leader. "He can make those bigger offensive lineman miss. He really fits our system well. Tim can play in the three or the four front and continue to get pressure."

Likness is impressed with the growth he has seen from



P&D FILE PHOTO
Yankton defensive lineman Tim Cross, 44, pursues a Stevens ball carrier during the Bucks' home-opener against the Raiders. The undersized Yankton senior has been a force defensively this season, leading the team in sacks and continually disrupting opposing backfields.

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BY JEREMY HOECK
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Four victories and confidence built up through non-conference action had the Mount Marty College volleyball team feeling pretty good.

And then No. 7-ranked Northwestern came to town.

The Red Raiders took 75 minutes to sweep the Lancers 3-0 in a Great Plains Athletic Conference volleyball match Wednesday night at Cimpr Arena. Set scores were 25-10, 25-9, 25-14.

"Overall, I still see improvements from last year," said MMC head coach Candice Climer, whose team drops to 4-7 after its league opener.

"But like I told the girls, 'Welcome to the GPAC.'"

The conference pre-season favorite Red Raiders (15-2, 2-0) had too many weapons and were quick to capitalize on Lancer errors.

Mount Marty committed 21 attack errors and had a season-worst percentage of negative-.033.

"We played well with them, but they did a couple things that got to us," said junior Bailey Kuchta, who led the Lancers with four kills on 14 attempts.

Among those couple things? Northwestern's serving.

The Red Raiders finished with five ace serves, but their impact went well beyond that statistic.

"I'd say they're the toughest serving team in the conference," Climer said. "They serve aggressively, right at the back line, and that's tough to do anything with."

At a couple instances, the Lancers put together a nice offensive series to score a point, only to see the Red Raiders reel off eight or nine consecutive points.

"That was the big thing, their serving," Kuchta said.

"They're a good team, give them credit. Next time we need to come more prepared." Northwestern surged

Volleyball: Scotland Rallies Past Andes Central 3-2

SCOTLAND — Scotland won the last two sets to defeat Andes Central. The scores were: 28-26, 17-25, 9-25, 25-18, 15-7.

Carley Skorepa led Scotland (5-1) with 25 digs and 17 kills. Jessica Thum added 20 digs and 11 kills.

Payton Johansson led Andes Central (2-6) with 13 kills and seven digs.

Both teams will play in the Cavalier Clash in Tyndall on Saturday.

SCOTLAND (5-1) 28 17 9 25 15
ANDES CENTRAL (2-6) 26 25 25 18 7

Hanson 3, Marion 1

MARION — Kynedi Cheeseman had 16 kills and 32 digs to lead Hanson past Marion in Corbett Conference volleyball action on Tuesday.

Hatlyn Schroeder posted 13 kills and three blocks, and Hailey Doyle had 24

assists for Hanson. Hannah Marquardt finished with 24 digs and four ace serves. Emily Brown had 17 assists and Bridget Kayser added 13 digs in the win.

For Marion, Devin Nelson had 15 kills and 13 digs to lead the way. Sarah Ptak and Michelle Schoenwald each had nine kills. Brianna Orcutt had 16 digs, and Kaitlyn Engbrecht had 11 assists and 11 digs in the effort.

Hanson, 6-2 overall and 2-0 in league play, travels to Avon today (Thursday).

Marion hosts Centerville today.

Hanson won the JV match 25-14, 25-16; and the C-match 25-17, 25-14.

HANSON (6-2) 25 19 25 25
MARION (4-4) 19 25 17 19

Norfolk Catholic 3, Hartington Cedar Catholic 0

HARTINGTON, Neb. — Norfolk Catholic swept Hartington Cedar Catholic 25-12, 25-13, 25-19 in Mid-State Conference volleyball action on Tuesday.

Kayla Hochstein had five kills, and

Monica Arens and Abby Steffen had four kills each for Cedar Catholic. Emily Feilmeier posted 12 assists and nine digs. Alexis Arens had eight digs and Taylor Lammers had three blocks for the Trojans.

Norfolk Catholic, 4-4, travels to Albion today (Thursday) for a triangular with Stanton and Boone Central-Newman Grove. Cedar Catholic, 3-8, hosts Lutheran High Northeast in MSC action on Thursday.

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Summer Work Paying Off For Yankton's Knoff

Tennis: Gazelles Freshman Is 16-0 At Flight Five Singles

BY JAMES D. CIMBUREK
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After a 21-11 record and a top-eight finish at flight six singles a year ago, Yankton's Anne Knoff went to work. A month into her freshman season, that work has showed.

Knoff takes a 16-0 record at flight five singles into today's (Thursday) girls' tennis dual at Vermillion.

"This is my second year, and one has improved more in the last two years than her," Yankton tennis coach Matt Termansen said of Knoff. "It's a direct correlation to the work she's done in the off-season. No one has worked harder than her."

While Termansen had high expectations of Knoff, she has raised that bar, he noted.

"I knew she would be successful, but she has exceeded my expectations so far," he said.

Knoff spent much of her summer at

the Memorial Park tennis courts with her doubles partner Mimi Garcia.

"Over the summer Mimi and I put in a lot of time at Memorial Park," she said. "We'd spend an hour or two a day hitting it back and forth."

That work has also made the pair of freshmen a solid duo at flight five singles, 9-7 at this point.

"They play great together," Termansen said. "Mimi's her partner in the summer, so that has helped them work well together."

One thing that has helped Knoff be successful is her ability to keep the ball in play.

"She's a human backstop out there," Termansen said. "She almost never makes mistakes and she gets to every ball. She's won a lot of matches this year because her opponent gets frustrated."

Knoff also credits her mental approach.

"I try to keep a positive mindset, that I can play with anybody," she said. "If I keep my head up and keep the ball in, I can do it."

Her success this season has Knoff as one of the favorites to win her flight in the Eastern South Dakota Conference.

"ESD, I'm hoping to place in singles, possibly first or second," she said. "I'm hoping to place top-five at state."

Termansen feels Knoff is capable of a top-five finish at state as well.

"She's beaten every top girl in the state, other than O'Gorman and St. Thomas More," he said. Yankton's match with O'Gorman was called off due to the threat of poor weather. The Gazelles do not face St. Thomas More during the regular season. "She's never going to be one to make mistakes first, and she's never going to beat herself."

Yankton has four seniors on this year's squad, meaning that Knoff will be expected to be a team leader next year. But Termansen said that she's already leading by example.

"I have three seventh graders out here who see Anna and Mimi, see how much they've played, and are already talking about it for next summer," he said. "She's already being a leader. She's not a vocal leader, but she's leading by example."

You can follow James D. Cimburek on Twitter at twitter.com/JCimburek. Discuss this story at www.yankton.net



JAMES D. CIMBUREK/P&D
Yankton's Anne Knoff returns a shot during Tuesday's triangular with Mitchell and Sioux Falls Lincoln. Knoff won both of her flight five singles matches to improve to 16-0 on the season.