

• Wear appropriate eye protection when particles of any kind are falling, flying or moving through the air.

• Keep tools in good condition so they do not kick up unnecessary debris or cause injuries. • Always use chemical safety goggles when han- tively easy to hang, dling hazardous solvents and detergents.

• Read and follow all ished basements. instructions and warnings on manufacturer homeowners labels.

lar eyeglasses do not eling. provide adequate protection.

flying toys or any that use projectiles.

as mixed chemicals can the walls are covered damage your eyes and in paneling. While pancause injuries.

protection to prevent these options for givoverexposure to UV rays ing paneled walls a outside. new look. when Sunglasses that guard against UV-A and UV-B rays are recommended.

Keep dangerous household products, like detergents, paints, glues, and solvents, stored out of reach or behind locked doors.

• Exercise caution with everyday items or tools. For example, do not run with pointy items in hand.

in the trunk of a car or cargo bed, as loose improvement center objects can become pro- to determine the most jectiles in an automobile effective way to cover accident.

Protecting your eyesight paint. should be a priority, and

Tips for revitalizing paneled rooms

IIMF IMPKI

Paneling is a low- needed to cover it.

cost way to cover problem walls. In the 1960s and 1970s, paneling was very popular. Sold in large panels, paneling was relaand quickly became a staple of dens and fin-

But few of today's are enamored with the • Understand that regulook of faux wood pan-

Those who purchase homes that • Keep kids away from have paneling on the walls often search for ways to transform the • Never mix chemicals, look of rooms in which additional eling does go up quickly, removing it may not • Wear adequate eye be as simple. Explore

Paint over the paneling

The fastest way to breathe new life into a paneled room is to paint over the paneling.

The texture of the paneling will show from beneath, giving the room appeal without the dark hue of the wood or veneer pan-• Store loose belongings els. Consult with a paint store or home paneling with up

it's important to exer- wise to lightly scuff cise caution at work, at the paneling with a home or during play to fine-grit sandpaper so

Also, invest in a high-quality, professional-grade paint. It may cost a bit more, but such paint will be well worth it when it glides over the paneling, covering it completely. If you don't want the grooves showing between the panels, fill them in with spackle and sand down to create a smooth surface before painting.

Cover the paneling

Covering up the paneling is another tactic. Rather than coating the wall in paint, consider a wallpaper liner. Liners are essentially a thick, plain wallpaper that is applied on top of the paneling or used when dealing with damaged walls. In lieu of tearing down the walls and putting up new drywall, the liner will cover imperfections. Many of these products can be painted directly and may not priming require beforehand.

This can be great homeowners for whose goal is to cover paneling quickly and easily.

Those who prefer a patterned look on the walls can opt to cover paneling with a printed wallpaper.

However, depend-Sometimes it is ing on the thickness of the wallpaper, this may be a two-step process.

or country look in a room, remove half of the paneling, leaving the bottom portion intact. Then place molding

or a chair rail where you made your cut, creating a wainscoting effect. The top portion of the wall can be painted, while the bottom portion can be left as the wood color or painted a complementary color.

Remove the paneling

The most labor-intensive way to give a paneled room a new look is to remove the paneling.

Pry at a portion of the paneling in an inconspicuous spot in the room to determine which method was used to install the paneling. Some people only tack it into place with small, finishing nails, while others glue the paneling to the wall for a secure installation.

Glue will be much more difficult to remove and could further damage the walls and paneling in the process.

If the paneling is too difficult to remove, covering or painting it may be a smarter option. Small nails can be removed by pulling at the panels.

Spackle holes before painting over the walls.

Paneling is an inexdecorating pensive option that was first popularized 40 years ago. Though less popular now, paneling still shows up in homes and can be remedied with some relatively easy tips. Metro Creative Connection

How to stay within your budget

Home improvement projects range from small scale undertakings that can be tackled in a single weekend to large remodels that can take several months to complete. While no two projects are the same, every home improvement project demands that homeowners dip into their pockets and spend some money.

Much like the scale of projects varies greatly, so, too, do the financial commitments required of homeowners to make those projects a reality. But no matter the size of the project, homeowners can find ways to stretch their budgets without sacrificing the quality of their improvements.

* Do your homework

Before you decide to make changes to your home, it's best to first do some research into any potential projects you're considering.

Many homeowners have decided to dive into a project before they fully realize its scope and cost, and going in blind can bust a budget, turning what might have seemed like a relatively simple project into a money pit.

Understanding just what a project entails and how much it's likely to cost can give homeowners an idea of what they can afford and where they might be able to stretch their budgets.

For example, if you want to replace your kitchen countertops but can't afford engineered quartz countertops, you might be able to find a less expensive alternative, such as tile, that you like just as much. But it's best to research such alternatives before you decide to replace your existing countertops. If you can't find a less expensive alternative, you might want to postpone the project until you can grow your budget. But starting the project without first grasping its true cost is a recipe for disaster, so do your homework before you find your toolbox and start working.

* Build unforeseen expenses into your budget

Another way to stay within your budget is to include budget-busting unforeseen expenses into the budget from the get-go.

Whether you're doing the project yourself or paying a contractor, nearly every home improvement project will present some unforeseen, and costly, hurdles.

For example, you might find mold inside the walls when you're converting a basement, and it can cost a pretty penny to make that mold go away.

If you go into the project expecting such hurdles, then the financial sting of addressing them won't prove too great a burden.

protect you and your that the paint will children's eyes from adhere. injury.

■ Metro Creative Connection

Did You Know...

Smartphones can make the home improvement process that much easier. Various smartphone apps now exist, and many were designed with the intention of making it easier to plan and execute home improvement projects. Some apps allow smartphone users to more easily match the colors of their furnishings with certain accents and accessories, saving homeowners the time spent wondering if certain items will match or clash with their existing furnishings. Homeowners can even make use of apps that make it easier for them to see how new furniture will fit in their existing spaces. Metro Creative Connection

Shiny or glossed paneling can be dulled with a deglossing Sometimes a combina-

tion of a thick primer and color will grip the paneling and reduce the number of coats

product.

You Tube

You may need to fill in the creases between the panels first, or first use a thick wallpaper liner to create a seamless surface.

Cut the paneling If you desire a cottage

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