



SUBMITTED PHOTO  
 State Fire Marshal Paul Goehring presents a gold coin to Delmont Fire Chief Elmer Goehring.

### Fire Marshal's Office Presents Gold Coin Gift To Delmont Fire Department

DELMONT — Delmont firefighters, who were forced to rebuild their fire station after it was destroyed by a May 10 tornado, received a gold coin as a gift Monday night.

State Fire Marshal Paul Merriman presented the gold coin to the department at its regular monthly meeting. The coin was forwarded to the Fire Marshal's Office from a person in Sioux Falls who wished to remain anonymous.

In a letter that accompanied the coin, the donor reported seeing the result of the Mother Day's tornado which devastated several community buildings, including the fire station, a historic church, and homes. The donor said they were inspired to help as much as they could.

"Sometimes it is the small things that are so important. Not many people do the small things," the donor writes. "We can't do much, but maybe this will give other people who can't do much a realization that if we all do a little – big things can be accomplished."

The donor sent the coin to the state Department of

Public Safety with a request that it be given to the fire department. Merriman says he was honored to make the presentation.

"The Department of Public Safety worked closely with Delmont officials after the tornado," he says. "We know how hard they worked to not only rebuild their fire station, but their community. I think this gift is a reward for what already has been done and what can be done in the future."

Based on Monday's gold prices, the coin's value is estimated at \$1,320.

Merriman presented the coin to Delmont Fire Chief Elmer Goehring. The chief says the department is not sure what it will do with the coin.

"Our members are proud of their department and their community," Goehring says. "This donor is like so many others who have provided financial contributions or who have come to Delmont to help us rebuild."

After the tornado, several other fire departments provided equipment and resources to the Delmont Fire Department.

# Dairy Producers Influence People's Lives Daily

BY DR. MIKE ROSMANN  
 Sponsored by Lewis & Clark Behavioral health

"In terms of the nutritional bang for the buck, there's probably nothing better than a glass of milk," USDA Secretary Vilsack said recently when he addressed the U.S. House Committee on Education and Workforce.

Despite milk's nutritional appeal and the fact that the U.S. is now the world's largest cheese-exporting country in the world, the dairy industry in the U.S. is going through yet another episode of low market prices for raw milk. Many dairy operations barely recovered from a milk price recession that began around 2008 and continued through most of the next five years; innovative operations thrived but many marginalized operations ceased, reflecting the ongoing modernization and consolidation within the industry.

Worldwide, there is currently a lot of milk available. Cows, and other dairy animals nearly everywhere are producing more milk per animal, as well as specific types of milk suited for particular products like heavy cream.

In the competition for economic gain, the industry has become cut-throat to the point that ever fewer dairy farmers can survive in traditional bovine operations, especially those that are small and use outmoded facilities. Dairy producers in Canada, Europe, Australia, and most exporting countries say they feel the economic pressures too.

The glut of milk on the market comes at a bad time for producers. Consumption of fluid milk has been decreasing for several decades in the U.S. and falling behind other beverages.

According to a recent Huffington Post article, in 2011 the average American drank 20.4 gallons of milk, as compared to 44.7 gallons of soda, 28.3 gallons of bottled water, 20.8 gallons of beer, 18.5 gallons of coffee, 11.5 gallons of fruit juices and 10.3 gallons of tea.

There are many shifts in market trends for dairy producers to ponder. Organic milk producers are finding ever



Dr. Mike ROSMANN

more customers for their milk.

Independent dairy producers who disperse their products through their own retail outlets, such as home delivery and specialty cheese shops, are finding profitable niches.

Currently, almost half of all U.S. raw milk is processed into cheese, butter, yogurt, ice cream and other dairy products. Consumption of most dairy items has remained fairly steady over the past several years, except for cheese and yogurt, which are increasing considerably among U.S. residents.

Consumers like to try new foods, which may explain why they like milk from water buffalo for mozzarella and ricotta cheeses, and milk from goats, sheep and camels that furnish unique-tasting foods.

There is interest among adventurous Americans to try airag, a mildly alcoholic drink that Mongolians derive from fermented mares' milk, as well as to sample butter tea, a staple drink among Tibetans and other Himalayan people.

Milk is nature's most complete food. We associate drinking milk with good health.

Besides being the first food most humans and mammals consume, milk remains an important part of many people's diets throughout life, whether it is produced by animals or derived from soybeans, almonds, coconuts or other plants.

Seeking mothers' milk is programmed into our genetic makeup, for infants are born with a sucking reflex. That infants of most mammalian species benefit from colostrum for disease resistance during early infancy also supports the genetic proclivity to crave milk early in life.

Lactose intolerance is suppressed in humans until babies achieve several

months of age. Many humans lack the ability to digest lactose after early childhood.

Most people of European origin and any regions that have relied on milk from cows or other mammals for centuries have a preponderance of people who can tolerate lactose after infancy, but people from cultures that did not keep dairy animals often don't tolerate lactose well.

Now that milk-processing methods can remove lactose, lactose-intolerant residents of such traditional non-dairy countries as China and Japan don't develop milk-induced tummy aches anymore and now enjoy ice cream, cheese and fluid milk.

Is this another "hang-in-there" episode or a signal for milk producers to change something? It's a tough call to make a change in agricultural methods at a time when profits are hard to come by.

Fortunately, feed costs are lower for most producers, especially for grain, than during some recent years, except perhaps for high-quality hay. Wet weather made it difficult to harvest rain-free alfalfa hay in many parts of the U.S. this year.

Dairy producers might want to explore opportunities for modifying their businesses by conferring with milk processors about specialty markets and by attending seminars and dairy industry conferences to consider options to improve the efficiency of their operations.

Dairy producers should be sure to check at local Farm Service Agency offices for catastrophic margin protections and indemnity for lost animals that could benefit some producers.

Happily for dairy farmers and people in general, almost everyone likes milk in some form.

*Dr. Mike says he milked too many cows by hand while growing up and he is happy that other dairy producers now handle these responsibilities, even though he still likes cows, and milk. To contact Dr. Mike, go to: [www.agbehavioralhealth.com](http://www.agbehavioralhealth.com).*

## Yankton Chamber Director Gears Up For Big Week In Manufacturing



SUBMITTED PHOTO  
 Ruth Kern-Scott and Carole Bartunek.

### Free Fall Assessment Held At Great Plains Therapy

Did you know that falls cost this country \$34 billion annually, and folks aged 65+ are dying every 20 minutes from a fall. Sadly, 75-85 percent of the falls are preventable. If we eliminated one fall in every 5,000, that would save us \$3.5 billion alone.

Ruth Kern-Scott came up with the idea recently to host a free Fall Assessment at Great Plains Therapy. She did it because she realized, after researching, that South Dakota, one of three states, did not have a liaison at the Centers for Disease Control. She took it upon herself to

attend webinars and training, in hopes of training others in how falls can be prevented through proper screenings and treatments.

Based on the screenings performed recently, she determined which doctor to send the patients to, based on their symptoms, thus allowing those folks to be proactive and prevent potential falls.

Ruth is very committed to this issue, which is why she donated the four hours to the recent event at no charge.

PIERRE — Typically, when asked about South Dakota's number one industry, most would probably go for the obvious answer: agriculture. Tourism would certainly follow close behind, then perhaps hunting (and other outdoor related industries), financial services and the ever-evolving bioscience sector.

But that's not necessarily the case when it comes to some locales in our state.

Travel to Yankton, for example, and almost without missing a beat, you'd hear a completely different response: manufacturing. And one person has set the bar high when it comes to drawing attention to and enthusiasm over the growing industry, and it might not be who you think it is either.

Enter Carmen Schramm, executive director of the Yankton Area Chamber of Commerce. And to say she's enthusiastic about manufacturing, well, that may be a bit of an understatement.

"Manufacturing Week is a passion of ours because we're able to showcase our companies and the products they make," she said. "It's an opportunity for us to highlight and educate the public about this industry. The diversity of what is produced in our community — from radiators to medical devices — it's impressive. Beyond that is how our products impact everyone on some

level in their day-to-day life, they just don't know it."

Schramm moved to Yankton in 1979 and after some time away, moved back, taking a job as the member and program director for the Yankton Area Chamber of Commerce. Two years ago, she took on the executive director position. And ever since, her enthusiasm and passion for manufacturing and economic development has grown.

"I knew after moving here that Yankton had a strong manufacturing base. When I came back and started with the chamber, one of my board members made a comment that resonated with me. He asked me what he would really gain from being a chamber member besides being a community supporter and some trainings," she said.

"That got me thinking about the industry more and asking how we as the chamber brought awareness to the industry. I started touring some of the facilities and talking with the CEO's about their products and trying to learn more about them. I also realized that the public perceptions about the industry were probably one of the larger stumbling blocks we had to overcome," she added.

And "overcome" is exactly



Schramm

what Schramm and industry advocates have done.

"I think we need to keep highlighting [manufacturing] careers so we can continue to change the perception of them," Schramm said. "Perceptions are the biggest issue and our students need to know there are careers out there that we can match their interests to. We also need to continue to diversify our recruitment of manufacturing and continue promoting and recruiting what we already have available."

Schramm and other local community and education leaders know that education of opportunities sometimes starts with the parents. Schramm praised the Yankton School District administrators and teachers, in partnership with RTEC (Regional Technical Education Center, Inc.), Mount Marty and South East JobLink, saying they "stepped up to the plate in working with the students on career paths."

Schramm added that plans are already being made to enhance those partnerships and to expand on the CTE programs.

Manufacturing Week in South Dakota started out as an idea and a goal for communities to get involved.

It's safe to say that after only two years, the growth

and involvement has grown considerably. But the sky's the limit, and Schramm doesn't plan on slowing down.

"Every year we try to add new elements to our week-long awareness campaign," Schramm said. "We will continue to do news campaigns with daily articles in the newspaper and interviews on local radio stations with area CEO's and managers talking about what they produce. We'll highlight various manufacturers during the week on our social media sites. And this year, we're including a kick-off event, inviting the community to a cookout and open house that will showcase all the products made locally, all in one location."

Among other events in Yankton are facility tours, a CTE open house at the high school, a third promotion video and the second annual Manufacturing Olympics. Carmen even challenged five other communities to join in the fun: Brookings, Huron, Madison, Mitchell and Vermilion.

For more information about Manufacturing Week, and specifically manufacturing in Yankton, follow the #SDMfgWeek on social media and visit [www.yanktonsd.com](http://www.yanktonsd.com) or [sreadytopartner.com/sdmfg-week.aspx](http://sreadytopartner.com/sdmfg-week.aspx).

#### SCHOLASTICS

##### SOUTH DAKOTA STATE UNIVERSITY

BROOKINGS — South Dakota State University announced the following students will receive scholarships this academic year. They are:

- Molly Davis, Yankton, Mildred L. Nelson Scholarship Fund;
- Mariah LaCroix, Yankton, Margaret Megge Scholarship in Nursing and June Hunstiger Memorial Undergraduate Scholarship in Nursing;
- Whitney Specht, Yankton, Avera Health Scholarship;
- Cara Stahlecker, Yankton, Mary Decker Single Mothers Scholarship Endowment; and
- Abbey VanMeeteren, Yankton, Avera Health Scholarships in Support of the Jackrabbit Guarantee.

A graduate student studying clinical mental health counseling, Davis is the daughter of John Davis and Colleen Craig-Davis.

LaCroix is a junior nursing major. She is the daughter of Jackie and Mark LaCroix.

Specht, a junior pharmacy student, is the daughter of Chris and Steph Draecht. She is involved in Academy of Student Pharmacists, Golden Key Honor Society, Brookings County Youth Mentoring Program, Brookings Backpack Project and intramural sports.

Stahlecker is the daughter of Sue Stahlecker and Rick Stahlecker. She is a sophomore nursing student.

A nursing and Spanish double major, VanMeeteren is the daughter of Jeff and Pam VanMeeteren. She is a sophomore.

### Happy Heavenly 25th Birthday Bryce William Huether We miss you so much.



September 30, 2015  
 Love,  
 Dad, Mom, Jack, Jenny,  
 Mike & Madelyn

#### 25th Anniversary Celebration



##### Mr. & Mrs. Brad Tronvold

Brad and Michelle Tronvold will be celebrating their 25th wedding anniversary on Saturday, October 3, 2015. There will be a dance at the Volin Town Hall. The dance will begin at 7:00 pm. All are welcome.

Michelle (Snoozy) and Brad Tronvold were married October 6, 1990 at Trondhjem Lutheran Church in Volin, SD. The couple has been blessed with four children: Kayla, Sioux Falls; Christopher, Yankton; Dean, Yankton and Kadly, Norfolk.

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